

Baden-Powell District
Cradle of Liberty Council

2027 First Aid Meet

Saturday, January 9, 2027

Participant

Information Packet

November 12, 2026

Thank you for participating in the Baden-Powell District 2027 First Aid Meet! We are so excited to bring this event back to the district for the first time since 2019!

We have worked hard to put together an exciting morning of activities and problems to allow you to practice and demonstrate your knowledge of basic first aid skills. These problems are designed to reflect real-world situations you might encounter in your home, at work or school, or during Scouting activities. We hope you have as much fun participating as we have had in preparing for this!

This packet will provide you with the information needed to prepare for the day. In particular, you should find enclosed:

- A Schedule of the day's activities
- Maps for getting to the meet
- A few brief reminders on proper etiquette for using the facilities
- Details on the Meet Logistics – Problems, Scoring, Awards, etc.
- Sample Problems and Score Sheets

We are also asking that ALL UNITS bring their **TROOP/CREW FLAG AND STANDS** with them to this event. We hope to take a large group photo with the unit flags serving as a backdrop. Your help and cooperation with this is appreciated.

It is important that we get your feedback on this event. We need your feedback to identify where we did not meet your expectations and how it might be improved in the future.

This year's event will be in Ambler Borough Hall, Mattison Avenue, Ambler. We will be limited in what refreshments we might be able to serve – best to bring your own water bottles. Most importantly – bring a positive attitude.

Once again, thank you for participating, and enjoy the day.

Thank you,

Baden-Powell District

General Information

The Baden-Powell District 2027 First Aid Meet will be indoor on Saturday, January 9, 2025. The Meet is scheduled to begin promptly at 9:00 am; check-in will begin at 8:30 am.

The First Aid Meet is open to Patrols from all troops/crews in the Baden-Powell District and beyond. **THIS EVENT IS DESIGNED TO BE RUN BY PATROL**. A patrol should have a minimum of 3 and a maximum of 8 members. **Each Patrol should bring a Patrol First Aid Kit as described in the Scouting BSA Handbook**.

Schedule

8:30 am	Check-in / Patrol Registration
9:00 am	Opening Ceremonies
9:10 am	First Aid Meet Patrols will work on 7 structured problems Each will take 15 minutes (2 hours of activities)
12:00 pm	Closing and Awards Ceremony
12:30 pm	Dismissal

Maps & Directions

Ambler Borough Hall is located at 131 Rosemary Avenue, Ambler, PA 19002. See the map towards the back of this packet for directions to get to the facility.

There is ample parking available.

Facility Rules of Etiquette

We are fortunate to have the use of these facilities from Ambler Borough. Recognizing we are GUESTS, we ask that all those attending be mindful of the following rules of etiquette:

- Please park in designated parking areas only.
- Be respectful of other visitors in the borough hall.
- Patrol “stations” will be marked on the gym floor. Each patrol is responsible for bringing a blanket to sit on if they wish. Chairs will be provided for the JUDGES ONLY in each station!

Meet Logistics

Registration

- Patrols should plan to arrive between 8:15 am and 8:45 am.
- Patrols should submit a roster of their participants listing names and ages, along with payment **$10 per participant** when they register. This charge covers facility rental, supplies, Patrol totems, trophies, and patches for all participants.
- Each participant will receive a commemorative patch from the event. A limited number of additional patches may also be available for sale at the event.
- Patrols that arrive late will be allowed to register. They may have to wait until after the Opening Ceremonies are complete and may therefore miss one or more problems.
- Each Patrol should come with a **PATROL FIRST AID KIT**, as described in the **BSA Handbook**, and a **WRITING INSTRUMENT**. Part of the meet may involve a written test – you may want to have a BSA HANDBOOK and FIRST AID MERIT BADGE BOOK handy for reference!
- Each Patrol will be assigned a “station” location for the meet. They will remain in their assigned location for the duration of the meet (the Judges will rotate).

