

# OUTDOOR OVERNIGHT ADVENTURE 2025



OUTDOOR OVERNIGHT ADVENTURE

SUMMER 2024

CUB SCOUTS

## PARENT GUIDE JUNE 29<sup>TH</sup> THROUGH JULY 2<sup>ND</sup>

Version 1.1



# Lost Pines Camp Apparel!

## Pre-order your Camp T-shirts!

Your order will be waiting for you at the Trading Post!

5-ounce, 100% polyester jersey knit, moisture-wicking, anti-odor properties!

**This year's shirt features Lost Pines' iconic Dok's Tower, the tallest climbing tower in Texas.**

Size	Quantity
Youth M	
Youth L	
Adult S	
Adult M	
Adult L	
Adult XL	
Adult 2XL	
Adult 3XL	



**\$19.99 PLUS TAX**

Unit Contact	Contact Email	Contact Phone

Council	Camp Week	Unit #
	OOA	

Complete, scan and email this form to [CACShop@scouting.org](mailto:CACShop@scouting.org) or call the Capitol Area Council Scout Shop at (512) 617-8630 to place your order.

Payment **MUST** be made over the phone or in-person. **NO EXCEPTIONS.**

Orders must be placed, and paid for, before May 16, 2025.



## Contents

Location .....	1
Map to Lost Pines Scout Reservation .....	1
Map of Lost Pines Scout Reservation .....	2
General Information.....	3
Parent Orientation.....	3
Fees and Check-In .....	3
Payment Schedule .....	3
Adult Leadership .....	4
Uniforms .....	5
Prohibited Items .....	5
Facilities .....	6
Campsites .....	6
Restroom Facilities.....	6
Electricity .....	6
Wi-Fi .....	6
Dietary Needs.....	7
Trading Post .....	7
Health and Safety .....	8
First Aid.....	8
Medication .....	8
Emergency Plans.....	8
Personal Vehicles .....	8
Pool and Waterfront Safety.....	8
Scouting America Swim Test .....	8
Leaving Camp.....	9
Program Schedule .....	10
Day 1 (Sunday).....	10
Days 2 and 3 (Monday and Tuesday) .....	10
Day 4 (Wednesday) .....	10
Program Activities .....	11
Adventures.....	12

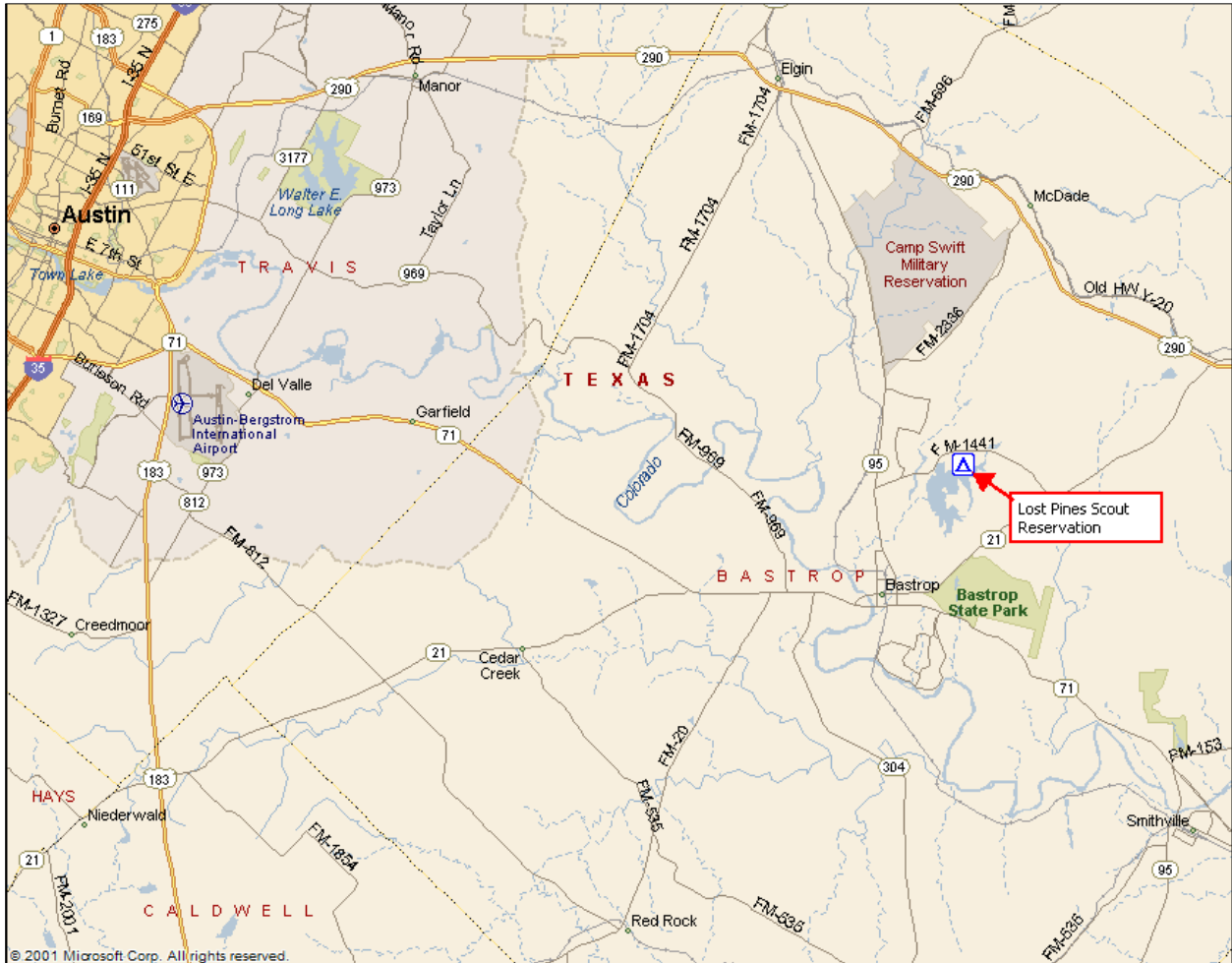
2025 Outdoor Overnight Adventure  
Parent Guide

