# LOST PINES SCOUT RESERVATION



# SUMMER CAMP 2025 LEADER GUIDE

Version 2.5



# **Revision Highlights**

Version 0	Initial Release
Version 1.0	Minor corrections
Version 2.0	Leader meetings dates, times, Zoom links Changes to Eagle Quest program New merit badge selection start time
Version 2.1	Added camp T-shirt order form
Version 2.2	Corrected payment schedule for Weeks 3 and 4 Added Parent Portal section Added Wilderness and Remote First Aid training for adult leaders Added AED/CPR Certification for adult leaders Added Golf merit badge Added Collections Midway
Version 2.3	Minor corrections
Version 2.4	2025 merit badge requirements changes Minor corrections
Version 2.5	Updates to merit badge midway  Added ATV Safety Course for adult leaders



# **Table of Contents**

Key Dates for Summer Camp	
Camp Director Welcome	2
General Information	3
Sessions	3
Fees	4
Payment Schedule	4
Mailing Address	5
Emergency Telephone Numbers	5
Map to Lost Pines Scout Reservation	6
Map of Lost Pines Scout Reservation	7
Preparing for Camp	8
Youth Protection Barriers to Abuse	8
Leader Meetings	8
Meeting for Registration Contacts	8
Meeting for On-Site Leaders	9
Online Registration	9
Reserving Your Spot	9
Selecting a Campsite	9
Electricity Usage Guidelines	10
Dietary Needs	10
Merit Badge Selection	10
Parent Portal	11
Paperwork	12
Paperwork for All Participants	12
Current BSA Membership	12
Medical Forms	12
BSA Swim Test	12
Swimmer Classification	12
Beginner Classification	12
Nonswimmer Classification	12
Paperwork for Adult Leaders	13
Current Youth Protection Training (YPT) Certification	13
Texas Youth Camps Health and Safety Act Form	13
Special Note for Out-of-Council Units	13



Provisional Scouts	13
Camperships	14
Refund Policy	14
Pre-Event Medical Screening	14
Arriving at Camp	15
Checking In	15
Unit Check-In	15
Medical Recheck	15
Other Things to Know	16
Vehicles	16
Sharing Campsites	17
Flag Retreat/Dinner	17
Troop Cracker Barrel	17
During your Stay at Camp	18
Dress Code at Camp	18
Appropriate Attire	18
Uniforms and Shoes	18
Swimwear	18
Bicycles and Helmets	18
Policies	19
Scouting America Scouter Code of Conduct	19
Unit Conduct	20
Bicycle Safety	20
Fires & Fuels	21
Prohibited Items	21
Visitors	21
Camp Staff Areas	21
Resources	21
Camp Commissioners	21
Tools and Service Projects	22
Recognition	22
Honor Troop	22
Your Campsite	22
Tonkawa and Scoutmaster Challenges	23
Other Things to Know	23



Bathhouse Cleaning	23
Lost and Found	23
Trading Post	23
For the Leaders	23
Coffee & Internet	24
Volunteering	24
Adult Leader Meeting	24
Senior Patrol Leader (SPL) Meetings	24
Adult Leader Training	24
ATV Safety Course	24
Introduction to Outdoor Leader Skills (IOLS)	25
Wilderness and Remote First Aid	25
CPR/AED Certification	25
Health and Safety	26
Medications	26
A Scout is Reverent	27
Grace	27
Services	27
Schedule Overview	28
Program Areas	28
Troop Swim	28
Troop Tower	28
Dining & Diet	28
Adult Leader Dinner and Dessert Competition	28
Camp Schedules	29
Daily Schedule	29
Schedule	30
Order of the Arrow Tonkawa Lodge No. 99	3
Order of the Arrow Members in Camp	31
Ice Cream Social	31
Brotherhood	31
Call-Out	31
Camp Promotions	
Advancement and Programs Details	33
Eagle Quest	



# 2025 Summer Camp Leader Guide

Aquatics (Pool)	34
More on the SCUBA Merit Badge	35
Aquatics (Waterfront)	36
Living History	36
Nature – Environment – Conservation (Nat-E-Con)	38
Scoutcraft	40
Shooting Sports	42
Tower	44
Collections Midway	44
Other Older Scout Program Opportunities	45
ATV Safety Course	45
COPE	45
End of Camp	46
Merit Badge Completion Reports	46
Family Night Dinner	46
Checkout Process	46
Scout's Packing List for Summer Camp	47
Individual Scout Equipment	47
Optional	47
Important Links	18



# **Key Dates for Summer Camp**

<u>Date</u>	<u>Details</u>
August 1, 2024	Registration opens
March 6, 2025	Registrant Contact Meeting
March 23, 2025	First Payment window opens
April 15, 2025	Online merit badge selection opens at 7:00 p.m.
April 22, 2025	Second Payment window opens
May 15, 2025	On-Site Leader Meetings
May 15, 2025	Texas Youth Camps Health and Safety Act Form due
May 17, 2025	Online merit badge selection closes
May 24, 2025	Registration closes
May 24, 2025	Late Fee applied (\$25) for those not fully paid
June 1, 2025	Summer Camp Week 1 starts
June 8, 2025	Summer Camp Week 2 starts
June 15, 2025	Summer Camp Week 3 starts
June 22, 2025	Summer Camp Week 4 starts



# **Camp Director Welcome**

Welcome to Lost Pines Scout Reservation! The staff have been working hard over the past year to provide you and your scouts with a great summer camp experience. With over forty merit badges, Eagle Quest, our first-year camper program, and many other opportunities, we offer something for everyone. Yes, that includes the leaders! We provide training sessions, nap time, internet, and a leader's dessert cookoff just to name a few.

During your stay at Lost Pines Scout Reservation, you will notice that the staff is committed to providing an unparalleled program, quality leadership, and instruction to your scouts. You will also find something that we are very proud of, outstanding customer service. If at any time you, your scouts, or your guests need assistance, please do not hesitate to see any staff member.

Each year we carefully examine our leader's guide to make sure it has the most up to date information possible. This guide is a living document, and we will adjust it as necessary as the need presents itself. We will do our best to make sure we have as much information as possible here for you and it should answer most of your questions and address most of your concerns. If, however, you can't find what you are looking for, let us know.

On behalf of Capitol Area Council, and the camp staff, thank you for choosing Lost Pines Scout Reservation for your Summer Camp experience.

Yours in Scouting,

**Toni Nelson** Camp Director



## **General Information**

Welcome to Lost Pines Scout Reservation, or LPSR! LPSR covers nearly 542 acres on the northern shores of Lake Bastrop and is the home of the tallest climbing tower in Texas, excellent catfish and largemouth bass fishing, and the best Summer Camp experience you'll find anywhere!

We are dedicated to offering a robust summer camp program that supplements the year-long programs of every Scouts BSA troop. We look forward to providing every participant with a mountaintop experience right here in the Lost Pines Forest of central Texas.

We have seven program areas, filled with diverse merit badge offerings, staffed by fellow scouts and scouters who are ready and eager to help your youth on their trail to Eagle. These areas include:

- Aquatics
- Climbing
- Eagle Quest
- Living History
- Nat-E-Con
- Scoutcraft
- Shooting Sports

In addition to our program areas, we offer an ATV Safety Program for your more experienced scouts, and a suite of adult leader training opportunities.

We hope all participants take advantage of all the Summer Camp experience at Lost Pines Scout Reservation has to offer!

# **Sessions**

Beat the July heat! All sessions are completed before the end of June!

Session 1: June 1st through June 7th
Session 2: June 8th through June 14th
Session 3: June 15th through June 21st
Session 4: June 22nd through June 28th



# **Fees**

Scouts BSA Youth \$375 for Weeks 1 and 2 Scouts BSA Youth \$350 for Weeks 3 and 4

Provisional Scout \$400 Adult Participant \$200

Partial Week Adults \$35 per night

Midnight on May 24, 2025 is an important date and time to remember as it is a deadline for the following:

• Registration closes

• Late Fee (\$25) charged for participants not paid in full

# **Payment Schedule**

	Payment Window	Youth Weeks 1 & 2	Youth Weeks 3 & 4	Provisional Scout	Adult
Deposit	At registration	\$25	\$25	\$100	\$25
1st Payment	3/22/25 - 4/20/25	\$200	\$200	-	\$75
2nd Payment	4/21/25 - 5/24/25	\$150	\$125	\$300	\$100



# **Mailing Address**

All kids love getting mail, and scouts away at camp are no different. We encourage you to have parents send letters and/or packages to their scouts while away at camp. Please make sure that the Troop number and a return address are present, in case the package is received after the scout has gone home.

#### **Lost Pines Scout Reservation**

Scout's Name / Troop Number 785 FM 1441 Bastrop, TX 78602

# **Emergency Telephone Numbers**

Please note, the numbers below are for medical and family emergencies only. Parents are asked to use this number only for emergencies. Lost Pines Scout Reservation is not equipped with a paging system. If a parent calls with a non-emergency, that message will be communicated at the next meal.

# **Camp Leadership**

#### **Camp Director**

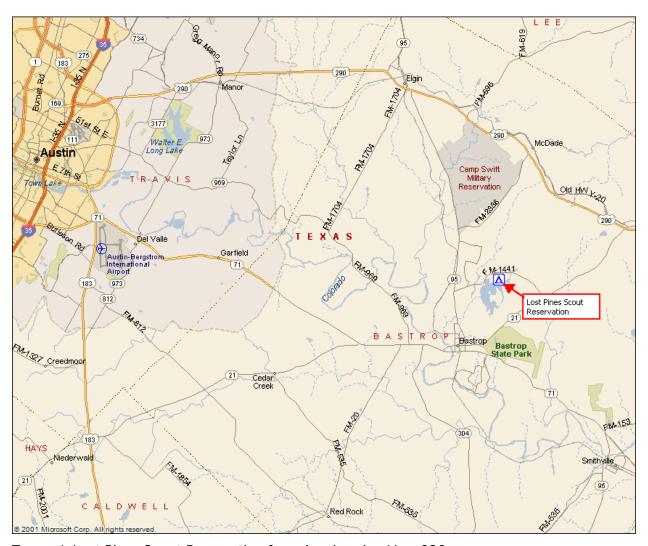
Toni Nelson txtoni13@gmail.com (512) 736-2806

#### **Director of Support Services**

Ron Settele ron.settele@scouting.org (972) 822-0984



# **Map to Lost Pines Scout Reservation**



To reach Lost Pines Scout Reservation from Austin using Hwy 290:

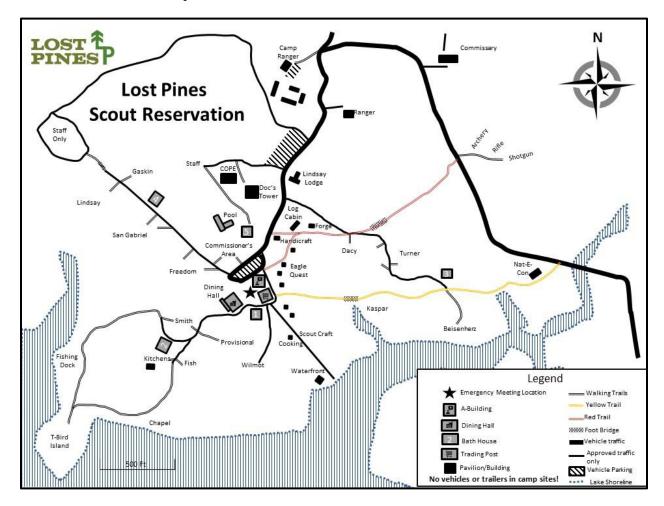
- East on Highway 290 to Elgin
- Right on Highway 95 South, approximately 12.8 miles to FM 1441
- Left on FM 1441 East, approximately 3.4 miles to Lost Pines Scout Reservation
- Turn right into Lost Pines Scout Reservation

To reach Lost Pines Scout Reservation from Austin using Hwy 71:

- East on Highway 71 to Bastrop
- Right on Highway 95 North, approximately 3.8 miles to FM 1441
- Right on FM 1441 East, approximately 3.4 miles
- Turn right into Lost Pines Scout Reservation



# **Map of Lost Pines Scout Reservation**





# **Preparing for Camp**

This guide is intended to provide important information to prepare leaders and scouts for a safe and enjoyable Summer Camp at Lost Pines Scout Reservation. While the information contained here is comprehensive, we know there are some questions left unanswered. If you have any urgent questions, please don't hesitate to contact Ron Settele, Director of Support Services, at ron.settele@scouting.org.

#### **Youth Protection Barriers to Abuse**

As of September 1, 2023, all adults staying overnight in connection with a Scouting activity must be currently registered as an adult volunteer or an adult program participant. Adult volunteers must register in the position(s) they are serving in. Registration as a merit badge counselor position does not meet this requirement.

Here are a couple of Frequently Asked Questions, with answers, to keep in mind as you plan your Winter Camp excursion.

- Q1: Our Scouts BSA boy troop and our Scouts BSA girl troop are linked and would like to host a joint outing or activity. Do we have to provide adult leadership from each troop?
- A1: Yes, each troop is a separate unit, and therefore, each troop/unit must provide its own two-deep leadership, meeting the leadership requirements outlined in Scouting's Barriers to Abuse. And in the case of Winter Camp at Lost Pines Scout reservation, each troop MUST have its own reservation.
- Q2: Can Scouts BSA girl and boy troops share a campsite?
- A2: Yes, if the campsite's layout and amenities meet all the requirements of Scouting's Barriers to Abuse, including privacy and separate accommodations. Each unit must also meet adult supervision requirements, providing two-deep leadership for each unit.

Please refer to the BSA's Youth Protection and Barriers to Abuse FAQs for more information.

# Leader Meetings

#### Meeting for Registration Contacts

A Registration Contact meeting is scheduled for Thursday, March 6<sup>th</sup>, starting at 6:30 p.m. and will be held via Zoom. The purpose of this meeting is to provide an overview, and answer any questions regarding the following:

- Waitlist Processing
- Payment Schedule
- Participant Roster
- Merit Badge Scheduling
- Older Scout Program Opportunities
- Paperwork... Paperwork... Paperwork...

https://us06web.zoom.us/j/86782052764?from=addon

Meeting ID: 867 8205 2764



#### Meeting for On-Site Leaders

An On-site Leader Meeting is scheduled for Thursday, May 15<sup>th</sup>, starting at 6:30 p.m., and will be held via Zoom. This meeting is intended to answer any logistical questions those planning to be at camp may have – arrival, check-in, campsite-related topics, etc. Bring a list of your last-minute questions and click the link below to join the meeting.

https://us06web.zoom.us/j/83158403135?from=addon

Meeting ID: 831 5840 3135

#### **Online Registration**

#### Reserving Your Spot

Troops can access more information about Summer Camp, and register online, by going to <a href="https://www.bsacac.org/activities/summer-camp/">https://www.bsacac.org/activities/summer-camp/</a>. The following link will take you directly to the registration site <a href="https://scoutingevent.com/564-LPSRSummer25">https://scoutingevent.com/564-LPSRSummer25</a>.

Do the best you can to accurately estimate the number of youth and adults who will be attending when you make the reservation. During registration a **non-refundable** deposit of \$25 per participant will be collected. You can add participants at any time. However, requests can only be accommodated based on availability. A waitlist will be available.

To release youth or adult from your reservation, please go to the Capitol Area Council refund page (<a href="https://www.bsacac.org/refund-policy/">https://www.bsacac.org/refund-policy/</a>), scroll to the bottom of the page, and complete the form. This is the only way to remove unneeded/unused youth or adult slots from your roster.

#### Selecting a Campsite

Lost Pines Scout Reservation, LPSR, provides you with the choice of camping at a site where tents are provided. Tents will be provided at a fee of \$10 per tent. Please plan for two participants per tent. Remember, according to BSA policy, youth and adults cannot share a tent, and youth sharing tents must be no more than two years apart in age.

The reservation system will ask you to prioritize your campsite choices. We will do our best to accommodate your request. It is very likely that smaller units will be sharing their campsite with others.

Campsites with tents include:

- Dacy
- Fish
- Freedom
- San Gabriel
- Smith
- Turner
- Wilmot

Be advised that while you have the option of choosing a campsite with tents, LPSR does not provide a cot or other sleeping equipment.

If your unit wishes to bring your own tents, select campsites where tents are not provided by LPSR. Campsites without tents include:



- Beisenherz
- Gaskin
- Kaspar
- Kitchens
- Lindsay

#### **Electricity Usage Guidelines**

Some of the campsites at Lost Pines Scout Reservation have electrical power. These campsites include:

- Freedom
- Gaskin
- Kitchens
- Lindsay
- Provisional
- San Gabriel
- Smith
- Turner

The running of extension cords is strictly prohibited. CPAP machines must run on a portable power supply. Electronic devices (i.e. laptops, tablets, phones) and portable power supplies may also be charged at the Administration Building and the Dining Hall on the power strips provided.

It is prohibited to run a generator on Capitol Area Council properties.

#### **Dietary Needs**

LPSR strives to provide options to fit the dietary needs/restrictions of our campers with every meal. Upon request, we can provide the following options:

- Gluten-free
- Vegetarian
- Poultry Only (No Beef and/or No Pork)

In the online registration system, please be sure to indicate which members of your unit will require these dietary options. Use the radio buttons in the "Update "Information" area to make the appropriate selection.

We do acknowledge that we cannot accommodate every dietary need or restriction. For those cases, microwave ovens and refrigerators/freezers are available in the Dining Hall for campers who may need to store and prepare food brought from home. Please ensure that items stored in the refrigerators/freezers are labeled with name and unit number.

#### Merit Badge Selection

It's not too early to ask your scouts what merit badges they would like to work on while at Summer Camp. In preparation, collect a prioritized list of merit badges from each scout planning to attend. This will simplify the process of making merit badge selections on the registration system run much smoother. Merit badge selections can be made in the registration system starting on April 15<sup>th</sup> starting at 7:00 p.m. Please note that the deposit plus the first payment needs to made before merit badge selections can be made for the scout, or training selections for adult leaders.



Go to the "Advancement and Other Programs Detail" section for merit badges offered. Please pay special attention to age requirements and requirements that may not be completed at camp. Be sure to register for merit badges early as classes fill up quickly!

Watch for the **Class Schedule** to be posted on the registration site under Attachments - <a href="https://scoutingevent.com/564-LPSRSummer25">https://scoutingevent.com/564-LPSRSummer25</a>. This matrix will illustrate when each merit badge is offered and has proven helpful when collecting which merit badges the scouts would like to earn at camp. Another valuable tool is the **Class Attendee Counts** report, found in the same area. This report provides a real-time snapshot of every merit badge and how many seats are available.

On May 16<sup>th</sup> at 11:59 p.m., online merit badge selection will close, and all merit badge requests must be submitted to Ron Settele, Director of Support Services. He can be reached at ron.settele@scouting.org or (972) 822-0984.

Once arriving at camp, changes to merit badge classes will only be permitted in rare circumstances. An example would be if a scout who does not pass the BSA Swimmer Test and is registered to take the Swimming merit badge. No changes will be made after 5:30 p.m. Sunday.

#### Parent Portal

Parent Portal is an optional feature that allows the Registration Contact to provide your parents with access to just their Scout's part of the registration, to make payments, and complete data entry. Use of this feature is **HIGHLY** recommended.

To activate Parent Portal, access your reservation, click "Additional Actions" in the Registration Contact box, and select Parent Portal from the dropdown menu.

- Start by clicking the Use Parent Portal checkbox.
- Print parent login credentials using one of the following two buttons (QR codes or link/password)
- Give parents one login credential for each of their participants (including themselves if they're one of the participants).
- Parents use these cards to make payments and update data entry fields such as name, rank, dietary requirements, etc.
- Parents with **multiple cards** are able to link their participants together once they log in.
- Prevents parents from making payments or seeing event fees blocks parents from making payments. This option is good for units where parents pay the unit and then the unit pays the council.
- Allow Parent Portal class selection lets parents choose or change class and merit badge selections. When unchecked, parents will only be able to view class and merit badge selections.
- If the previous box is checked, optionally check Email me when classes are changed through Parent Portal to receive an email when parents make or change their selections.
- Optionally check one or more days to receive a unit summary email showing payment and data entry status for each participant.



11

#### **Paperwork**

#### Paperwork for All Participants

#### Current BSA Membership

Each unit must bring a printed unit roster from <a href="https://my.scouting.org/">https://my.scouting.org/</a>. Highlighting youth and adults attending camp expedites the check-in process. A unit roster from ScoutBook, or any other troop management software, is not sufficient.

#### **Medical Forms**

All participants attending summer camp will need to have a completed <u>Annual Health and Medical Record</u> (Parts A, B1, B2, and C), including a physician signature, dated within the last twelve months. If you have any questions about the Annual Health and Medical Record, click here to be taken to the instruction handout.

Make a copy of all medical forms, leave the original at home, and bring the copies in a threering binder. Alphabetize the forms, with youth in front and adults in back. The binder will remain in the Health Lodge for the duration of camp and be returned when you depart. **Please** do not use page protectors! This will significantly slow the medical re-check process during check-in.

