

National Youth Leadership Training

Laurel Highlands Council - Camp Twin Echo – Twin Arrow Course



Supplemental Medical Screening Questionnaire

This form MUST accompany the Annual BSA Health and Medical Record

PARTICIPANT'S NAME: _____ AGE _____

Do you have any medicine, food, or environmental allergies? NO YES - please list them:

Are you taking any medications prescribed by a doctor? NO YES

If you answered YES, please verify that all prescription medications that you will bring to the course are listed at the bottom of "Part A" of the Annual BSA Health and Medical Record by signing below:

Signature of Parent/Guardian: _____ Date _____

PART II – TO BE COMPLETED BY PARENT/GUARDIAN

As the parent/guardian for the Twin Arrow participant named above, I acknowledge that he is currently taking the prescribed medication(s) listed on his Annual BSA Health and Medical Record as verified above. I understand that taking these medications as prescribed is the responsibility of the Twin Arrow participant named above. I also acknowledge and understand that **all medication, including any over-the-counter medication, must be turned in at check in** and will be held by the Camp Medical Officer in locked storage. Refrigeration, if needed, will be provided.

Signature of Parent/Guardian: _____ Date _____

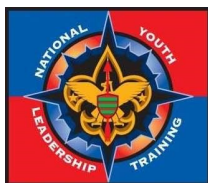
PART III – TO BE COMPLETED BY PARENT/GUARDIAN

Which of the following over-the-counter medications do you give permission for Twin Arrow Medical Officer to give to your Scout, should it be needed during the week? All medications will be dosed according to package instructions for the Scout's age/weight.

| | | | |
|----------------------------|--------|---------------------------|--------|
| acetaminophen (Tylenol) | YES NO | ibuprofen (Advil/Motrin) | YES NO |
| Diphenhydramine (Benedryl) | YES NO | pseudoephedrine (Sudafed) | YES NO |
| Pepto-Bismal | YES NO | TUMS | YES NO |
| Maalox | YES NO | Milk of Magnesia | YES NO |
| loperamide (Imodium AD) | YES NO | Robitussin | YES NO |
| tolnaftate (Tinactin) | YES NO | Oragel | YES NO |

Signature of Parent/Guardian: _____ Date: _____

FOR MEDICAL STAFF USE ONLY: Screening date: _____ Screener's initials: _____



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WHAT YOU SHOULD BRING

Bring a durable outdoor tent for you to live in for the week. Tents will **NOT** be provided by the camp, you will need to bring your own.

Do not bring a hand ax or any other ax yard equipment. This will be supplied by the Quartermasters as needed. Patrol equipment such as tarps and cookware will also be provided.

We recommend that you pack your gear in a backpack, you must be able to carry your gear to your campsite. Note: All gear is subject to inspection by the adult staff during the course.

Suggested Personal Equipment Checklist

☒ A COURSE HAT WILL BE PROVIDED

☒ A COURSE T-SHIRT WILL BE PROVIDED
(Additional t-shirts can be purchased: \$13.00 each)

REQUIRED ITEMS

☐ **Medications**, if any (labeled with name and dosage in a zip lock bag)

☐ **BSA Uniform shirt*****

☐ BSA Uniform shorts and/or pants
(No blue jeans)

☐ Knife, fork, spoon, and cup

☐ Canteen/water bottle

☐ **Sleeping bag**/blankets (liner/sheets)

☐ Flashlight (spare batteries & bulbs)

☐ Durable outdoor **tent** to live in for the week

☐ Class “B” Scout or plain T-shirts

☐ Shoes/boots suitable for hiking/camping

☐ Raincoat, poncho, or rain suit

☐ Light jacket or jac-shirt

☐ Ground cloth (waterproof)

☐ Scout knife (no belt clips, folding blades only, bring your Totin’Chip)

☐ Personal first aid kit

☐ Ball point pen or a pencil

☐ Official Boy Scout Handbook

☐ Watch

☐ Insect repellent

☐ Compass

☐ Towel and Soap

HIGHLY RECOMMENDED ITEMS

☐ Backpack or duffle-You will carry everything you bring with you to your campsite yourself.

☐ Uniform **socks** (multiple)

☐ Neckerchief slide

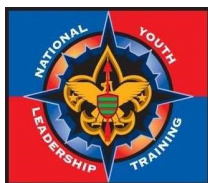
OPTIONAL ITEMS

☐ Battery-powered lantern

NOTE: ***Official Uniform—SCOUTS SHOULD BE IN FULL UNIFORM BEFORE REGISTERING.

Proper uniforming consists of a “Class A” or Field Uniform (khaki shirt, Scout/Olive green shorts, Scout socks) and a “Class B” or Activity Uniform (Scout shorts & T-shirt; Scout-related only, or a plain color). You will be in your “Class A” uniforms for a good part of the course. It will always be worn for Opening Assemblies and for meals. You will be advised by your Troop Senior Patrol Leader or your Troop Guide when you may switch to your Activity Uniform (Class B).

DO NOT BRING ANY FOOD ITEMS, SNACKS, CANDY OR SOFT DRINKS to camp. We will provide a well-balanced menu for you. You will be camping in a rural setting and there are animals that also enjoy snack foods.



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Proper Uniforming

1. Class A (khaki shirt, Scout shorts/Olive green shorts, Scout socks)
2. Activity Uniform ("class B") (Scout shorts & T-shirt)
3. Neckerchief slide (neckerchief will be provided)
4. Do **not** bring a Hat (a course hat will be issued and is to be worn properly-not backwards)
5. T-shirts (Scout related only – or plain color)
6. One course t-shirt will be provided, additional course t-shirts may be purchased.

