

WEBELOS EXTREME ADVENTURE CAMP



PARENT GUIDE JULY 5TH THROUGH 8TH, 2023

Version 1.0



BOY SCOUTS OF AMERICA®
CAPITOL AREA COUNCIL

Table of Contents

Location.....	1
Map to Lost Pines Scout Reservation.....	1
Map of Lost Pines Scout Reservation.....	2
General Information	3
Parent Orientation.....	3
Fees and Check-In	3
Adult Leadership.....	3
Uniforms	3
Mail Service.....	4
Telephone	4
Prohibited Items	4
Facilities	5
Restroom Facilities.....	5
Campsites.....	5
Food Service.....	5
Trading Post	5
Electricity.....	5
Wi-Fi.....	5
Health and Safety.....	6
First Aid	6
Medicines.....	6
Emergency Plans.....	6
Campsite Inspections.....	6
Personal Vehicles	6
Pool and Waterfront Safety	6
BSA Swim Test.....	6
Youth Protection.....	7
Leaving Camp.....	7
Schedule.....	8
Day 1 (Wednesday).....	8
Day 2 (Thursday).....	8

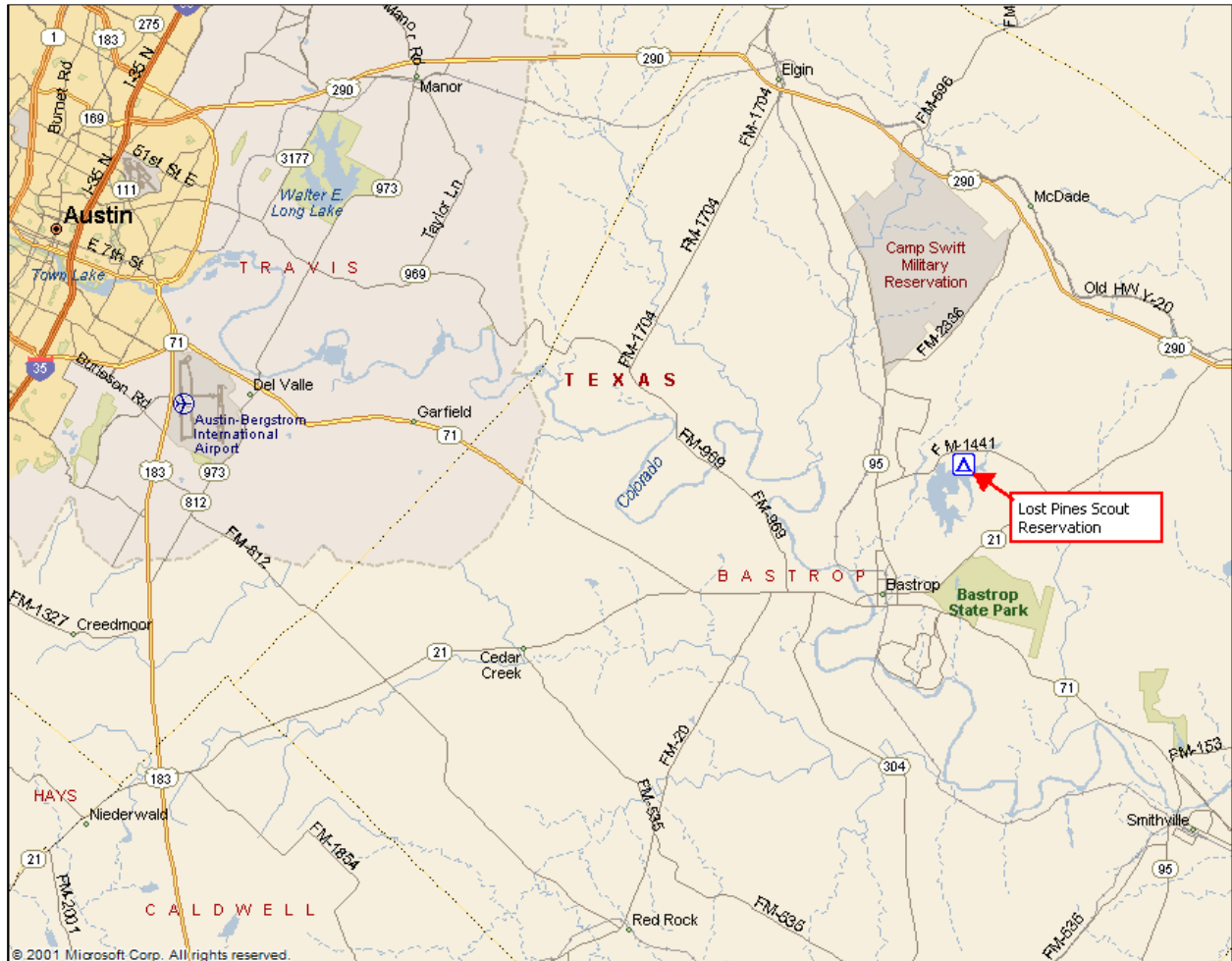
**Webelos Extreme Adventure Camp 2023
Parent Guide**