#### **BSA Swim Test**

BSA requires that ALL scouts and adults wishing to participate in aquatics activities have completed a Swim Test within the last twelve months. All youth and adult participants are to be designated as swimmers, beginners, or nonswimmers based on swimming ability confirmed by standardized BSA swim classification tests.

#### **Swimmer Classification**

Jump feetfirst into water over the head in depth. Level off and swim 75 yards in a strong manner using one or more of the following strokes: sidestroke, breaststroke, trudgen, or crawl; then swim 25 yards using an easy resting backstroke. The 100 yards must be completed in one swim without stopping and must include at least one sharp turn. After completing the swim, rest by floating.

#### **Beginner Classification**

Jump feet first into water over the head in depth, level off, and swim 25 feet on the surface. Stop, turn sharply, resume swimming, and return to the starting place.

#### Nonswimmer Classification

Anyone who has not completed either the swimmer or beginner tests is classified as a nonswimmer.

While we will offer these at camp check-in, you can save yourself time by completing this ahead of time. After administering the test, record the results in the <u>CAC Unit Swim Check Form</u> and bring it to camp. Be sure your test administrator signs the form and enters all necessary information.



#### Paperwork for Adult Leaders

Two registered adult leaders 21 years of age or over are required to be always on camp, per BSA policy. Additionally, there must be a registered female adult leader 21 years of age or over in every unit serving females.

If adults are only coming for part of a session, they should register as "Adult Partial Week" and indicate the nights they will be staying on camp. This allows us to plan appropriately for food service.

#### All adults staying overnight with a unit must submit the following items.

Current Youth Protection Training (YPT) Certification

The unit roster report from my.scouting.org also includes the Youth Protection Certification status for your adult leaders. Please ensure all the leaders have a current certification.

Texas Youth Camps Health and Safety Act Form

Texas state law requires that a recent background check be run prior your arrival arrive at camp. To ensure your check-in process at camp runs smoothly, **send the Texas Youth Camps Health and Safety Act Form to** 564roster@scouting.org no later than May 15<sup>th</sup>. This provides us with the lead-time needed to run and review sex offender database inquiries and criminal background checks.

Leaders will not be allowed to enter camp unless their sex offender database inquiries and criminal background checks have been completed. We can run these at camp, but won't be able to do so until unit check-in has been completed. Until that time, the leaders will wait in the camp parking lot.

#### **Special Note for Out-of-Council Units**

All registered members (youth and adult) of the Capitol Area Council are covered by the council's accident and sickness insurance policy. Out-of-council units must provide proof of insurance at check-in. Your home council should be able to provide guidance on obtaining this information.

#### **Provisional Scouts**

While it is preferred that scouts attend summer camp with their Troop, we recognize that there are scouts who would like to come to Lost Pines when their troop doesn't attend. These scouts will be accommodated in Weeks 3 and later as Provisional Scouts. Provisional Scouts will be placed with other Provisional Scouts, and a staff member(s) who serves as the Scoutmaster(s) for the week of summer camp. They will be assigned to their own campsite with platforms and tents.

Provisional Scouts must register through the online registration system. A \$100 non-refundable deposit is required at the time of registration. The fee for individual (provisional) scouts is \$400. If a parent is attending camp with a Provisional Scout, they must be a registered leader with Scouting America and the \$175 leader fee will apply.

Troops who cannot meet the two-adult minimum requirement are encouraged to partner with another troop in advance to meet this requirement. Use this when registering for camp so that we can ensure partnering troops are placed in the same campsite. Registration may be denied



when four or more scouts from the same troop attempt to register as Provisional Scouts, as adult leadership is expected in this situation.

#### **Camperships**

A limited number of camperships are available for scouts, registered with the Capitol Area Council, who have financial hardships. Troop leaders should encourage their scouts to earn their way to camp through participation in council and unit fundraisers.

Camperships cover up to 25% of the camp fee during Weeks 1 through 2, and up to 50% during Weeks 3 and later. Please use the <u>Request for Campership Assistance</u> to apply. **This form** must be submitted to the Capitol Area Council office by April 15<sup>th</sup>. If you have any questions, please contact Ron Settele, Director of Support Services, at <u>ron.settele@scouting.org</u> or (972) 822-0984.

#### **Refund Policy**

Click <u>here</u> to be directed to the Capitol Area Council's refund policy.

#### **Pre-Event Medical Screening**

Preparing for a campout or other event takes a lot of planning. One way to make sure everyone has fun and stays healthy while participating is to use the <u>Pre-Event Medical Screening Checklist</u> before getting in those vehicles.

Before leaving, you should do a guick health check for every participant. This includes:

- Reviewing each participant's Annual Health and Medical Record (AHMR) with them.
   Make sure all sections are completed and identify any potential medical issues.
- Checking to make sure participants have enough medication for the entire length of the trip including all emergency medications, such as asthma rescue inhalers and EpiPens, if needed.
- Determining if everyone is healthy enough to travel and attend the event.



14

# **Arriving at Camp**

#### Checking In

Camp check-in begins at 1:00 p.m. on Sunday afternoon and troops are asked to arrive before 3:00 p.m. Upon arrival at camp, please park all vehicles in the designated lot. Staff will be available to escort your troop's trailer to your campsite or assist in transporting gear for troops without a trailer.

Troop leaders must report to Lindsay Lodge for unit check-in and the Medical Lodge for medical recheck. At Lindsay Lodge, there will be an easily identifiable camp staff member who will connect your scouts with their Troop Guide and direct the adult leaders to the appropriate location. You will have the option of:

- a. leaving your scouts outside Lindsay Lodge with their Troop Guide(s) or,
- b. allowing the Troop Guide(s) to take them on a camp tour while you complete the check-in process.

If you have two adult leaders, you can speed up the process by having two books - one leader can handle the unit check-in with that book, and one leader can report to the Medical Lodge for medical re-check with the medical forms.

#### Unit Check-In

Unit check-in is a multi-step process where you will do the following:

- Verify adult leader paperwork (Youth Protection Training Certification, Texas Youth Camps Health and Safety Act Form)
- Verify proof of BSA membership for all participants
- Verify camp attendance (vs. registered)
- Turn in All-Terrain Vehicle (ATV) Program Participation and Hold-Harmless Agreement
- Turn in Unit Swim Check Form
- Sign up for flag ceremonies, grace before meals, and Scout's Own worship service

Following check-in, a staff Troop Guide will take your troop on a camp tour of the main camp areas. The tour will include the dining hall, where the scouts will be shown their assigned table(s), how to enter for meals, as well as how to clean up and dispose of trash after meals.

#### Medical Recheck

At the medical recheck, you will need to provide the following:

- Provide a copy of Annual Health and Medical Record (Parts A, B1, B2, and C) for all attendees.
- All medication must be managed by an adult leader. You will also be asked to verify medication will be stored behind two locks, as per BSA requirements.
- Any youth/adults with EpiPens or inhalers will need to see the camp health officer at this time.



At a minimum, the camp health officer shall follow a screening protocol that makes him/her aware of:

- 1. medications being taken by the participant,
- 2. special health needs that limit participation, and
- 3. allergies to food or medicine, as well as,
- 4. emergency medications that may be needed and maintained by the participant.

Additionally, the camp health officer will ensure that the appropriate permissions for participation have been granted by both the parent/guardian and the examining physician. At the time of the screening, arrangements are made for the secure storage and dispensing of any medications.

During the screening, the camp health officer will prepare a list of special health needs (those that affect participation in camp activities or require medication or other attention) and review them with the camp director and appropriate staff members on a need-to-know basis only.

The camp health officer will also verify that the appropriate unit leaders are informed of

- 1. campers with limitations, special needs, or life-threatening conditions, should they not already be informed, and
- 2. ensure that emergency medicine (epinephrine, asthma inhalers, etc.) is present and not expired.

Identifying significant circumstances arising after completion of the health history is critical, but flexibility is allowed in how this information is obtained and documented. Pertinent information includes

- 1. any visit to a doctor or clinic since the last exam;
- 2. any recent illness, injury, rash, or allergic reaction;
- 3. fever or other signs of illness or infection in the last 48 hours (i.e. nausea, vomiting, diarrhea, cold);
- 4. contact with sick friends or family members in the last 48 hours;
- 5. any ongoing treatment or medication;
- 6. any medication taken 30 days prior to camp; and
- 7. if the person feels and looks fine at present.

Generally, face-to-face screening of individual participants should be done by a health-care professional or other designated adult and trained by the camp health officer. In some circumstances, it may be sufficient for screening purposes for the unit leader or other adult familiar with the individual participants to identify anyone needing special health or medical consideration or limitation of activities. To be sufficiently informed for this assessment, the adult leader should personally observe and talk to each participant. If the unit leader or camp leadership is not confident with the assessment, the camp health officer should designate an adult to interview and assess the participants.

### Other Things to Know

#### Vehicles

No vehicles will be allowed in the campsites. You may park one trailer, with attached vehicle, outside your campsite as identified by the camp. If you require assistance in transporting gear to your campsite, please make a request during check-in.



#### **Sharing Campsites**

All troops should expect to share their campsite with another troop. Please be courteous when setting up camp. Fire rings, picnic tables, pavilions, and tents are for the use of all troops assigned to your campsite.

#### Flag Retreat/Dinner

All troops should report to the parade ground flagpole by 5:45 p.m. in field uniform (Class A) for the formal flag retreat and any announcements. The flag ceremony starts promptly at 5:50 p.m.

If you arrive at the parade grounds while the flag ceremony is in progress, please stop your troop and wait for the ceremony to finish before proceeding. Troops are released from the flag assembly one at a time to go to the dining hall for dinner.

Please make sure your scouts walk from the flag assembly to the dining hall!

#### Troop Cracker Barrel

At 8:00 p.m. Sunday evening, your Troop Guide will bring snacks to your campsite and participate in cracker barrel with your unit. They will have information to share regarding breakfast, mile swim, adult leader training, troop challenges and other events taking place during the week.

For information on bathhouses, see the Bathhouse Cleaning section.



# **During your Stay at Camp**

#### **Dress Code at Camp**

#### **Appropriate Attire**

All clothing must adhere to the guidelines below:

- Shirts must be worn by all participants when not in the aquatics area (see below for swimwear requirements)
- Shirts must be in good Scouting nature. Shirts other than scouting shirts are allowed, such as t-shirts, long sleeve shirts, sleeveless shirts, and jackets. Sleeveless shirts should not show off the chest area. Shirts should not contain inappropriate language, inappropriate graphics, or promote alcohol, drugs, or violence.
- Pants or shorts other than Scout shorts can be worn, such as athletic/gym shorts, jeans, and cargo shorts. All shorts/pants should be long enough to prohibit exposure of any bottom area.
- For safety reasons, closed shoes (sneakers or boots) are to be worn at all times (except in your tent, at the pool, or in the shower). Please, no Crocs or hiking sandals.

