



BOY SCOUTS OF AMERICA®
LAUREL HIGHLANDS COUNCIL

CAMP



INDEPENDENCE



MISSION TO MESOZOIC

2023

CUB SCOUT LEADER & PARENT GUIDE

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The Heritage Experience

A message from the Director of Camping

Camp Leaders:

Thank you for choosing Heritage Reservation as your 2023 summer camp destination. The last few years have been challenging in so many ways for our Scouts, families, and entire society. Scouting, and especially Scout summer camp, are the perfect tool to help so many work on recovering from the past few year's challenges. At Scout camp you get to get up and get outside. At Scout camp you get to spend time with old friends and make new ones. At Scout camp you get to learn new things and challenge yourself with new activities you may have never had the opportunity to try before. Scouting makes lives better.

Summer camp is a team sport. Incredible summer camp experiences happen when unit leadership and the camp staff work together. We look forward to working hand in hand with you to make sure your Scouts have a great time at camp. Safety continues to be everyone's job this summer - you, me, the staff, and the Scouts.



Our directors and key leaders are busy planning the best program possible and working hard on how to keep everyone safe this summer while allowing for as close to a traditional camp experience as possible. Our goal is to exceed your unit's expectations.

This guidebook provides you with details about our programs, procedures and services. Please read the guidebook thoroughly to prepare your unit to make the most of your adventure at camp. I am excited and honored to once again serve as Reservation Director. My ultimate goal is to ensure every Scout and leader who comes through our gates have their very own "Heritage Experience." If you have any questions, concerns or comments feel free to contact me.

Thank you for choosing Heritage Reservation as your summer destination. See you at camp!

Mike Manner
(412) 325-7914
Director of Camping
mike.manner@scouting.org



Heritage Reservation's Culture of Inclusion

At Heritage Reservation, we believe it is important to reinforce our camp culture with everyone. At Heritage Reservation, we believe in a culture of inclusion and equity. We believe that everyone should feel safe, valued, and respected. We also expect everyone to act accordingly.

We believe in supporting a Scouting experience for everyone and are working hard to ensure we get it right. This will mean changes in who you see more of at our camps. What isn't changing is the great program or our standards for behavior at camp.

If you see or experience people who aren't supporting our culture of inclusion and equity, we expect you to be an upstander and say something. You can say something to the staff, another leader, or the person involved.

First impressions are critical, and we are relying on your continued leadership within your own unit to ensure ALL participants at Heritage Reservation feel welcome and have a positive experience.

If you see or hear something happening, we are asking you to share it with us so we can act upon it immediately.



Preparation Timeline

A schedule for proper unit planning

Right now:

- If you haven't already, submit your unit reservation and deposit to secure space.
- Inform all Scouts and their parents about your unit's summer plans. Packs who plan a camp session and say "this is when we are going to camp" tend to have more members attend.
- Make sure you will have the needed adults to meet the BSA's youth protection guidelines including having plenty of female adults for packs with female youth attendees.

February/March:

- Attend the leaders meeting on February 21st. Meeting details will be distributed in the future.
- Starting on February 15th, begin entering youth and adult camper names in the online registration system. Reservations without names after April 15th will be canceled.
- Turn in all Campership applications to your camping coordinator. Applications are due online no later than March 1st. The Campership application is at: <https://247scouting.com/forms/527-2023LHCCampership>
- Prepare payments for April 1st due date to lock in early bird rate.

April:

- Full payments for youth and adults are due April 1st to receive the early bird rate.
- Begin reminding Scouts and adults about required medical forms and, for adults, required PA background clearances and youth protection training.
- Non-Laurel Highlands Council units should ensure all forms are on file at your council's office. Please bring a copy of your council's accident/sickness description of coverage to camp. **This is different than the BSA liability insurance.** Please contact your council office for questions.

May:

- Send out final camp notices to parents.
- Ensure adults have completed the Youth Protection and PA Clearance requirements. All adults are required to provide hard copies of their unexpired PA Clearances, Youth Protection, and BSA Medical Forms upon arrival at camp. [See page 19](#) / [See page 25](#)
- Complete pre-camp swim checks to save time during the check-in process. [See page 15](#)
- Have committee members visit parents of Scouts not registered to encourage their attendance with your unit, with another unit or with a provisional unit.
- Ensure that all Scouts and leaders have their BSA Health and Medical record and Supplemental Medical Form with updated doctor's signature before arriving at camp. [See page 25](#)

June:

- Attend Beaver Service Weekend at Heritage Reservation June 2-4. To register, go to: <https://www.scoutingevent.com/527-2023HRBeaverWeekend>
- Complete online dietary needs form for all attendees with medical needs and special meals. <https://247scouting.com/forms/527-SpecialDietaryRequest23>

At Least Two Weeks Before Camp:

- Make last minute roster additions and advancement updates until one week before arrival at camp.
- Contact the Camping Department to remove unneeded spaces from your registration.
- Prepare unit equipment for camp.
- Prepare at least three copies of your final unit roster for camp and other leaders.
- If your pack conducted swim tests prior to your arrival at camp, please bring at least two copies of the completed form with you (one for your records and one for our Aquatics staff).
- Review transportation to ensure everyone has a ride to and from camp.
- Remind the Scouts of the behavior standards necessary for a Scouting trip.
- Be sure to have submitted any special dietary needs using the form on the website.
- **Plan to arrive on time. Gates open at 1:00 p.m. Please arrive no later than 1:30 p.m.**
- Collect all Scout & Leader Annual Health and Medical records and supplemental medical forms. You should send copies (NOT originals) to camp. Wristbands will not be issued until all paperwork has been checked and is in order.
- Ensure everyone will have their medications in their original containers with a label containing the Scout's name and unit number. [See page 25](#)
- Ensure rides will be at camp for pick up before 10:00 a.m. on the day of your departure.

Preparation Suggestions

Leadership:

- Two registered adult leaders that are age 21 or over are required for any Scouting activities. Any unit serving females must have an adult, age 21 or over, female attend camp and be present for any Scouting activities.
- In addition to meeting two-deep leadership requirements, units must maintain an adult to Scout ratio of **one adult to every four Scouts**. Although some packs require an adult with every Scout, this is not a requirement of the Boy Scouts of America as long as two-deep leadership and the one adult to four Scout ratio is met.
- Unit adults should be prepared to help the camp staff in various capacities throughout their week in camp. This may include helping on the range or being an extra set of eyes at the waterfront.
- All adults must have completed the Youth Protection.
- All adults staying overnight at camp must meet PA Background Clearance requirements and provide hard copies in order to remain on the reservation.
- Any adult staying for 72 hours or longer must be a registered member of the Boy Scouts of America.

Heritage Reservation Overview

Tall Oaks from Little Acorns Grow

Heritage Reservation, which opened in 1980, is home to three different types of camps on approximately 2,000 acres of beautiful woodlands in southwestern Pennsylvania.

During the summer months, Heritage Reservation's camps are put into use as resident camps, offering nationally renowned programs at Camp Independence (Cub Scouts and Webelos), Camp Liberty (Scouts BSA patrol cooking), and Camp Freedom (Scouts BSA Dining Hall). In addition, Heritage Reservation has a high-adventure program called Eagle Base providing daily adventures for older Scouts and Venturers camping in Camps Liberty and Freedom.

Heritage Reservation's centerpiece attraction is the 270-acre Lake Courage, which provides plenty of room for boating, fishing, sailing, water-skiing and swimming without interference from anyone who is not also a camper at the reservation. Located close to Nemaquin Woodlands Resort, Laurel Caverns, and Ohiopyle, Heritage Reservation is a centrally located camp, with plenty to keep any unit or group busy for a weekend or a week at summer camp.

Heritage Reservation also has a conference center and nine split-entry houses available for rent by Scout units and outside groups. Heritage Reservation's Valley Forge area includes several pavilion and campsite areas available for traditional unit camping year-round and is popular for units planning trips to Laurel Caverns to cave or to Ohiopyle to raft the Youghiogheny River.

Each of Heritage Reservation's camps is designed to be nearly self-sufficient, with their own office and facilities. To support these camps, Heritage Reservation has a central area that contains the administrative offices, ranger's shop and maintenance facility, Heinz Commissary, and the reservation Health Lodge.

Heritage Reservation can accommodate 1,200 campers plus staff at a time and is considered to be one of the finest Scout camp properties in the Boy Scouts of America.



Important Highlights for 2023



Heritage Reservation

- Everyone attending camp will receive a collectible 2023 camp souvenir.
- Construction is complete on three new shower houses, one in each Camp - Liberty, Freedom, and Camp Independence. These shower houses use a modern design with single occupant rooms each containing a shower, sink, and toilet.
- Work continues to expand internet accessibility across the reservation.

Camp Independence

- Sessions begin at 1:00 p.m. Friday and Conclude on the following Monday.
- 2023 theme is Dinosaurs!
- New orientation on arrival day!
- Age-specific advancement opportunities will be available.
- All sessions can accommodate families with multiple Scouts. Siblings are welcome to attend too!



Are you new to visiting with us?

Are you new to Heritage Reservation?

- Our reservation offers Scouts of all ages and backgrounds the chance to experience the outdoors with two Scouts, BSA camps, a Cub Scout camp, and a high adventure program.
- For your swimming experience, we have the beautiful 270-acre Lake Courage which is totally within the Heritage Reservation property.
- Hikers can enjoy more than 10 miles of trails around the reservation.
- A camp experience helps develop character, introduce new friends, teach valuable life skills, and helps Scouts discover new interests.
- We very much believe that camp should be about both advancement and fun.

Are you new to Camp Independence?

- Camp Independence utilizes a cafeteria style dining hall with table waiters [See page 24](#)
- For your swimming experience, we have beautiful Lake Courage.
- Camp provides family activities to help foster family relationships and create memories that last a lifetime.
- Campers are assigned to a campsite, and stay in platform wall tents with toilets and hot shower facilities nearby. Everyone sleeps on cots and each campsite has a pit latrine.
- Homesickness is rare because the program is packed with fun and exciting activities. If it does happen, the staff is trained and ready to give extra individual attention.

Camp Independence Camp Session Offerings

Rookie Camp

Rookie Camp is a one-night Camp Independence experience which is perfect for younger Scouts and others who have never been to summer camp before.

Participants will have the opportunity to tour Camp Independence, meet the camp staff, participate in a few favorite camp activities like BB shooting and archery, have a meal in the camp dining hall, and enjoy a classic Camp Independence campfire!

Pack Camp

Perfect for families with multiple Scouts, Pack Camp provides a program for all age groups in the pack at the same time. Age groups will be divided up to receive age-specific programs and activities while at camp.

All Pack Camp sessions include an option for Webelos and Arrow of Light Scouts to stay a day later (Monday) for extra Webelos specific programs such as a hike to one of Heritage Reservation's two Scouts BSA resident camps - Camp Liberty or Camp Freedom.



Camp Independence Program

While at Camp Independence

Daily Program Schedule*

Units in each campsite will follow a unique schedule rotating through program areas together. The schedule below shows a typical day. Variance between each day comes in your activities from 9:00 a.m. to 12:00 p.m., 2:00 p.m. to 5:00 p.m., and in your evening program.

Note: During Pack Camp sessions, so Scouts can receive an age-specific program, age groups will be split up during activity time. Packs should plan accordingly with their adults to ensure age groups are properly supervised.



Full Day	
7:00 a.m.	Reveille
7:45 a.m. - 8:00 a.m.	Flag raising
8:00 a.m. - 8:45 a.m.	Breakfast
9:00 a.m. - 12:00 p.m.	Program rotation
12:30 p.m. - 1:45 p.m.	Lunch/Siesta
1:15 p.m.	Adult meeting
2:00 p.m. - 5:00 p.m.	Program rotation
5:45 p.m. - 6:00 p.m.	Flag lowering
6:00 p.m. - 6:45 p.m.	Dinner
7:15 p.m. - 8:30 p.m.	Open Program
7:30 p.m. - 8:00 p.m.	Campfire (last day)
10:00 p.m.	Taps, Quiet time

Check-In Day	
1:00 p.m.	Check-in begins
3:30 p.m.	Orientation (Swim check, Med-check, Shooting Sports, Totems)
5:00 p.m. - 5:45 p.m.	Adult Meeting
5:45 p.m. - 6:00 p.m.	Flag Lowering
6:00 p.m. - 6:45 p.m.	Dinner
7:15 p.m. - 7:20 p.m.	Meet at Flags
7:30 p.m. - 8:00 p.m.	Campfire
10:00 p.m.	Taps
Check-Out Day	
7:00 a.m.	Reveille
7:15 a.m. - 7:30 a.m.	Flag raising
7:30 a.m. - 8:15 a.m.	Breakfast
8:15 a.m. - 10:00 a.m.	Check-out

*Group specific schedules will be distributed during check-in [See page 3](#) for a sample. Schedules subject to change.

