

2023 Webelos Extreme Adventure Camp Menu

	Breakfast	Lunch	Dinner
Day 1			Spaghetti Red Meat Sauce Alfredo Sauce Green Beans Salad Bar Cupcake
Day 2	Pancakes / Waffle Whip Cream Sausage Patty Eggs Potato Breakfast Bar	Orange Chicken Rice Lo Mein Dumplings Fortune Cookie Salad Bar Veggie Stir Fry (V)	Fajitas – Beef & Chicken Tortilla Nacho Chips Beans Rice Salad Bar Sheet Cake Grilled Portabella Mushroom Burger (V)
Day 3	Donut Slider Sandwich - Egg - Bacon - Sausage - Cheese Breakfast Bar	Pizza French Fries Salad Bar Cookie Veggie Pizza (V)	Barbeque Chicken Smoked Sausage Pinto Beans Potato Salad Macaroni and Cheese Salad Bar Cobbler Grilled Veggie Pasta Bake (V)
Day 4	French Toast Casserole Pig in the Blanket Eggs Breakfast Bar		

Milk and juice offered at ALL meals

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Salad Bar includes, but is not limited to, the following:

- Salad Mix
- Potato Salad
- Pasta Salad
- Cubed Ham
- Cheese
- Pickles
- Beets
- Cucumbers
- Tomatoes
- Bell Peppers
- Sprouts
- Onions
- Broccoli
- Hard-Boiled Eggs
- Croutons
- Dressings (Ranch, Italian, Caesar, Thousand Island)

Breakfast Bar includes, but is not limited to, the following:

- Yogurt
- Cottage Cheese
- Peaches
- Pineapple
- Strawberries
- Grapes
- Granola
- Crumbled Sugar Cookie
- Self-Serve Cereal
- Bagel
- Cream Cheese
- Peanut Butter
- Butter Cup