

Sunday, December 27 @ 1:00 p.m. -

Tuesday, December 29 @ 5:00 p.m.

The **West Tennessee Area Council, Boy Scouts of America**, welcomes you to our **16th Annual Eagle Trek Winter Camp at Camp Mack Morris**. It's a Serious Camp for Serious Scouts wanting to advance along the trail to Eagle by completing Eagle required and elective merit badges. Eagle Trek offers a relaxed pace versus a typical summer camp schedule allowing for more difficult merit badges to be completed. **Classes are taught by experienced counselors or professionals while maintaining limited classroom size.**

Scouting America
West Tennessee Council

AMERICA 250

Registration

Please register online at https://www.scoutingevent.com/559-2026EagleTrek

Fees for Scouts attending Winter Camp are as follows:
- **$130** per Overnight Scout if paid **before December 7th**
- **$150** per Overnight Scout if paid **on or after December 7th**
- **$50** per Scout Day Pass if paid **before December 7th**
- **$60** per Scout Day Pass if paid **on or after December 7th**

Fees for Adults attending Winter Camp are as follows:
- **$50** per Adult if paid **before December 7th**
- **$60** per Adult if paid **on or after December 7th**
- **$25** per Adult Day Pass

Fee covers all food, materials for merit badge classes, and a winter camp patch.

Adult Leaders are FREE if they volunteer to work specific jobs at camp.
Contact Fawn Walden (southernbelle38311@yahoo.com) or Jenn Latham (jennboyd13@gmail.com) to volunteer before you submit your registration.

- If attending as a troop, registration by troop is preferred.
- Registration is not complete until fees have been paid.
- All Fees must be paid in full through the Council Service Center or on-line prior to arrival at camp.
- Please make payment in one check or credit card.
- The Troop is responsible for collecting individual payments from Scouts and making payment to the Council Service Center or on-line.
- Do not send individual Scouts to the office to pay separately, except in the case of provisional campers.
- Classes may change only due to unforeseen complications/situations.
- This event will be held rain or shine.
- **No refunds will be made.**

Merit Badge Information

Campers will take one class during the day with an optional evening class. **Class size will be limited to 15 or fewer.** This will allow time for Scout to complete most of the requirements with the necessary assistance from adult leaders. Also some classes will have rank requirements.

A list of merit badges planned for Winter Camp is included. You will be offered the opportunity to select another class if a class is cancelled. Every effort will be made to notify Scout leaders of class changes as soon as possible.

Class schedule/registration/prerequisites will be released in November. Priority will go to all preregistered troops/scouts for class registrations.

Merit Badges * Indicates Eagle required

Art/Painting
Chess
Citizenship in the Community*
Citizenship in the Nation*
Citizenship in the World*
Collections
Communications*
Composite materials
Crime Prevention
Disabilities Awareness
Emergency Preparedness*
Environmental Science*
Engineering
Family Life*
First Aid*
Genealogy
Mining in Society
Personal Management*
Pioneering
Photography
Soil and Water Conservation
Sustainability*
Traffic Safety/ Safety
Weather
Wilderness Survival

Important Info/FAQS

- **Volunteers needed?**
  Yes! We need Adult Volunteers to help teach merit badges, volunteer around camp and help with meals. You may contact Jennifer Latham (jennboyd13@gmail.com) or Fawn Walden (southernbelle38311@yahoo.com). If helping with a merit badge, please volunteer early so we can confirm what merit badges will be offered. Don't wait for someone else to do it!

- **Will the Troop need to provide two adult leaders?**
  Scouting America policy requires at least two registered adult leaders be in camp at all times; one must be 21 years old. Leaders may rotate if necessary, but at least two adults must always be with the Troop in camp. If your Troop cannot provide two leaders, please contact the Council office to make arrangements to combine with another unit. Troop should register on-line as a unit rather than individually. This ensures that Troops are in the same campsite and that merit badge material is returned to the correct unit.

- **What about Scouts that don't have a leader(s) who can attend Winter Camp?**
  Provisional Camping is available. Individual youth will be placed with another Troop during Winter Camp. This option is offered to assist individual youth in coming to camp. It is not intended to relieve a Troop of its responsibility to provide leadership in a long-term camp experience. We urge you to try to bring both Scouts and leaders to camp for the best results. **All Campers must be registered members of Scouting America.**

- **Do I need a Medical Form for each participant?**
  Yes, policies and procedures outlined in the "Guide to Safe Scouting" apply. Each Scout, leader and volunteer will need Part A & B of the Annual Medical Form at Check-in. Bring medications in the original containers, labeled with name and instructions including inhalers and Epi-pens. Make sure that they are not expired. Campers should not stop taking medication during camp. Medication and medical forms will be available for pick-up from the Camp Office at the end of camp. Units will need to **provide the adults Safeguarding Youth training verification at check-in.**

- **Will there be a Trading Post?**
  Yes, a trading post will be open at scheduled times during Winter Camp.