Adult Meetings

In order to share important information and answer questions, there will be adult meetings scheduled during each session. Meetings take place in the camp Program Hall unless otherwise announced. On check-in day there will be an adult meeting at 5:00 p.m. At least one adult from each pack **must** attend these meetings.

Camp Independence Check-In/Out Process

With many Scouts and adults arriving and checking in at the same time, we need your help. We want to make this the easiest, fastest and most efficient check-in process you've ever experienced. Staff will be available in the parking lot and at various check-in points to assist wherever needed.

1. **Please arrive as a group no earlier than 1:00 p.m.**! Upon arrival at Heritage Reservation, your unit will be directed to your assigned campsite. If you arrive before 1:00 p.m. you will be asked to wait at the parking lot until 1:00 p.m. before beginning check-in.
2. Site guides will be available to help point you in the right direction and answer questions.
3. At 3:30 p.m. the camp orientation will start. **This is new for 2023.** At this time, you will receive the following information about your adventure ahead.
 - Swim Check / Aquatics Orientation
 - Shooting Sports Safety Orientation
 - Med-check / Dining Hall Orientation
 - Honor Necklaces
4. A unit leader responsible for all registration matters will be directed to the Program Hall to finalize registration. They should have a final roster, payment history, and a form of payment for any unpaid fees. Unit bills will be settled at this time. Guest meals are paid during the week.
5. Only one vehicle per unit will be allowed to go past the parking lot and into your campsite. Unit trailers are allowed in most sites and must be parked in designated areas.
6. Following orientation, the group will return to your campsite, review and inspect camp issued gear with your campsite host and complete setup.
7. See your daily schedule for dinner and evening program times.

Check-Out Day

Campsite Checkout

1. Reset the campsite to match the original layout. A Scout leaves a site as good or better than they found it.
2. Sweep the floors and wipe down walls in the campsite latrine. Scrub and clean urinal, toilet seats, and washbasin. Be sure to wear gloves and wash hands afterward.
3. Wash and rinse picnic tables.
4. Pick up all trash in and around your campsite (grass, latrine, fire rings, tents, under floorboards). Bag any trash and set it by the road for camp staff to pick up.
5. Depart camp **on time** so staff can prepare for the next session and get some needed time off.
 - Regular session check-out time: by 10:00 a.m.
 - Extra-Day check-out time: by 8:00 p.m.

Early Check-Out

It is very common at Camp Independence for campers to leave following the closing campfire. This is permitted, but anyone leaving early must check-out at the camp Program Hall so there is a record that they have left the property.

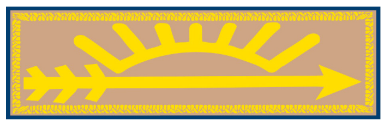
Advancement at Camp Independence

Summer camp is a great place to take care of those requirements that may be challenging to incorporate into a home den meeting. Scouts can take advantage of the equipment, environment, and trained staff to help meet their needs.

Advancement opportunities are built-in to the Camp Independence program schedule and are seamlessly integrated into the activities you will be doing in each area. Cub Scout parents and leaders will receive a record of the requirements listed below that are being met in each area, so that den specific advancement can be signed off when returning from camp. Not all adventure loops or pins listed will be completed in their entirety.

Area	Rank	Requirements
Aquatics	Tiger Wolf Bear Webelos/AOL	Floats and Boats Spirit of the Water Salmon Run/Bear Goes Fishing Aquanaut
Ecology	Tiger Wolf Bear Webelos/AOL	Tigers in the Wild Air of the Wolf Super Science Earth Rocks/Into the Woods
Shooting Sports	All	Archery Level 1 & 2, BB Level 1 & 2, Slingshot Level 1
Scoutcraft	Tiger Wolf Bear Webelos/AOL	Stories in Shapes Finding Your Way Bear Claws First Responder/ Outdoor Adventurer

This list is subject to change and not every Scout in every session will complete everything listed



Aquatics

The Aquatics area is designed to test a Scout's "Endurance and Courage" as they focus on activities surrounding Lake Courage and in Independence Cove. Please note that most activities require taking the National Boy Scouts of America swimming ability test. This test will classify you at a particular swimming ability level. Certain activities in this area require specific swimming ability levels .[See page 15.](#)

Cub Scout and Webelos Activities

- **Swimming:** learn some new water games or try to enhance your skills to increase your ability level.
- **Row Boating:** use one of our camp row boats to paddle around Lake Courage. Participants must be a Beginner or Swimmer.
- **Fishing Piers:** try to catch the big one from the shores of Independence Cove or from one of our many fishing piers. There is a camp competition for the largest fish caught throughout the week. Fishing equipment should be brought from home. Bait is available for purchase in the Trading Post.

Webelos/AOL Activities

- **Canoeing:** learn some basic canoeing strokes and paddle Lake Courage. Participants must be swimmers.
- **Kayaking:** learn the basics of kayaking on Lake Courage. Participants must be swimmers.
- **Polar Bear Swim:** join us for an early morning swim on your scheduled day and time.
- **Pirate Breakfast -** As part of Polar Bear Swim, splash down into Lake Courage as you swim to claim your breakfast and eat on the beach.

Basic Rules

- All waterfront activities will take place in authorized areas under the direct supervision of the Aquatics staff. Anyone violating this rule will be dismissed from camp immediately.
- The use of all watercraft is restricted to when staff has opened the beach and proper supervision is present. Life jackets are required for everyone in boats.
- If the waterfront is closed, no one is to walk on the beach or go through the perimeter.
- The Buddy System must always be used.

Fishing Guidelines and Policies

- Adult supervision is required.
- Fishing docks are across from the swimming area. There is a trail around Independence Cove to reach the docks there are also docks at Discovery.
- Fishing is not permitted in or near the swimming areas. Lines should not be cast toward the swimming area ropes or flotation devices. Fishing is not permitted from boats or from swimming and boating docks.
- No live bait, except worms may be used in Lake Courage.
- The Trading Post sells bait and fishing supplies.
- All fishing is catch and release.
- Mono-filament line should be disposed of in provided receptacles.
- Limited fishing equipment is available to sign out from the Aquatics area and must be returned after use.



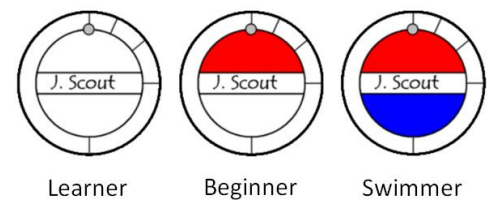
Pre-Camp Swim Classification

Units are encouraged to complete a swim classification prior to their arrival at camp. By participating, you will save valuable campsite setup time on check-in day. This will also make it easier to do individual unit aquatics activities before you come to camp.

- Units will need to organize an opportunity to visit a local pool. A certified BSA Lifeguard, Red Cross Lifeguard, or equivalent must administer the classification and certify the results.
- If your unit is offering a unit swim night and have the ability to support more than just your unit, please contact the LHC Camping Department so we can share this opportunity with other units.
- Forms and procedures for unit run swim classifications are available online at <http://www.lhcscouting.org/camping>. A copy of the completed, certified form must be turned in at the Aquatics area during check-in to receive camper buddy tags.
- Camp Aquatics Directors reserve the right to ask any camper to redo their swim classification if they are given any reason that the individual may have been misclassified. Swim classifications are to ensure swimmer safety.

Qualification Levels

- **SWIMMER:** allows Scouts to swim in all swim areas and boat in open areas of the lake using rowboats, canoes, and kayaks.
- **BEGINNER:** allows boating in rowboats and swimming in the beginner area.
- **LEARNER:** permits wading and boating only with qualified accompaniment.

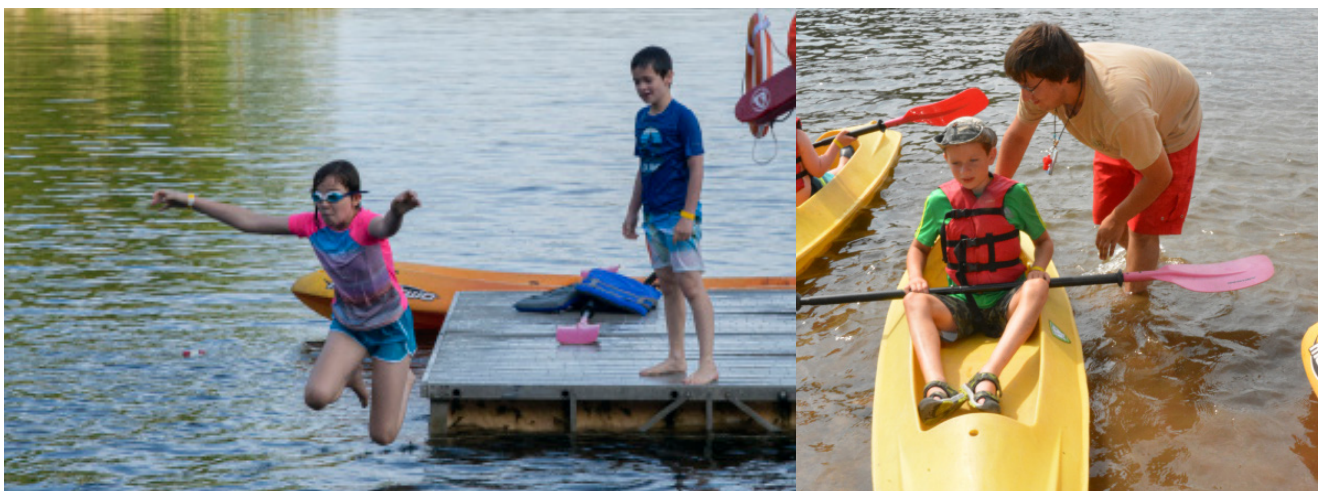


Swimmer Classification

Jump feet first into water over the head in depth, level off, and begin swimming. Swim 75 yards in a strong manner using one or more of the following strokes: sidestroke, breaststroke, trudgen or crawl (no dog-paddle); then swim 25 yards using an easy, resting elementary backstroke. The 100 yards must be completed in one swim without stops and include at least one sharp turn. After completing the swim, rest by floating.

Beginners Classification

Jump feet first into water over the head in depth, level off, swim 25 feet on the surface, stop, turn sharply, resume swimming as before and return to starting place.



Outdoor Adventure

The Outdoor Adventure area is designed to test a Scout's "Bravery and Adventurousness." Outdoor Adventure is all about the fun things to do outdoors.

Cub Scout and Webelos Activities

- **Bouldering:** practice the art of Bouldering on our bouldering wall before you test your skills on our bouldering course.
- **Sports:** time is scheduled to enjoy a variety of sports such as soccer, basketball, volleyball, and all Scout's favorite, gaga ball.
- **Handicraft:** stamp, hammer, and craft your honor necklace totem that you'll use to keep track of all of your adventures at camp.



Webelos/AOL Activities

- **Climbing:** the Climbing area is designed to safely introduce Scouts to a new adventure while working on teamwork and physical challenges. Scouts can harness up and don a helmet to scale the climbing wall. Several different routes are available and tailored to individual skill levels.
- **BMX Course:** race around our BMX track and compete against your friends as you pass through hairpin turns and traverse obstacles. Bikes, helmets, and pads are provided.

Shooting Sports



The Camp Independence Shooting Sports program is designed to test a Scout's "Skill and Marksmanship." Scouts will be introduced to the basics of proper shooting. Teaching safety is the top priority of the shooting sports area staff. Adults will be asked to assist under the direction of the staff. All equipment and ammunition are provided. Please do not bring shooting sports equipment from home.

All shooting sports staff are trained by the Heritage Reservation Shooting Sports Director and hold the required certifications to operate their range according to BSA safety policies.

Cub Scout and Webelos Activities

- **Archery:** safely use archery equipment and shoot at stationary targets while earning the Level 1 den appropriate Cub Scout Shooting Sports Award patch and pin.
- **Sling Shot Range:** use camp sling shots to shoot provided ammunition at targets while earning the Level 1 den appropriate Cub Scout Shooting Sports Award patch and pin.
- **Rock Throwing:** the ONLY place you can put your rock throwing skills to the test.
- **BB Gun:** test their marksmanship skills and learn safe shooting while earning the Level 1 and 2 den appropriate Cub Scout Shooting Sports Award patch and pin.
- **Instructional Archery:** signup for this during open program to earn your Level 2 archery requirements for the Cub Scout Shooting Sports Award.