Format of the Meet

- Each patrol will be allowed to answer seven (7) structured problems (hands-on)
- Each problem will be allotted a 15-minute time-frame. This amounts to approximately 2-hours of First Aid activities for the meet.
- During the 15 minute problem period, one or more “victims” will be designated, the problem will be given, and the Patrol will be asked to demonstrate their solution. Judges will then briefly critique the results of the problem with the Patrol before the next 15-minute period begins.
- **Patrol members should take turns as “victims”**. That is, no patrol member should serve as the victim for two successive problems, and no one should serve as a victim a second time until everyone else in the patrol has been a victim at least once. **The victim should be selected *BEFORE* the problem is read to the Patrol**.
- Patrols will be assigned a fixed “station” location; Judges will rotate among patrols to administer a problem.
- To the extent possible, Judges will be assigned a limited number of problems (ideally only one) which they will administer throughout the meet. This will ensure consistency in scoring. Judges will be given one “solution sheet” per patrol on which they will mark the results of their evaluation. Members of the Baden-Powell Chapter will be part of the judge panel.
- We attempt to recruit Judges with medical backgrounds (EMT, nursing, etc.). They will be able to provide additional insight into the problems based on their personal and professional experience. However, ***first aid knowledge required for BSA rank advancement*** (up to and including First Class) ***and the first aid merit badge are the main sources used for this event***. (limited information from the Scouts BSA Field book, Wilderness First Aid course, and Emergency Preparedness MB may also appear).
- Additional judges may be recruited as needed on the day of the meet. No special training is required; score sheets for each problem will be supplied. Please encourage your parents to help!
- All Judges are VOLUNTEERS. They are doing their best and offering their time to help us practice and improve our First Aid Skills. Please extend your thanks and appreciation to our Judges for helping make the day a success!
- Some problems may require additional supplies (e.g. splint material) which are not normally included in a Patrol first aid kit. These will be made available in a central area at the meet (“supply depot”). Materials borrowed for a problem must be returned before the next problem period begins!

Awards & Recognition

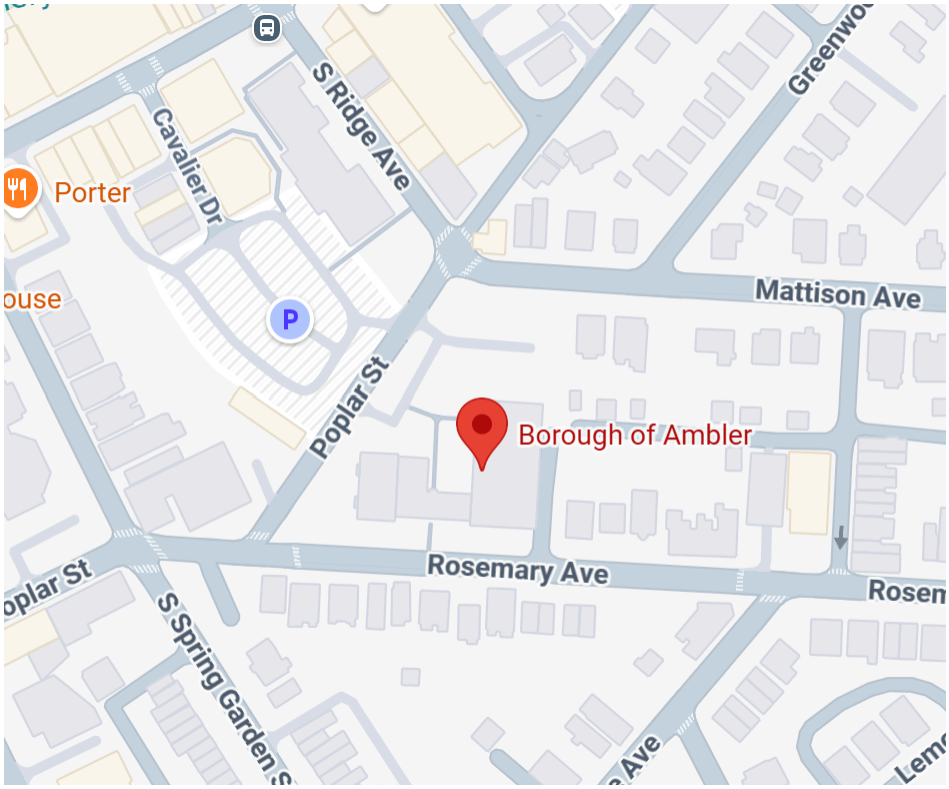
- Each participant will receive a patch.
- The Patrols with the top 3 scores will be awarded a trophy. A Webelo/Arrow of Light Patrol will also receive a trophy.

Uniforms

- All Scouts and Scouters should wear full Class “A” / Scouts BSA Field Uniforms to the event.
- Neckerchiefs often come in handy for First Aid problems!!
- **All units are asked to please BRING YOUR TROOP/CREW FLAG AND FLAG STAND!** We will attempt a large group photo and will use the flags as a back-drop.

The 2027 Baden-Powell District First Aid Meet will be held at:

Ambler Borough Hall, 131 Rosemary Avenue, Ambler, PA 19002.



Parking

Please park in the DESIGNATED AREA ONLY!



