

OUTDOOR OVERNIGHT ADVENTURE 2025



OUTDOOR OVERNIGHT ADVENTURE

SUMMER 2025

CUB SCOUTS

PARENT GUIDE
JUNE 29TH THROUGH JULY 2ND

Version 1.4



Lost Pines Camp Apparel!

Pre-order your Camp T-shirts!

Your order will be waiting for you at the Trading Post!

5-ounce, 100% polyester jersey knit, moisture-wicking, anti-odor properties!

This year's shirt features Lost Pines' iconic Dok's Tower, the tallest climbing tower in Texas.

Size	Quantity
Youth M	
Youth L	
Adult S	
Adult M	
Adult L	
Adult XL	
Adult 2XL	
Adult 3XL	



\$19.99 PLUS TAX

Unit Contact	Contact Email	Contact Phone

Council	Camp Week	Unit #
	OOA	

Complete, scan and email this form to CACShop@scouting.org or call the Capitol Area Council Scout Shop at (512) 617-8630 to place your order.

Payment **MUST** be made over the phone or in-person. **NO EXCEPTIONS.**

Orders must be placed, and paid for, before May 16, 2025.



Contents

Welcome	1
Planning Your Summer Camp Adventure	2
Get Your Scouts Excited!	2
Adult Leadership	2
Location	3
Map to Lost Pines Scout Reservation	3
Map of Lost Pines Scout Reservation	4
General Information	5
Parent Orientation	5
Fees and Check-In	5
Payment Schedule	5
Uniforms	6
Prohibited Items	6
Your Camp Experience	7
Campsites	7
Restroom Facilities	7
Electricity	7
Campfires	7
Bicycles and Helmets	8
Bicycle Safety	8
Wi-Fi	8
Dietary Needs	8
Trading Post	9
Health and Safety	10
First Aid	10
Medication	10
Emergency Plans	10
Personal Vehicles	10
Pool and Waterfront Safety	10
Scouting America Swim Test	10
Leaving Camp	11

**2025 Outdoor Overnight Adventure
Parent Guide**

Program Schedule 12

 Day 1 (Sunday)..... 12

 Days 2 and 3 (Monday and Tuesday) 12

 Day 4 (Wednesday) 12

Adventures.....13

What to Bring 14

 Suggested Items..... 14

 Optional Items 14

Important Links 15

Welcome

You are about to embark on an awesome adventure at Lost Pines Scout Reservation! Your campers will enjoy new experiences and gain skills to help prepare them for the adventures that lie ahead. While your Scouts will have the opportunity to earn some advancement, the focus for this event will be on offering fun and exciting activities that will help your Cub Scouts be prepared for their future Scouting experiences, and all that life has to offer!

I know you are looking forward to a great time at camp. We are working to provide you and your Scouts with the best summer at camp ever! This guide should help you be prepared for your time at camp but may not answer every question or address every situation. Please feel free to reach out to me at ron.settele@scouting.org for any additional information needed.

Planning Your Summer Camp Adventure

Get Your Scouts Excited!

Whether you attended Webelos Extreme Adventure Camp in years past, attended Outdoor Overnight Adventure last year, or this is your first trip to Lost Pines Scout Reservation, you and your Cub Scouts, Webelos and Arrow of Light Scouts are in for a special experience!

Use these tips to help get your Scouts excited about coming to summer camp:

- Engage your past customers! Ask your Scouts that attended last year to share with Bears and Webelos who are interested in attending camp this summer.
- Have a den meeting where you demonstrate what to pack for camp.

Adult Leadership

Cub Scout parents or legal guardians taking part in an overnight Cub Scout program with their own child or legal ward are not required to register as leaders. All adults must review the [How to Protect your Children from Child Abuse: A Parent's Guide](#) that can be found in the front of each Cub Scout Handbook.

This event is only open to youth registered with Scouting America.

The [Guide to Safe Scouting](#) lays out the requirements for adult supervision at council-offered overnight events.