Webelos/AOL Activities - Held in the Webelos Discovery Area

- **Pellet Rifle Shooting:** test your aim at one of our spinning targets in our interactive shooting gallery.
- **Action Archery:** adventure through the forest and take your aim at challenging and fun targets on our new range.



Ecology

Our Nature-Engineering-Science-Technology area is designed to test a Scout's "Knowledge and Honor" as they participate in adventures in the outdoors.

Cub Scout and Webelos Activities

- Nature: introduce yourself to the natural world of Camp Independence on our exciting nature hike and in our outdoor laboratory and nature center. Explore the diverse Eco-system that surrounds you at camp as you learn about the local wildlife and forest.
- Underground Mine: grab a helmet and learn about geology and the history of our earth.
- Outdoor Ethics: learn about Leave No Trace and what you can do to keep our camp, as well as your own neighborhood healthy.
- Biggest Bug Contest: find a giant, creepy, crawly somewhere in camp? Catch it in a cup and drop it off at the Program Hall. The Scout who finds the biggest bug will be recognized at the closing campfire.



Scoutcraft

The Scoutcraft area encompasses introductory Scout skills and opportunities for handicraft projects. Scouts will also have the chance to participate in activities that build character and citizenship, as well as learn basic first aid skills.

Cub Scout and Webelos Activities

- Scout Skills: learn how to tie knots, build fires, and cook a meal in the outdoors.
- Citizenship: work together to learn what it takes to be a good citizen in your community, as well as flag care and etiquette.
- Handicraft: show your creativity as you make something to take home with you.



Other Activities

Enjoy these self-guided adventures with your fellow Cub Scouts:

Frisbee golf	USS Constitution
UPMC fitness trail	Hillbilly golf
Sports - gaga ball, soccer, volleyball, basketball	Map and Compass course
Fishing	Campsite free time
Hike on the Courage Trail	

Special Webelos 4-Day Session Programs

The following programs are available only to Webelos and Arrow of Light Scouts who attend the extra day of Pack Camp.

- **Discovery Open Program:** an extra opportunity to participate in the areas in the Webelos Discovery Area including climbing, pellet guns, and action archery. Swimming and boating will also be available at Aquatics.
- **Scouts BSA Camp Hike:** sign up to take an morning hike around Lake Courage to visit one of Heritage Reservation's Scouts BSA camps - Camp Liberty or Camp Freedom. When you arrive, the staff there will show you around so you can see what awaits when you cross over to a Scouts BSA troop

Campwide Programs

Camp Games, Check-In Day, Parade Field - All Sessions

Kick off your program before dinner on check-in day with a variety of activities based on the Camp Independence theme. Work as part of a team and do your best to accomplish tasks together in your den or pack and with other packs.

Opening Campfire, Council Circle - All Sessions

After dinner on check-in day, join us for an exciting welcome to camp and meet the staff! Celebrate your arrival at Camp Independence with skits, songs, and cheerful interaction with your fellow Cub Scouts.

Open Program - All Sessions

So many choices and so much fun! You are free to roam and choose from archery, BB guns, slingshots, rock throwing, BMX biking (Webelos), Climbing (Webelos), swimming, boating, and fishing. Not all programs will be available at all times. Specific open programs will be announced during camp.

Closing Campfire, 8:00p.m., Campfire Circle - All Sessions

After dinner, join us in a celebration at the closing campfire. Share your favorite skit, song, or cheer with everyone at camp!

Flag Ceremonies - 7:45 a.m. and 5:45 p.m. daily - All Sessions

Each day, we will have flag raising and lowering ceremonies. For the flag lowering and evening meal, please wear your complete Scout uniform. Scouts may assist with raising and lowering the 13 colony flags on a first come, first served basis. Webelos and Arrow of Light Scouts may sign up in the Program Hall to raise or lower the American, Camp Independence, or Laurel Highlands Council flag.

Honor Necklaces - Scoutcraft - All Sessions

On the first day in camp, each Scout will make their own honor necklace. The rounder, beads, claws, and special totems will help to mark your achievements throughout the week.

Trail of the Willamaween

After the closing campfire, Arrow of Light Scouts will gather to participate in this meaningful hike and ceremony.

The Role of the Adult at Camp Independence

The success of all our Cub Scout campers depends a lot on your help and support as you guide them through the camp experience. Here are some helpful things to assist you in getting the most out of your time here at camp. The terms “adult” and “unit leader” are used interchangeably within this guide. Just because an adult is not registered in an official unit leadership position, it does not mean they are exempt from any unit leader requirements or expectations.

Help Us Help You

We understand that your own unit’s interests are the number one priority, but we welcome your assistance to make Heritage Reservation even better. We ask that you help contribute to the camp with any special skills that you have. Help is always appreciated within program areas, advancement instruction, guarding on the waterfront, and for service projects. We encourage you and the other adults with your group not to sit back. Get involved with your Scout. Communicate any questions or issues to us in a timely manner so we can help resolve them.

Adult Meetings

Not just for leaders anymore - at least one leader, parent, or adult from each unit is required to attend our informational meetings held at the Program Hall. You will learn more about what is going on at camp and have an opportunity to ask questions that will enhance your experience during the week.

Youth Protection

- All adults attending camp must complete BSA Youth Protection training in advance.
- Two-deep leadership requirements must always be met. This means at least two adults need to attend camp with the pack/den and must be 21 years of age and be a registered leader with the BSA.
- Units attending Camp Independence that serve female Cub Scouts must provide a 21years of age or older female leader for female attendees.
- **A 4:1 ratio of Cub Scouts to adults in camp must always be maintained.**

PA Background Check and Clearances

All adult Pennsylvania residents who will be staying at camp, whether registered with the BSA or not, will have to complete and submit required PA background clearances. This helps ensure that camp is in compliance with Pennsylvania state law and helps ensure the highest level of protection for youth participants. Parents simply dropping off or picking up their children or visiting do not need clearances. Volunteers from outside of Pennsylvania are exempt, provided they do not work with youth in Pennsylvania more than 30 days in the calendar year and meet background check requirements of their state of residence. For more information and required forms, see the Summer Camp Resources page at www.lhscouting.org/camping/summer.



The Role of the Den Chief

Den Chiefs play an important role in camp. Not only do they help the adults keep Scouts on task, but they are role models to the younger Scouts. They tell stories of Scouting's trail that await them. Use these guidelines to orient your Den Chief's role to their role in camp:

- Help the program for the Cub Scouts run smoothly
- You are an example and role model, not a Cub Scout. Explain/Demonstrate/Guide/Enable Scout skills
- Safety: help Scouts learn the rules of camp
- Help build camp spirit and positive teamwork, cooperate with adults and staff

Youth Protection

- Help keep Scouts together, always emphasize the buddy system
- Observe and help your unit keep proper shower procedures
- Never scream at, shout at, or hit any Scout
- Be a friend, be supportive, but avoid wrestling or horseplay
- Communicate with adults about any problems or homesickness
- Don't scare Cub Scouts with pranks or stories

Issues for Den Chiefs to Watch Out For

- No knives for Cub Scouts without adult supervision and a Whittlin' Chip
- No fires, matches, or food of any kind in tents
- Work with adults and unit to adhere to camp schedule
- Help Scouts understand how to behave at campwide events and at the campsite
- Help Scouts understand when to quiet down and go to bed

Role of the Den Chief at Program Areas

Shooting Sports

- Do not expect to shoot
- Help Scouts or parents who need help
- Show example by listening to the staff

Aquatics

- Be prepared to assist staff as additional guards (you know your Scouts)
- Do not engage in horseplay
- Help to organize Scouts at check-in area

Program Areas

- Show interest and excitement...it's contagious!
- Let the Scouts do it, but be prepared to help any Scout having problems
- Be prepared to assist the staff in organizing these activities
- Have fun, but be safe

Service Projects

- Encourage the unit to participate
- Help lead and organize

Climbing / BMX

- Assist with harnesses and helmets

Packactivities

- Help teach the Scouts the rules of each game or activity
- Ensure everyone is participating fairly
- Show good sportsmanship

Dining Hall

- Help encourage proper behavior
- Show good manners
- Be positive about the food

Campsites

- Demonstrate fire safety
- Set a good example by encouraging Scouts to keep the campsite clean



Little Acorn Outfitters - Trading Post

In addition to our online store, the Trading Post is provided as a service to campers. The store is stocked with a supply of literature, fishing gear, camping gear, clothing, patches, collectibles, souvenirs, snacks, candy, pop, ice cream and various personal items. The average camper spends \$100 in the Trading Post during their time in camp.

Although our camp food service is peanut/tree nut free, our Trading Posts do carry individually wrapped food products that may contain peanuts or tree nuts.



Campsites

Heritage Reservation is home to campsites on ridges and along lake shores. Most, but not all, campsites are accessible by vehicle and marked spaces are available to park unit trailers.

Reserving Campsites and Campsite Equipment

Campsites are selected when a unit makes its initial summer camp registration. Camp Independence has eight campsites. Units select their preference for campsite area (For a map of Camp Independence [See page 42](#)) :

- Upper Sites - Hancock and Jones
- Central Sites - Hamilton, Henry, and Attucks
- Lower Sites - Revere, Franklin, and Gannett

Prior to arrival, camp leadership reviews unit preferences and attendance counts. They will make final campsite assignments and communicate to unit leadership where the group will be staying. Several units may share the same campsite.

Campers stay in camp-provided nylon wall tents with built in bug screens on wooden platform outriggers, with wooden floorboards to keep campers off the ground. Two canvas cots are provided in each tent. Campers are permitted to bring their own tents or hammocks if they wish. There is ample space round each campsite for campers to set up their own tents following Leave No Trace guidelines. There are lots of trees to hang hammocks; however, no nails or hooks should be stuck in trees and hammocks should not be stacked with one above another at any time for safety reasons.

All campsites are set with several dining flies and each campsite has a latrine. Showers and other restroom facilities are a short walk away. Each campsite has a water source with potable water (safe for drinking and tested weekly) and a fire ring for campfires. Please do not create additional fire rings.

It is the responsibility of unit leadership to ensure BSA youth protection guidelines regarding tenting are always followed. Youth are not permitted to share a tent if they are more than two years apart in age. Youth and adults may not share a tent unless they are parent and child. Male and female youth may not share a tent. Male and female adults must sleep separately unless they are married to each other.

Shower and Restroom Facilities

Several shower facilities exist for Cub Scouts and adults. At no time, under any circumstances, are adults permitted to enter the youth facilities, or youth allowed to enter the adult facilities. Doing so constitutes a major violation of the BSA Youth Protection policies and may result in removal from camp.

- Program Hall Shower Facility - individual shower rooms are available first-come, first-served for anyone youth or adult, male or female. These showers may serve as family showers.
- Revere Shower Facility - youth male showers
- Pathfinder Lodge - Adult male and female showers are available by entering the building. Please be respectful of Heritage staff members living in Pathfinder Lodge.
- Youth male and female showers are available by following the trail around the building and entering Pathfinder Lodge from the outside.
- Each campsite has a latrine. Units are responsible for keeping it clean. Cleaning materials are available through the camp commissioner staff.

Gear Lists

What NOT to Bring to Camp			
Fireworks	Valuables	Excessive jewelry	Boats
Shooting equipment, including bows, firearms, or ammunition	Un-Scoutlike clothing	Aerosol Cans	Knives with blades over 3.5"
Alcohol	Pornography	Laser pointers	Golf carts/UTVs
Electronics	Tobacco/Vapes	Firewood	Excess uniform pieces: pins, awards, or other pieces that could be easily lost.
Bicycles	Drugs of any kind	Pets	

Gear Each Individual Should Bring			
Camp shoes	Hat	Medication***	Sunglasses
Hiking shoes	Rain Gear	Hygiene items	Flashlight
Water shoes (closed toe)	Swimsuit**	Sunscreen	Compass
Scout appropriate t-shirts	Scout uniform	Insect repellent	Pocket knife
Underwear	Scout handbook	Personal first aid kit	Water bottle
Socks	Watch	Sleeping bag	Fishing Gear
Long pants	Notebook	Pillow	Camera
Long-sleeve shirts	Pencils/pens	Extra blanket	
Shorts	Towels	Day pack	
Sweatshirt or Jacket	Washcloth	Spending money	

**Appropriate attire is required for all activities. Swimsuits should be comfortable, functional, and appropriate for the specific activity while reducing the chance of accidental exposure.