Baden-Powell Chapter & District First Aid Meet

First Aid Kit Inspection Form

	Patrol First Aid Kit		Pts
	Roller bandage, 2-inch	1	5
	Roller bandage, 1-inch	2	5
	Adhesive Tape	1 roll	5
	Alcohol swabs	24	5
	Assorted adhesive bandages	Small box	5
	Elastic bandages, 3-inch wide	2	5
	Sterile gauze pads, 3x3	12	5
	Tourniquet	1	5
	Moleskin, 3x6 in	4	5
	Gel pads for blisters and burns	2 packets	5
	Triple antibiotic ointment	1 tube	1
	Triangular bandages	4	2
	Structural aluminum malleable splint (SAM)	1	1
	Soap or Alcohol based hand sanitizing gel		1
	Heavy duty scissors	1	1
	Tweezers	1	1
	Safety pins	12	1
	Nonlatex disposable gloves	6 pairs	1
	Protective goggles/safety glasses	1	1
	CPR breathing barrier	1	
	Pencil and paper		
Score:		**Max Score:**	**60 pts**

UNIT _____ PATROL _____

STATION LOCATION _____

Baden-Powell District

FIRST AID MEET

WHEN Saturday, January 9, 2027. Registration at 8:30 am; Event begins at 9:00 am

WHERE Ambler Borough Hall, 131 Rosemary Avenue, Ambler, PA 19002

COST $10 per participant *(to cover cost of patches, awards, rentals, etc.)*

WHO Open to **PATROLS /AOL DENS** from all Units in the District & Council. A Unit may send any number of Patrols to the event.

WHAT Patrols compete in practical First Aid problems using skills from rank advancement (Tenderfoot, Second and First Class) and First Aid Merit Badge. Patrols will be asked to come equipped with a Patrol First Aid Kit, Staves, Blankets and other materials.

JUDGING We will be using all available adults at the event to help with the judging; EMTs, Nurses, Physicians and other healthcare professionals are especially welcome (though this is not required). Members from Baden-Powell Chapter will be part of the judge panel.

RECOGNITION All participants will receive a commemorative Patch for the event. All patrols will receive a “totem” for their Patrol Flag certifying their participation in the event. Trophies will be presented to the top finishing Patrols for the event. ALL PATROLS SHOULD BRING AT LEAST ONE ADULT VOLUNTEER “Judge”, preferably two!

Sample Problem #1

Problem Statement

While strolling around town on an unusually hot late July afternoon, you walk past the community park and notice someone suddenly collapse. You run over and find a man whose clothes appear to be drenched with sweat though his face and skin are red-hot and very dry. His pupils have shrunk, his breathing is very noisy and he is slipping in and out of consciousness. What do you do?

Problem Solution	**Total 100**	
	Possible	**Score**
Diagnose Injuries	**20**	
Check to be sure area is safe	5	
Check for hurry cases – breathing, pulse, poison, severe bleeding	5	
Check for head injuries	5	
Check for other injuries	5	
Send for Help	**10**	
Identify yourself	2	
Identify nature of injuries – apparent heat stroke; in and out of consciousness	2	
Identify location – town park, etc.	2	
Identify help being given	2	
Identify help required – need an ambulance	2	
Treat for Heat Stroke	**50**	
Move into cool, shady spot	10	
Cover with wet blankets, towels, etc. Pour water on him, anything to cool him	10	
Remove extra clothing	10	
Raise head slightly, “face is red raise the head”	10	
Monitor closely – may vomit and require rescue breathing	10	
Treat for Shock	**20**	
Talk to patient	5	
Keep him calm	5	
Loosen tight clothing	5	
Provide sips of water (if conscious)	5	
Patrol Method	**0**	
Work together as a team	+/- 5	
Worked quickly and efficiently	+ / - 5	

Sample Problem #2

Problem Statement

You're having a great time on the troop ski trip when it starts to rain. Most people go into the lodge to stay warm and dry but some stay outside to take advantage of the emptying slopes. You head inside because you have a history of illness. After about half an hour Joe Scout comes running in. He is worried and upset because his buddy Fred isn't well. Fred keeps falling over, and Joe says that he was shivering but then stopped so Joe didn't think much of it. You go find Fred and he is mumbling something that doesn't make sense while slipping in and out of consciousness. What do you do?

Problem Solution		**Total 100**	
		Possible	**Score**
Diagnose Injuries		**20**	
	Check to be sure area is safe	5	
	Check for hurry cases – breathing, pulse, poison, severe bleeding	5	
	Check for head injuries	5	
	Check for other injuries	5	
Send for Help		**10**	
	Identify yourself	2	
	Identify nature of injuries – apparent hypothermia	2	
	Identify location – which trail/lodge	2	
	Identify help being given	2	
	Identify help required	2	
Treat for Hypothermia		**50**	
	Wrap in blankets or coats	10	
	Move him indoors as soon as possible	10	
	Remove wet clothes	10	
	If conscious, offer warm beverages	10	
	Wrap in blankets/coats/sleeping bags	10	
Treat for Shock		**20**	
	Talk to patient	5	
	Keep him calm	5	
	Raise legs	5	
	Provide sips of water (if conscious)	5	
Patrol Method		**0**	
	Work together as a team	+/- 5	
	Worked quickly and efficiently	+ / - 5	