Day 3 (Friday) 8
Day 4 (Saturday)..... 8
Patrol Advisor Guidelines..... 1
What to Bring..... 2
Frequently Asked Questions 11

Location

WEAC is held at the Lost Pines Scout Reservation (LPSR) near Bastrop, Texas.

Map to Lost Pines Scout Reservation



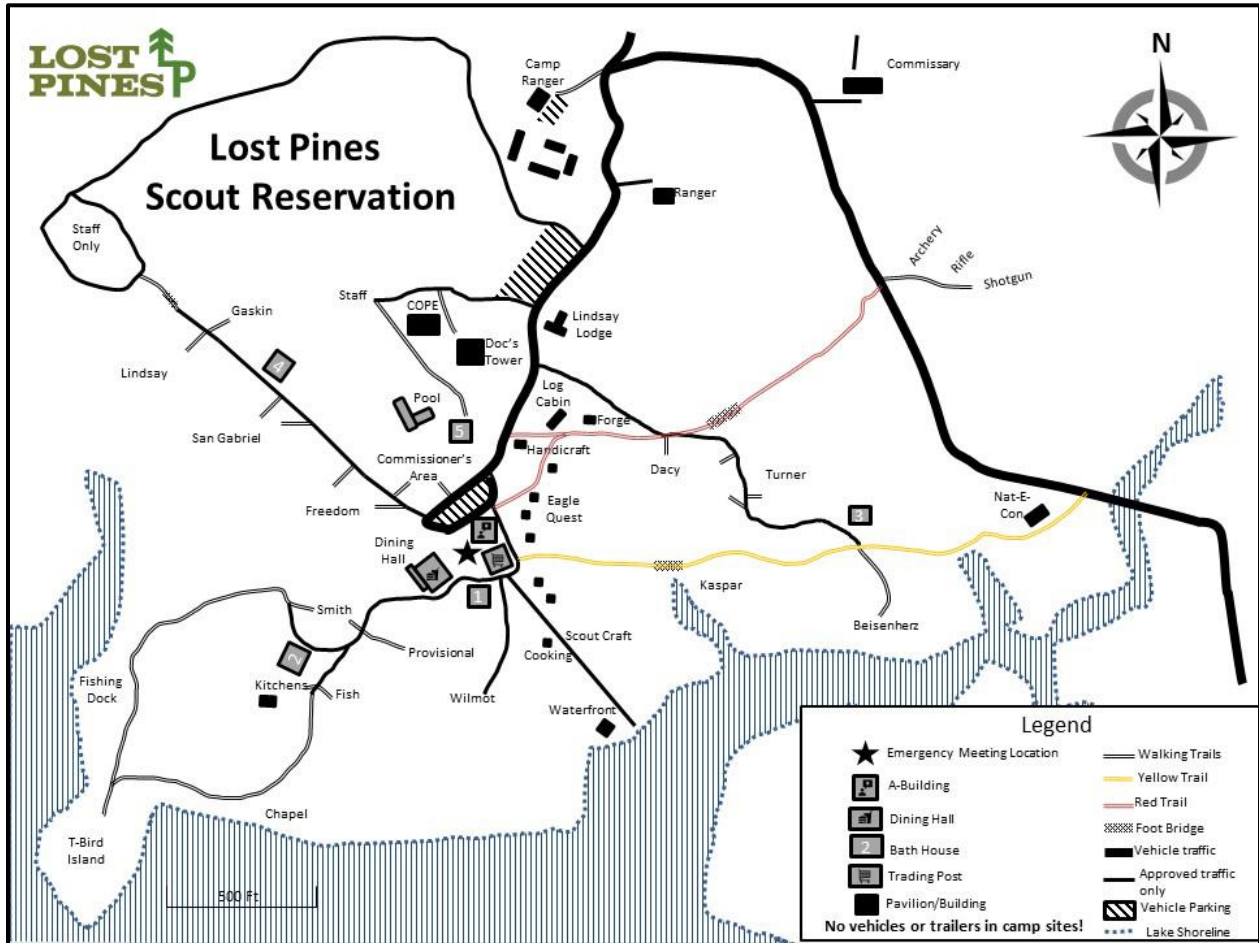
To reach Lost Pines Scout Reservation from Austin using Hwy 290:

- East on Highway 290 to Elgin
- Right on Highway 95 South, approximately 12.8 miles to FM 1441
- Left on FM 1441 East, approximately 3.4 miles to Lost Pines Scout Reservation
- Turn right into Lost Pines Scout Reservation

To reach Lost Pines Scout Reservation from Austin using Hwy 71:

- East on Highway 71 to Bastrop
- Right on Highway 95 North, approximately 3.8 miles to FM 1441
- Right on FM 1441 East, approximately 3.4 miles
- Turn right into Lost Pines Scout Reservation

Map of Lost Pines Scout Reservation



General Information

This Handbook provides important information intended to prepare Scouts and parents for a safe and enjoyable Webelos Extreme Adventure Camp (WEAC) experience. It is **STRONGLY RECOMMENDED** that parents and Scouts read this handbook prior to attending camp.

Parent Orientation

The Parent Orientation meeting is scheduled for June 8th, starting at 6:30 p.m., and will be held via Zoom. Click the link below to join the meeting.

Join Zoom Meeting

<https://us02web.zoom.us/j/82641157381?pwd=THNGS0Y5WmxzMUZmSmZPbjBrUnF2QT09>

Meeting ID: 826 4115 7381

Passcode: Sc35mp

ALL questions will be answered at the Parent Orientation. This is the only Parent Orientation that will be held. Most scouts who attend WEAC have a tremendous amount of fun and a positive impression of the activities and excitement of Scouting. From previous WEAC sessions, experience has shown that a more positive experience for parents is directly associated with those who attended a pre-WEAC orientation.

While not mandatory, these sessions are strongly encouraged to provide you the details and understanding of this program for your son or daughter. The orientation is also the opportunity for you to get involved with WEAC in a more active way by volunteering. WEAC depends on active and engaged adults who help run the various patrol activities. Volunteers will be given all the tools and assistance necessary to run their program successfully. The orientation is the chance to learn how you can be part of the fun!

Fees and Check-In

Webelos Scout \$200

Adult \$90

Check-in Wednesday, July 5th at 1:00 p.m. to 2:30 p.m. (Lindsay Lodge)

Dismissal Saturday, July 8th at 1:00 p.m.

Adult Leadership

Webelos Scouts may participate in overnight den camping when supervised by an adult. In most cases, the Webelos Scout will be under the supervision of his parent or guardian. It is essential that each Webelos Scout be under the supervision of a parent-approved adult. WEAC requires a ratio of no more than four (4) Webelos Scouts to one (1) adult leader per pack. Two-deep leadership requirements must be adhered to also. See Guide to Safe Scouting policy at

<http://www.scouting.org/scoutsource/HealthandSafety/GSS.aspx>

As with all camping activities, a scout is not allowed to stay in tents with ANY adult who is not his parent or guardian – and any person over 18-year-old is considered an adult.

