

**NYLT 2022 SPECIAL DIETARY NEEDS FORM  
HAWK MOUNTAIN SCOUT RESERVATION**

NYLT strives to serve its participants and staff nutritious meals. Our menus are reviewed and approved by a licensed dietitian. To meet the needs of participants with special dietary requirements due to allergies, food intolerances, or other health issues, as well as those who follow alternate diets for ethical or religious reasons, it is necessary to obtain as much information as possible prior to your arrival at camp.

Please be as specific as possible regarding the exact nature and severity of any allergy or intolerance. This information is necessary to determine how we can properly and best meet these needs. While we attempt to provide meals which meet these special needs as much as possible, it is still the responsibility of the individual to avoid those foods which they are unable to eat. It may often be necessary for the participant to bring special food items, which can then be stored and prepared by the NYLT staff.

The form below is very important to our Food Service Area. For us to make these adjustments for you, we need to have these forms **2 weeks prior to your arrival**. Please send these forms to [hmcnylt2022@gmail.com](mailto:hmcnylt2022@gmail.com). Forms submitted at check-in will be accepted but provisions may not be readily available.

If you would have questions, please contact the NYLT Course Director at [hmcnylt2022@gmail.com](mailto:hmcnylt2022@gmail.com)

Name: \_\_\_\_\_ Unit #: \_\_\_\_\_

Dates attending NYLT: \_\_\_\_\_

Contact name for further information, if needed: \_\_\_\_\_

Relationship to Participant: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Food Allergies: \_\_\_\_ Yes \_\_\_\_ No

What are they? \_\_\_\_\_

How severe is the allergy? \_\_\_\_ Moderate \_\_\_\_ Strong \_\_\_\_ Severe

Other information we may need to know about these allergies?

Other Special Diet? \_\_\_\_ Vegetarian \_\_\_\_ Vegan \_\_\_\_ Diabetic Other \_\_\_\_\_

Background Information on special diet:

Signature (parent/guardian, if participant under 18): \_\_\_\_\_

Date: \_\_\_\_\_