*** [See page 29](#) for further information on medications

Gear Units Should Bring			
Lantern	Pack & Den flags	Unit first aid kit	Extra tarps & tents
Woods tools	Dutch ovens	Unit kitchen/patrol box	Extra sleeping bags
Medication lock box	Coolers	Extra blankets	

Gear Provided by Heritage Reservation - Camp Independence	
Canvas tents with floor boards	Cots
Dining flies	Picnic tables
Flagpole	Latrine
Shower facilities	Garbage bags
Running water	Handcart per campsite
Additional equipment may be available through the camp Quartermaster depending on availability	

Camp Independence - Dining Hall

The Dining Hall at Camp Independence provides campers with excellent food service. During check-in, the Dining Hall Manager will review all procedures with your unit, helping to ensure an enjoyable dining experience. Heritage Reservation has a contracted food service management company to coordinate meal preparation and service. **Please do not wear swim wear to the dining hall for meals.**

All meals provided through the camp food service will be peanut/nut free.

Menu

Once available, the menu will be posted online at www.lhscouting.org/camping/summer. Menus are prepared and approved by a licensed dietitian to ensure they are nutritious, have plenty of variety, and meet the caloric needs of active campers.

Heritage Reservation participates in the Penn State ReVamp Camp Program to help model healthy eating habits for campers. A few points related to our camp menus:

- All meals provided through the camp food service are peanut/tree-nut free.
- A salad bar will be available at all lunches and dinners.
- Sunbutter and jelly sandwiches are available at all meals as an alternative.
- Cereal, oatmeal, and yogurt are available at all breakfasts.
- Fruit is available at all meals.
- Only water will be served with lunch. This helps reduce calories from sugary drinks and has been proven to reduce instances of dehydration throughout camp.



Cafeteria Style Dining

Campers at Camp Independence will eat meals “cafeteria style” in the Dining Halls. Scouts and leaders will progress through a cafeteria line and be served food and drink by our food service staff. This allows adults to ask for a bit more and Scouts to choose what goes on their tray.

Table Waiters

- Waiters should rotate throughout your session. Waiter duty should not be assigned to just new Scouts. Older, more experienced Scouts are needed to train first time campers on the waiter system. One adult per table should assist Scouts during waiter duty.
- When two packs have odd numbers and cannot fill a table, another pack in the same situation will be placed together at the same table. It will be the responsibility of the units to set-up a fair waiter system. A Scout is friendly.
- Waiters must report to the Dining Hall 20 minutes prior to each meal. **It is important to be prompt.** The Dining Hall Manager gives all waiters instructions on their responsibilities at each meal. Waiters help get their table ready for the meal.
- Waiters also clean-up after the meal and will be dismissed from the Dining Hall by the Dining Hall Manager upon completion.

Dietary, Religious and Special Food Requests

The camps at Heritage Reservation do their best to accommodate for dietary, religious, or special food needs and can store any special foods brought to camp on a limited basis. Storage is available in our Dining Hall refrigeration. Please do not bring peanut/tree-nut based products into the Dining Hall. Items must be clearly labeled with the individual’s name and unit.

Individuals requesting special dietary accommodations should carefully review the camp menu once posted online. **Any special needs must be reported two weeks prior to arriving at camp using our online Special Diet Request form found at <http://www.lhscouting.org/camping>.** Accommodations can only be made for special dietary situations of which we are aware prior to arrival.

Adults must be aware of camper special dietary needs and ensure that requested meals are picked up from the camp food service. Each year requested meals get thrown away because no one comes to get them. A Scout is Thrifty!

Camp Health Services



Health Officers provide emergency care 24 hours a day, and coordinate with local EMS personnel if the situation warrants. They also evaluate and treat in-camp illness and injuries, referring patients to Uniontown Hospital or other non-emergency facilities as necessary.

With a limited number of medics on staff and a large reservation to cover, basic “Scout rendered” first aid should be handled by unit leadership in the campsite. The majority of camp staff is trained in CPR and basic first aid and can help provide basic care through the camp Program Hall.

Medical Screening in Camp

Upon arrival at camp, each camper must undergo a face-to-face medical screening with a Health Officer or trained designee to receive a wristband. This screening will occur as part of the check-in process. For campers arriving later in the week, they must submit their medical forms at the Program Hall upon arriving on property.

Along with reviewing camper medical forms, all campers will be asked the screening questions below to help prevent the potential spread of communicable diseases such as Norovirus, Flu, Coronavirus, or Chickenpox in camp:

- Has the camper traveled outside of the country in the past 21 days?
- Has the camper been around anyone with the Flu, Coronavirus, or Chickenpox?
- In the past week, has the camper or anyone in their immediate family had a fever over 100°F (37.7°C)?
- In the past week, did the camper or anyone in their immediate family have a sore throat or cough with fever?
- Did the camper or anyone in their immediate family have nausea, vomiting, or diarrhea in the past 3 days?

If any camper answers yes to any of these questions, the following will happen:

- **Initial Temp:** An initial temperature will be taken. If the individual has a temperature over 100.0°F, the individual will be isolated from others in a cool, shaded area, and evaluated hourly for four hours.
- **Second Temp:** If the individual continues to have a temperature over 100.0°F when evaluated hourly over four hours, the individual will be isolated and sent home.

Annual Health and Medical Record

All campers, youth and adult, are required to provide a copy of the current BSA Annual Health and Medical Record (#680-001) during check-in. Campers at Camp Independence require parts A, B of the Medical Form. In addition to Parts A and B, participants attending the 4-Night Pack Camps must have Part C. Parts A and B should be reviewed and updated annually. Part C, a doctor’s physical, must be no more than one year old and valid throughout the entire camp session. BSA medical forms are good for one year, through the end of the month in which they are dated. As an example, a form dated June 2, 2021 is valid until June 30, 2022.

- **All Youth and Adults - BSA Medical Form Parts A&B (Part C is required for the 4-Night)**
- **Adults Spending the Night (Attached to medical form)**
 - Current BSA Youth Protection Training Certificate
 - Pennsylvania State Police (PATCH) Criminal Background Check
 - Pennsylvania State Child Abuse Clearance
 - Either: PA Resident Volunteer Verification Form (if you have lived in PA for 10 consecutive years or longer) OR FBI Fingerprint Based Criminal History Check (if you have lived outside of PA within the last 10 years).
 - For more information on PA required background clearances go to <https://lhscouting.org/resources/youth-protection/>.

Medical forms will be securely stored in the camp Program Hall. **Medical forms not picked up at session’s end will be destroyed.**

To help the camp staff, unit leadership should collect and review medical forms for completeness prior to arriving at camp. Forms should be accompanied by a unit roster and kept in alphabetical order.

Supplemental Medical Form

In addition to the BSA medical form, each camper must also present an LHC Supplemental Medical Screening form at check-in. This form helps us meet several National BSA standards, and comply with certain federal and state laws. A new supplemental form must be completed each summer.

CPAP Machines

Heritage Reservation strives to provide accommodations to our campers that require use of a doctor prescribed CPAP machine. Please plan to provide a rechargeable power source for your machine. Access to electricity in campsites is limited and you may be relocated.

Daily Sick Call (Camp Independence - 11:00 a.m.)

A Health Officer will visit each camp daily for the purpose of Sick Call. Sick Call is the best time for a non-urgent ill camper to be evaluated by a Health Officer. Sick Call occurs in the Program Halls.

Accommodations for Scouts with Limited Mobility

Heritage Reservation is proud to offer a camp golf cart that is available for use to assist Scouts with mobility issues. It must be driven by a licensed adult over the age of 21. This golf cart is reserved on a first-come, first-served basis by contacting our LHC Camping Department at (412) 325-7921. Drivers will be required to complete a waiver form outlining rules for using the golf cart.

Outside golf carts or UTVs should not be brought to camp without prior authorization of the LHC Camping Department. If approved, drivers will have to present proof of completion of ROHVA DriverCourse training, complete a waiver outlining usage rules, and will be required to provide a certificate of liability insurance. Specific insurance requirements will be provided by the LHC Camping Department.

Prescription Medication

Due to the number of campers at Heritage Reservation, unit leaders are responsible for distributing and maintaining security of unit prescription medication. Plan for this by bringing a locking storage box to securely store unit medications. Storage for medication needing refrigeration is available in the camp Program Hall.

To meet BSA requirements, unit leadership must maintain a log of any medication distributed. This log must be turned in to the camp Program Hall at the end of the week.

Medical Emergencies

If a medical emergency occurs in camp, the easiest way to obtain immediate assistance is to notify a camp staff member. He or she will notify a Reservation Health Officer, who will respond to the scene. The Health Officer will summon emergency medical services if necessary. Units should not contact emergency medical services directly.

Immunizations

For the most current BSA policy regarding program participant vaccination and vaccination exemptions please see the Immunization section at <https://www.scouting.org/health-and-safety/gss/gss05/>.

Uniontown Hospital and MedExpress

Patients that require diagnostic services and treatment beyond the scope of Heritage Reservation Health Services will be referred to the Uniontown Hospital or MedExpress by the Reservation Health Officer. Patients whose condition warrants will be sent by ambulance. However, for most patients, transport by automobile is appropriate.

- Uniontown Hospital, 500 W. Berkley St., Uniontown, PA 15401, Phone 724-430-5000
- Uniontown MedExpress, 289 McClellandtown Rd. Uniontown, PA 15401, Phone 724-439-3627

Insurance for Camp

Insurance (Laurel Highlands Council Units)

All Laurel Highlands Council units are covered under the Council Accident and Sickness policy with Health Special Risk, Inc. (HSR). The insurance covers all registered members of your unit. If your unit premium was submitted to the council office during your re-chartering process, you do not need to bring proof of unit insurance to camp.

Insurance (Out of Council Units)

Non-LHC units must bring to camp a copy of their home council's HSR accident and sickness insurance description of coverage and claim form. **This proof of accident and sickness coverage NOT liability coverage.** Please reach out to your home council to request this description of coverage.

Coverage (Laurel Highlands Council)

The HSR (Health Special Risk) Accident and Sickness insurance is a supplemental insurance. Initial claims must be made on the family's medical insurance. Any charges that are not covered initially by the family's medical insurance, including copays, can be submitted to HSR using the proper claim form with invoices showing balances due. For families without their own medical insurance, HSR will step in as primary insurance coverage.

Camp-Wide Emergencies

In the event of a camp-wide emergency such as a missing camper or lost swimmer, the camp siren may sound, at which time, all adults and Scouts are instructed to report to:

Independence: The Dining Hall - account for everyone, check-in with a staff member, and wait to receive further information/instructions.

In the event of severe weather, camp staff will constantly monitor weather reports and share information as needed. Should weather move in quickly, seek shelter in a building or pavilion immediately as you see fit.

Anyone who becomes aware of an emergency situation or danger should notify the nearest staff member who will contact the appropriate camp leadership.

Any information in regard to an unauthorized visitor, dangerous animal, or bomb threat should be reported to a staff member immediately.

In the event of an emergency, it is important that we can account for everyone. Please follow all staff directions. Please do not simply get in your car and leave.

Medical Emergencies

If a medical emergency occurs in camp, the easiest way to obtain immediate assistance is to notify a camp staff member. He or she will notify a Reservation Health Officer, who will respond to the scene. The Health Officer will summon emergency medical services if necessary. **Do not contact emergency medical services directly.**



Preventing Harassment & Bullying in Camp

Summer camp is a place for all Scouts, Scouters, Visitors, and Staff to experience a fun and rewarding outdoor program. Maintaining a safe environment is everyone's job. All Scouts, Scouters, and Staff are expected to follow the Scout Oath and Law at all times in camp, especially when it comes to being Friendly, Courteous, and Kind. Any type of harassment or bullying directly goes against the values of the Scout Oath and Law.

Harassment and bullying based on race, color, religion, sex (including sexual orientation and gender identity), national origin, age, disability, or any other factor will not be tolerated and are grounds for immediate dismissal from camp without a refund.

Everyone in camp is expected to be an up-stander and to speak up and report any harassment or bullying occurring. Adults in camp are responsible for addressing and stopping any unScoutlike behavior whether the individual(s) is/are from their unit or not. Adults are also expected to provide adequate adult supervision for their Scouts at all times.



Youth Protection in Camp

These policies have been adopted to provide security for Boy Scouts of America youth at Heritage Reservation. In addition, they serve to protect the adult leadership from situations where they may be vulnerable to allegations of abuse. These policies represent the long-standing commitment that the Boy Scouts of America use in ensuring the protection of youth.

All adults camping at Heritage Reservation are required to have successfully completed BSA Youth Protection training and have obtained the required PA Background checks and clearances. For more information, see the LHC Camp Background Clearance Policy found at <http://www.lhcscouting.org/camping>.

Two-Deep Leadership

All units must meet BSA two-deep leadership requirements at all times. This means that at least two registered adults, 21 years of age or older, must attend at all times. All units serving youth females must have a registered adult female, 21 years of age or older, in attendance at all times. All adults staying at camp 72-hours or longer (needs not be consecutive) must be registered members of the Boy Scouts of America. In addition, units must maintain a four to one Cub Scout to adult ratio.

