

2023 Summer Camp
Trevor Rees-Jones Scout Camp

Adult Leader Trainings

What Class	Time Required	Number of Participants	Prerequisites	Needs*
Wilderness and Remote First Aid	16 Hours (4 hours a day)	8 per class	- 14 years old - Current Adult - CPR/AED	First Aid Kit Pen Paper
Paddle Craft Safety	8 hours (2 hours)	8 per class	- Be age 15 years old or older prior to training - Submit written evidence of physical fitness - Complete Safety Afloat training - Be a swimmer.	Swimsuit Water shoes Towel Pen Paper
CPR/AED	8 Hours 1Hr 45 Mins Blended	10 per class	- Be age 15 years old	Online completion
IOLS*	9.5 Hours (2 hours a day)		- Youth Protection Training	Compass Backpack Pen Paper
Scoutmaster Position Specific Training *	4.5 Hours (1 Hour a day)		-Youth Protection Training	Pen and Paper

* IOLS and Scoutmaster Position Specific Training can be taught together

* Coffee drinkers bring travel mug

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What a typical week could look like:

Time	Sunday	Monday	Tuesday	Wed.	Thurs.	Friday	Saturday
6:00 am		Coffee	Coffee	Coffee	Coffee	Coffee	
6:30 am		SMPS	SMPS	SMPS	SMPS	SMPS	
7:00 am		SMPS	SMPS	IOLS	SMPS	PCS	
7:30 am				IOLS		PCS	
8:00 am		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	
8:30 am		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	
9:00 am		Coffee with the CD	Coffee with the CD	Coffee with the CD	Coffee with the CD	IOLS	
9:30 am		IOLS	WRFA	WRFA	WRFA	IOLS	
10:00 am		IOLS	WRFA	WRFA	WRFA	IOLS	
10:30 am		IOLS	IOLS	WRFA	WRFA	IOLS	
11:00 am		PCS	IOLS	WRFA	IOLS		
11:30 am		PCS	IOLS		IOLS		
12:00 pm	Check-in	Lunch	Lunch	Lunch	Lunch	Lunch	
1:00 pm		PCS	PCS	PCS	IOLS		
1:30 pm		PCS	PCS	PCS	IOLS		
2:00 pm		WRFA	PCS	PCS	PCS		
2:30 pm		WRFA	PCS	PCS	PCS		
3:00 pm		WRFA	WRFA	IOLS	PCS		
3:30 pm		WRFA	WRFA	IOLS	PCS		
4:00 pm		WRFA	WFRA	WRFA	WRFA		
4:30 pm		IOLS	WRFA	WRFA	WRFA		
5:00 pm		IOLS	WRFA	WRFA	WRFA		

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5:30 pm		IOLS	WRFA	WRFA	WRFA		
6:00 pm	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
6:30 pm							
7:00 pm	SM/SPL Meeting						
7:30 pm		CPR					
8:00 pm	Campfire	CPR					
8:30 pm		CPR					
9:00 pm		CPR					

Class Information

Daily Lesson Plan

Schedule Subject to Change

CPR

Will be a blended learning class. Must complete the online portion prior to camp. Will need to complete in -person portion Monday night.

To get into the online class I will need:

1. First Name
2. Last Name
3. Email
4. Phone Number

An email will be sent out to add you to online course the week before you come to camp.

Scoutmaster Position Specific Training

Day 1

- Opening and Introductions
- Aims and Methods of Scouting
- Role of the Scoutmaster
- Gathering Game (if there is time)

Day 2

- The Patrol Method
- The Troop Meeting

Day 3

- Advancement
- The Support Team

Day 4

- Annual Planning
- Wrap up
- Closing

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IOLS

Day 1

- Opening (30 mins)
- Campsite Selection (45 mins)
- Outdoor Ethics (30 mins)
- Woods Tools (1 hour)

Day 2

- Campfire Site preparation and building (45 mins)
- Cooking (1 hour)

Day 3

- Ropes (1 hour 30mins)

Day 4

- Plant Identification (1 hour)
- Animal Identification (1 hour)
- Finding your way (1 hour 15 mins)

Day 5

- Packing and Hiking Techniques (1 hour 15 mins)

Wilderness and Remote First Aid

Day 1

- Introduction (30 Mins)
- Lesson 1: First Aid Kits (15 Mins)
- Lesson 2: Assessment Part 1 (45 mins)
- Lesson 3: Assessment Part 2 (1 hour 45 Mins)
- Lesson 4: CALLing for Help (15 Mins)

Day 2

- Lesson 5: Shock and Heart Attack (30 Mins)
- Lesson 6: Chest Injuries (30 Mins)
- Lesson 7: Head, Neck, and Spinal Injuries (2 Hours)
- Lesson 16: Submersion Incidents (35 Mins)
- Lesson 17: Allergies and Anaphylaxis (40 Mins)

Day 3

- Lesson 8: Wound and Wound Infection (2 Hours)
- Lesson 9: Bone and Joint Injuries (2 Hours)

Day 4

- Lesson 10: Burns (30 Mins)

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- Lesson 11: Abdominal Illnesses (30 Mins)
- Lesson 12 Hypothermia (45 Mins)
- Lesson 13: Heat-Related Illnesses (1 Hour)
- Lesson 14: Lightning (30 Mins)
- Lesson 15: Altitude Illnesses (30 Mins)

Paddle Craft Safety

Day 1

- Power point on Safety afloat (2 Hours)

Day 2

- Intro to Paddle Craft (40 Mins)
- Stroke execution and function (50 Mins)

Day 3

- Maneuvers (90 Mins)

Day 4

- Safety Skills (75 Mins)

Day 5

- Written Exam and Review