- Cub Scout youth may tent with a parent or guardian and registered siblings.
- Lion Cub Scouts and Tiger Cub Scouts must have their adult partner present to take part in overnight camping.
- For all other ranks, only in exceptional circumstances, a Cub Scout whose parent or legal guardian cannot attend a unit overnight camping trip may participate under the supervision of another registered adult member in Scouting who is a parent of a Cub Scout who is also attending. The unit leader and a parent or legal guardian must agree to the arrangement, and all Youth Protection policies apply. At no time may another adult accept responsibility for more than one additional "nonfamily member" youth.

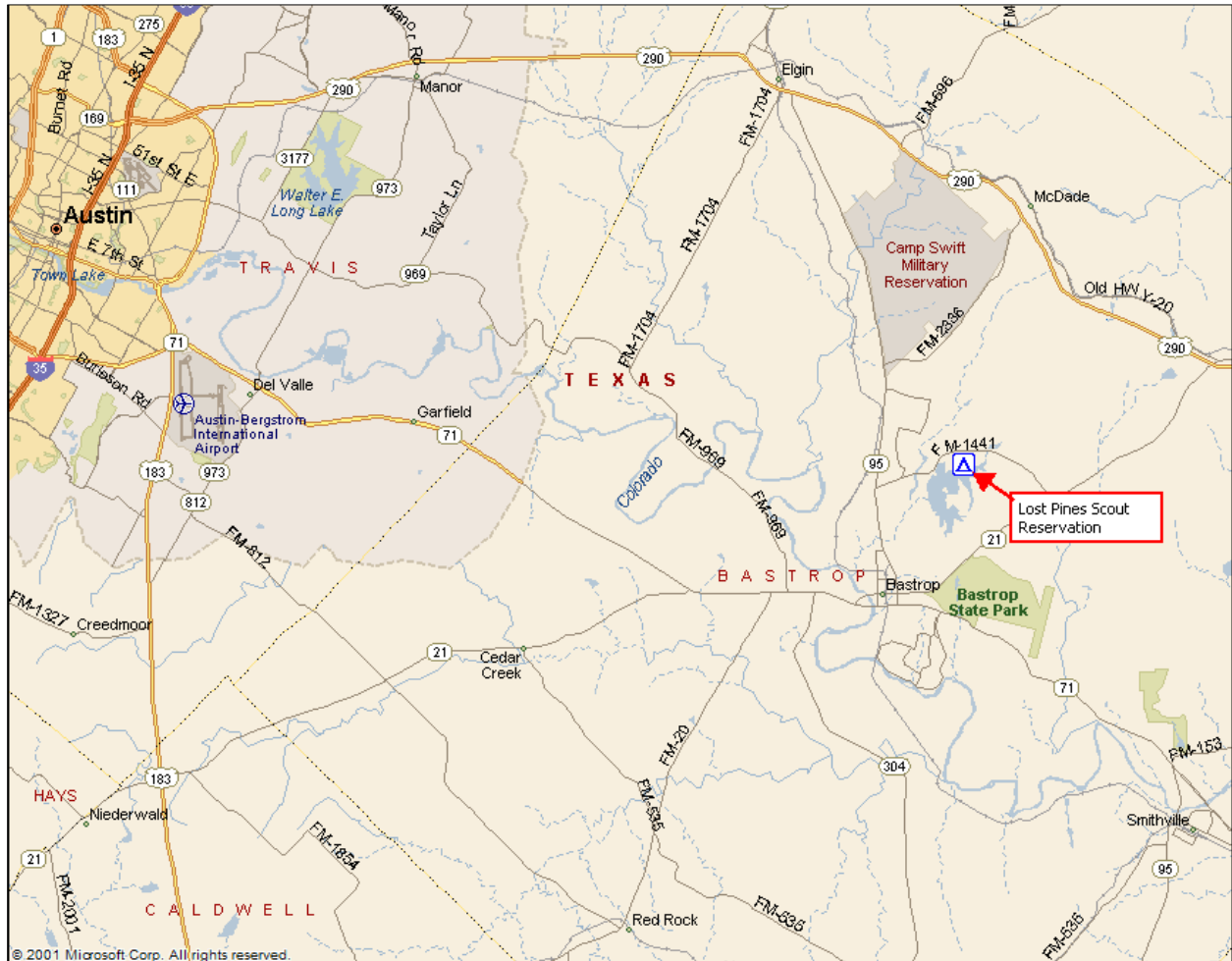
Webelos and Arrow of Light Scouts may participate during the day and/or overnight in one of two ways:

1. **With their Webelos or Arrow of Light Den/Patrol.** Webelos and Arrow of Light Scouts from the same pack can attend as a den/patrol under the supervision of two deep leadership from their Webelos or Arrow of Light den/patrol or pack. The Webelos or Arrow of Light Scout's parent(s) or legal guardian(s) may attend with the den/patrol and their child, either alongside the two-deep leadership or as part of it, if they are registered with the pack.
2. **As an Individual Scout.** Webelos or Arrow of Light Scouts can attend with their parent(s) or legal guardian(s).

Location

Outdoor Overnight Adventure is held at the Lost Pines Scout Reservation (LPSR) near Bastrop, Texas.

Map to Lost Pines Scout Reservation



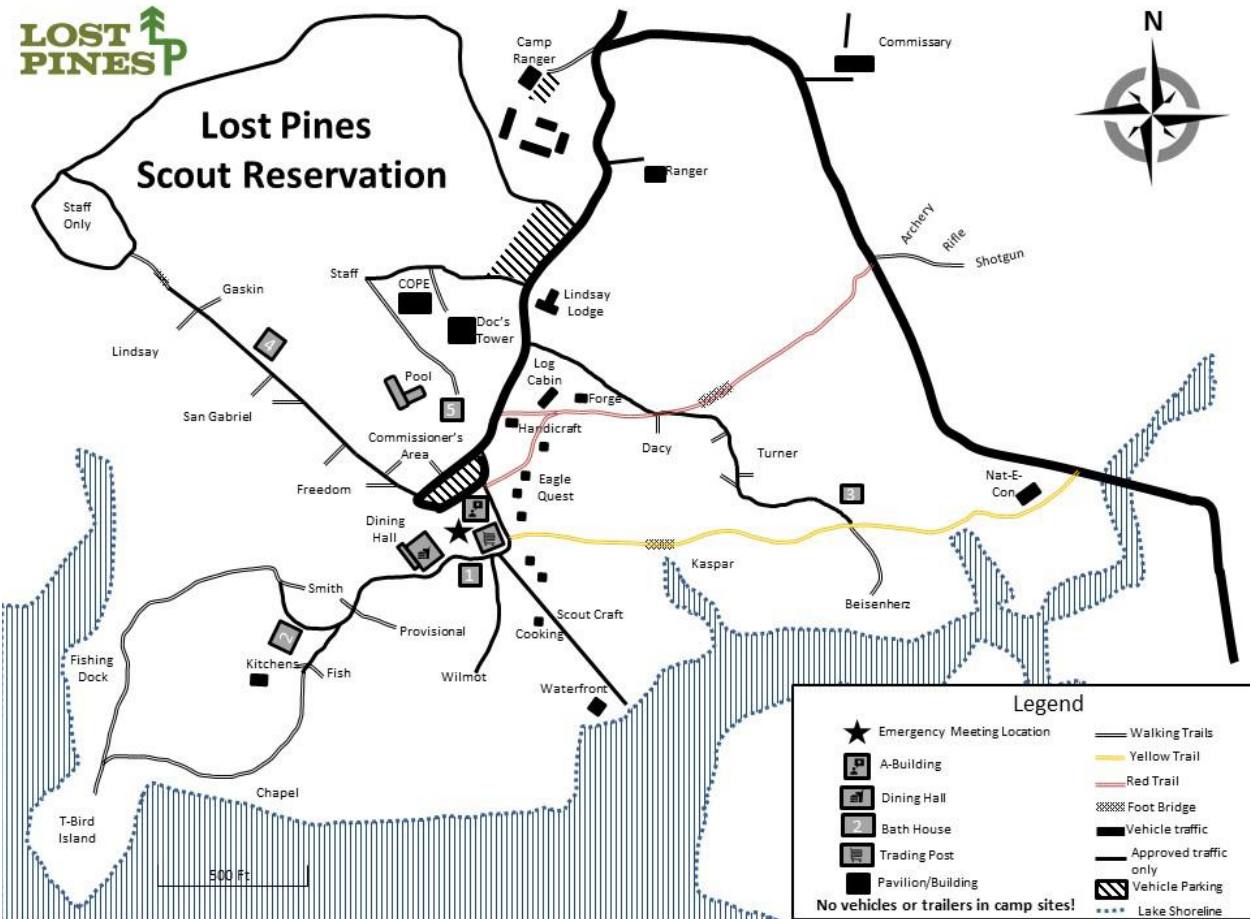
To reach Lost Pines Scout Reservation from Austin using Hwy 290:

- East on Highway 290 to Elgin
- Right on Highway 95 South, approximately 12.8 miles to FM 1441
- Left on FM 1441 East, approximately 3.4 miles to Lost Pines Scout Reservation
- Turn right into Lost Pines Scout Reservation

To reach Lost Pines Scout Reservation from Austin using Hwy 71:

- East on Highway 71 to Bastrop
- Right on Highway 95 North, approximately 3.8 miles to FM 1441
- Right on FM 1441 East, approximately 3.4 miles
- Turn right into Lost Pines Scout Reservation

Map of Lost Pines Scout Reservation



General Information

This guide provides important information intended to prepare Scouts and parents for a safe and enjoyable Outdoor Overnight Adventure experience. It is **STRONGLY RECOMMENDED** that parents read this guide prior to attending camp.

Parent Orientation

The Parent Orientation meeting is scheduled for Thursday, June 5th, starting at 6:30 p.m., and will be held via Zoom. Click the link below to join the meeting.

Join Zoom Meeting

<https://us06web.zoom.us/j/87530092935?from=addon>

Meeting ID: 875 3009 2935

ALL questions will be answered at the Parent Orientation. This is the only Parent Orientation that will be held. While not mandatory, this session is strongly encouraged to provide you with the details and understanding of this program for your son(s) or daughter(s).

Fees and Check-In

Scout \$225 (Lion, Tiger, Wolf, Bear, Webelos or Arrow of Light)
Adult \$100 (Parent/Guardian or Registered Leader)

Check-in Sunday, June 29th starting at 1:00 p.m. (Lindsay Lodge)
Check-out Wednesday, July 3rd, by 11:00 a.m.

Go to <https://scoutingevent.com/564-OOA2025> to register!

The Capitol Area Council's refund policy can be found at <https://www.ScoutingAmericacac.org/refund-policy/>.

Payment Schedule

	Due	Youth	Adults
Deposit	At registration	\$25	\$25
First Payment	April 30 th	\$100	-
Final Payment	June 15 th	\$100	\$75

Uniforms

Scouts and adult leaders are encouraged to wear the official Scout field uniform while arriving at camp. Other times when it would be appropriate to wear the field uniform are evening flag ceremonies, dinner, and campfires. Otherwise, the activity uniform (Scout shorts and Scouting T-shirt) is considered appropriate. Ideally, T-shirts with den or pack insignias would be worn.

Prohibited Items

- Personal firearms and ammunition, including BB guns, and toy weapons (cap-guns/water-guns)
- Bows and/or arrows
- Weapons of any kind
- Pets
- Electronics
- Fireworks of any kind

Tobacco use in the presence of scouts is not permitted at camp. Adult leaders wishing to use tobacco products or vape may do so only in the Commissioners Area.

The consumption, possession, or use of any alcohol, illegal drug or controlled substance is strictly forbidden on any Capitol Area Council property. We will enforce all local, state, or federal laws where violations involving the above are reported.

While knives are not required for any portion of Outdoor Overnight Adventure, the staff acknowledges that pocketknives are often an integral part of the outdoor Scouting experience. The camp staff mandates that pocketknives be used only under adult supervision, and that all carriers of pocketknives hold a current Whittlin' Chip card. Unsafe use of knives will result in an adult advisor keeping the knife until the end of camp. According to Scouting America standards, an "approved pocketknife" is a folding knife of open length less than 6 inches (including handle).