Uniforms

Webelos and adult leaders are encouraged to wear the official Scout field uniform while at camp.

Appropriate times to wear the official Scout field uniform are evening meals, campfires, and the closing flag ceremony.

During other times dress appropriately for the weather and active outdoor activities in an activity uniform (Scout pants/shorts & Scouting T-shirt). T-shirts with Webelos Pack or den insignias are not only acceptable but preferred considering the high level of activity that is involved in the WEAC program. Inappropriate dress is not allowed and includes clothing with alcohol or tobacco themes or foul language.

Mail Service

Mail will be sent and received once each day, although it is highly recommended that letters from home be turned in to the Administrative Building at the beginning of WEAC. Please include your youth's troop color and patrol number in the address for easier sorting. This information will be provided to you prior to your arrival at camp.

The WEAC mailing address is as follows:

[Scout Name]
Lost Pines Scout Reservation – WEAC
785 FM 1441
Bastrop, TX 78602

Telephone

The camp phone number is (512) 303-0768. This phone is for administrative and emergency purposes and should only be used when necessary. Scouts should NOT bring cell phones to camp.

Prohibited Items

- Personal firearms and ammunition, including BB guns, black powder, and toy weapons (cap-guns/water-guns)
- Bows and/or arrows
- Weapons of any kind
- Pets
- Electronics
- Fireworks of any kind

Siblings are not permitted at WEAC.

Tobacco use in the presence of scouts is not permitted at camp. Adult leaders wishing to use tobacco products or vape may do so only in the Commissioners Area.

The consumption, possession, or use of any alcohol, illegal drug or controlled substance is strictly forbidden on any Capitol Area Council property. We will enforce all local, state, or federal laws where violations involving the above are reported.

While knives are not required for any portion of WEAC, the staff acknowledges that pocketknives are often an integral part of the outdoor Scouting experience. The camp staff mandates that pocketknives be used only under adult supervision, and that all carriers of pocketknives hold a current Whittlin' Chip Card. Unsafe use of knives will result in an adult advisor keeping the knife until the end of camp. According to BSA standards, an "approved pocketknife" is a folding knife of open length less than 6

inches (including handle).

Facilities

Restroom Facilities

LPSR has several “bathhouse” facilities near our campsites and the parade ground that offer showers and restrooms. These facilities have running water and electricity.

Campsites

Your Scout will be camping with a pre-assigned patrol and troop. Troop assignments are made so that all scouts from a home pack will be able to stay together. Tent arrangements should be made prior to the start of camp. All campers must provide their own tents. A scout cannot share a tent with any adult other than his parent or legal guardian.

Food Service

All meals will be served in the air-conditioned Dining Hall. Special food requests can be accommodated to a degree, and storage and access to food is available for scouts and adults who bring their own food due to allergies, etc. Please provide this information when registering and at Parent Orientation so accommodations can be made.

Trading Post

The trading post will be open at designated times each day. Webelos and adults may purchase camping items, souvenirs, drinks, and snacks.

Electricity

Campsites do not have electricity. There are several outlets around camp that may be used for charging adult mobile devices.

Wi-Fi

We recognize that adults are taking time away from their personal life and work to be with us at camp. Wi-Fi is available inside the air-conditioned Dining Hall.

Health and Safety

Every youth and adult participant attending summer camp will need to have a completed [Annual Health and Medical Record](#) (Parts A and B only), dated within the last twelve months. Part C is not required since WEAC lasts less than 72 hours. If you have any questions about the Annual Health and Medical Record, click [here](#) to be taken to the instruction handout.

First Aid

A fully trained first aid person will be available in camp 24 hours a day. Arrangements have also been made at a clinic in Bastrop. ALL injuries (no matter how small) must be reported to the camp staff. As proper records and treatments must be assured, WEAC does not advise the use of personal “first aid kits.” If you wish to bring your own first aid kit (even if this merely includes band-aids) we ask that you use it sparingly. All injuries are to be treated and recorded by the first aid staff.