What to Bring .....13  
Important Links ..... 14  
Lost Pines Camp Apparel! ..... 15

## Location

Outdoor Overnight Adventure is held at the Lost Pines Scout Reservation (LPSR) near Bastrop, Texas.

### Map to Lost Pines Scout Reservation



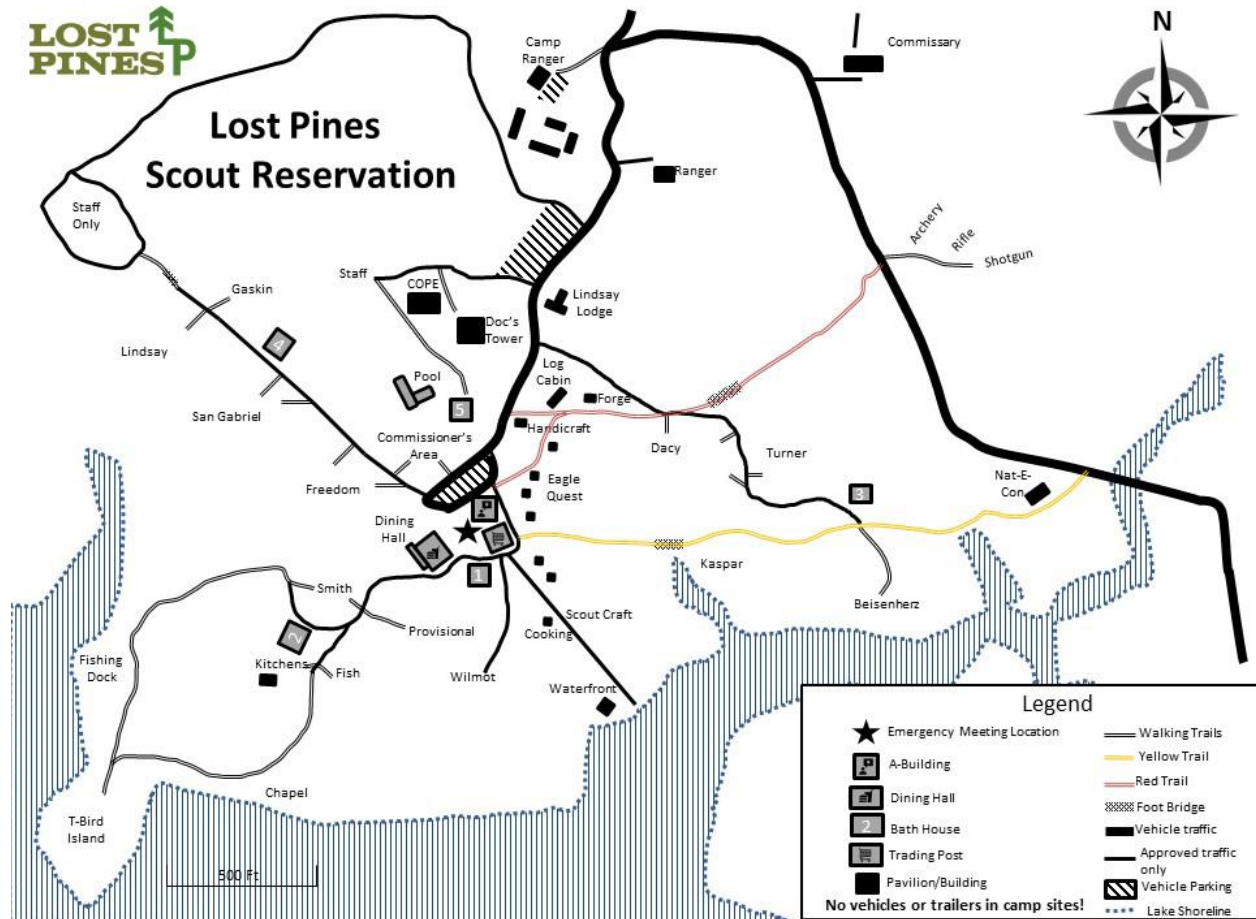
To reach Lost Pines Scout Reservation from Austin using Hwy 290:

- East on Highway 290 to Elgin
- Right on Highway 95 South, approximately 12.8 miles to FM 1441
- Left on FM 1441 East, approximately 3.4 miles to Lost Pines Scout Reservation
- Turn right into Lost Pines Scout Reservation

To reach Lost Pines Scout Reservation from Austin using Hwy 71:

- East on Highway 71 to Bastrop
- Right on Highway 95 North, approximately 3.8 miles to FM 1441
- Right on FM 1441 East, approximately 3.4 miles
- Turn right into Lost Pines Scout Reservation

Map of Lost Pines Scout Reservation



## General Information

This guide provides important information intended to prepare Scouts and parents for a safe and enjoyable Outdoor Overnight Adventure experience. It is **STRONGLY RECOMMENDED** that parents read this guide prior to attending camp.

### Parent Orientation

The Parent Orientation meeting is scheduled for Thursday, June 5<sup>th</sup>, starting at 6:30 p.m., and will be held via Zoom. Click the link below to join the meeting.

#### Join Zoom Meeting

<https://us06web.zoom.us/j/87530092935?from=addon>

Meeting ID: 875 3009 2935

ALL questions will be answered at the Parent Orientation. This is the only Parent Orientation that will be held. While not mandatory, this session is strongly encouraged to provide you with the details and understanding of this program for your son(s) or daughter(s).

### Fees and Check-In

Scout            \$225 (Lion, Tiger, Wolf, Bear, Webelos or Arrow of Light)  
Adult            \$100 (Parent/Guardian or Registered Leader)

Check-in        Sunday, June 29<sup>th</sup> starting at 1:00 p.m. (Lindsay Lodge)  
Check-out       Wednesday, July 3<sup>rd</sup>, by 11:00 a.m.

Go to <https://scoutingevent.com/564-OOA2025> to register!

The Capitol Area Council's refund policy can be found at <https://www.ScoutingAmericacac.org/refund-policy/>.

### Payment Schedule

	<b>Due</b>	<b>Youth</b>	<b>Adults</b>
<b>Deposit</b>	At registration	\$25	\$25
<b>First Payment</b>	April 30 <sup>th</sup>	\$100	-
<b>Final Payment</b>	June 15 <sup>th</sup>	\$100	\$75

## Adult Leadership

Cub Scout parents or legal guardians taking part in an overnight Cub Scout program with their own child or legal ward are not required to register as leaders. All adults must review the [How to Protect your Children from Child Abuse: A Parent's Guide](#) that can be found in the front of each Cub Scout Handbook.

**This event is only open to youth registered with Scouting America.**

The [Guide to Safe Scouting](#) lays out the requirements for adult supervision at council-offered overnight events.