#### Uniforms and Shoes

The field uniform is to be properly worn by youth and adult leaders at flag retreats and dinner.

#### <u>Swimwear</u>

Swimwear should only be worn in the aquatics areas. Swimwear should be in accordance with the BSA National Aquatics Subcommittee's recommendations, which states:

Swimsuits should be comfortable, functional and modest. For males, swim trunks or board shorts are appropriate. Modest tankinis or one-piece swimsuits for females. Inappropriate swimwear includes swim briefs or swim bottoms short enough to allow exposure and bikinis.

Swimsuits should be one-piece, or tankinis that cover the midriff, no bikinis. Additional considerations include:

- Designed as swimwear
- Appropriate to the activity
- Secure enough to not shift or fall off while participating
- A T-shirt or additional layer may be allowed if it does not hamper movement in the water

#### Bicycles and Helmets

Bicycles with helmets are permitted on camp roads only. The rider must always wear a helmet and proper clothing and yield the right of way to individuals who are walking. If you plan to ride after dark, your bicycle must be equipped with a working headlight and red taillight.

While bicycles will be provided for those taking the Cycling merit badge, we do not rent bicycles at camp. For the safety of all, we do not allow Segways, scooters (of any kind), hoverboards, skateboards or similar wheeled items at LPSR, unless medically necessary.



It is our expectation that all follow Bicycle Safety from the Guide to Safe Scouting.

#### **Policies**

#### Scouting America Scouter Code of Conduct

Our expectation is that the leaders attending summer camp are setting a positive example for the youth. Adherence to the *Scouter Code of Conduct* is mandatory while at Lost Pines Scout Reservation.

On my honor, I promise to do my best to comply with this Scouting America Scouter Code of Conduct while serving in my capacity as an adult leader:

- 1. I have completed or will complete my registration with Scouting America, answering all questions truthfully and honestly.
- 2. I will do my best to live up to the Scout Oath and Scout Law, obey all laws, and hold others in Scouting accountable to those standards. I will exercise sound judgment and demonstrate good leadership and use the Scouting program for its intended purpose consistent with the mission of Scouting America.
- 3. I will make the protection of youth a personal priority. I will complete and remain current with Youth Protection training requirements. I will be familiar with and follow:
  - BSA Youth Protection policies and guidelines, including mandatory reporting: www.scouting.org/training/youth-protection/
  - The Guide to Safe Scouting: <u>www.scouting.org/health-and-safety/gss</u>
  - The Sweet Sixteen of BSA Safety: <a href="https://www.scouting.org/health-and-safety/gss/sweet16">www.scouting.org/health-and-safety/gss/sweet16</a>
- 4. When transporting youth, I will obey all laws, comply with Youth Protection guidelines, and follow safe driving practices.
- 5. I will respect and abide by the Rules and Regulations of Scouting America, BSA policies, and BSA-provided training, including but not limited to those relating to:
  - Unauthorized fundraising activities
  - Advocacy on social and political issues, including prohibited use of the BSA uniform and brand
  - Bullying, hazing, harassment, and unlawful discrimination of any kind
- 6. I will not discuss or engage in any form of sexual conduct while engaged in Scouting activities. I will refer youth with questions regarding these topics to talk to their parents or spiritual advisor.
- 7. I confirm that I have fully disclosed and will disclose in the future any of the following:
  - Any criminal suspicion, charges, or convictions of a crime or offense involving abuse, violence, sexual misconduct, or any misconduct involving minors or juveniles
  - Any investigation or court order involving domestic violence, child abuse, or similar matter
  - Any criminal charges or convictions for offenses involving controlled substances, driving while intoxicated, firearms, or dangerous weapons



- 8. I will not possess, distribute, transport, consume, or use any of the following items prohibited by law or in violation of any Scouting rules, regulations, and policies:
  - Alcoholic beverages or controlled substances, including marijuana
  - Concealed or unconcealed firearms, fireworks, or explosives
  - Pornography or materials containing words or images inconsistent with Scouting values
- 9. If I am taking prescription medications with the potential of impairing my functioning or judgment, I will not engage in activities that would put youth at risk, including driving or operating equipment.
- 10. I will take steps to prevent or report any violation of this code of conduct by others in connection with Scouting activities.

#### **Unit Conduct**

The conduct and discipline of the youth in your troop are YOUR responsibility. Please be vigilant in making sure your scouts' behavior is consistent with the Scout Oath and Law. This is a camp policy that we have found to be of mutual benefit. The camp staff will not discipline your scouts unless it is a case of imminent bodily injury or property damage.

Your campsite is your home. Entering or loitering around another campsite without that troop's permission invites problems. "Raiding" of campsites or staff areas by campers or staff is not permitted.

Taps is at 10:30 p.m. All campers are expected to be in their own campsite by that time. Troop activities such as night hikes, astronomy, etc., are encouraged and would constitute an exception. These activities must have appropriate adult supervision. Youth campers found outside their own areas after 10:30 p.m. will be escorted back to the campsite by a staff member.

Please abide by the outdoor code while at camp. Do not cut or mar trees. Help your scouts understand the importance of caring for trees and all property. **Capitol Area Council prohibits the use of hammocks on all our properties.** We appreciate your cooperation.

#### Bicycle Safety

Follow these basic safety tips when you ride.

- Wear a properly fitted helmet. Protect your brain; save your life! Bicycle helmets can reduce head injuries by 85 percent, according to the National Highway Traffic Safety Administration (NHTSA).
- Adjust your bicycle to fit. Make sure you can stand over the top tube of your bicycle.
- Assure bicycle readiness. Make sure all parts are secure and working well. Assure that tires are fully inflated, and brakes are working properly.
- See and be seen. Wear clothing that makes you more visible, such as bright neon or fluorescent colors. Wear reflective clothing or tape. Avoid riding at night.
- Watch for and avoid road hazards. Always stay alert. Be on the lookout for hazards, such as potholes, broken glass, gravel, puddles, leaves, animals, or anything that could



- cause you to crash. If you are riding with friends and you are in the lead, call out and point to the hazard to alert the riders behind you.
- Follow the rules of the road. Check and obey all local traffic laws. Always ride on the right side of the road in the same direction as other vehicles. Go with the flow—not against it! Yield to traffic and watch for parked cars.

#### Fires & Fuels

Ground fires are permitted during summer camp in a fire ring if a burn ban is not in place. If your unit wishes to have a fire, the troop leaders must complete the *Ten Steps to a Safe Fire* form (available in the A-Building), and have it, and your Unit Fireguard form posted in the campsite.

Liquid or propane fuels are to be used only under adult supervision and must be stored under lock and key. Liquid fuels cannot be used on open fires or to start a fire. Scouting America policy prohibits the use of open flames in tents. This includes mosquito coils, catalytic heaters, gas lanterns, stoves, candles, and smoking materials.

#### **Prohibited Items**

Adult leaders should not allow the use of tobacco/vape products at any Scouting America activity involving youth participants. In addition, tobacco use in the presence of scouts is not permitted at camp. Adult leaders wishing to use tobacco products or vape may do so only in the Commissioners Area.

The consumption, possession, or use of any alcohol, illegal drug or controlled substance is strictly forbidden on any Capitol Area Council property. We will enforce all local, state, or federal laws where violations involving the above are reported.

Fireworks, pets, personal firearms and ammunition, and personal bows and arrows, of any type, are not allowed at camp. In addition, camp policy prohibits the carrying of fixed-blade knives except for the purposes of Order of the Arrow ceremonies and Living History night.

Do not take home any wild animals. Pets of any kind are not allowed on camp unless they are a service animal. Violators will be asked to leave camp.

#### **Visitors**

All visitors to the camp must park in the main parking lot and walk to the Administration Building to check in immediately upon their arrival at camp.

#### Camp Staff Areas

Scouts are not allowed in the camp staff area at any time. We ask troop leaders to help enforce this policy.

#### Resources

#### Camp Commissioners

One of the most important resources at camp is the Camp Commissioner staff. They are experienced Scouters who have volunteered their time to assist your troop during your summer camp adventure. They will be available to answer questions and to help coordinate



the various activities during the week. Camp Commissioners are a tremendous resource – if you need help with anything, please don't hesitate to ask them!

#### **Tools and Service Projects**

Camp Commissioners have an assortment of tools for your use as well as a list of available service projects. Check them out when you need them and return them promptly after you have finished with them so others can use them. All equipment checked out to your troop must be returned, or paid for, before you leave camp.

#### Recognition

#### **Honor Troop**

Honor Troop awards are being presented Friday night at the closing campfire. Criteria for achieving the Honor Troop award will be determined by the Program Director during Senior Patrol Leaders and Scoutmaster meetings. The primary criteria for earning the Honor Troop designation are the scores achieved on the daily campsite inspection.

It is recommended that the troop's daily score be posted on the troop bulletin board and/or announced during troop meetings. Scoring criteria will be provided at check-in.

#### Your Campsite

The troop's campsite arrangement and orderliness reflect upon the troop's standards. Living in a clean and well-organized site helps a scout feel pride in themselves and Scouting.

Listed below are aspects of a well-established troop campsite. A Camp Commissioner, and other troop leaders, will visit you and your site during the week. The Commissioner may share ideas with you about ways to improve your site. For your troop to win the Honor Troop award, your campsite should possess the attributes of a model site.

#### **Model Campsite Checklist**

- U.S. and Troop flags displayed with troop identification
- First aid kit available in a central location
- Campsite laid out with clear and safe traffic lanes
- Tents and flies pitched correctly, taut, and using proper knots
- Campsite clean litter free; personal items stored, surfaces clean
- Trash bags emptied regularly (place in designated spot outside your bathhouse)
- Bulletin board with roster, fireguard chart, emergency procedures, schedule & program information posted
- Assigned bathhouse cleaning schedule
- Saw/axe yard separated from central site, marked, and adequate size (optional)
- Patrol flags or other markings so patrol areas are clearly identifiable

Your campsite is your home for the week so make it comfortable by bringing banners and flags to dress it up. Baden-Powell once said that the patrol was the secret of success in Scouting. There must be certain activities for which the patrol has complete responsibility such as camp craft, contest practice, camp improvement, hiking, basic instruction, and troop activities. Leadership development and an increase in Scout spirit are positive results from the use of the patrol method.



