



Capitol Area Council
BSA Aquatics Supervision
Swimming and Water Rescue

The Capitol Area Council Aquatics Committee is offering a course in Swimming and Water Rescue. This course provides leaders with information and in-the-water skills to prevent, recognize, and respond to swimming emergencies during unit swimming activities. It also expands awareness instruction provided by Safe Swim Defense training to include basic water rescue skills.

Successful completion of the Swimming and Water Rescue training will authorize students to conduct the standard BSA swim classification tests.

Where: Lost Pines Scout Reservation 785 FM 1441, Bastrop, Texas. At the Pool.

When: Saturday, May 20st, 2023 (8am – 5pm).

Cost: \$75 for the class (including PDF of the Aquatics Supervision Guide, and certification patch) Limited Space! This course fills up quickly.

Health Forms: You must bring a copy of your Annual Health and Medical Record (Part A and B) to the training.

Swimming Requirement: You must be able to pass the requirements for a BSA “Swimmer” and a final written exam for completion. This training will train you to conduct the BSA Swim Checks, so students should expect to take the swim check more than once in addition to complete in-water rescue techniques.

Meals: Lunch is provided. Please bring your own snack and water bottle.

Note: The amount of time that we will be in the water could increase the chance of feeling cool. So please bring more than one towel and a fleece type of jacket to use pool side if you need to warm up. Also bring a change of dry clothing and sun screen.

The training is open to any registered adult leader, Scout, or Venture, who is age 15 or older. For additional information, contact Dean Woodley Liveoak-tx@protonmail.com 512-796-3025