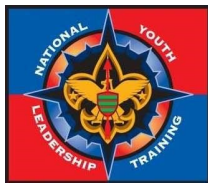
Accoutrements

Patrol Assignment—You will be assigned to a patrol on course. This will most likely be a different patrol than the one you are in at your Home Troop.

You will be issued a course notebook that you must have with you at all times. **THIS IS PART OF YOUR UNIFORM.**

A stave will be issued to you. This is a Scout walking stick only, and that is the only purpose it is to be used for. If for some reason you decide to use it for something else, it will be taken away from you and you will not get it back. Therefore, you will be out of uniform for the rest of the course, and what kind of example will you be setting to others in your patrol and to your course Scoutmaster?

You will be in your Class A uniforms for a good part of the course. It will always be worn for Opening Assemblies and for meals. You will be advised by your Troop Senior Patrol Leader or your Troop Guide when you may switch to your Activity Uniform (Class B). A good rule of thumb is to observe what the staff is wearing.



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WELCOME!

Dear Youth Leader;

Congratulations on your decision to attend the LHC Twin Arrow National Youth Leadership Training Conference. During the week you and other youth leaders from all over our council (and other councils) will be living, camping and working together as members of a patrol and a Troop. These pages provide you and your parents with important information that you will need to prepare for the course.

IMPORTANT!

Bring the following items with you to the Course:

- ☐ **BSA Personal Health and Medical form** - Bring a COPY (not the original) of your form to the course. DO NOT mail it to the Scout office. This BSA medical form must be signed by a physician and dated **no more than 12 months before the course**.
- ☐ A copy of BOTH SIDES of your **medical insurance card**.
- ☐ The “**Supplemental Medical Form**” that is part of this packet.

KEY COURSE INFORMATION

Location: Camp Twin Echo, 115 Twin Echo Drive, New Florence, PA 15944

Camp Phone: (724) 238-6939

Arrival: Sunday, **June 14, 2020** 12:00pm, Main Parking Lot, Camp Twin Echo

Departure: Saturday, **June 20, 2020** 9:00am, Main Parking Lot, Camp Twin Echo

PARENTS: YOU ARE THE SECRET TO YOUR SCOUT'S SUCCESS AT TWIN ARROW

Emergencies

First, **parents WILL be contacted in the event of an emergency**. If you do not hear from your Scout, you can rest safe in the knowledge that he or she is safely participating in the Twin Arrow program.

Visitors

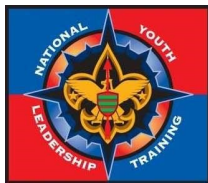
Please understand that there are no visitor nights, this is a leadership training course, not a summer camp and not a Scout Skills training experience.

Camping

NYLT should **not** be the first long-term camp experience for a youth. Participants are presumed to be experienced campers who will not need assistance with basic camping skills.

Electronics

We strongly recommend that you do **not** send cell phones, CD players, iPods, gaming devices, GPS devices, etc with your Scout to camp. They get lost, wet, dropped, or are a distraction. If cell phones or other electronics become a distraction to the Scout or others and interfere with full participation in the program, the devices will be held by the Course leaders and returned at departure. We believe that you did not send your son to sit at camp texting his friends or playing video games.



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In addition, Scouts with cell phones will tend to make the mistake of “phoning home” about things that need to be addressed by staff. For example, “My sleeping bag is wet.” Obviously, we can dry a wet bag **if we know about it**. It’s a little inefficient for a Scout to notify a parent who may be two hours away, that they have a wet sleeping bag or other problem, and then have the parents contact us, when we have staff immediately available to them at all times. **Please ask your Scout to notify his Troop Guide or other staff, who they will see many times every day, when there is a problem.**

Mail and Packages

Mail is a welcome event for the Scouts. The U.S. Postal Service still makes daily deliveries to Camp Twin Echo and parents are welcome to send letters or packages. Packages of cookies may be inspected by the Course Director and Advisor. (They prefer chocolate chip but Snicker Doodles are good, too!). Mail can be a happy thing for Scouts, however, as you may know, letters saying things like “We miss you” or “we can’t wait to see you” will make your Scout homesick. Saying things like “We look forward to seeing you Saturday” or “We’re proud of you for your accomplishment” are likely to be less stressful.

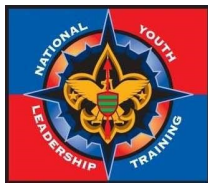
We’re excited about this conference! After seeing the list of youth leaders who will be attending this course, I know we’ll have a great week of fine Scouting. If you have any questions, feel free to call me at (724) 225-1016 or Charlie Huse, our Council Professional, at (412) 325-7950. We’re looking forward to meeting you at Camp Twin Echo in June. Remember, registration begins at Noon.

Very Sincerely,

A handwritten signature in black ink, appearing to read "Greg Tokar".

Greg Tokar

Twin Arrow NYLT Course Director



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Key Logistical Details

ARRIVAL:

Date: Sunday, **June 14, 2020**

Time: 12:00pm

Place: Main Parking Lot, Camp Twin Echo.

Arrival on time is crucial, the course activities begin at 1:00pm sharp.

REGISTRATION:

- Finalize any fees due
- Review Medical Forms
- Review Personal inventory
- Assignment to a Patrol

When your Scout has completed registration, he or she will be assigned to a patrol. This is when the Scout will tell the parents good-bye. The Scout will be escorted to the assigned patrol and the parents can depart.

DEPARTURE:

Date: Saturday, **June 20, 2020**

Time: 9:00am

Place: Main Parking Lot, Camp Twin Echo.

Parents, please do not come to the camp parade field or any camp sites until the troop is dismissed.