#### Tonkawa and Scoutmaster Challenges

The youth and adult leaders of each troop select the Honor Campers for their patrols near the end of the camp week. These campers should exemplify Scout spirit, a positive attitude, and should stand out from the other scouts in the troop. Completion of the Tonkawa Challenge should be used as the baseline of all Honor Campers. The maximum number of honor campers for each troop is one per patrol.

The Tonkawa and Scoutmaster Challenges are designed to give all at LPSR a rounded camper experience. A distinctive patch will be awarded to each scout submitting the checklist for Tonkawa Challenge, and each adult submitting for the Scoutmaster Challenge to the Administration Building by Friday 2:00 p.m. Patches will be placed in the troop's check-out packet.

#### Other Things to Know

#### Bathhouse Cleaning

The campsite your troop is in determines which bathhouse you will use and are responsible for helping to keep it clean. The chart of the bathhouse assignments and cleaning schedule will be provided at check-in. Troops are responsible for cleaning the bathhouse in the morning and afternoon. When sharing a time slot, ask the Senior Patrol Leaders to meet and coordinate cleaning. Instructions are posted at each bathhouse inside the supply closet.

If repairs or supplies are needed at the bathhouse, please inform the staff at the A-Building. If damage from vandalism occurs, your troop could be financially responsible for the cost of repairs allocated between the troops assigned to the bathhouse.

#### Lost and Found

Lost and found will be kept at the Administration Building. Please take only what belongs to you. Unclaimed items will be kept at The Fickett Center for 30 days before being donated to a charitable organization.

#### Trading Post

Ask your scouts to use discretion when buying drinks and candy at the Trading Post. Please help us keep the drink containers, papers, and trash picked up. Various handicraft kits and supplies are offered along with T-shirts, mugs, and literature such as handbooks and merit badge books. The Trading Post accepts major credit cards.

Bags and blocks of ice can be purchased at the A-Building using the ice tickets received at check-in or for \$2 per bag.

#### For the Leaders

BSA policy requires two adult leaders over the age of 21 **MUST** always be on camp (leaders may rotate if necessary). Visit classes periodically to observe your scouts. Check your mailbox in the A-Building every morning and afternoon for status updates on your scouts as well as any mail you may receive.

Watch your scouts for dehydration. If they get headaches, are homesick, or aren't hungry – make them drink water. They are very likely to be dehydrated. Scouts should be drinking at



least 8 ounces of water per hour. That's a full, one-liter water bottle between breakfast and lunch, and another between lunch and dinner.

#### Coffee & Internet

With coffee always on and Wi-Fi readily available, adult leaders can congregate in the dining hall for refuge and a chance to catch up on some paperwork, as well as to socialize with other leaders.

#### **Volunteering**

Each adult leader who comes to camp brings special skills or teaching abilities that can benefit the camp program. If you can assist in teaching or want to instruct a merit badge, please talk with the Program Director when you arrive on Sunday. Or, if you are a carpenter, electrician, plumber, or handyman, our camp can sure use your skill during the week. Bring your tools and feel as if you're still at home! Check with the Program Director or Camp Director at check-in, or any time during the week.

#### **Adult Leader Meeting**

Adult leader meetings are held daily at 10:00 a.m. in the Dining Hall. This meeting provides troop leadership with the opportunity to discuss upcoming activities, sign up for various activities, problem solve, and learn more about summer camp at LPSR. It is very important that one or more adult leaders from each troop be present at this daily meeting. If possible, all adults should attend this meeting.

During this meeting, you will be asked to provide a head count for Tuesday night's Adult Leader Dinner and Friday's Family Dinner. It is important for us to have these numbers in advance to ensure we have enough delicious meals available.

#### Senior Patrol Leader (SPL) Meetings

Make sure your SPL (or his designee) attends the daily Senior Patrol Leaders Meetings. This meeting takes place in the Commissioner's Area at 11:15 a.m. Monday through Thursday. This meeting serves to provide SPLs with the information they need regarding campsite inspection, changes to the camp program, and other important information. It is mandatory that each troop be represented at this meeting each day.

#### Adult Leader Training

Each week, a variety of classes will be available for the leaders during Summer Camp. They may vary from week to week, depending on instructor availability. Some classes are offered free of charge, others have an associated fee. Some will require you to sign up in the registration system, some won't.

#### ATV Safety Course

Participants practice basic safety techniques with hands-on exercises covering starting and stopping, turning (both gradual and quick), negotiating hills, emergency stopping and swerving, and riding over obstacles. Particular emphasis is placed on the safety implications relating to each lesson.

Additionally, the course develops safety knowledge and awareness through interactive activities and video. The course covers protective gear (like DOT-compliant ATV helmets), environmental concerns, riding strategies, and local laws. The course also offers participants



the opportunity to practice basic riding skills in a controlled environment under the supervision of our licensed Instructors.

There are two ways adult leaders can take the course:

- Sign up for the Friday morning, "adults only" session. The ATV Safety Institute's online safety e-Course is a prerequisite. You must present the completion certificate at the start of class. There is no fee associated with the online training. Click the following link for access - ATV Safety eCourse.
- 2. Add your name to the waitlist for one of the ATV Safety Course classes offered to the Scouts. Youth on the waitlist will be prioritized, but there have been instances where there have been open slots. **Completion of the safety eCourse is NOT required for this option.**

Introduction to Outdoor Leader Skills (IOLS)

This hands-on program gives adult leaders a practical introduction to the patrol method of a Scout-led troop by teaching many of the practical outdoor skills they need to lead Scouts in the outdoors. In addition, the teaching methods, activities, and games model the variety of teaching used in effective and engaging Scouting programs.

Introduction to Outdoor Leader Skills (IOLS) is required position-specific training for Scoutmasters and Assistant Scoutmasters.

Please register for this class. The is no fee for this course.

Wilderness and Remote First Aid

Designed for scouts and scout leaders, outdoor enthusiasts and anyone who works or spends time in remote environments, this course teaches advanced skills to be used in emergencies when help from professional first responders may be far away. Based on the Boy Scouts of America Wilderness First Aid Curriculum and Doctrine Guidelines



Adult CPR/AED certification is required to complete Wilderness and Remote First Aid certification.

Registration for this course is required. There is a \$150 fee for this 16-hour course.

**CPR/AED Certification** 

Get CPR/AED certified and learn how to help when it's needed most.

Registration for this course is NOT required. There is a \$25 fee for this course.



# **Health and Safety**

The health and safety of the scouts and scouters is a primary consideration at LPSR. We provide a Health Lodge staffed with one or more people trained to handle minor accidents or illnesses. Special arrangements for the treatment of more serious cases have been made with physicians in Bastrop.

In the event such treatment is required, the camper's parents will be notified by telephone giving the nature of the emergency and their desires concerning further treatment. It is the responsibility of troop leadership to provide transportation for troop member(s) to a doctor or hospital. Two adults from the troop should accompany the troop member(s) to the doctor or hospital and are asked to take insurance forms with them. The leader must obtain the injured scout's health record from the Health Lodge before going to the doctor or hospital. The camp will provide transportation only when a troop is not able to provide it. Directions to doctors' offices and hospitals are available at the Health Lodge.

#### **Medications**

Medications to be taken at camp must be controlled by the unit leader. All medications must be in the proper original containers labeled with the patient's name, medication name and written dosage directions. Unit Leaders must have the Medication Log found in the appendix filled out and turned in at medical recheck. Adults MAY dispense medications to boys in the troop but must NEVER allow medication to be in the possession of a scout. The only exceptions are EpiPens and inhalers which the scout is trained on and needs for extreme emergencies.



#### A Scout is Reverent

#### Grace

During check-in, troops will be asked to volunteer to lead the camp in grace before meals; after evening flag ceremonies or in the Dining Hall line before breakfast is served. The Lost Pines Grace or the Philmont Grace is always appropriate, but other graces may be used if they are appropriate for the variety of religious beliefs that are present. If you have any questions, you may check with the Camp Chaplain, the Program Director, or Camp Commissioners.

#### **Lost Pines Grace**

For the opportunity to serve others,
For the fellowship of friends,
Thank you for bringing us together, O Lord
And for guiding us with your hand.
Amen

#### **Services**

Please encourage scouts to attend one of the available services offered on Wednesday at 5:00 p.m., before we retire the flags before dinner.

- Catholic Mass: Held in Lindsay Lodge
- Interfaith Service: Chapel (near Fish campsite)

If your Chaplain's Aide or other scouts wish to participate in the services, please see the Camp Chaplain at check-in. We encourage all camp participants to attend one of the services.

There will be a Chaplain on call during the week to assist units with issues including homesickness, and in selecting a grace for meals.



#### **Schedule Overview**

#### **Program Areas**

Merit badges and related activities at LPSR are designed to fit into a five-day schedule. Classes are held in three sessions in the morning with two more in the afternoon, Monday through Thursday. Friday morning is make-up time for merit badge classes, and Friday afternoon there will be camp wide activities for all scouts.

#### **Troop Swim**

Each Troop will have the opportunity for a "Troop Swim", by campsite. You will share the pool with other troops. To participate in Troop Swim, you must complete Safe Swim Defense training which is offered on Monday at 1:15 p.m. in the Dining Hall. This training will lay out ground rules for safety and determine leadership for each session. The troop must provide an over-21 adult, as well as additional designated lookouts for every ten swimmers.

It is recommended that you meet with the leaders of other troops that are swimming with you after the meeting to coordinate. The camp will provide one Aquatics staff member to assist with facility questions and ensure that troops are adhering to Safe Swim Defense. They do not act as lifeguards during troop swim. Please let the Aquatics Director know if you do not plan to take advantage of the troop swim. Your troop swim will conflict with other activities; and each unit will have to prioritize their time in this regard.

#### **Troop Tower**

Each Troop will have the opportunity for a "Troop Tower Night", by campsite. You will share the tower with other troops.

## **Dining & Diet**

Meals are served cafeteria style in our air-conditioned Dining Hall. To avoid crowding, your troop will have an assigned table(s). Menus will be posted and should be reviewed for possible allergies.

# **Adult Leader Dinner and Dessert Competition**

Tuesday evening, the adult leaders will be treated to a smoked prime rib roast dinner with all the fixin's. We will be accommodating those with dietary restrictions. So, don't let that stop you from attending.

What we won't be serving Tuesday night is dessert! That's where you come in! Make your favorite Dutch oven dessert and bring it to the dining hall for all to sample! Awards will be made at the closing campfire for the entry that "tickled the most taste buds."