No One-on-One Contact

One-on-one contact between adults and youth members is not permitted. In situations that require personal conferences, the meeting is to be conducted in view of other adults and Scouts. This rule also applies to adult-to-staff member contact.

Respect of Privacy

Adult leaders must respect the privacy of youth members in situations such as changing into swimming suits or taking showers and intrude only to the extent that health and safety requires. Similarly, adults also need to protect their own privacy in such situations. Because showers can be a space where bullying and horseplay seem to happen frequently, units should plan to have two adults accompany groups of Scouts to the shower house and remain outside. Simply the presence of nearby adults has proven to cut down bullying and horseplay incidents dramatically.

Separate Accommodations

When camping, no youth is permitted to sleep in the tent of an adult, other than their own parent or guardian. Males must sleep with males; females must sleep with females. The only mixed-gender accommodations allowed are among adults married to each other. No youth member may share a tent with another youth where the age difference is greater than 2 years.

No Secret Organizations

There are no "secret" organizations recognized by the Boy Scouts of America. All aspects of the Scouting program are open to observation by parents and leaders.

Appropriate Attire

Proper clothing for activities is required; i.e., skinny-dipping is not appropriate in Scouting. Clothing should be neat, clean, and functional for participation in an outdoor, physically active program, in varying weather. Shirts and closed-toed shoes are required at all times outside the Aquatics area. Swimsuits should be comfortable, functional, and appropriate for the specific activity while reducing the chance of accidental exposure.

Constructive Discipline

Discipline used in Scouting should be constructive and reflect Scouting's values. Corporal punishments are never permitted.

Hazing Prohibited

Hazing and initiations are prohibited and may not be included as part of any Scouting activity.

Junior Leadership Training and Supervision

Adult leaders must monitor and guide the leadership techniques used by junior leaders and see that Boy Scouts of America policies are followed.

Mandatory Reporting of Child Abuse

All persons involved in Scouting shall report to local authorities any good-faith suspicion or belief that any child is or has been physically or sexually abused, physically or emotionally neglected, exposed to any form of violence or threat, exposed to any form of sexual exploitation, including the possession, manufacture, or distribution of child pornography, online solicitation, enticement, or showing of obscene material. You may not abdicate this reporting responsibility to any other person.

Steps to Reporting Suspected Child Abuse at Camp

1. Ensure the child is in a safe environment.
2. Notify camp leadership who will call for emergency medical services or law enforcement if needed and provide guidance on required reporting through the PA Childline and the BSA's Scouts First Helpline
 - a. PA Childline - 1-800-932-0313
 - b. BSA Scouts First Helpline - 1-844-SCOUTS1

If you think any of the BSA's Youth Protection policies have been violated, including those described within Scouting's Barriers to Abuse, you must notify camp leadership who will provide guidance on further reporting steps.



Behavior and Unit Expectations

One of the most important aspects of Scout camp is the camp community. Scouts and Scouters in camp get to live and interact with others who all share the values of the Scout Oath and Law. As such, the Scout Oath and Law are our guiding and shared values in camp.

Summer Camp is an extension of the unit's year-round program. **Unit member behavior in camp is the responsibility of unit leadership.** Just because there is a camp staff and units are paying to come to camp, that does not mean that unit leadership is not still responsible for their unit.

Behavior not in line with the Scout Oath and Law, such as harassing or bullying language or actions, fighting, stealing, intentional vandalism, or threats, will be reported as needed and individuals will be dismissed from camp without refund.

While in camp, units are expected to actively work to make camp life better for everyone. This includes helping with service projects and volunteering to help take care of a common area of camp.

The summer camp staff exists to assist unit leadership in meeting their goals for their unit. The unit leader/camp staff relationship is a partnership and both groups need to mutually work together and support each other to deliver the best possible program for ALL campers in attendance. Unit leadership can help the camp staff by serving as additional hands in program areas, providing additional supervision during activities, lending expertise in areas where they have prior experience, and by upholding and modeling living by the Scout Oath and Law as well as camp rules.

Camp Policies and Procedures

With as many as 1,200 campers plus 150 staff sharing Heritage Reservation with your unit during an average week of camp, it is essential that we all obey some basic guidelines to make sure everyone has a great time. Our common Scouting bonds are the Scout Oath and Law. Here are a few more policies that will make life easier in camp.

Firearms, Archery and Boating Equipment

Heritage Reservation provides all firearms, archery, and boating equipment for our programs. No personal equipment is allowed in camp. There are no exceptions to this policy. Outside boats are not permitted on Lake Courage.

Money and Valuables

Leaders and campers are encouraged not to bring valuables to camp. There is not a system at camp to secure these items. Heritage Reservation cannot take responsibility for any valuable items. Put names on every item prior to arriving at camp. Lock valuables in your car or in the unit trailer. Leaders are encouraged to help youth keep track of their trading post money.

Scout Camper Eligibility

All youth must be registered members of the Boy Scouts of America to attend camp. Scout siblings may attend and are the responsibility of their parent/guardian. Siblings may not be able to participate in certain activities due to age. All adults accompanying a Cub Scout Pack for more than 72 hours must be registered members of the Boy Scouts of America.

Roll Call

A current unit roster must be kept in camp with the adult in charge. Attendance should be taken prior to each meal, before bed, and in the morning prior to reveille. If a Scout should be missing, contact the nearest staff member immediately.

Stone Throwing

Stone throwing seems natural, but it can cause serious injury. It will not be tolerated outside of appropriate ranges and constitutes cause for sending a camper home.

Alcohol and Tobacco Products (Including Vape / E-Cigarettes)

Alcohol is strictly prohibited on the Heritage Reservation property. Violation of this policy will result in dismissal from camp with no opportunity for a refund. All buildings at Heritage Reservation are tobacco-free. If you have the desire to use tobacco or vape products and cannot refrain from doing so, please do so in the designated areas and not in front of the Scouts. Tobacco use is not permitted near gas tanks or gas boxes, both are clearly marked. Smoking is not permitted under any shelter including pavilions or dining flies. We also ask that you assure your cigarette or cigar is out and disposed of properly.

Visitors

Parents and family are free to visit camp. Please park in the parking lots. All visitors to Heritage Reservation must sign-in at the camp Program Hall to receive a visitor wristband. Under no circumstances can a Scout be taken home without notifying the unit leader and the camp office by signing out and providing a release of minor form. See "Leaving Camp" on the next page for more in signing Scouts out of camp early.

Limited space is available for guests to join units for meals at Camp Independence. Visitor meals are \$10.00 and must be purchased through the camp Program Hall.

Wristbands

All Scouts, leaders and guests must always wear camp wristbands. These bands are intended as a safety precaution to determine who should be in camp, where they should be, and to signify that each participant wearing one has completed the proper camp check-in procedures. Wristbands are issued during the medical recheck. Replacement wristbands are available in the Program Halls. Staff members will wear photo identification badges. If you see someone without a wristband or badge, please alert the camp staff.



Program Halls

The Program Hall is open 24 hours a day. They are used as a leader's lounge, as well as the administrative offices of the camps. Tea and coffee are available. There is always someone in the building to assist you. This is the place to go with any camp emergencies.

Fishing Policy

No live bait except worms and night crawlers may be used in Lake Courage at any time. Fishing is not permitted in any swimming areas or from any boating docks. Lines should not be cast towards swimming area ropes or any type of floating device anchored for marking, safety or direction. Fishing is not permitted from boats unless part of a coordinated camp program. All fishing is catch and release. Monofilament line should be disposed of in provided receptacles.

Camp Equipment

All items issued to units are the responsibility of the unit through the unit camp leader. Units are responsible for reimbursement to the council for lost or damaged items. A complete inventory of these will be provided and must be signed for by the unit camp leader. A Scout is trustworthy. Please let us know if something gets lost or damaged. Don't hide it!

Damage to equipment such as tents, tarps, cots, and tables will be assessed according to a schedule available in the camp office. Leaders should check all equipment for condition as soon as possible after arrival and arrange for exchange of defective equipment or have staff representatives note deficiencies on inventory sheet.

In the event of purposeful vandalism to any camp equipment or facilities, the individual responsible will be charged the appropriate repair or replacement cost of the item and may be asked to leave camp. If it is unknown who committed the vandalism, all units within the camp will be charged the same repair or replacement cost.

Leaving Camp

A sign-out/sign-in log is kept in the camp office and must be used by anyone leaving camp (and later upon his or her return). Scouts are not permitted to leave camp without the written permission from their unit leaders and Camp Director and must have a Release of Campers Who are Minors form properly filled out before they can leave camp with an adult who is not a parent or legal guardian. In the event that an adult arrives at camp to pick up a Scout, that adult will be required to show photo identification and will be cross checked against Part A of the BSA Health and Medical Form "Adults Authorized/Not Authorized to Take Youth From Events."

Vehicle Access in Camp

Driving in and around camp beyond the parking lots is a hazard with the amount of foot traffic. It is therefore prohibited. Only Heritage Reservation vehicles are permitted beyond the parking lots. Unrestricted use of private vehicles during arrival and departure from camps and during the session creates a great hazard to Scouts and leaders on foot as well as excessive wear and damage to utility lines. **THE SPEED LIMIT IN CAMP IS 10 MPH.** Please obey it; we are responsible for your children, so please respect this and drive accordingly while in camp.

During check-in and check-out, each unit units camping in Camp Independence's Upper and Central campsites may designate one motor vehicle to unload and load equipment and baggage. Upon arrival, each unit will receive one vehicle pass that must be displayed to allow that vehicle to proceed beyond the camp parking lot gate to the unit's camp site. This pass will be returned to the gate manager when check-in has concluded.

Vehicles must remain on designated roads. If a vehicle is driven off a designated road or around a barrier and gets stuck, it will be the responsibility of the vehicle owner to arrange towing at their own cost. Camp Rangers will not tow vehicles. Damage caused may also be charged to the driver.

Vehicles must be parked in designated parking areas. Improperly parked vehicles can impede emergency or camp vehicle access. Efforts will be made to notify the driver of an improperly parked vehicle that it needs to be moved. If the vehicle driver fails to move the vehicle within a reasonable time, the vehicle may be towed at the owner's expense.

Unit Trailers

One trailer may be left at the unit's campsite during the week at camp only if there is a designated trailer space at the site. No motor vehicle may be left in camp after arrival and check-in is completed. Trailers not left in designated spaces must be parked in the camp parking lot or in another area as designated by the camp commissioner staff.

Handcarts

Hand carts to help move gear to and from sites are available in the upper and lower parking lots and at the camp Quartermaster. Cart use is first come, first served and once finished with use, carts should be returned for others to use. For safety reasons, no person may ride in a hand cart.

Lost & Found

All camps located at Heritage Reservation will hold any items for two weeks following the last day of camp at the camp Program Hall. Articles may be retrieved by claiming the item in person at the applicable camp's business office. Items not claimed within the two-week period will be disposed of or donated.

Laundry

Several coin-operated washers and dryers are in the new shower house in each camp. Laundry detergent is available for purchase in the Trading Post.

Firewood

Due to the threat of Spotted Lantern Fly and other pests, it is the current policy of the Laurel Highlands Council Camping, Outdoor Program, and Properties Committees to prohibit outside firewood of any kind to be brought into our camps. Each of our camps have a limited amount of fallen trees and this can be gathered and burned while in camp. The cutting of standing timber is not allowed at any of our facilities. Chainsaws may not be used within camp without prior Camp Ranger approval and direction. Bundles of pre-cut campfire wood may be purchased near the Camp Ranger's Shop for \$5.00 per bundle. Units may also order a pallet of pre-cut firewood to be delivered to their campsite for \$80.00.

Shoes

Closed-toe footwear is required everywhere in camp except for the waterfronts and in shower houses. Soft-soled shoes should be used in all boats. This is to prevent foot injuries due to trip hazards.

Bicycles

For health and safety reasons, personal bicycles are not permitted to be ridden in any of our camps. There are no exceptions to this policy.

Cliffs, Boulders and Rock Formations

These areas found throughout camp are off limits! Please supervise your Scouts and make sure that they understand the safety issues of these areas in camp.

Pets

Pets are not permitted at camp. Exceptions are made for service animals meeting ADA definitions. Please contact the LHC Camping Department at 412-325-7921 prior to attendance if you plan to bring a service animal to camp.

Potomac Homes and Staff Areas

All staff living quarters are off limits to campers. These areas are our staff's home for the summer.

Closed Program Areas

When program is not taking place, all camp program areas are off limits. Campers found in program areas when closed may be dismissed from camp.