- Cub Scout youth may tent with a parent or guardian and registered siblings.
- Lion Cub Scouts and Tiger Cub Scouts must have their adult partner present to take part in overnight camping.
- For all other ranks, only in exceptional circumstances, a Cub Scout whose parent or legal guardian cannot attend a unit overnight camping trip may participate under the supervision of another registered adult member in Scouting who is a parent of a Cub Scout who is also attending. The unit leader and a parent or legal guardian must agree to the arrangement, and all Youth Protection policies apply. At no time may another adult accept responsibility for more than one additional "nonfamily member" youth.

Webelos and Arrow of Light Scouts may participate during the day and/or overnight in one of two ways:

1. **With their Webelos or Arrow of Light Den/Patrol.** Webelos and Arrow of Light Scouts from the same pack can attend as a den/patrol under the supervision of two deep leadership from their Webelos or Arrow of Light den/patrol or pack. The Webelos or Arrow of Light Scout's parent(s) or legal guardian(s) may attend with the den/patrol and their child, either alongside the two-deep leadership or as part of it, if they are registered with the pack.
2. **As an Individual Scout.** Webelos or Arrow of Light Scouts can attend with their parent(s) or legal guardian(s).



## Uniforms

Scouts and adult leaders are encouraged to wear the official Scout field uniform while arriving at camp. Other times when it would be appropriate to wear the field uniform are evening flag ceremonies, dinner, and campfires. Otherwise, the activity uniform (Scout shorts and Scouting T-shirt) is considered appropriate. Ideally, T-shirts with den or pack insignias would be worn.

### Prohibited Items

- Personal firearms and ammunition, including BB guns, and toy weapons (cap-guns/water-guns)
- Bows and/or arrows
- Weapons of any kind
- Pets
- Electronics
- Fireworks of any kind

Tobacco use in the presence of scouts is not permitted at camp. Adult leaders wishing to use tobacco products or vape may do so only in the Commissioners Area.

The consumption, possession, or use of any alcohol, illegal drug or controlled substance is strictly forbidden on any Capitol Area Council property. We will enforce all local, state, or federal laws where violations involving the above are reported.

While knives are not required for any portion of Outdoor Overnight Adventure, the staff acknowledges that pocketknives are often an integral part of the outdoor Scouting experience. The camp staff mandates that pocketknives be used only under adult supervision, and that all carriers of pocketknives hold a current Whittlin' Chip Card. Unsafe use of knives will result in an adult advisor keeping the knife until the end of camp. According to Scouting America standards, an "approved pocketknife" is a folding knife of open length less than 6 inches (including handle).

## Facilities

### Campsites

Tents, with wooden platforms, are provided for all participants (pictures). The picture will give you an idea of what to expect when you arrive at your campsite. Cots are **NOT** provided.

You are also welcome to bring your own tent.

Campsites will be assigned based on two groupings:

1. **Family Camping** – One or more Cub Scouts (Lions, Tigers, Wolves, and Bears) tenting with their parent or guardian.
2. **Den Camping** – Webelos and Arrow of Light Scouts with a parent or guardian, or Webelos or Arrow of Light Scouts under the supervision of at least two registered leaders.

**Note:** If a family has multiple Scouts, where one/more is a Cub Scout, and the other a Webelos/Arrow of Light Scout, the Webelos/Arrow of Light Scout will spend nights in the Family Camping area with their parent/guardian and sibling(s). They will join the other Webelos/Arrow of Light Scouts for program time.



### Restroom Facilities

Lost Pines Scout Reservation has several bathhouse facilities near our campsites and the parade ground that offer showers, toilets, and sinks. These facilities all have running water and electricity.

### Electricity

Most of the campsites at Lost Pines Scout Reservation have electrical power.

**The running of extension cords is strictly prohibited.** CPAP machines must run on a portable power supply. Electronic devices (i.e. laptops, tablets, phones) and portable power supplies may also be charged at the Administration Building and the Dining Hall on the power strips provided.

It is prohibited to run a generator on Capitol Area Council properties.

### Wi-Fi

We recognize that adults are taking time away from their personal life and work to be with us at camp. Wi-Fi is available inside the air-conditioned Dining Hall and on the porch of the Administration Building.

## **Dietary Needs**

We strive to provide options to fit the dietary needs/restrictions of our campers with every meal. Upon request, we can provide the following options:

- Gluten-free
- Vegetarian
- Poultry Only (No Beef and/or No Pork)

In the online registration system, please be sure to indicate which participants will require these dietary options.