- **What about food and meals?**
  All meals will be served in the Dining Hall. The meals for Winter Camp will begin with dinner on the first day and end with lunch on the last day. Trading Post will have some snack items available. Every effort to meet dietary needs will be made. Please contact Jennifer Latham in advance to make arrangements. jennboyd13@gmail.com

- **Will Showers be available for Winter Camp?**
  Both the Central Showers and Family Showers will be operable for Winter Camp. Please help keep showers and restrooms clean.

- **What about evening activities?**
  There will be evening activities including movies, games and optional Merit Badge classes.

- **What is there for Adults to do during Winter Camp?**
  Each Scout leader who comes to camp brings special teaching abilities that can benefit the camp program. Since most merit badges classes conclude in just one day, you may volunteer a day at a time; no need to be at camp the entire time. If you can assist in teaching, work in the kitchen or run the trading post, please contact Fawn or Jennifer as soon as possible. Or, if you are a carpenter, electrician, plumber or handyman, our camp can sure use your skills during the week. Bring your tools. Come be a part of our Winter Camp and help teach these future leaders!

- **What is the uniform for Winter Camp?**
  The official Scout Class Field uniform is to be worn by Scouts and adult leaders at evening meals. NOT PERMITTED at anytime are caps and T-shirts with words or pictures not representing the best spirit

of the Scout Oath and Law. For safety reasons, closed toe shoes are to be worn at ALL TIMES except in your tent or in the shower.

Winter Camp weather can be quite cold and rainy, so Scouts will need lots of warm clothes and layers to be comfortable. Cotton clothing (such as blue jeans) doesn't insulate well if it gets wet. Nylon wind pants and jackets are useful, and with a fleece jacket and long underwear make a good combination for comfort.

▪ **Can we bring heaters to Winter Camp?**

Scouting America policy prohibits the use of open flames in tents. This includes catalytic heaters, gas lanterns, stoves, candles and smoking materials. Ground fires are permitted only in designated fire rings. No cutting of live trees or brush. **Fires or heaters are NOT to be left unattended at any time; this includes during meals.**

▪ **What items are not allowed at Camp?**

Alcoholic beverage, illegal drugs, pornographic material, fireworks, pets, bicycles, personal firearms, ammunitions, aerosol cans, sheath knives of any type, and personal bows and arrows are not allowed. Pets are not allowed with the exception of guide animals. Use of electronic devices, expect for computers for Merit Badges classes, is discouraged. They should also NOT bring any items of value such as jewelry or watches, which can be easily lost. Smoking and tobacco products are prohibited except by adults in designated smoking areas. Camp Mack Morris and the West Tennessee Area Council are not responsible for lost or stolen articles. **Failure to comply with Camp Policies and/or Scouting America Guide to Safe Scouting is grounds for removal from camp without a refund.**

▪ **Can the Polar Bear Patch be earned?**

To earn the Polar Bear Patch Scouts and Leaders have the opportunity to participate in the Polar Bear Plunge during camp. Be sure to bring swimwear if you plan to participate.

▪ **How are merit badges taught?**

Classes are taught by experienced counselors or professionals while maintaining a limited class size**.** There must be attention to each Scout's projects and his fulfillment of requirements. Every Scout must actually complete each requirement. It is unacceptable to award badges on the basis of sitting in classrooms. Interactive group discussion supports learning. If a Scout is not prepared to participate in class or is disruptive, a counselor may ask him to leave.

▪ **How will we receive Merit Badge requirement information?**

At the end of each session, Instructors will provide the camp director with a checklist of requirements completed. Copies will be provided to the Scoutmaster or Parent at the end of camp. If a merit badge is not completed, it is the responsibility of the Scoutmaster and/or Troop Advancement Chairman to verify the remaining requirements on completion during the regular Troop functions. The best time to resolve any problems or questions with Merit Badge requirements is BEFORE YOU LEAVE CAMP.

• **What happens if merit badge requirements are not met in class?**

Scouts do not have to pass all requirements with one counselor. Camp counselors will indicate which requirements have been completed at camp and any requirements where evidence was provided that the requirements have been previously met. A Scout may provide a camp counselor with documentation, pictures or adult certification that requirements have previously been completed. If there are questions that requirements were met, a counselor may confirm with adults involved. If requirements remain to be completed after camp, a Scout may work with his Scout leaders to find another counselor at his unit to complete the merit badges

Winter Camping Tips

Some tips to keep in mind when your Troop takes on winter camping.