Liquid Fuels

Use of liquefied petroleum (LP), propane or butane lanterns, and stoves is permitted in needed situations with proper safety control and adult supervision. The convenience and relative safety of LP gas allows its approved use under conditions of proper installation and control. A responsible adult should handle replacement and disposal of empty cylinders.

Low-pressure, liquid fuel ("white gas" and Coleman fuel) stoves and lanterns are hazardous and are therefore prohibited on council camping property except for high adventure and backpacking training. In such cases, responsible adult supervision is required.

The use of liquid fuels for starting any type of fire is prohibited, including damp wood, charcoal or ceremonial campfires. Kerosene for lanterns should be kept in well-marked safety cans and stored in a ventilated, locked box located away from buildings and tents. Plastic containers are not permitted. The use of gasoline in camp is strictly limited to motors only.

The use of petroleum or coal based liquid fuels, including kerosene or diesel fuel, is prohibited for torches, trail flares, or other open burning devices. Suitable alternatives include luminaries (candles in sand-weighted paper bags) for trail flares or commercially available torches using electricity or clean-burning, environmentally acceptable fuels.

Incoming/Outgoing Mail

All incoming mail will be available in your unit's box in the Program Hall. Bring any outgoing mail to the Program Hall and put in the mailbox.

Please have mail addressed in this manner:

Camper's Name, Unit #, Camp
Session/Arrival Date
Heritage Reservation
300 Heritage Road
Farmington, PA 15437

Mail that arrives at camp after a camper has departed will be returned to sender.

Email / Internet

We continue to work on improving internet access across Heritage Reservation. Internet access in Camp Independence is available in the Program Hall and Dining Hall during select times. High speed wireless Internet is available for leader use at our Keystone office between the hours of 8:30 a.m. and 6:00 p.m.

Telephone (724) 329-8534

The Heritage Reservation office is staffed during normal business hours. After hours, there is a staff member that will be on duty to answer the phones. As Scouts and leaders can be all over camp and are not near a phone, messages will be taken and delivered to the unit via the unit mailbox.

Cell phone service at Heritage Reservation is spotty and dependent upon carrier.

Frequently Asked Questions

A list of Frequently Asked Questions can be found at www.lhcscouting.org/camping/summer. These questions are kept up to date by the LHC Camping Department and new, frequently asked questions are added regularly. We ask that you take a look at the FAQ before contacting the LHC Camping Department with any questions you may have.

Additionally, a number of tutorials for our online registration system can be found at <http://www.lhcscouting.org/camping>.

2023 Camp Sessions

Session	Dates	Days of the Week
Rookie Camp	June 17-18, 2023	Saturday-Sunday
Pack Camp 1*	June 23-26, 2023	Friday - Monday
Pack Camp 2*	July 7-10, 2023	Friday-Monday
Pack Camp 3*	July 14-17, 2023	Friday-Monday
Pack Camp 4*	July 21-24, 2023	Friday-Monday
Pack Camp 5*	July 28-31, 2023	Friday-Monday
*Includes optional extra day for Webelos/Arrow of Lights only (Monday)		

Payments and Fees

The LHC Camping and Outdoor Program Committees unanimously approved a sliding camp fee for 2023 to encourage a greater percentage of our youth and adults to commit early to camp and provide Heritage Reservation with the ability to offer an even better program at a competitive rate by:

- Confirming that sites/weeks are not overbooked
- Adjusting staffing as necessary where increases in campers dictate
- Ensuring enough supplies are in camp before the season opens
- Purchasing supplies in advance and in bulk, with mail order and earlier negotiation without over purchasing due to inaccurate attendance counts.

2023 Camp Fees

Cub/Webelos Scout Resident Camp	Pay in Full by		Pay in Full by		Pay in Full by	
	4-1-2023		6-1-2023		6-2-2023 or after	
	Scout	Adult	Scout	Adult	Scout	Adult
Rookie Camp	\$80	\$35	\$85	\$35	\$90	\$35
3 Night	\$240	\$105	\$255	\$105	\$270	\$105
4 Night	\$320	\$140	\$340	\$140	\$360	\$140

Payment and Registration Timeline

- September 1, 2022 to February 15, 2023 - Initial unit reservations for 2023 may be made with a flat \$100 non-refundable unit deposit and your estimated attendance.
- February 15, 2023 - Full registration opens. Units can begin entering individual camper information and making payment.
- March 1, 2023 - Campership applications due for Laurel Highlands Council youth.
- April 1, 2023 - Early-Bird payment deadline. Pay in full by April 1 to receive the lowest camp rate. Fees may be paid by individual if the entire unit is not ready to make payment by this time.
- June 1, 2023 - Regular payment deadline. Pay in full by June 1 to receive the regular camp rate. Fees may be paid by individual if the entire unit is not making payment at this time. After June 1, late fees will apply.
- Two Weeks Prior to Arrival - Units have until this time to make any attendee count adjustments. After this time, units will be charged for all spaces listed on their reservation. All camper fees must be paid by this time.
- One Week Prior to Arrival - Units have until this time to make any merit badge or activity changes on their reservation. After this time, reservations will lock, and changes must be made on check-in day through the Program Hall pending availability.

All deposits and fees are subject to the refund policy found on [See page 38](#). Initial unit deposits will be counted toward fees due and cannot be “rolled” to future years.

Making Payment

- Unit may make deposits and register online using the payment method of their choice. Payments can be mailed, delivered in person, or made online.
- Units should ensure all registration changes needed are made prior to making payment.
- Check Payments
 - All check payments must be delivered or sent to the Laurel Highlands Council, 1275 Bedford Ave., Pittsburgh, PA 15219
 - Payments must be postmarked prior to due dates for discounts to be applied.
 - Be sure to include your registration number or a statement with your payment to assist us in crediting your payment to the correct account.
 - If you are not paying for all attendees in full, you must provide a list of who payment is to be applied to and in what amount.
 - Please allow several days for payments to be applied and adjustments made to your registration if needed.
- Electronic Payment
 - Electronic payments can be made via credit card, debit card, or eCheck directly through your camp registration.
 - You will be able to apply payment directly to individuals if not paying in full for the entire unit.

Incentives and Discounts

- Sibling Discount - \$30 off second and subsequent youth Scout camp fees. (Applies across different LHC resident camps - Scouts BSA, Cub, Webelos sessions. Discount applied to registration of equal or lesser value.)
- Low Rate Lock-In - Scouts joining after March 1, and campership recipients are locked into the lowest rate for camp.
- Free Adults - Earn free adult attendees based on the number of Scouts who attend the same camp session:
 - 8-15 Scouts = 1 Free Adult
 - 16-23 Scouts = 2 Free Adults
 - 24-31 Scouts = 3 Free Adults
 - 32-39 Scouts = 4 Free Adults
 - 40-47 Scouts = 5 Free Adults
 - Additional Free adult at 48, 56, 64 Scouts, etc
- Free Den Chief - Packs receive one free Den Chief per registration. Den Chief's are youth Scouts, BSA or Venturing members attending to assist adults with youth attendees.
- Second Session Discount - 25% discount off camp fees for a second session. Applies to youth or adult camp fees at a Laurel Highlands Council resident Camp. (Day Camp, NYLT, and National High Adventure Base participation does not qualify).
- Camp Staff Referral - Refer a new camp staff member who gets hired and works all summer to receive \$100 in Camp Trading Post credit.
- Free Week for CITs - Counselors in Training (CITs) will receive a free week of summer camp for completing the full CIT program (4-week minimum). Fees must be paid in advance and will be refunded upon completion. CITs are new staff members with a minimum age of 14. Learn more at <https://www.lhcscouting.org/camping/summer/staff>
- Camperships - Financial assistance is available for Laurel Highlands Council Scouts with financial need to attend an LHC summer resident camp program. **Applications due March 1.**
- Camp Keepsake - All campers will receive a camp specific keepsake.

Promotional Items

Camp Gift

Every youth and adult attending camp this summer will receive a complementary Heritage Reservation gift. Gifts will be distributed to leaders during the check-in process.

Camp Patches

Everyone camping with us this summer will receive a 2023 Laurel Highlands Council summer camp patch. Additional patches are available for purchase through the Trading Post.

Refund Policy

Refund Policy:

All refund requests must be received at Flag Plaza Scout Center thirty (30) days prior to attending camp. No refunds will be granted without thirty (30) days notice unless one of the extenuating circumstances listed below is met.

Refund requests will NOT be accepted at camp. All requests must be sent using the refund request form to the address/email provided on the form.

1. All refund requests must have a unit leader's signature to be considered.
2. All refunds will be issued by check to the unit, NOT the individual and will be sent to the primary contact listed on the unit's camp reservation. The unit is responsible to distribute the refund.
3. Absolutely no refunds will be granted for "No Shows".
4. All refunds will be less a 10% processing fee.

The only circumstances under which a refund will be considered less than thirty (30) days prior to arrival are:

- An injury/illness that prevents attendance at summer camp. A signed doctor's note must accompany this request.
- The death of an immediate family member (parent/guardian, sibling, grandparent).
- Family relocation makes attending camp impractical.
- Mandatory summer school attendance/work schedule change. A signed note from the school/employer must accompany this request.

All requests for one of these reasons must be received no later than August 31 of the year of attendance. Any request received after August 31 will not be considered. Request received for one of these reasons within ten (10) business days of scheduled arrival will be less 25% if approved.

Refund request forms can be found online at www.lhcscouting.org/camping.

Directions to Heritage Reservation

Address:

Heritage Reservation, 300 Heritage Road, Farmington, PA 15437

From Uniontown, PA:

1. Take US Route 40 East from Uniontown, PA for 14.1 miles.
2. Turn Right on Dinner Bell-Five Forks Rd. The Roadside Tavern will be on the corner.
3. Take Dinner Bell-Five Forks Road for 2.9 miles.
4. Turn Right into Heritage Reservation. @

From US Rte. 68:

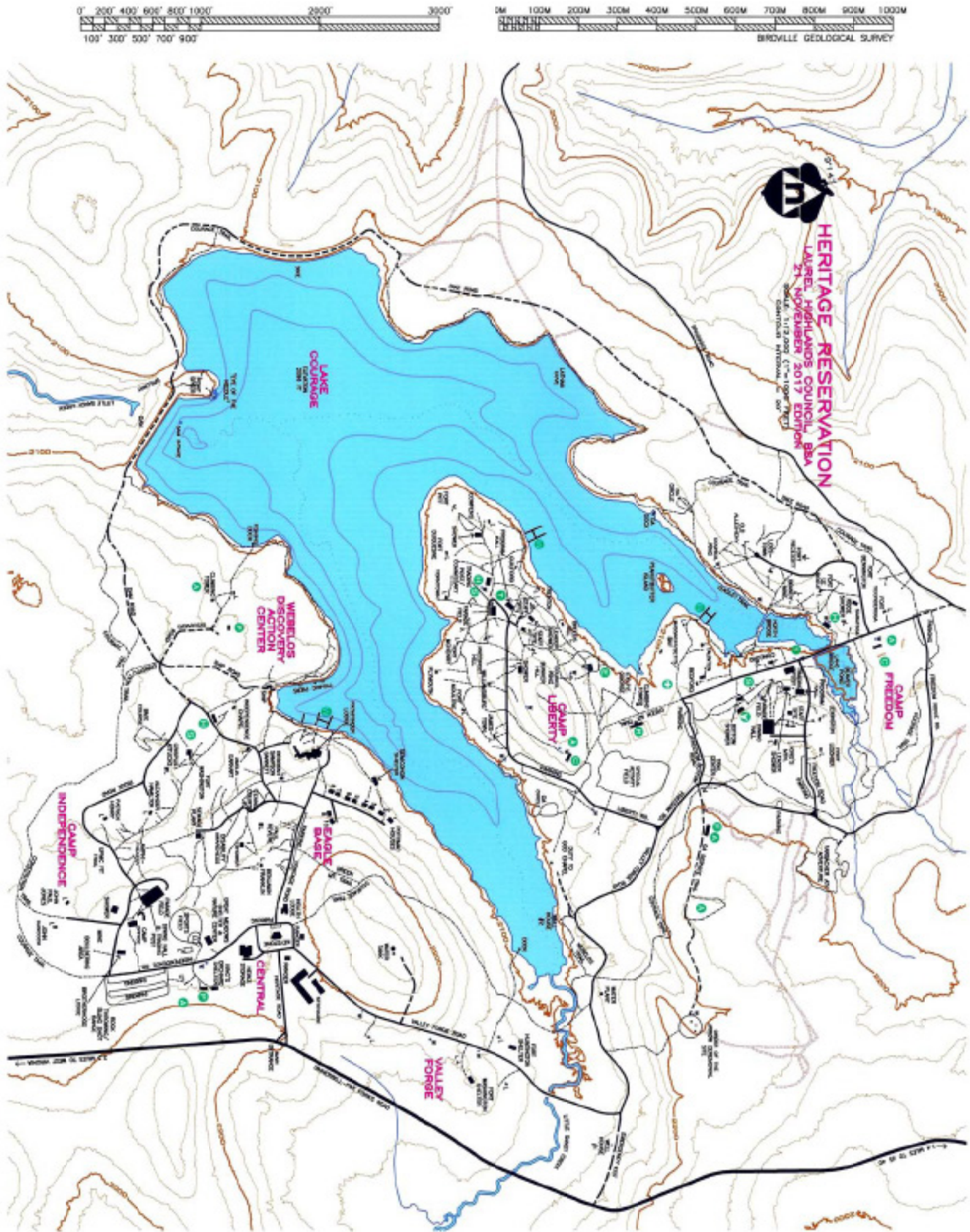
1. Take the Keyser's Ridge Exit toward US 40/National Pike.
2. Turn Left onto US 40 W/National Pike.
3. Travel 17.7 miles on US 40W/National Pike.
4. Turn Left on Dinner Bell-Five Forks Rd. The Roadside Tavern will be on the corner.
5. Take Dinner Bell-Five Forks Road for 2.9 miles.
6. Turn Right into Heritage Reservation.

