## Swimming Merit Badge



## This is what you will need to bring with you at check in.

- 1. Must be classified as a swimmer
- 2. Annual Medical and health record due at check in. (Bring a copy and copy will be returned to scout at end of day.)
- 3.Lunch, Snacks for the day (refrigerator and microwave will be available for use)
- 4. Bathing suit (boys shorts/ Girls 1 piece swim suit or 2 piece as long as they overlay each other. No mid skin area showing)
- 5. 2 Towels (have 1 during swimming and 1 dry for at end of day to dry off and change)
- 6. Flip Flops or slid on shoes (Required around the pool area)
- 7. Sunscreen (at least preferably 15% or more with Zink in it. Please note we recommend to apply several times throughout the day)
- 8. Dry clothes to change in at end of day for ride home
- 9. Blanket (if scout gets cold anytime of the day)
- 10. Refillable water bottle
- 11. Note pad and pens or pencils
- 12. Goggles and Swim cap (optional)
- 13. Merit Badge worksheet will be provided.
- 14. Must bring, take online training certificates as follows: Safe Swim Defense,

Safety Afloat, Hazardous Weather at my.Scouting.org