Your Camp Experience

Campsites

Tents, with wooden platforms, are provided for all participants (pictures). The picture will give you an idea of what to expect when you arrive at your campsite. Cots are **NOT** provided.

You are also welcome to bring your own tent.

Campsites will be assigned based on two groupings:

1. **Family Camping** – One or more Cub Scouts (Lions, Tigers, Wolves, and Bears) tenting with their parent or guardian.
2. **Den Camping** – Webelos and Arrow of Light Scouts with a parent or guardian, or Webelos or Arrow of Light Scouts under the supervision of at least two registered leaders.



If a family has multiple Scouts, where one/more is a Cub Scout, and the other a Webelos/Arrow of Light Scout, the Webelos/Arrow of Light Scout will spend nights in the Family Camping area with their parent/guardian and sibling(s). They will join the other Webelos/Arrow of Light Scouts for program time.

The Capitol Area Council prohibits the use of hammocks on all our properties, including Lost Pines Scout Reservation. We appreciate your cooperation.

Restroom Facilities

Lost Pines Scout Reservation has several bathhouse facilities near our campsites and the parade ground that offer showers, toilets, and sinks. These facilities all have running water and electricity.

Electricity

Most of the campsites at Lost Pines Scout Reservation have electrical power.

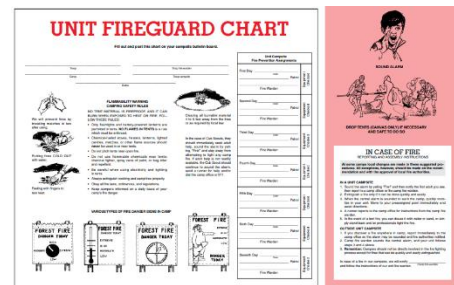
The running of extension cords is strictly prohibited. CPAP machines must run on a portable power supply. Electronic devices (i.e. laptops, tablets, phones) and portable power supplies may also be charged at the Administration Building and the Dining Hall on the power strips provided.

It is prohibited to run a generator on Capitol Area Council properties.

Campfires

Frequently during summer months Bastrop County is under a burn ban and campfires are prohibited. Please consult camp leadership before having a campfire at your campsite.

If you are permitted and choose to have a campfire, please pick up a Unit Fireguard Chart from the Administration Building and follow the safety guidelines.



Bicycles and Helmets

Bicycles with helmets are permitted on camp roads only. The rider must always wear a helmet and proper clothing and yield the right of way to individuals who are walking. If you plan to ride after dark, your bicycle must be equipped with a working headlight and red taillight.

While bicycles will be provided during scheduled program activities, we do not rent bicycles at camp. **For the safety of all, we do not allow Segways, scooters (of any kind), hoverboards, skateboards or similar wheeled items at LPSR, unless medically necessary.**

It is our expectation that all follow Bicycle Safety from the Guide to Safe Scouting.

Bicycle Safety

Follow these basic safety tips when you ride.

- Wear a properly fitted helmet. Protect your brain; save your life! Bicycle helmets can reduce head injuries by 85 percent, according to the National Highway Traffic Safety Administration (NHTSA).
- Adjust your bicycle to fit. Make sure you can stand over the top tube of your bicycle.
- Assure bicycle readiness. Make sure all parts are secure and working well. Assure that tires are fully inflated, and the brakes are working properly.
- See and be seen. Wear clothing that makes you more visible, such as bright neon or fluorescent colors. Wear reflective clothing or tape. Avoid riding at night.
- Watch for and avoid road hazards. Always stay alert. Be on the lookout for hazards, such as potholes, broken glass, gravel, puddles, leaves, animals, or anything that could cause you to crash. If you are riding with friends and you are in the lead, call out and point out the hazard to alert the riders behind you.
- Follow the rules of the road. Check and obey all local traffic laws. Always ride on the right side of the road in the same direction as other vehicles. Go with the flow—not against it! Yield to traffic and watch for parked cars.

Wi-Fi

We recognize that adults are taking time away from their personal life and work to be with us at camp. Wi-Fi is available inside the air-conditioned Dining Hall and on the porch of the Administration Building.