# **Camp Schedules**

# **Daily Schedule**

Time	Activity
7:00 a.m.	Breakfast
8:00 a.m.	Flag Ceremony (All troops)
8:30 – 9:30 a.m.	1 <sup>st</sup> Class Period
9:40 – 10:40 a.m.	2 <sup>nd</sup> Class Period
10:00 – 10:30 a.m.	Leader Meeting
10:50 – 11:50 a.m.	3 <sup>rd</sup> Class Period
1:15 – 1:30 p.m.	SPL Meeting
12:30 p.m.	Lunch
2:00 – 3:00 p.m.	4 <sup>th</sup> Class Period
3:10 – 4:10 p.m.	5 <sup>th</sup> Class Period
4:10 – 5:10 p.m.	Open Area Time (Mon., Tue., and Thur. only)
5:00 – 5:40 p.m.	Catholic and Interfaith Services (Wed. only)
5:50 p.m.	Flag Ceremony (All troops)
6:00 p.m.	Dinner
7:00 p.m.	Evening Programs
10:30 p.m.	Taps – Lights Out

All program areas are open Friday morning for "make-up" time. This will allow scouts to complete any outstanding merit badge requirements.

Friday afternoon has been reserved for camp-wide FUN, including a Cardboard Boat Regatta. Bring your supplies and build your boat at camp. The rules can be downloaded by clicking <a href="here">here</a>.



# Schedule

Day	Time	Activity
Sunday	8:00 p.m.	Campsite Cracker Barrel with Troop Guide
Monday	7:00 – 8:30 p.m. 7:00 – 8:30 p.m. 7:00 – 9:30 p.m. 7:00 – 9:30 p.m. 7:30 – 9:30 p.m.	Adult Leader Action Archery Training Adult Leader Open Rifle & Cowboy Action Shoot Troop Tower Troop Swim (two sessions) Movie Night (Dining Hall)
Tuesday	6:00 p.m. 6:45 – 8:30 p.m. 8:30 – 10:00 p.m. 9:00 p.m.	Adult Leader Dinner and Dessert Competition Living History Night Troop Swim (one session) Astronomy Night (Lindsay Lodge)
Wednesday	7:00 – 9:00 p.m. 7:00 – 9:30 p.m. 7:00 – 9:30 p.m. 7:00 – 10:00 p.m. 9:00 p.m.	Action Archery Nat-E-Con Night Troop Tower Troop Swim (two sessions) Wilderness Survival Overnighter
Thursday	6:00 a.m. 7:00 p.m. 9:00 – 10:00 p.m.	SCUBA meets in Dining Hall Volleyball Challenge OA Brotherhood Ceremony & Ice Cream Social
Friday	6:00 a.m. 9:40 a.m. 1:30 - 3:30 p.m. 3:10 p.m. 6:00 p.m. 7:45 p.m.	SCUBA and Cycling meet in Dining Hall Collections Midway Camp-Wide Fun Collections Midway Family Dinner Closing campfire (Parade Ground)



## Order of the Arrow Tonkawa Lodge No. 99

## Order of the Arrow Members in Camp

All Order of the Arrow, or OA, members are encouraged to pack their OA sash right next to their Scout Spirit of cheerfulness and service and bring it all to camp! During Summer Camp at Lost Pines Scout Reservation, the Order of the Arrow has several duties and activities. Primarily, they run and facilitate inductions and act as an information link into Tonkawa Lodge for visiting units. They also provide units with the knowledge they need to help their OA members grow into quality youth leaders through the Order.



#### Ice Cream Social

Thursday night is the Order of the Arrow ice cream social. During this time the OA members on staff will give a quick synopsis of the OA's programs and exciting upcoming events. They will inform members of how to get more involved and how the OA fits into Boy Scouting in general. OA members from any lodge are welcome to join us for the social!

#### **Brotherhood**

On Thursday, Ordeal members are inducted into Brotherhood membership. A member is eligible to go through the Brotherhood Ceremony if it has been more than 10 months since they completed their Ordeal Weekend AND they are a paid member of Tonkawa Lodge. Eligible Ordeal members will meet with a Brotherhood member to fulfill further requirements at Summer Camp. If there are members who meet these requirements but cannot attend Summer Camp, they are invited to come out Thursday night to take part in the ceremony. The cost will be \$16, which includes a sash.

National policy restricts Brotherhood candidates at summer camp to only those Ordeal members that are registered in Capitol Area Council units.

#### Call-Out

Friday is the most exciting day at camp for OA members. This is the day of the weekly call-out, held during the closing Campfire Ceremony. Units who had new member elections during the previous year submit the names of those elected who have not been recognized or inducted yet. This is done in front of the entire camp and serves as a glimpse into our order for non-members and as an impressive way to recognize the scouts and scouters who have exemplified the Scout Law and Scout Oath in their everyday lives.

Those elected to be eligible to become members, called "Candidates," have a period of one year from the date of their elections (not from the date of their call out) to complete the Ordeal weekend. If a candidate does not complete their Ordeal weekend within one year from the date of election, they must be reelected to become a candidate again. All units are requested to bring a copy of their completed unit election form to summer camp to ensure that all candidates receive proper public recognition.



## **Camp Promotions**

OA Chapter representatives are available as a resource that can be called upon by each troop for summer camp promotions at any time during the year. This is an ideal program for a Parent's Night or Court of Honor. Please contact your Chapter Chief for details – contact information is available at <a href="http://www.tonkawa99.org">http://www.tonkawa99.org</a>.

For more information, check at the A-Building for the name of the Camp Chief and set up a time to meet.



## **Advancement and Programs Details**

New merit badge offerings for 2025!

- Golf
- Coin Collecting
- Collections
- Stamp Collecting

## **Eagle Quest**

This is now an **all-day program** offered for scouts in their first six months in the Scouts BSA program. Their time there will be spent focused on basic Scouting skills and having FUN!!! Eagle Quest concentrates on several scout skill areas; first aid, knots, knife and ax use and safety, and fire making. If time permits additional requirements will be explored.

Additionally, scouts will earn two Eagle-required merit badges - First Aid and Swimming! If a scout is not a "Swimmer", Instructional Swim will be provided.

What a great way for your scouts to start their time in the Scouts BSA program.

### Rank or Merit Badge

#### **Details**



Requirements 3a, 4ab, and 5

Patrol method, knots & whip and fuse, pocketknife safety.



Requirements 3abcd, 4abcd, 7a, 8

Tools, first aid and nature, citizenship, and leadership.



Requirements 2abcdfg, 3abcd, 4, 6, 8ab, 9ab

Cooking and tools, navigation, nature, citizenship, and personal safety awareness.



To earn the **Swimming** merit badge, scouts must be qualified as a "Swimmer" on their Swimmer Test. Those who do not pass the Swimmer Test prior to, or at the beginning of, camp, will get Swim Instruction until they are able.

#### **Eagle-Required**



### Rank or Merit Badge

#### Details



First aid—caring for injured or ill persons until they can receive professional medical care—is an important skill for every Scout. With some knowledge of first aid, a Scout can provide immediate care and help to someone who is hurt or who becomes ill. First aid can help prevent infection and serious loss of blood. It could even save a limb or a life.

#### **Eagle-Required**

## **Aquatics (Pool)**

Aquatic facilities are for the use of registered campers and adult leaders only. Each camper is required to take a swim test either before camp or during check in (swim check) to determine his swim classification. Scouts taking any aquatics merit badge or program other than Swim Instruction must be classified as a "swimmer".

Merit Badge or	
Program	

#### **Details**

## **Swim Instruction**

This class is aimed at scouts who were classified as "Non-swimmers" or "Beginners" in the swim check. This basic swimming instruction is intended to build confidence and skill, with the goal of getting the scout to the point of being able to pass the swim check. *This is not a merit badge*.



**Lifesaving** is a very challenging merit badge, which requires a strong swimmer. You'll need to swim continuously for 400 yards using each of the following strokes in a strong manner for at least 50 continuous yards: front crawl, sidestroke, breaststroke, and elementary backstroke before scouts start the merit badge, so make sure they are in good shape. **Prerequisite: Must already have completed Swimming merit badge Requirement 2a.** 

Lifesaving is a daily two-period class.

Eagle-Required.



The **Mile Swim** is recommended only for strong swimmers – requires additional practice time daily. Must be classified as a "Swimmer". To complete the Mile Swim, scouts must report to the pool each day before breakfast; they will start with shorter distances to gain strength and to practice, with the aim of achieving a mile on Thursday. **This is not a merit badge.** 



### Merit Badge or Program

#### **Details**



The SCUBA merit badge can be completed at Lost Pines. Scouts will be in the pool each morning on Monday, Tuesday, and Wednesday. On morning of Thursday and Friday scouts will go off camp to conduct their open water certification dives. Additional paperwork and parental permission forms are required to participate in SCUBA merit badge. These are sent to the participant's Scout leader of record prior to camp. Limit of 8 participants per week.

Minimum age: 13



**Snorkeling BSA** is recommended for strong swimmers. This program will instruct scouts in the skills needed to safely snorkel in open water. *This is not a merit badge.* 



To take the **Swimming** merit badge, scouts must be qualified as a "Swimmer" on their BSA Swimmer Test. Swimming merit badge can be completed at camp if all the skills are demonstrated.

Eagle-Required.

## More on the SCUBA Merit Badge

Lost Pines Scout Reservation is proud to offer the SCUBA merit badge, with PADI certification. This program is available for scouts 13 years and older by the start of the camp session they attend. A limited number of slots will be open to adults wishing to become PADI-certified.

Scouts will be in the LPSR pool during the morning sessions on Monday, Tuesday, and Wednesday. On Thursday and Friday mornings, participants will be transported offsite for their open water dives.

There is an additional program fee of \$500 associated with this program. Participants must prepay their SCUBA program fee by the final deadline of May 1<sup>st</sup>. Participants will be contacted by the instructor and will be provided with course material that needs to be read/reviewed prior to arriving at camp. There is a non-refundable charge of \$100 for the cancellation of a SCUBA slot.

In addition to the BSA Annual Health and Medical Record, SCUBA participants must download, and complete the <u>SCUBA Diving Medical Form</u>. Please note that this form requires the signature of a parent/guardian and physician.

The following registration information is required for each SCUBA participant.

- Parent/Guardian Name
- Parent/Guadian Email Address
- Parent /Guardian Phone



## Aquatics (Waterfront)

Lost Pines offers an array of merit badges: Canoeing, Motorboating, Rowing, Small Boat Sailing, and Kayaking. In addition, we offer Stand Up Paddle Board, a BSA Aquatic award. All scouts must be classified as a "Swimmer" to participate in the class.

## Merit Badge/Award

#### **Details**



While canoeing on Lake Bastrop is great fun, it can be difficult for younger, smaller scouts as physical strength is needed. When working on the **Canoeing** merit badge, scouts should plan for an additional hour of practice daily during open boating time. Scouts must be classified a "Swimmer" and should have at least some previous canoeing experiences.