Medicines

All medicines (adult and youth) must be registered and left with our on-site WEAC medical staff.

Emergency Plans

Emergency plans have been developed to handle situations that may arise at camp. Details concerning these plans will be made available at camp.

Campsite Inspections

Campsites will be inspected daily to encourage high standards of safety, cleanliness, health, sanitation and pride as individuals and a group.

Personal Vehicles

Personal vehicles are driven to the parking lot where all personal gear is carried a short distance to your campsite on a luggage shuttle. **PACK LIGHT!** No Vehicles are allowed in campsites.

Pool and Waterfront Safety

WEAC is committed to assuring the highest standards of safety in all facets of the camp program, particularly at the pool & waterfront. The pool and waterfront, and ranges are supervised by BSA trained staff that will NOT compromise National BSA policies for assuring the health and safety of all campers.

BSA Swim Test

BSA requires that ALL scouts and adults wishing to participate in aquatics activities have completed a Swim Test within the last 12 months. All youth and adult participants are to be designated as swimmers, beginners, or nonswimmers based on swimming ability confirmed by standardized BSA swim classification tests.

Swimmer Classification

Jump feetfirst into water over the head in depth. Level off and swim 75 yards in a strong manner using one or more of the following strokes: sidestroke, breaststroke, trudgen, or crawl; then swim 25 yards

using an easy resting backstroke. The 100 yards must be completed in one swim without stops and must include at least one sharp turn. After completing the swim, rest by floating.

Beginner Classification

Jump feetfirst into water over the head in depth, level off, and swim 25 feet on the surface. Stop, turn sharply, resume swimming, and return to the starting place.

Nonswimmer Classification

Anyone who has not completed either the swimmer or beginner tests is classified as a nonswimmer.

While we will offer these at camp check-in, you can save yourself time by completing this ahead of time. After administering the test, record the results in the [CAC Unit Swim Check Form](#) and bring it to camp. Be sure your test administrator signs the form and enters all necessary information.

Youth Protection

WEAC is committed to the highest standards of youth protection. All adults attending camp and staying overnight must submit the following:

1. Current Youth Protection Training certification (YPT Aging Report from my.scouting.org is preferred, or YPT certificate)
2. Current BSA Membership for adults volunteering to help run activities during the week

Leaving Camp

If a Scout will be leaving camp before the end of the session with someone other than a parent, legal guardian, or approved leader; written permission from the parent/guardian **MUST** be provided at the time of check-in. Scouts must check in/out with the camp director or assistant.

Program Schedule

Day 1 (Wednesday)

- Check-in time is from 1:00 to 2:30 p.m. at Lindsay Lodge
- Please eat before arriving. No lunch is served Wednesday.
- Bring the following paperwork
 - Youth Protection Training certification
 - Annual Health and Medical Record for all participants (Parts A and B)
 - CAC Unit Swim Check Form
- Check in with your Patrol Advisor
- Your Scoutmaster or Senior Patrol leader will take you to your campsite. Do not pitch your tent until advised by your Scoutmaster. Guests are welcome to visit the campsite and camp facilities.
- Open Ceremony
- Set up your campsite
- Dinner
- Evening Program

Day 2 (Thursday)

- Breakfast
- Patrol Activities
- Lunch
- Afternoon Program
- Patrol Activities
- Dinner
- Evening Program

Day 3 (Friday)

- Breakfast
- Patrol Activities
- Lunch
- Afternoon Program
- Patrol Activities
- Dinner
- Campfire

Day 4 (Saturday)

- Breakfast
- Patrol Activities
- Lunch
- Closing Flag Ceremony
- Check out

Program activities offered at camp will include, but not be limited to:

- Archery
- BB Guns/Air Rifles
- Canoeing
- Climbing
- Kayaking
- Knots/Lashings
- Leatherwork
- Nature Hike
- Rappelling
- Swimming

Patrol Advisor Guidelines

Each patrol will have an adult Patrol Advisor assigned to it. A patrol will consist of 8-10 scouts including the patrol advisor's youth. These Patrol Advisors are somewhat like wranglers (herding cats comes to mind), to ensure the group of scouts know where to be and when, but also to provide a focal point for this group for questions or concerns.