- Always bring a bit more than what you think you'll need.
- Make sure that you have a good knowledge of the signs of frostbite and hypothermia. You should be able to recognize it in others and in yourself. Tell someone right away if you or another Scout is showing signs of cold-related problems.
- Stay hydrated. It's easy to get dehydrated in the winter. You aren't visibly sweating, so you don't think to drink water, but since the air is so dry, you lose a LOT of water through breathing. Drink lots of water!
- Keep out of the wind if you can. A rain fly for a tent can be pitched to serve as a wind break. The wind chill factor can often be considerable and can result in effective temperatures being much lower than normal.
- Remember **C O L D**:
    - **C Clean** - dirty clothes loose their loft and get cold.
    - **O Overheat** - never get sweaty, strip off layers to stay warm but not too hot.
    - **L Layers** - Dress in synthetic layers for easy temperature control.
    - **D Dry** - wet clothes (and sleeping bags) also loose their insulation.
- **COTTON KILLS!** Do not bring cotton. Staying dry is the key to staying warm. Air is an excellent insulator and by wearing several layers of clothes you will keep warm.
- Remember the 3 W's of layering - **Wicking** inside layer, **Warmth** middle layer(s) and **Wind/Water** outer layer.
  Wicking should be a polypropylene material as long underwear and also sock liner.
  Warmth layer(s) should be fleece or wool.
  Wind/Water layer should be Gore-Tex or at least 60/40 nylon.
- If you're camping in the snow, wear snow pants over your regular clothing
- Bring extra hand covering - mittens are warmer than gloves.
- Bring 2 changes of socks per day.
- Everyone must be dry by sundown. No wet (sweaty) bodies or wet inner clothing.
- Keep your hands and feet warm. Your body will always protect the core, so if your hands and feet are warm, your core will also likely be warm. If your hands or feet are cold, put on more layers, and put on a hat!
- Dress right while sleeping. Change into clean, dry clothes before bed. Your body makes moisture and your clothes hold it in - by changing into dry clothes you will stay warmer and it will help keep the inside of your sleeping bag dry. Wearing wool socks and long underwear (tops and bottoms) in the sleeping bag is OK.
- Put on tomorrow's t- shirt and underwear at bedtime. That way you won't be starting with everything cold next to your skin in the morning.
- Wear a stocking cap to bed, even if you have a mummy bag.

- Put tomorrow's clothes in your bag with you. This is especially important if you're small in stature. It can be pretty hard to warm up a big bag with a little body, the clothes cut down on that work.
- Put a couple of long-lasting hand warmers into your boots after you take them off. Your boots will dry out during the night.
- Use toe/hand warmers. Toss them into your sleeping bag before you get in. Some of the toe/hand warmers will last 8 hours.
- Eat a high-energy snack before bed, then brush your teeth. The extra fuel will help your body stay warm.
- Use a sleeping bag that is appropriate for the conditions. Two +20ºF sleeping bags, one inside the other will work to lower the rating of both bags.
- Use a bivvy sack to wrap around your sleeping bag. You can make a cheap version of this by getting an inexpensive fleece sleeping bag. It isn't much more than a blanket with a zipper but it helps lower the rating by as much as 10 degrees.
- Use a sleeping bag liner. There are silk and fleece liners that go inside the sleeping bag. They will lower your sleeping bag's rating by up to 10 degrees. Or buy an inexpensive fleece throw or blanket and wrap yourself in it inside the sleeping bag.
- Most cold weather bags are designed to trap heat. The proper way to do this is to pull the drawstrings until the sleeping bag is around your face, not around your neck. If the bag also has a draft harness, make sure to use it above the shoulders and it snugs up to your neck to keep cold air from coming in and warm air from going out.
- Don't burrow in - keep your mouth and nose outside the bag. Moisture from your breath collecting in your bag is a quick way to get really cold. Keep the inside of the bag dry.
- Put a trash bag over the bottom half of your sleeping bag to help hold in the heat. A zipped-up coat pulled over the foot of a sleeping bag makes an extra layer of insulation.
- Don't sleep directly on the ground. Get a closed cell foam pad to provide insulation between your sleeping bag and the ground. A foam pad cushions and insulates. The air pockets are excellent in providing good insulation properties. Use more than one insulating layer below you – it's easy to slide off the first one.
- In an emergency, cardboard makes a great insulator. Old newspapers are also good insulation. A layer of foam insulation works too.
- Bring a piece of cardboard to stand on when changing clothes. This will keep any snow on your clothes off your sleeping bag and help keep your feet warmer than standing on the cold ground.
- A space blanket or silver lined tarp on the floor of the tent or under your sleeping bag will reflect your heat back to you.
- No cots or air mattresses! Better to lay on with 30º earth instead of –10º air.
- If in tents, leave the tent flaps/zippers vented a bit, it cuts down on interior frost.
- Drain your bladder before you go to bed. Having to go in the middle of the night when it is freezing chills your entire body. Drink all day but stop one hour before bed. Keep a pot of hot water available for cocoa or Cup-a-Soup – these warm from the inside.