We do acknowledge that we cannot accommodate every dietary need or restriction. Microwave ovens and refrigerators/freezers are available in the Dining Hall for campers who may need to store and prepare food brought from home. Please ensure that items stored in the refrigerators/freezers are labeled with name and unit number.

## **Trading Post**

The trading post will be open at designated times each day. Scouts and adults may purchase camping items, souvenirs, drinks, and snacks.

## Health and Safety

Every youth and adult participant attending Outdoor Overnight Adventure will need to have a completed [Annual Health and Medical Record](#) (Parts A and B only), dated within the last twelve months. Part C is not required since Outdoor Overnight Adventure lasts less than 72 hours. If you have any questions about the Annual Health and Medical Record, click [here](#) to be taken to the instruction handout.

**Make a copy of all medical forms, leave the original at home, and bring the copies to camp.** The medical forms will remain in the Health Lodge for the duration of camp and be returned when you depart.

### First Aid

A fully trained first aid person will be available in camp 24 hours a day. Arrangements have also been made at a clinic in Bastrop. ALL injuries (no matter how small) must be reported to the camp staff. As proper records and treatments must be assured, the Capitol Area Council does not advise the use of personal "first aid kits." If you wish to bring your own first aid kit (even if this merely includes band-aids) we ask that you use it sparingly.

### Medication

All medication must be managed by a **parent/guardian or registered** leader. You will also be asked to verify medication will be stored behind two locks, as per Scouting America requirements.

### Emergency Plans

Emergency plans have been developed to handle situations that may arise at camp. Details concerning these plans will be made available at check in.

### Personal Vehicles

Personal vehicles should be driven to the parking lot where all personal gear will be loaded onto a luggage shuttle and taken to your campsite. **PACK LIGHT!** No vehicles will be allowed in the campsites.

### Pool and Waterfront Safety

We are committed to assuring the highest standards of safety in all facets of the camp program, particularly at the pool and waterfront. The pool and waterfront, and ranges are supervised by Scouting America trained staff that will NOT compromise National Scouting America policies for assuring the health and safety of all campers.

#### Scouting America Swim Test

Scouting America requires that ALL scouts and adults wishing to participate in aquatics activities have completed a Swim Test within the last 12 months. All youth and adult participants are to be designated as swimmers, beginners, or nonswimmers based on swimming ability confirmed by standardized Scouting America swim classification tests.

*Swimmer Classification*

Jump feetfirst into water over the head in depth. Level off and swim 75 yards in a strong manner using one or more of the following strokes: sidestroke, breaststroke, trudgen, or crawl; then swim 25 yards using an easy resting backstroke. The 100 yards must be completed in one swim without stops and must include at least one sharp turn. After completing the swim, rest by floating.

*Beginner Classification*

Jump feetfirst into water over the head in depth, level off, and swim 25 feet on the surface. Stop, turn sharply, resume swimming, and return to the starting place.

*Nonswimmer Classification*

Anyone who has not completed either the swimmer or beginner tests is classified as a nonswimmer.

### **Leaving Camp**

If a Scout will be leaving camp before the end of the session with someone other than a parent/guardian, or registered leader, written permission from the parent/guardian **MUST** be provided at the time of check-in. **Scouts must check in/out with the camp director or assistant at the Administration Building.**

## Program Schedule

### Day 1 (Sunday)

Please eat lunch before arriving at Lost Pines Scout Reservation.

- 12:00 p.m. Check-in starts at Lindsay Lodge  
Bring the following paperwork  
Youth Protection Training certification (all adults)  
Annual Health and Medical Record for all participants (Parts A and B)  
Staff will take you to your campsite  
Do not pitch your tent until you are advised to do so  
Guests are welcome to visit the campsite and camp facilities  
Proceed to the pool for Scouting America Swimmer Test  
Set up your campsite
- 5:45 p.m. Opening flag ceremony on the parade ground
- 6:00 p.m. Dinner is served in the Dining Hall
- 7:00 p.m. Evening program starts

### Days 2 and 3 (Monday and Tuesday)

- 7:00 a.m. Breakfast is served in the Dining Hall
- 7:45 a.m. Flag ceremony starts on the parade ground
- 8:00 a.m. Program activities start
- 12:30 p.m. Lunch is served
- 1:30 p.m. Program activities start
- 5:45 p.m. Opening flag ceremony on the parade ground
- 6:00 p.m. Dinner is served in the Dining Hall
- 7:00 p.m. Evening program starts

