

Laurel Highlands Council  
NYLT 2025  
Course Menus

**Breakfast**

Ham & Cheese Casserole  
Sausage & Egg Casserole  
French Toast Sticks & Bacon  
Bagels, Cream Cheese & Jelly  
Assorted Cereals, Fruit, Donuts and Breads  
Milk and Juice

**Lunch**

Bologna Sandwiches  
Hot Dogs  
Turkey Wraps  
Ham & Cheese Sandwiches  
Hoagies  
Assorted Cheeses, Lettuce, Tomatoes and Condiments  
Assorted Chips, Fruits, Breads, Buns and Wraps  
Water, Lemonade, Fruit Drink

**Dinners**

Cheeseburgers with Baked Beans, Pudding, Chips  
Spaghetti & Meatballs  
Grilled Chicken with Rice Pilaf, Corn and Applesauce  
Beef Stew with Parsley Potato's, Green Beans and Fruit Cocktail  
Meatball Sandwiches, Chips and a Variety of Snacks **(Out Post Night)**  
BBQ Chicken, Mashed Potatoes, Corn, Green Beans, Salad, Fruit Medley, Cake

**Cracker Barrels**

Veggies and Dip  
Popcorn and Candy Bars **(Movie night)**  
Corn Chips, Nacho Cheese and Salsa  
Cookies  
Fruit Drink, Lemonade, Water, Milk, Juice

Menus items above contain eggs, dairy products, wheat and gluten, beef, pork and chicken.

Some menu items may contain nuts or have been processed on machines that also process foods with nuts. Every effort is made to minimize foods containing nuts or processed on machines that also process nuts.

Special Dietary offerings can be provided to meet the needs of our participants:

Gluten Free Items (Pasta, Breads, Cookies, Snacks)

Vegetarian items (Soy or Boca Burgers, Additional salads or vegetable offerings)

Nut (tree and otherwise) Free options

Lactose Free Milk and Food selections

Other dietary restrictions or choices as required.

Please indicate in the appropriate place on the application that you would like to be contacted regarding any special dietary needs.

Participants who have special dietary needs are welcomed to bring food to camp. Any food items **MUST BE** given to our QM staff at incoming registration so it can be properly stored and provided at meal times.