Personal Overnight Camping Gear

Label everything you bring to Camp

Tent and tarp

Camp Chairs for Classes

Signed Medical Form Part A & B

Medication in Original bottle

Class A/Field Uniform

Class B/Activity t-shirts

Long-sleeved shirts

Long pants

Sturdy, waterproof shoes (closed toe and heel)

Extra pair of shoes/Shower shoes

Socks and underwear (two pairs per day)

Insulated coat with hood or cap

Stocking cap (not baseball cap)

Sweatshirt with hood

Gloves, waterproof (2 pair)

Rain Gear

Base layers

Hand Warmers

Sleepwear

Personal First Aid Kit with Moleskin

Water Bottle

Flashlight with extra batteries

Sun Protection

Spiral Notebook and Pen/pencils

Backpack / Daypack

Sleeping bag (look for a cold weather one)

Sleeping pad, Extra Blankets, and Pillow.

Toiletry Kit- Soap, Shampoo, Toothbrush/Toothpaste, Comb, Washcloth/Towel, Deodorant

Watch/Alarm clock

Scout Handbook

Spending Money

Bible or Prayer Book

Pocketknife (Totin' Chip card required)

Swimsuit for Polar Bear Swim

Do Not Bring

Fireworks

Personal Firearms including pellet or airguns

Personal bows & arrows

Butterfly or hunting knives

Pets

Jewelry or other expensive items

Alcoholic beverages or illegal drugs



2026 Eagle Trek Winter Camp Daily Schedule

	Sunday, Dec. 27	Monday, Dec. 28	Tuesday, Dec. 29
6:45 a.m.	XXXXXXXXXXXXXXXXX	Reveille	Reveille
7:15 a.m.		Flag Ceremony	Flag Ceremony
7:30 a.m.		Grace Breakfast	Grace Breakfast
8:30 a.m.	XXXXXXXXXXXXXXXXX	**Merit Badge Classes Morning Session 8:30 a.m- 11:30am**	**Merit Badge Classes Morning Session 8:30- 11:30am**
12:00 p.m.		Grace Lunch	Grace Lunch
1:00 p.m.	**Check In and Staff Reports** 3:00 p.m. Polar Bear Plunge	**Merit Badge Classes Afternoon Session 1:30 p.m.- 4:30pm**	**Merit Badge Classes Afternoon Session 1:00 p.m.- 4:00pm**
4:45 p.m.	Flag Ceremony	Flag Ceremony	Pick up packets
5:00 p.m.	Grace Dinner	Grace Dinner	**Depart Camp**
6:15 p.m.	Chapel	Program	
6:30 p.m.	**Merit Badge Classes Night Session 6:30 p.m. - 9:30pm**	**Merit Badge Classes Night Session 6:30 p.m.- 9:30pm**	
10:30 p.m.	Taps	Taps	

2026 Eagle Trek Class Schedule

Sunday Classes

Evening Session 6:30-9:30

Chess

Collections

Communications (Part 1)

Monday Classes

Morning and Afternoon Sessions
8:30 a.m. -11:30 p.m. AND 1:30 p.m.-4:30 p.m.
(must attend both sessions)

Personal Management (Must Be First Class rank)

Citizenship in the Nation

Art/Painting

Wilderness Survival

Environmental Science

Crime Prevention

Traffic Safety/Safety

Engineering

Family Life

Pioneering

Afternoon Session Only 1:30 p.m.-4:30 p.m.

Weather

Evening Session 6:30 p.m.-9:30 p.m.

Communications (Part2)

Genealogy

Tuesday Classes

Morning and Afternoon Sessions
8:30 a.m. -11:30 a.m. and 1:00 p.m.-4:00 p.m.
(must attend both sessions)

Sustainability

Citizenship in the World

First Aid (Must be First Class rank)

Photography

Soil and Water Conservation

Emergency Preparedness (Must Have Earned First Aid Merit Badge)

Citizenship in the Community

Composite Materials

Adult Leader Training

Morning Session Only 8:30 p.m. - 11:30 p.m.

Disabilities Awareness

Mining in Society- TBD