LPSR 2024 Winter Camp Menu

	Breakfast	Lunch	Dinner
Friday		Hamburgers Tator Tots Corn Soup & Salad Bar	Spaghetti and Meatballs Green Beans Soup, Salad, and Baked Potato Bars
Saturday	French Toast Sticks Hash Browns Eggs Bacon Breakfast Bar	Crispy Taco Beans Rice Soup & Salad Bar	King Ranch Casserole Mixed Vegetables Soup, Salad, and Baked Potato Bars
Sunday	Assorted Breakfast Tacos Breakfast Bar	Grilled Cheese Tomato Soup Soup & Salad Bar	Baked Chicken Macaroni & Cheese Corn Soup, Salad, and Baked Potato Bars
Monday	Egg Bake Hash Browns Sausage Breakfast Bar		

Breakfast Bar may include the following: cold cereal, oatmeal, grits, yogurt, granola, fruit, cottage cheese, milk, fruit juice

Soup Bar may include the following: chicken noodle soup, chili, baked potato soup, vegetable soup

Salad Bar may include the following: lettuce, tomatoes, cheese, carrots, cucumbers, bacon bits, spinach, mushrooms, croutons, broccoli, dried cranberries, various dressings

Potato Bar may include the following: baked potatoes, sour cream, margarine, cheese, bacon bits

Notes:

- One (1) cup of milk is offered at ALL meals.
- Two (2) cups of fruit or fruit juice are served daily.
- A minimum of three (3) grains needs to be whole grain.
- As needed, gluten-free, vegetarian, and poultry-only options will be available in addition to those listed above.