Dietary Needs

We strive to provide options to fit the dietary needs/restrictions of our campers with every meal. Upon request, we can provide the following options:

- Gluten-free
- Vegetarian
- Poultry Only (No Beef and/or No Pork)

In the online registration system, please be sure to indicate which participants will require these dietary options.

2025 Outdoor Overnight Adventure Parent Guide

We do acknowledge that we cannot accommodate every dietary need or restriction. Microwave ovens and refrigerators/freezers are available in the Dining Hall for campers who may need to store and prepare food brought from home. Please ensure that items stored in the refrigerators/freezers are labeled with name and unit number.

Trading Post

The trading post will be open at designated times each day. Scouts and adults may purchase camping items, souvenirs, drinks, and snacks.

Health and Safety

Every youth and adult participant attending Outdoor Overnight Adventure will need to have a completed [Annual Health and Medical Record](#) (Parts A and B only), dated within the last twelve months. Part C is not required since Outdoor Overnight Adventure lasts less than 72 hours. If you have any questions about the Annual Health and Medical Record, click [here](#) to be taken to the instruction handout.

Make a copy of all medical forms, leave the original at home, and bring the copies to camp. The medical forms will remain in the Health Lodge for the duration of camp and be returned when you depart.

First Aid

A fully trained first aid person will be available in camp 24 hours a day. Arrangements have also been made at a clinic in Bastrop. ALL injuries (no matter how small) must be reported to the camp staff. As proper records and treatments must be assured, the Capitol Area Council does not advise the use of personal "first aid kits." If you wish to bring your own first aid kit (even if this merely includes band-aids) we ask that you use it sparingly.

Medication

All medication must be managed by a **parent/guardian or registered** leader. You will also be asked to verify medication will be stored behind two locks, as per Scouting America requirements.

Emergency Plans

Emergency plans have been developed to handle situations that may arise at camp. Details concerning these plans will be made available at check in.

Personal Vehicles

Personal vehicles should be driven to the parking lot where all personal gear will be loaded onto a luggage shuttle and taken to your campsite. **PACK LIGHT!** No vehicles will be allowed in the campsites.

Pool and Waterfront Safety

We are committed to assuring the highest standards of safety in all facets of the camp program, particularly at the pool and waterfront. The pool and waterfront, and ranges are supervised by Scouting America trained staff that will NOT compromise National Scouting America policies for assuring the health and safety of all campers.

Scouting America Swim Test

Scouting America requires that ALL scouts and adults wishing to participate in aquatics activities have completed a Swim Test within the last 12 months. All youth and adult participants are to be designated as swimmers, beginners, or nonswimmers based on swimming ability confirmed by standardized Scouting America swim classification tests.

Swimmer Classification

Jump feetfirst into water over the head in depth. Level off and swim 75 yards in a strong manner using one or more of the following strokes: sidestroke, breaststroke, trudgen, or crawl; then swim 25 yards using an easy resting backstroke. The 100 yards must be completed in one swim without stops and must include at least one sharp turn. After completing the swim, rest by floating.

Beginner Classification

Jump feetfirst into water over the head in depth, level off, and swim 25 feet on the surface. Stop, turn sharply, resume swimming, and return to the starting place.

Nonswimmer Classification

Anyone who has not completed either the swimmer or beginner tests is classified as a nonswimmer.

Leaving Camp

If a Scout will be leaving camp before the end of the session with someone other than a parent/guardian, or registered leader, written permission from the parent/guardian **MUST** be provided at the time of check-in. **Scouts must check in/out with the camp director or assistant at the Administration Building.**

Program Schedule

Day 1 (Sunday)

Please eat lunch before arriving at Lost Pines Scout Reservation.