Important information for GPS users:

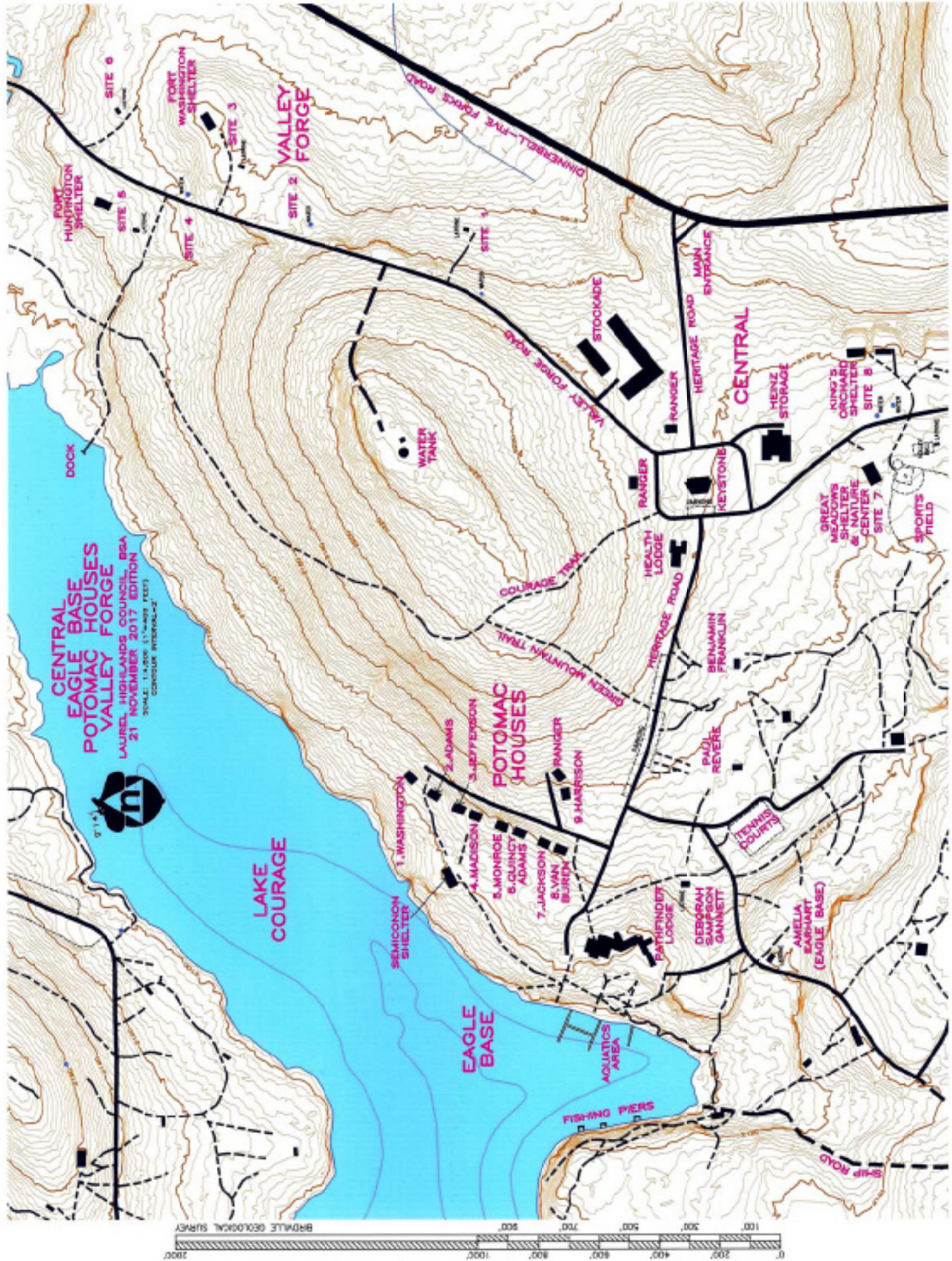
- When following a GPS from Uniontown, PA, some GPS units will direct you to turn onto Braddock Road off Route 40. **DO NOT DO THIS.** The GPS will bring you to a locked gate on the far side of the Heritage Reservation property. The main entrance is off Dinner Bell-Five Forks Road.



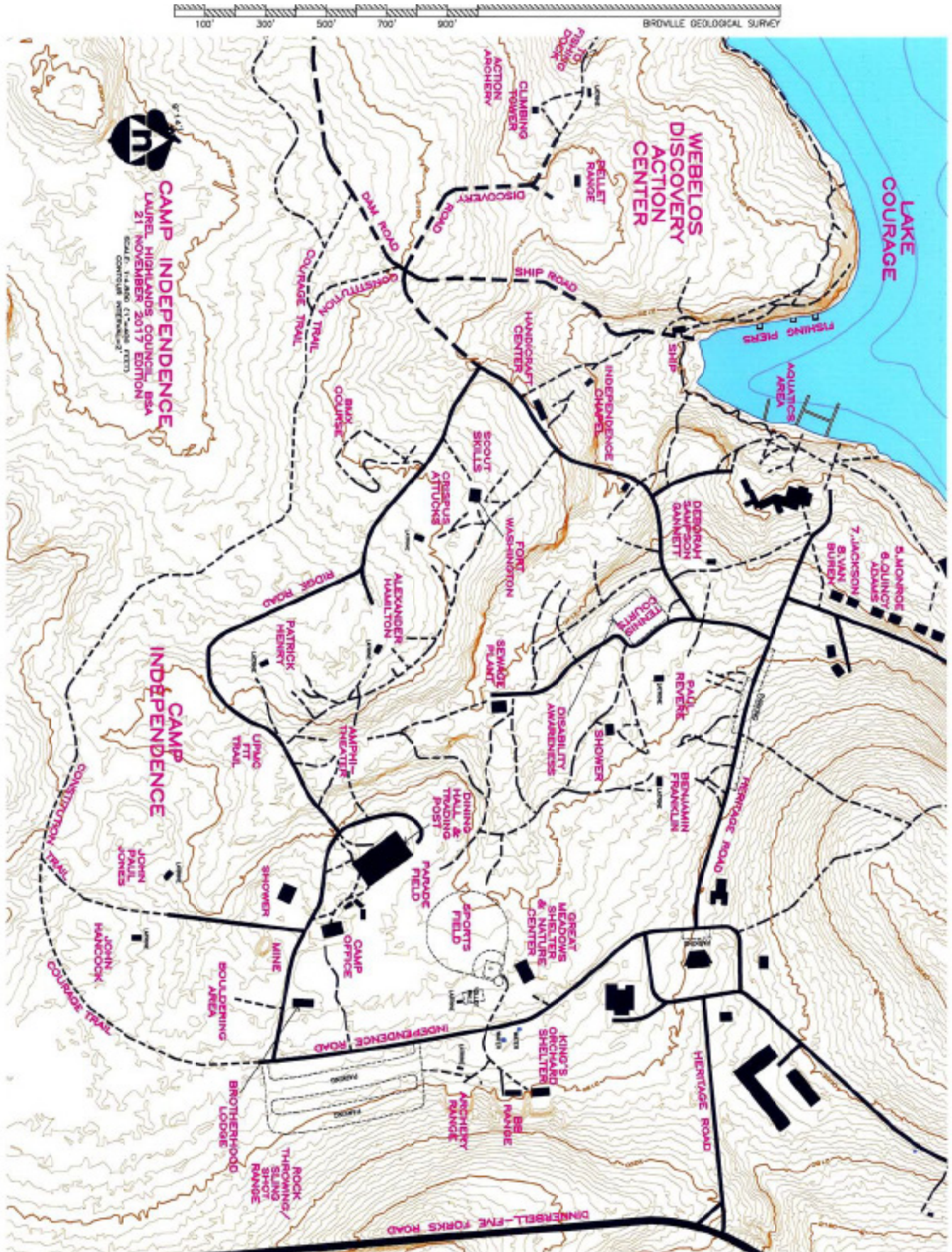
Camp Map - Full Reservation



Camp Map - Central



Camp Map - Camp Independence



Celebrating Our Heritage



...A note to our Scouts

Whose Heritage Is It?

Scouts who come to Heritage Reservation for the first time ask, “Who owns Heritage?” Well, the answer to that is simple. The Boy Scouts of America, Laurel Highlands Council, and for any Laurel Highlands Council unit, in a way, you are a part owner of this wonderful place.

But you are an owner of Heritage Reservation in a more important way. Every youth who camps here leaves a little bit of him or her self with this camp. The improvement project you participate in, your care of the land and the water, your responsibility in not littering or destroying any living thing or damaging any property stays here as part of you. That not only makes you an owner of Heritage, it makes you a permanent part of it. Think about that as you enjoy this camp.

Who Built Heritage?

Heritage Reservation opened for the first time back in 1980. Before Heritage Reservation, Scouts from our area went to three different camps, but none of them were as big as Heritage Reservation. Two of those previous camps did not even have a lake to allow for boating and fishing that most Scouts enjoy.

Some of our council’s leaders at the time had a dream about creating the finest Scout camp in America for the youth of southwestern Pennsylvania, youth just like you. So, they looked for just the right piece of land where they could make a great lake like Lake Courage, and where there was plenty of space to hike in the wilderness and do all of the things that Scouts want to do at camp. They found exactly what they were looking for right here, and they planned and built Heritage Reservation in less than two years! Why did they do it? Because they believed that youth for years to come deserved the best camp that could be had. Today, we should think about how grateful we are for the dreams those leaders had and for the wonderful place they created here at Heritage Reservation.

Who Paid for Heritage?

Did you ever wonder who provided the money to buy the land and build the campsites and buildings that made Heritage Reservation a Scout camp?

It did take a lot of money to build Heritage Reservation; more than eight million dollars back in 1980 when it opened to Scouts. It would cost a lot more today. Millions more have been invested since then in improvements and expansions. It was all spent for youth like you to enjoy and learn about nature, and about yourselves as you work at being good campers.

Who provided all the money? The answer is: the community did. Some money came from Scout troops and Scout families and Scout leaders. A lot came from businesses, corporations, charitable foundations and people who believed that Scouting is a great program and that youth like you would benefit from it. People and businesses gave the money to build Heritage Reservation because they believed in the future, and that the future will be shaped by who? By YOU!



Why is This Place Called Heritage?

Scouts BSA camps have lots of names. Some of them are named for Native American tribes, some are named for people, or even towns. Heritage is the only one we know that is named for an idea.

Heritage is something that is passed from older people to younger people. Sometimes that heritage is money or property. But that is not what Heritage Reservation is about. This Heritage is to help you remember and understand what has gone before you and why you should be proud of it, and to pass that pride on to the Scouts who follow you.

Part of this Heritage is about what happened here. This is a very historic country. George Washington, our first president and great general of America's war for independence, first saw battle not far from here. It was the first battle in a war about whether this part of America would be English or French.

Pittsburgh, where the headquarters of our council is located, was the site of an important fort because of the three rivers that meet there. After that, our region became one of the most important industrial centers in the world.

The name of this reservation and the camp sites in it are reminders of the places where our ancestors fought and worked to make America the land of liberty, freedom, and independence. We must never forget what they did. Heritage Reservation helps us remember.

Why an Acorn Symbol?

