



Sports Merit Badge Workshop 2024

Presented by the Penn State All-Sports Museum,
in cooperation with the Department of Kinesiology, the Lettermen's Club,
and Alpha Phi Omega Service Fraternity

Dear Scouting Representative,

The Penn State All-Sports Museum will be hosting its inaugural Merit Badge University program on March 16, 2024. We will be offering a full morning workshop session that will allow Scouts who complete the prerequisite requirements to earn **SPORTS** merit badge.

In the afternoon our museum will be open for informative conversations with Scouts who are interested in finding out more about future opportunities to earn **COLLECTIONS** merit badge.

Within this packet you will find the following:

- Scout Registration form
- Adult Registration form
- Information sheet
- Scouts BSA Activity Consent form

Each Scout wishing to participate should submit their registration, activity consent form, and payment by **MONDAY, MARCH 11th**.

Please note that due to limited resources, facility space, and safety considerations, the SPORTS merit badge workshop has limited enrollment. The registration cost for the SPORTS merit badge workshop is **\$6 per Scout**. Each Scout MUST be accompanied by an adult (parent or Scout leader – see attached chaperone ratio on the information page).

Please contact us with any further questions . We look forward to seeing you on March 16th!

Yours In Scouting,

A handwritten signature in black ink, appearing to read "Lewis Lazarow".

Lewis Lazarow

Director / Programming & Education Coordinator

Penn State All-Sports Museum

LCL145@psu.edu / 814-863-5689

Merit Badge University 2024: SPORTS WORKSHOP

Presented by the Penn State All-Sports Museum,
in cooperation with the Department of Kinesiology, the Letterman's Club,
and Alpha Phi Omega Service Fraternity

ADULT REGISTRATION FORM

Troop #: _____ District: _____ Council: _____ Troop Leadership Title: _____
Last Name: _____ First Name: _____ Sex: _____
Address: _____ City/State/ZIP Code: _____
Primary Phone: (____) _____ - _____ Secondary Phone: (____) _____ - _____

EMERGENCY CONTACT INFORMATION

Name: _____
Home Phone: (____) _____ - _____ Secondary Phone: (____) _____ - _____

Merit Badge University 2024: SPORTS WORKSHOP

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SCOUT REGISTRATION FORM

Troop #: _____ District: _____ Council: _____
Last Name: _____ First Name: _____ Sex: _____
Address: _____ City/State/ZIP Code: _____
Primary Phone: (____) _____ - _____ Secondary Phone: (____) _____ - _____

EMERGENCY CONTACT INFORMATION

Name: _____
Home Phone: (____) _____ - _____ Secondary Phone: (____) _____ - _____

Remember to submit the **ACTIVITY CONSENT FORM**

If sending by mail, submit this registration form, the ScoutsBSA activity consent form, and \$6 registration fee by
MONDAY, MARCH 11th to

Juniata Valley Council, BSA
9 Taylor Drive
Reedsville, PA 17084

Merit Badge University 2024

SPORTS MERIT BADGE: REQUIREMENTS AND PREREQUISITES

Note: The activities used to fulfill the requirements for the Sports merit badge may NOT be used to help fulfill requirements for other merit badges – in this case, the activities used for requirements 4 and 5 cannot also be used for Personal Fitness or Athletics.

Requirements to be discussed during the merit badge session:

1(a) and (b): hazards while playing sports; first aid for common sport-related injuries/illnesses

2(a), (b), and (c): The importance of the physical exam, maintaining good health habits, and maintaining a healthy diet

3(a), (b), (c), and (d): The importance of warm up / cool down and weight training; the difference between amateur and professional athletes; good sportsmanship and team leadership

PREREQUISITES: Scouts wishing to complete the badge on March 16 should come with the following prerequisites completed, and be prepared to present, discuss, and demonstrate as appropriate:

4(a) Establish a personal training program suited to the sports in which you participated for Requirement #5. Create a chart and use it to track your training, practice and development over the season (or over at least 4 months); present and discuss your chart with your counselor.

(b) Bring a **VIDEO** (cell phone video is acceptable) to present your demonstration of proper technique for each of your two chosen sports.

(c) Discuss with your counselor how your participation in the sports you chose has affected you mentally and physically.

5. Bring proof that you have taken part for one season (or four months) as a competitive individual or as a member of an organized team in TWO of the following sports:

baseball

basketball

bowling

cross-country

field hockey

football

golf

gymnastics

ice hockey

lacrosse

soccer

softball

swimming

table tennis

tennis

track and field

volleyball

water polo

wrestling

Other sports may be approved to satisfy this requirement – please email in advance with questions – however only recognized sports that are authorized by Scouts BSA will be accepted. Scouts BSA specifically mentions the following activities that are **NOT** authorized:

- Motorized vehicles (car or motorcycle racing)
- Tree climbing (lumberjack games)
- Celtic Games events (caber toss, boulder throw, etc.)
- Freestyle (aerobic) events (downhill, halfpipe) on skis, snowboard, bicycle, skateboard
- Any form of combat games or activities where participants strike at each other (boxing, martial arts, paintball, AirSoft, etc.)

For each of your chosen and approved sports, present and discuss the following information with your counselor:

(a) The rules and etiquette

(b) All the equipment needed, including all protective equipment and appropriate clothing; be able to explain why it is needed.

(c) Diagrams of the playing areas

EVENT INFORMATION

Before any scout can attend the SPORTS merit badge session, they must submit registration, Activity Consent form, and the \$6.00 registration fee (if mailing a check, please make payable to Juniata Valley Council BSA). **Walk-up registration will be available ONLY if we have not reached maximum capacity.** Completed event forms and payment can be submitted online or mailed to:

Juniata Valley Council, BSA
9 Taylor Drive,
Reedsville PA 17084

SUPERVISION:

Penn State's official policy for programs involving minors on-campus requires that a **minimum of 2 adult chaperones from the attending organization** must be present at all times, regardless of the number of minors present, and appropriate ratios of adults to minors must be maintained as outlined below:

Standards for non-residential camps and programs are:

- One adult chaperone for every ten participants ages 9 to 14
- One adult chaperone for every twelve participants ages 15 to 17

All individuals who interact with, supervise, chaperone or otherwise oversee minors must be in compliance with relevant background clearance requirements for interacting with children in Pennsylvania.

CHECK-IN:

7:45-8:15 AM – Use the Mount Nittany Club entrance on Curtin Road at the southeast corner of Beaver Stadium (to the left of Gate A)

Attire: Scouts should wear their **Class-A uniform**.

EVENT SCHEDULE:

8:15-8:30 – Welcome and Introductions

8:30-9:30 - Session 1: Hazards and First Aid

9:40-10:40 - Session 2: Healthy Decisions; Sportsmanship and Leadership

10:50-11:50 - Session 3: Prerequisite review

11:50-12:00 - Thanks, Patch Distribution, & Dismissal

The Penn State All-Sports Museum will be open until 4pm; all Scouts, leaders, and parents are invited to visit. Scouts interested in a future session for Collections merit badge can put their names on an interest list with our museum staff in our main lobby.

PLEASE NOTE: there are no lunch options available at or around the stadium.