**Kayaking** merit badge is offered at Lost Pines and scouts must be classified as a "Swimmer" to participate. While kayaking on Lake Bastrop is great fun, it can be difficult for younger, smaller scouts as physical strength is needed. Scouts should plan for an additional hour of practice daily during open boating time.



Scouts must be classified as a "Swimmer" to earn the **Motorboating** merit badge. Learn how to steer small boats with outboard motors, properly coming alongside the dock and more.

Minimum Age: 13



The BSA Stand Up Paddleboarding award introduces Scouts to the basics of stand up paddleboarding (SUP) on calm water, including skills, equipment, self-rescue, and safety precautions. This award also encourages Scouts to develop paddling skills that promote fitness and safe aguatics recreation. *This is not a merit badge.* 

## **Living History**

The Living History program is designed to provide a taste of Early American culture. We offer the merit badges listed below, as well as lots of fun demonstrations and activities on Living History Night. The Living History program area is located at the log cabin, across from the pool.



### Merit Badge/Award

#### **Details**



The United States is a nation of immigrants. While earning the **American Cultures** merit badge, Scouts will learn that every person came to America from somewhere else—or their ancestors did—and understanding these various cultural backgrounds can help Scouts to live in harmony with others in our varied and increasingly multicultural society. Offered as a "combo" with **American Heritage**.



Every Scout swears to an oath that includes duty to his country. A better understanding of **American Heritage**, the ways in which the past has led to our present nation, is key to truly knowing what it means to be an American. Offered as a "combo" with **American Cultures**.



**Basketry** is a handy skill for a Scout. A basket can be a sturdy companion on campouts, carrying clothes snugly and efficiently, holding potatoes and corn for roasting over a campfire, or carrying the day's fishing catch back to camp for dinner. Baskets and basketweaving projects also make great gifts for family and friends.



The size of the **Cycling** merit badge class is restricted due to bikes and equipment required. If the class is full additional scouts can be added if they bring their own bike and helmet. Requires a 22-mile ride in six hours on Friday morning.

Cycling is a daily two-period class.

Eagle-Required.



**Fishing** is one of Scouting's essential skills and teaches Scouts to feed themselves, their troops, and their families. In their pursuit of the Fishing Merit Badge, Scouts will demonstrate how to use fishing equipment properly, tie various fishing knots, identify natural fishing baits and artificial lures, and explain safety practices to follow while fishing.



**Fly-fishing** is a specialized form of fishing that combines skill and artistry. Because it is so rich with tradition, it is a passion for millions of people. The beauty of the water, the solitude, and the skills that the sport requires have made fly-fishing very important in the lives of many notable people.



# Merit Badge/Award

#### **Details**



**Golf** is unique because the players police themselves. Other sports depend upon referees or umpires to apply penalties when there are infractions of the rules. In golf, every player is expected to act honorably, and the welfare and integrity of the game relies on every player's honesty. This is why golf often is referred to as a "gentleman's game."

Option 2: Disc Golf



Far different from the stereotypes or common images that are portrayed on film, on television, and in many books and stories, American Indians have many different cultures, languages, religions, styles of dress, and ways of life. In **Indian Lore**, learn about these different groups is to take an exciting journey of discovery in which you will meet some of America's most fascinating peoples.



Scouts who complete the requirements to earn the **Leatherwork** merit badge will explore leather's history and its endless uses. They will learn to make a useful leather item using the same types of raw materials that our ancestors used; be challenged to master skills like handstitching, lacing, and braiding.; and learn how to preserve and protect leather items so they will last a lifetime and beyond.



Scouts will begin their work on the **Metalwork** merit badge by learning about the properties of metal, how to use simple metalworking tools, and the basic metalworking techniques. Then they will use these tools and techniques in the **blacksmith option**. This is a physically demanding merit badge requiring repetitive strikes with a hammer.

#### Metalwork is a daily two-period class.



While working on the **Signs, Signals, and Codes** merit badge, learn a wide variety of ways to simple communications that we use every day or for emergencies. Discuss some old ways we used to communicate and how secret codes have been made and how to make your own.



As with any art, wood carving involves learning the basics of design, along with material selection and tools and techniques, as well as wood-carving safety. The requirements of the **Wood Carving** merit badge introduce Scouts to an enjoyable hobby and that can become a lifetime activity.

## Nature - Environment - Conservation (Nat-E-Con)

Follow the yellow trail located behind the Trading Post to the Nat-E-Con program area.



### Merit Badge/Award

#### **Details**



While earning the **Animal Science** merit badge, Scouts will learn why cattle, horses, sheep, goats, hogs, poultry, and other domesticated animals are important to people for many reasons. They supply us with food and clothing, we use them for recreational purposes, they work with and for us.



In learning about **astronomy**, Scouts study how activities in space affect our own planet and bear witness to the wonders of the night sky: the nebulae, or giant clouds of gas and dust where new stars are born; old stars dying and exploding; meteor showers and shooting stars; the moon, planets, and a dazzling array of stars.



**Chemistry** explores how substances react with each other, how they change, how certain forces connect molecules, and how molecules are made are all parts of chemistry. Stretch your imagination to envision molecules that cannot be seen—but can be proven to exist—and you become a chemist.



The Environmental Science merit badge includes a great deal of paperwork; some can be done at home. Plan for two added hours per day for field study and paperwork. This is a very challenging merit badge and involves a significant amount of writing.

#### Eagle-Required.



Wildlife management is the science and art of managing the wildlife – both animals and fish. While earning the **Fish and Wildlife Management** merit badge, learn how you can put these practices in place, projects at camp and in your own backyard.

Offered as a "combo" with Nature.



In working through the **Forestry** merit badge requirements, Scouts will explore the remarkable complexity of a forest and identify many species of trees and plants and the roles they play in a forest's life cycle. They will also discover some of the resources forests provide to humans and come to understand that people have a very large part to play in sustaining the health of forests.



Get back to **Nature!** Learn about the natural world all around us – plants, animals, insects, spiders and more!

Offered as a "combo" with Fish and Wildlife Management.



# Merit Badge/Award

#### **Details**



Kids always have been interested in snakes, turtles, lizards, and alligators, as well as frogs and salamanders. Developing knowledge about these captivating creatures leads to an appreciation for all native wildlife; understanding the life cycle of a reptile or amphibian and keeping one as a pet can be a good introduction to natural history; and knowing about venomous species can help Scouts to be prepared to help in case of an emergency.

Requirement #8 of the **Reptile and Amphibian Study** merit badge cannot be completed at camp.



In **Soil and Water Conservation**, Scouts learn that conservation isn't just the responsibility of soil and plant scientists, hydrologists, wildlife managers, landowners, and the forest or mine owner alone. It is the duty of every person to learn more about the natural resources on which our lives depend so that we can help make sure that these resources are used intelligently and cared for properly.



Discover the why and how we explore space. Learn about current and historic space systems along with how they work. Design a future station to survive in other worlds. In **Space Exploration**, gain hands-on experience in building and launching model rockets. Finish your studies learning about the careers that make space exploration possible.



Meteorology is the study of the earth's atmosphere and its weather and the ways in which temperature, wind, and moisture act together in the environment. In addition to learning how everyday **weather** is predicted, Scouts can learn about extreme weather such as thunderstorms, tornadoes, and hurricanes, and how to stay safe.

#### Scoutcraft

You'll find the Scoutcraft area along the path toward the waterfront! We've created separate areas for each badge. Each of these areas has a different flavor just waiting to be explored by ambitious scouts. Practice cooking in a Dutch oven, use a compass, or use lashings to make a bridge.



#### Merit Badge Details



**Camping** is one of the best-known methods of the Scouting movement. When he founded the Scouting movement in the early 1900s, Robert Baden-Powell encouraged every Scout to learn the art of living out-of-doors. He believed a young person able to take care of himself while camping would have the confidence to meet life's other challenges, too.

Requirement 9b6 can be completed during camp.

Eagle-Required.



**Cooking** is a great course for those extra-hungry scouts and represents an excellent experience for any scout. This merit badge requires some cooking on the trail and at home. Parts of requirement 4 will not be completed at camp.

Cooking is a daily two-period class.

Eagle-Required.



Scouts are often called upon to help because they know first aid and they know about the discipline and planning needed to react to an emergency situation. Earning the **Emergency Preparedness** merit badge helps a Scout to be prepared by learning the actions that can be helpful and needed before, during, and after an emergency.

Eagle-Required.



Completing all the first-aid requirements for Tenderfoot, Second Class, and First Class are a prerequisite. The first session is a demonstration by each scout as described in Requirement 1 and scouts not having these skills will be removed from the class. The **First Aid** merit badge can be completed at camp if the scout brings items from home to make a personal first aid kit, not a store purchased kit. The material for this merit badge is not difficult, but there is a lot to do!

First Aid is a daily two-period class.

Eagle-Required.



The word geocache is a combination of "geo," which means "earth," and "cache," which means "a hiding place." **Geocaching** describes a hiding place on planet Earth—a hiding place you can find using a GPS unit.



Merit Badge Details



While earning the **Orienteering** merit badge, learn about using a map, compass and what a 100-meter pace is. Identify map symbols and practice. There may be enough time to do all the courses required for this merit badge. If you have already participated in some orienteering events, bring documentation to the instructor for credit.

Orienteering is a daily two-period class.



**Pioneering** - the knowledge of ropes, knots, and splices along with the ability to build rustic structures by lashing together poles and spars - is among the oldest of Scouting's skills. Practicing rope use and completing projects with lashings allows scouts to connect with past generations who used these skills as they sailed the open seas and lived in America's forests and prairies.

Pioneering is a daily two-period class.



Learn about what a **Search and Rescue** team encounters, first aid skills needed, demonstrate readiness, hazards, and practice a scenario about finding your patrol using clue awareness, evidence preservation, tracking the subject and locating.



Bring materials for making a basic survival kit – Requirement. For the **Wilderness Survival** merit badge, scouts will spend Wednesday night away from your troop camp in a shelter they build themselves!

## **Shooting Sports**

The Shooting Sports Area offers scouts an opportunity to participate in exciting activities, with an emphasis on safety. Come learn a new skill or master one you already have, and of course, have a good time. The scheduled course time is used for instruction. Scouts may also attend the Open Archery, Open Rifle, and Open Shotgun times scheduled each day to practice and work on qualifying.

For safety reasons, visitors are not allowed in the Shooting Sports area, only staff members and scouts registered for merit badge courses. Scouts not currently registered for the merit badges, but needing to work on completing badges begun earlier, should get permission from the staff.

Course sizes will be limited so that everyone will have plenty of time to shoot. Preference will be given to scouts whose troop has pre-registered and provided merit badge selections in advance. Please be understanding if you are asked to change your schedule because the class is already full – this is necessary to provide quality experiences for all.