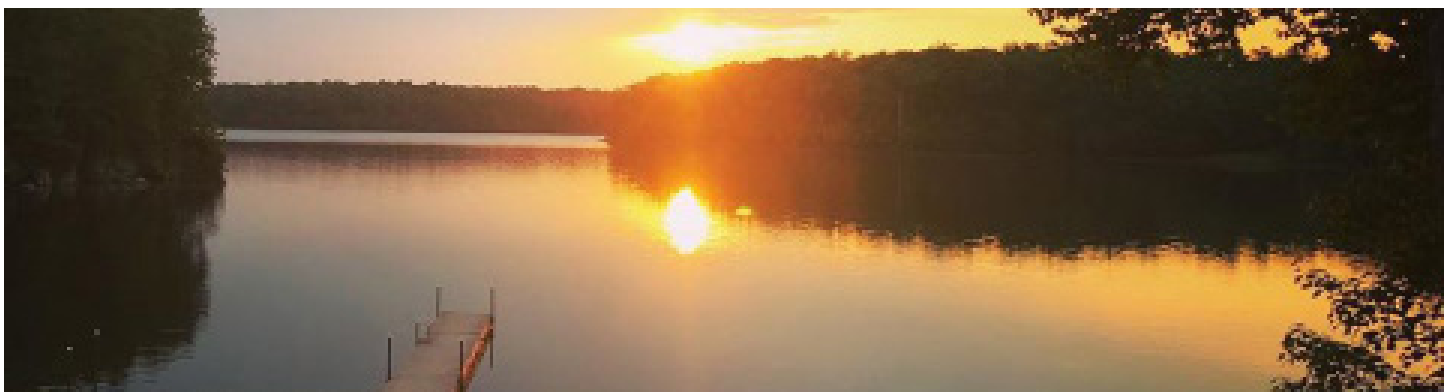
As plans developed for a new camp, so did a symbol to recognize its clear purpose. This symbol with the triangle, the acorn, and the HR; however, represent much more than you might imagine.

One part reminds us of our history. It is a triangle which represents a tricorne hat worn by the colonists during the struggle for independence, liberty and freedom from England. Its blue color reminds us of the beautiful man-made lake called Lake Courage.

The second part is the brown acorn itself. Long ago, a poet named David Everett wrote the following: "Tall Oaks from Little Acorns Grow." Here at Heritage Reservation, we are planting the seeds of our future in young men and women who soon will be the leaders of America.

The third part is the yellow HR which is short for the camp name, Heritage Reservation.

These three parts should also remind us of the three parts of the Scout Oath: duty to God and country, duty to others, and duty to ourselves.



Camp Independence Song

A Cub Scout came to Independence at the end
Of the school year,
Coming to a place they've never been before.
They left their home behind them; they were a little
Scared and then,
The staff and leaders helped them find their way.

-Refrain-

They braved the waters of Lake Courage,
They spent their first night in the woods,
They saw birds and forests, rocks and fields and
streams,
They learned about our country's history...
And the flags that they raised.
They met the challenges and did the best they could
-Refrain-

Refrain

Independence is where you all can come,
To experience the woods and have some fun.
It's the spirit of Scouting...
Where it can all begin.
Come join in, at Independence.
Come join in, at Independence.

Heritage Grace

For Happiness and
Enjoyment

For Reverence and
Integrity

For Tolerance and
Attitude

For Goodwill and
Energy

We thank Thee, O Lord.



Help Make Heritage Better

Materials and Equipment Needs

The best camps need the best equipment. However, this is often out of our price range, so we rely on assistance. Check out the online needs list and contact camp Rangers or LHC Camping Department to help.

Summer Service Projects

Throughout the summer, many camp improvement projects are in the works. A pre-approved project list will be developed by the camp ranger staff and will be made available through the camp commissioners. Tools can be checked out or you may bring your own.

Beaver Service Days

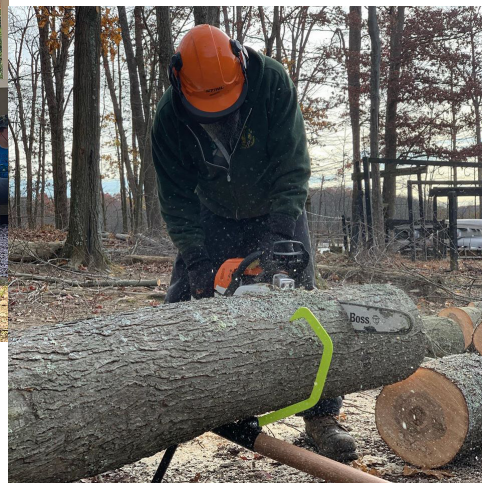
June 2-4, 2023 at Heritage Reservation, we invite everyone to camp for a weekend of projects to help get camp ready for the upcoming summer. Entire units, small groups, and individuals are welcome to camp free for the weekend. Meals are provided. This is a great weekend of fellowship and service and also allows you to take part and pride in the great place Heritage Reservation is. Register online at <https://www.scoutingevent.com/527-2023HRBeaverWeekend>

Heritage Reservation Camp Staff Alumni Association

Are you a former camp staff member looking to get involved with summer camp again? The Camp Staff Alumni Association is looking for you! Service, fellowship, and donations of materials and time are all key parts of the way we give back to summer camp. For more information, and to join our cause, please visit www.hralumni.com.

Ranger Work Days at Heritage Reservation

Looking to do a little bit more? Sign up for one of the Ranger Work Days at Heritage Reservation. They are typically the third Saturday of the month. For more information and to sign up, email Ranger Dave at David.Wilkins@Scouting.org.



Camp Staff Opportunities

Are you tired of doing the same old summer? The Laurel Highlands Council is looking for incredible individuals to join us on the Heritage Reservation staff. Each camp at Heritage Reservation offers opportunities for a variety of summer camp staff jobs. Most Scout camp staff are at least 16 years of age; however, there are limited positions for 15-year olds. The high adventure program employs young people who are at least 18 years of age. The Boy Scouts of America, Laurel Highlands Council is an equal opportunity employer that hires both females and males, as well as people of all ages and ethnic groups, diverse cultures and mixed abilities. No prior Scouting experience is required.

Why Apply for a Camp Staff job?

- Develop your leadership, communication, and problem-solving skills.
- Make lots of new friends from your area, other states, and even other countries.
- Spend a summer in the great outdoors.
- Acquire experiential education (learning by doing) and new skills that will last a lifetime.
- Be part of an effective team and cooperate with others to get things done.
- Learn how to lead others and apply leadership skills.
- Undertake and fulfill meaningful challenges and earn the satisfaction of doing a job well.
- Work with youth and adults of all ages.

Counselor in Training Program

Open to those ages 14 and up, the Counselor in Training (CIT) program is a varied training experience. It is an intensive four-week program, with all CITs given the opportunity to work at each of Heritage Reservation's camps - Liberty, Freedom, and Independence. CITs live in wall tents, complete with electricity and have access to hot showers, laundry facilities and a lounge. There is no pay, however there is no charge for food, board or training while in the program. Some camps charge as much as \$100 per week. CITs will work in a different camp and program area each week and will take part in staff training sessions.

All CITs that successfully complete the requirements of the four-week program are eligible to receive a free week at Camp Liberty or Freedom (fees must be paid up front, and are then refunded to the unit upon successful completion). For more information and to apply go to: <https://lhscouting.org/camping/summer/staff/>



Camp Independence Sample Rookie Camp Schedule

Laurel Highlands Council

Boy Scouts of America



Rookie Camp

Program Schedule

Start		End	Event	Location	Notes / Groups									
Saturday					9:00 - 11:00	Registration	Program Hall							
					11:00 - 11:30	Flag Ceremony	Flag Poles							
					11:30 - 12:45	Lunch	Dining Hall							
					12:45 - 1:00	<i>Travel Time</i>								
					1:00 - 1:45	Program Event 1	See Map	Group 1	Group 2	Group 3	Group 4	Group 5	Group 6	Group 6
					1:45 - 2:30	Program Event 2	See Map	BB	Archery	GaGa Ball	Aquatics	Field Games	Field Games	Craft
					2:30 - 3:15	Program Event 3	See Map	Archery	GaGa Ball	BB	Field Games	Craft	Aquatics	Aquatics
					3:15 - 3:30	<i>Travel Time</i>		GaGa Ball	BB	Archery	Craft	Aquatics	Field Games	Field Games
					3:30 - 4:15	Program Event 4	See Map	Group 1	Group 2	Group 3	Group 4	Group 5	Group 6	Group 6
					4:15 - 5:00	Program Event 5	See Map	Aquatics	Field Games	Craft	BB	GaGa Ball	Archery	Archery
					5:00 - 5:45	Program Event 6	See Map	Field Games	Craft	Aquatics	Archery	BB	GaGa Ball	GaGa Ball
					5:45 - 6:00	Free Time		Craft	Aquatics	Field Games	GaGa Ball	Archery	BB	BB
					6:00 - 6:15	Flag Ceremony	Flag Poles	Please wear scout uniform						
					6:15 - 7:00	Dinner	Dining Hall	Please wear scout uniform						
					7:15 - 8:30	Open Program	Various Locations							
					8:30 - 9:30	Campfire	Fire Circle	Bring flashlight to return to site safely						
9:30 - 10:00	<i>Den Time</i>		Bring flashlight to return to site safely											
10:30	Taps													
Open Program Areas					Fishing	Rockthrowing	Slingshot	Frisbee Golf	Gaga Ball					
Sunday					7:45 - 8:00	Flag Ceremony	Flag Poles							
	8:00 - 8:45	Breakfast	Dining Hall											
	8:45 - 9:15	Vespers	Dining Hall											
	9:15 - 10:00	Pack-Up	Campsite											
	10:00	Check Out	Campsite											
		Have a safe trip home!												

Sample Schedule - Check-in & Day 1

2023 Independence Leader Schedule		
	Time	Schedule
Check-In Day	1:00 - 3:00 p.m.	Check-In / Campsite Setup
	3:30 p.m.	Orientation (Shooting Sports, Aquatics, Med-check, Totems)
	5:00 p.m.	Adult Meeting
	5:45 p.m.	Flags
	6:00 - 7:00 p.m.	Dinner
	7:20 p.m.	Meet at Flags
	7:30 p.m.	Campfire
	10:00 p.m.	Lights Out
Program Day 1	7:45 a.m.	Flags
	8:00 - 8:45 a.m.	Breakfast
	9:00 - 10:20 a.m.	Program 1
	10:30 - 11:50 p.m.	Program 2
	12:00 - 12:30	Den Time
	12:30 p.m.	Lunch
	1:30 p.m.	Adult Meeting / Siesta
	2:00 - 3:20 p.m.	Program 3
	3:30 - 4:50 p.m.	Program 4
	5:00 p.m.	Den Time
	5:45 p.m.	Flags
	6:00 - 7:00 p.m.	Dinner
	7:15 p.m. - 8:30 p.m.	Open Program
10:00 p.m.	Lights Out	

*Schedule is subject to change. Final session schedules will be distributed during check-in

Sample Schedule - Day 2 & Check-out/Extra Day

Program Day 2	7:45 a.m.	Flags
	8:00 - 8:45 a.m.	Breakfast
	9:00 - 10:20 a.m.	Program 1
	10:30 - 11:50 a.m.	Program 2
	12:00 - 12:30 p.m.	Den Time
	12:30 p.m.	Lunch
	1:30 p.m.	Adult Meeting / Siesta
	2:00 - 3:20 p.m.	Program 3
	3:30 - 4:50 p.m.	Program 4
	5:00 p.m.	Campsite Time
	5:45 p.m.	Flags
	6:00 - 7:00 p.m.	Dinner
	7:45 p.m.	Meet at Flags
	8:00 p.m.	Closing Campfire
10:00 p.m.	Lights Out	
Check-Out Day Webelos Extra-Day Programs	7:15 - 7:30 a.m.	Flags
	7:30 a.m. - 8:15 a.m.	Breakfast
	8:15 - 10:00 a.m.	Check Out 1 (3 Day Participants)
	8:15 a.m. - 12:15 p.m.	Hike to Camp Freedom & Liberty
	12:30 - 1:15 p.m.	Lunch
	1:30 p.m.	Adult Meeting / Campsite pack-up
	2:00 - 3:20 p.m.	Aquatics Area / Discovery Area
	3:30 - 4:50 p.m.	Discovery Area / Aquatics Area
	5:00 - 5:45 p.m.	Den Time / Campsite pack-up
	5:50 p.m.	Flags
	6:00 - 6:45 p.m.	Dinner
	6:45 - 8:00 p.m.	Check Out 2 (Extra Day Participants)

*Schedule is subject to change. Final session schedules will be distributed during check-in



BOY SCOUTS OF AMERICA®

LAUREL HIGHLANDS COUNCIL

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