The following tips may be valuable toward understanding the expectations associated with being a WEAC Patrol Advisor.

- First, and most importantly, the staff is ALWAYS available for help (regardless of the situation). Whenever necessary or desired, utilize the staff for problems big and small. The staff is NEVER too busy to help!
- Be aware of the medical needs of the scouts in your patrol. The staff will also be aware; however, this information should NOT be shared with all.
- Each patrol must have at least 2 parent advisors in camp and at every activity.
- The Patrol Advisors are responsible for keeping a safe environment for the scouts to experience WEAC.
- Let the scouts make mistakes and work out issues among their patrol members.
- Oversee that all scouts have the necessary personal gear, especially rain gear, sunscreen, and footwear and water bottles.
- Understand the program and assist in making sure the Patrol Leader has their patrol to activities on time (all scouts in every patrol will get to be Patrol Leader of their Patrol).
- Be sensitive to problems. Many of the scouts will be away from home for the first time and might develop homesickness. Some scouts may at first experience discomfort with the strange wilderness. Physical and/or verbal confrontations may develop. To all these and many other problems that may develop, be patient, fair, listen, and resolve problems together.
- Share your observations and ideas to the patrol. Everyone has something to offer, and your ideas and experiences are valuable to scouts learning process.
- Remember the example you set! Maintain a positive role model. BSA policy forbids smoking and the use of other tobacco products in the presence of all scouts. We strongly discourage swearing, displays of anger and un-sportsman like conduct.
- Enjoy camp! Your efforts will make a difference in the life of a scout. SMILES and HAPPY Webelos Scouts will reward your efforts!

What to Bring

Mark personal items with the initials of the Webelos Scout. It is helpful to pack clothes in separate plastic bags for each day and mark them.

_____ BSA Annual Health and Medical Record

_____ Swim Check Form

_____ Official Scout Field Uniform

_____ Tent

_____ Sleeping Bag and Pillow

_____ Shoes, plus an extra pair

_____ Sleep clothes

_____ Shorts/Long Pants

_____ Shirts (Scout/Pack T-shirt recommended)

_____ Extra underwear

_____ Extra socks

_____ Sunscreen

_____ Swimsuit

_____ Towel

_____ Watch

_____ Light Jacket

_____ Refillable Water Bottle

_____ Rain gear

_____ Toothbrush and toothpaste

_____ Soap and shampoo

_____ Washcloth

_____ Comb/Brush

_____ Dirty clothes bag

_____ Hat

_____ Insect repellent (non-aerosol)

_____ Flashlight/Spare batteries

_____ Pencil and notebook

_____ Camera

Frequently Asked Questions

- Question:** May we choose our campsite?
Answer: No. Campsites are assigned by the WEAC staff based on the needs of the Lost Pines Summer Camp program.
- Question:** Does the council provide tents?
Answer: Everyone should plan on bringing their own tent and other camping equipment.
- Question:** Can we park our cars by our campsite?
Answer: No. There is one centrally located parking lot. All cars must park there, and equipment carried to the campsite.
- Question:** Can we build a campfire?
Answer: Probably not. The county burn ban is usually in effect in July due to dry conditions. Did we mention it is July in Texas?
- Question:** Ok, no campfires, but what about Dutch Oven cooking?
Answer: If you want to make a treat for your scouts and show off your Dutch Oven cooking skills, that has been allowed in the past. Just check with staff. Keep in mind that Dutch Oven cooking tends to attract scouts... a LOT of scouts.
- Question:** Are pets allowed at WEAC?
Answer: No. Not even cute ones.
- Question:** Are bikes allowed at WEAC?
Answer: No.
- Question:** Are scouts expected to stay for the entire camp?
Answer: Yes.