Please note that a charge for program supplies will be collected for Shooting Sports merit badges. These fees will be tallied by the registration system during merit badge selection. If a fee is applicable, it will be detailed in the descriptions below.

### Action Archery for Scouts Wednesday night

Dinosaurs roaming the woods at LPSR? Only at the Action Archery range on Wednesday nights during summer camp!

The first 36 scouts who sign up (individually) at the A-Building can participate in the shoot. Participants must be enrolled in the Archery merit badge (and have instructor approval) or have previously earned the badge. The event is held at 7:00 p.m. on Wednesday.

On Monday nights, we are asking every troop to send one adult to the archery range orientation so that they can assist in supervision of the action archery shoot on Wednesday night. The Monday training will run for an hour, and, as a bonus, the leaders will get an opportunity to experience shooting a few targets on the range themselves.

In addition, there is an open shoot for adult leaders on Monday nights during summer camp. The rifle and shotgun ranges will be open from 7:00 p.m. until dusk for leaders to come to the rifle and shotgun ranges and try their skills. Never shot before? No problem. We will have trained NRA rifle and shotgun instructors on hand to help you. The best shot each night will receive a "Top Shot" certificate. This may be your opportunity to help your troop get more involved.

Merit Badge Details



**Archery** is great fun – some experience with previous range time and skill is desirable. Earning the merit badge includes achieving a certain score on a series of targets, which usually takes considerable time.



This **Rifle Shooting** is a challenging merit badge, and most scouts will find it difficult to qualify - to earn the merit badge they must not only learn safety, gun cleaning, etc. but must also achieve a reasonably high score on 5 targets with 5 shots each. For experienced scouts. Must be at least 12 years old.

**Program Supply Fee - \$10** 



Please be aware that the shotguns are heavy. Physically small scouts may not be able to hold the shotgun and if so, will not be able to complete the **Shotgun Shooting** merit badge! Scouts must hit 24 out of 50 targets to qualify, and this can take considerable time. Scouts must be at least 13 years old and physically capable of handling the shotgun.

**Program Supply Fee - \$30** 



#### **Tower**

Do you love climbing? Do you feel freedom in leaving the flat earth behind? Do high and windy places invite you to come and explore? Maybe you've climbed trees and hiked to the top of hills. Perhaps you've made your way up the stairs of a fire tower or to the observation floor of a tall building. If you've felt the excitement of being above it all, then climbing may be for you – find out on the tallest climbing tower in Texas!

Climbing allows you to challenge yourself – it is a sport that does not require great physical strength, but it does demand mental toughness and the willingness to practice hard to master a set of skills. Class size is limited to 8 scouts. Climbing participants must have shorts/pants with belt loops. For safety reasons, we cannot allow nylon running/basketball style shorts/pants. In addition, shoes with good soles that are flexible are preferred.

### Merit Badge Details



Come and learn to climb and rappel on the highest climbing tower in Texas! If you read the merit badge book in advance and learn the knots, you'll have more time at camp for actual climbing. The **Climbing** merit badge is for scouts 13 and older.

Climbing is a daily two-period class.

Minimum age: 13

## **Collections Midway**

An opportunity to spend Friday earning two merit badges from the "collecting" family. Space is limited!

#### Merit Badge Details



**Coin collecting** is one of the oldest hobbies. Hordes of ancient coins found in excavations indicate that coins were one of the first collectibles. From earliest times, people valued coins not only as a means of trading and storing wealth, but also as miniature works of art.



Discover how collecting can be an educational and financially rewarding pastime with the **Collections** merit badge. Scouts will prepare a brief written report, give a detailed description, and explain the development of their collection while demonstrating the knowledge of preserving and displaying their most prized possessions.



The world's most popular hobby, **stamp collecting**, is enjoyed by millions throughout the world. Through this hobby, you can experience history: postage stamps are like tiny windows that introduce the people of the world to the country's leaders, customs, history, products, and environment.



## **Other Older Scout Program Opportunities**

### **ATV Safety Course**

Participants practice basic safety techniques with hands-on exercises covering starting and stopping, turning (both gradual and quick), negotiating hills, emergency stopping and swerving, and riding over obstacles. Particular emphasis is placed on the safety implications relating to each lesson.



Additionally, the course develops safety knowledge and awareness through interactive activities and video. The course covers protective gear (like DOT-compliant ATV helmets), environmental concerns, riding strategies, and local laws. The course also offers participants the opportunity to practice basic riding skills in a controlled environment under the supervision of our licensed Instructors.

Scouts must receive parental permission, and turn in the <u>All-Terrain Vehicle (ATV) Program Participation and Hold-Harmless Agreement</u> at check-in. Class size is set by the ATV Safety Institute based on the age of the participants. Scouts must also wear long sleeve shirts, long pants and over the ankle boots or they will not be allowed to participate in this introduction to safe operations of ATV.

Scouts 14 years and older can participate in the ATV Safety Institute beginning rider course. There is a \$50/youth fee to participate in the ATV Safety Course.

#### COPE

COPE, or Challenging Outdoor Personal Experiences, is a Scouting program that includes group initiative games, trust events, and challenges that reach from the ground to the sky. COPE uses mental and physical challenges, low and high above ground, to teach confidence, self-esteem, trust, leadership, team building and problem solving. Participants climb, swing, balance, jump and think of solutions to a variety of activities.



Scouts 14 years and older can participate in the COPE program.



## **End of Camp**

## **Merit Badge Completion Reports**

Friday morning, adult leaders should check merit badge completion in Black Pug. This is also your best opportunity to resolve issues in person with the merit badge instruction staff.

Any requirements not completed at camp become the responsibility of the troop and its leaders and merit badge counselors to verify. An example of this would be the requirement for the Camping merit badge that the Scout show experience by completing 20 days and nights of camping. As this obviously cannot be done during the one camp week, the adult leaders are responsible for marking the completion status of the requirement from troop records in writing so it can be filed with the other records.

## **Family Night Dinner**

Each Friday night at 6:00 p.m., parents and family members are encouraged to take part in a Family Dinner and Campfire. The cost for the dinner will be \$10 for adults and \$5 for children under 11 years of age. **Please go to the A-Building to inform us how many will be attending the dinner by Wednesday.** All guests must check-in at A Building upon arrival and pay for their dinner. Please plan to arrive before the flag ceremony at 5:45pm.

#### **Checkout Process**

Please be sure to settle any payment issue with the Business Manager before 5:30 p.m. on Friday.

Prior to checkout, each unit will be provided a Checkout Checklist to be signed off by camp staff as they complete the process. This sheet also contains reminders of the checkout process steps.

Saturday morning, when your troop gear has been loaded for departure from Lost Pines, leaders should send a representative to their bathhouse where they can find a Camp Commissioner to inspect the bathhouse and campsite for cleanliness and, after the inspection is complete, release the troop to finish the checkout process.

Once your campsite and bathhouse are clean, make a quick trip to A Building to check your mailbox one last time, turn in your Scout and Adult Leader Survey forms, make reservations for next year, pick up your patches for Scouts and paid adult leaders as well as any Tonkawa Challenge and Scoutmaster Award of Merit patches earned by members of your Troop.

While you are at A Building, be sure to check the lost and found to see if any of your Scouts' belongings are there.

Finally, as you are leaving camp, stop at the Health Lodge to pick up Troop medical forms. Any medical forms left at camp will be shredded for privacy protection. In addition, please make sure you pick up medication, Epi-Pens or inhalers that were given to the camp Health Officer.

#### Be careful going home!



## **Scout's Packing List for Summer Camp**

## **Individual Scout Equipment**

- Scout uniform and belt
- Socks and Scout socks (7 or 8 pairs)
- Shorts and Scout uniform shorts
- T-shirts (no tank tops) (2 or 3)
- Sturdy shoes or hiking boots
- NO CROCS or SANDALS
- Water shoes
- Cap/Hat for sun protection
- Underwear
- Pajamas or sleeping clothes
- Sleeping bag or two (2) blankets and sheet
- Pillow
- Cot
- Personal first aid kit
- Poncho or rain jacket
- Towels and washcloth
- Soap and shampoo
- Toothbrush and toothpaste
- Comb, brush, and mirror
- Flashlight and extra batteries
- Pocketknife and "Totin Chip"
- Insect repellent (non-aerosol)
- Swimsuit (one-piece suit for girls/women)
- Sunscreen
- Scout BSA handbook
- Water bottle or canteen and cup
- Spiral notebooks
- Pen or pencils
- Merit badge prerequisite work
- Spending money

## **Optional**

- Backpack
- Fishing rod and tackle
- Camera
- Bible or prayer book
- Work gloves
- Dirty clothes bag
- Combination lock
- Mosquito netting
- Watch

For First Aid, Emergency
Preparedness, Camping, and
Wilderness Survival merit
badges, review requirements for
kits. Assemble at home and
bring to camp.

For the **ATV Safety Course**, bring boots that cover your ankle, long sleeved shirt, and long pants.

MARK EVERYTHING WITH SCOUT'S NAME AND TROOP NUMBER

Personal valuables (watches, wallets, money, cell phones, chargers, etc.) should not be left out in the open at camp.

Closed-toed shoes are to be always worn unless you are in your tent, at the pool, or in the shower.



## **Important Links**

All-Terrain Vehicle (ATV) Program Participation and Hold-Harmless Agreement

Annual Heath and Medical Record

Annual Heath and Medical Record Information and FAQs

**CAC Unit Swim Check Form** 

**CAC Refund Policy** 

Cardboard Boat Regatta Rules

Register for Camp

Request for Campership Assistance

Texas Youth Camps Health and Safety Act Form

Tonkawa Lodge Website



# Lost Pines Camp Apparel!

## **Pre-order your Summer Camp T-shirts!**

Your order will be waiting for you at the Trading Post!
5-ounce, 100% polyester jersey knit, moisture-wicking, anti-odor properties!

This year's shirt features Lost Pines' *iconic* Dok's Tower, the tallest climbing tower in Texas.

Size	Quantity
Youth M	
Youth L	
Adult S	
Adult M	
Adult L	
Adult XL	
Adult 2XL	
Adult 3XL	



## \$19.99 PLUS TAX

Contact Email	Contact Phone
Summer Camp Week	Unit #

Complete, scan and email this form to <a href="mailto:CACShop@scouting.org">CACShop@scouting.org</a> or call the Capitol Area Council Scout Shop at (512) 617-8630 to place your order.

Payment MUST be made over the phone or in-person. **NO EXCEPTIONS.**Orders must be placed, and paid for, before May 16, 2025.