- 12:00 p.m. Check-in starts at Lindsay Lodge
Bring the following paperwork
- Youth Protection Training certification (all adults)
 - Annual Health and Medical Record for all participants (Parts A and B)
- Staff will take you to your campsite
Do not pitch your tent until you are advised to do so
Guests are welcome to visit the campsite and camp facilities
Proceed to the pool for Scouting America Swimmer Test
Set up your campsite
- 5:45 p.m. Opening flag ceremony on the parade ground
- 6:00 p.m. Dinner is served in the Dining Hall
- 7:00 p.m. Evening program starts

Days 2 and 3 (Monday and Tuesday)

- 7:00 a.m. Breakfast is served in the Dining Hall
- 7:45 a.m. Flag ceremony starts on the parade ground
- 8:00 a.m. Program activities start
- 12:30 p.m. Lunch is served
- 1:30 p.m. Program activities start
- 5:45 p.m. Opening flag ceremony on the parade ground
- 6:00 p.m. Dinner is served in the Dining Hall
- 7:00 p.m. Evening program starts

Day 4 (Wednesday)

- 7:00 a.m. Breakfast is served in the Dining Hall
- 7:45 a.m. Flag ceremony starts on the parade ground
- 8:00 a.m. Program activities start Cub Scouts
Webelos/Arrow of Light Scouts break camp
- 9:00 a.m. Program activities for Webelos/Arrow of Light Scouts
Cub Scouts break camp
- 10:00 a.m. Closing flag ceremony starts
- 11:00 a.m. Departure

Adventures

All scouts will have the opportunity to complete Adventures and earn recognition. Here are what is planned for each rank.

Lion	Tiger	Wolf	Bear	Webelos	Arrow of Light
Archery	Archery	A Wolf goes Fishing	A Bear Goes Fishing	Aquanaut	Archery
Champion for Nature	BB Gun	Archery	Archery	Archery	BB Gun
Go Fish	Champion for Nature	BB Gun	BB Gun	BB Gun	Champion for Nature
On a Roll	Fish On	Champion for Nature	Bears on Bikes	Catch the Big One	Cycling
Slingshot	Rolling Tigers	Paws for Water	Champion for Nature	Champion for Nature	Fishing
Time to Swim	Slingshot	Pedal with the Pack	Salmon Run	Paddle Onward	Paddle Craft
	Tigers in the Water	Slingshot	Slingshot	Pedal Away	Slingshot
				Slingshot	Swimming

What to Bring

Mark personal items with the initials of the Scout. It is helpful to pack clothes in separate plastic bags for each day and mark them.

For safety reasons, closed-toe shoes (sneakers or boots) are to be always worn (except in your tent, at the pool, or in the shower). Please, no Crocs or hiking sandals.

Suggested Items

- | | |
|--|---------------------------------------|
| _____ Official Scout Field Uniform | _____ Watch |
| _____ Tent (optional) | _____ Light jacket |
| _____ Cot (if using camp-provided tents) | _____ Refillable water bottle |
| _____ Sleeping bag and pillow | _____ Rain gear |
| _____ Shoes, plus an extra pair | _____ Toothbrush and toothpaste |
| _____ Sleep clothes | _____ Soap and shampoo |
| _____ Shorts/Long pants | _____ Washcloth |
| _____ Shirts (Pack T-shirt recommended) | _____ Comb/Brush |
| _____ Extra underwear | _____ Dirty clothes bag |
| _____ Extra socks | _____ Hat |
| _____ Sunscreen | _____ Insect repellent (non-aerosol) |
| _____ Swimsuit | _____ Flashlight with spare batteries |
| _____ Towel (swim and bath) | _____ Camera |

Optional Items

- | | |
|------------------------------------|-------------------------------|
| _____ Money for Trading Post items | _____ Camp chair |
| _____ Pocketknife* | _____ Fishing pole and tackle |
| _____ Battery-operated fan | _____ Sunglasses |

* If the Scout earned the Whittling Adventure as a Bear and/or the Chef's Knife Adventure as a Webelos, you must earn the Knife Safety Adventure as an Arrow of Light Scout to earn the privilege of using a knife during a Cub Scout activity.

Important Links

[Annual Health and Medical Record](#)

[Annual Health and Medical Record Information and FAQs](#)

[CAC Unit Swim Check Form](#)

[CAC Refund Policy](#)

[Guide to Safe Scouting](#)

[Request for Campership Assistance](#)