### Day 4 (Wednesday)

- 7:00 a.m. Breakfast is served in the Dining Hall
- 7:45 a.m. Flag ceremony starts on the parade ground
- 8:00 a.m. Program activities start Cub Scouts  
Webelos/Arrow of Light Scouts break camp
- 9:00 a.m. Program activities for Webelos/Arrow of Light Scouts  
Cub Scouts break camp
- 10:00 a.m. Closing flag ceremony starts
- 11:00 a.m. Departure

## Program Activities

Program Activities offered at camp may include, but not be limited to:

- Archery
- BB Guns
- Bouldering/Climbing
- Canoeing/Kayaking
- Knots/Lashings
- Leatherwork
- Nature Hike
- Rappelling
- Rowing
- Snorkeling
- Stand-Up Paddleboards
- Swimming

## Adventures

All scouts will have the opportunity to complete Adventures and earn recognition. Here are is what is planned for each rank.

Lion	Tiger	Wolf	Bear	Webeles	Arrow of Light
Archery	Archery	A Wolf goes Fishing	A Bear goes Fishing	Aquanaut	Archery
Champion for Nature	BB Gun	Archery	Archery	Archery	BB Gun
Go Fish	Champion for Nature	BB Gun	BB Gun	BB Gun	Champion for Nature
On a Roll	Fish On	Champion for Nature	Bears on Bikes	Catch the Big One	Cycling
Slingshot	Rolling Tigers	Paws for Water	Champion for Nature	Champion for Nature	Fishing
Time to Swim	Slingshot	Pedal with the Pack	Salmon Run	Paddle Onward	Paddle Craft
	Tigers in the Water	Slingshot	Slingshot	Pedal Away	Slingshot
				Slingshot	Swimming



## What to Bring

Mark personal items with the initials of the Scout. It is helpful to pack clothes in separate plastic bags for each day and mark them.

**For safety reasons, closed-toe shoes (sneakers or boots) are to be worn at all times (except in your tent, at the pool, or in the shower). Please, no Crocs or hiking sandals.**

- |  |                                      |
|--|--------------------------------------|
| _____ Official Scout Field Uniform       | _____ Watch                          |
| _____ Tent (optional)                    | _____ Light Jacket                   |
| _____ Cot (if using camp-provided tents) | _____ Refillable Water Bottle        |
| _____ Sleeping Bag and Pillow            | _____ Rain gear                      |
| _____ Shoes, plus an extra pair          | _____ Toothbrush and toothpaste      |
| _____ Sleep clothes                      | _____ Soap and shampoo               |
| _____ Shorts/Long Pants                  | _____ Washcloth                      |
| _____ Shirts (Pack T-shirt recommended)  | _____ Comb/Brush                     |
| _____ Extra underwear                    | _____ Dirty clothes bag              |
| _____ Extra socks                        | _____ Hat                            |
| _____ Sunscreen                          | _____ Insect repellent (non-aerosol) |
| _____ Swimsuit                           | _____ Flashlight/Spare batteries     |
| _____ Towel                              | _____ Camera                         |

## Important Links

[Annual Health and Medical Record](#)

[Annual Health and Medical Record Information and FAQs](#)

[CAC Unit Swim Check Form](#)

[CAC Refund Policy](#)

[Guide to Safe Scouting](#)

[Request for Campership Assistance](#)

# Lost Pines Camp Apparel!

## Pre-order your camp T-shirts!

Your order will be waiting for you at the Trading Post!

5-ounce, 100% polyester jersey knit, moisture-wicking, anti-odor properties!

**This year's shirt features Lost Pines' iconic Dok's Tower, the tallest climbing tower in Texas.**



Size	Quantity
Youth M	
Youth L	
Adult S	
Adult M	
Adult L	
Adult XL	
Adult 2XL	
Adult 3XL	

\$19.99 PLUS TAX

Unit Contact	Contact Email	Contact Phone

Council	Summer Camp Week	Unit #
	OOA	

Complete, scan and email this form to [CACShop@scouting.org](mailto:CACShop@scouting.org) or call the Capitol Area Council Scout Shop at (512) 617-8630 to place your order.

Payment **MUST** be made over the phone or in-person. **NO EXCEPTIONS.**

Orders must be placed, and paid for, before May 16, 2025.