

Nittany District Spring Camporee 2024

Emergency Services and Safety – First Aid Skills



April 5-7, 2024

Pleasant Gap Fire Company

475 Robinson Lane, Pleasant Gap

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Introduction

Caring for the sick and injured, extinguishing fires, preventing crime, promoting a safe culture, and helping other people. These are the jobs that many first responders perform. At the 2024 Nittany District spring camporee you will enjoy a weekend practicing the skills that encompass many of the first boy scout merit badges, many of which continue today. At the camporee, you will learn about careers and opportunities to volunteer in Emergency Services. You will meet and talk to members of several emergency service organizations. Trained fire rescue crews will perform a vehicle extrication demonstration. Gesinger Life Flight crew is visiting, and they will be available to view their air-medical helicopter and talk to the medical professionals and pilots who staff this apparatus. You can tour the Pleasant Gap Fire Company; which provides structural, wildland, and vehicle fire suppression; vehicle, technical, and swift water rescue; and BLS and ALS emergency medical services to the citizens of Pleasant Gap, parts of Spring Township, and in other areas via mutual aid.

You can also explore an exposition midway that hosts exciting presentations from the Nittany and Bald Eagle Railroad, Pennsylvania State Police, Penn State University Eberly College of Science's CSI Mystery Machine, a climbing wall, local fire services, and more. Intermixed in this midway will be skill centers for evaluating your patrol's skills at first aid. EMT judges will evaluate your skills using skill sheets from the national EMR program. Finally, a search and rescue drill will assess your skills in finding a missing person. Additional demonstrations of fire suppression activities may be available depending on emergency service availability.

This event is being hosted by Troop 66 and Pack 23 Pleasant Gap, Alpha Phi Omega Alpha Beta Chapter Penn State (National Service Fraternity), and the Pleasant Gap Fire Company.

Questions may be directed to:

- Marc Burns camporee director • marc.co8@gmail.com
- Nate Long program director • nel5161@psu.edu
- Dave Stucky cub program director • tarkin.17@comcast.com

Location

The camporee will take place at the Pleasant Gap Fire Company – 475 Robinson Lane, Pleasant Gap, PA on the carnival grounds. Due to this location being an active emergency services ground, access will be provided from Mack Avenue off of Route 144 in lieu of Robinson Lane off of College Avenue. Signage will be placed to direct movement.

Because of limited campsite parking availability, we are asking that as much gear as possible be loaded into your troop's trailer or a pickup truck to be parked in the site, vehicles with scouts will be parked in a separate location (within a short walk to the camping site) More information on parking is presented in the parking section, later in this guide.

Access:

From State College and the west, travel down College Avenue past the mall. Continue into the town of Pleasant Gap. At the traffic signal at the intersections of College Avenue (PA rt 26) and Main Street (PA rt 144) make a left turn on to North PA 144 (Main Street). Continue ¼ mile under the railroad underpass and make a left turn onto Mack Avenue.

From the south travel north on state route 144 until you come to the traffic light in Pleasant Gap. Continue ¼ mile under the railroad underpass and make a left turn onto Mack Avenue.

From the east travel west on state route 64 until it merges with state route 26, follow College Avenue (rt 26) through the first traffic light and proceed to the second light. At the second light, make a right turn onto state route 144 (North Main Street). Continue ¼ mile under the railroad underpass and make a left turn onto Mack Avenue.

From the north, either take interstate 80 to the Bellefonte exit, take I 99 south to exit eighty, Pleasant Gap. Make a right on College Avenue (Route 26). Follow 26 west through the first traffic light and proceed to the second light. At the second light, make a right turn onto state route 144 (North Main Street). Continue ¼ mile under the railroad underpass and make a left turn onto Mack Avenue. Or take 144 South into Pleasant Gap. Shortly after Pleasant Hills, on the left, Mack Avenue will be on your right.

All Directions, follow Mack Avenue around a right bend and make an immediate left onto carnival lane. Vehicles with trailers will be sent to the left to continue to the campsite, while other vehicles will be sent to the right to park in the upper field.

Parking

Due to limited space in the camping area, cars carrying scouts will be parked in the upper parking lot. Trailers will be permitted at the camp site, however, the vehicle carrying the trailer will need to be moved to the parking lot.

The blacktop areas around the station are off-limits for parking. These areas need to be kept open for responders arriving at the station for calls.

-Site Map:



The yellow bordered area is the fire station (marked A), it is off limits with the exception of tours. An EMS crew is on station 24/7, location for first aid will be announced during the leader's meeting on Friday evening.

The blue line represents Mack Avenue, and the route to take to the station. Note the two rather sharp curves towards the end of the road, these curves are on a somewhat steep hill. Please use caution.

The camping area is shaded in red; water is available from three bibs located around the buildings. Program will occur in the buildings located in the main carnival area (marked B), at the top of the field (marked C) and an evening campfire will be provided below the bingo stand marked as a fire on the map. The railroad is typically not active during the weekend; however, the tracks and crossing are off-limits, this route is used by emergency vehicles to respond to calls; subsequently, the driveway leading to the station is also off limits as emergency vehicles can enter and exit with little warning.

Camping:

Camping will be provided on site. Troops will be placed in the camping area. **No on-ground fires are permitted**, however, **above ground charcoal tables, small above ground rings, and propane fire rings are permitted**.

Due to the nearby neighbors, quiet time starts at 10:00 PM. Remember, a scout is courteous.

Facilities:

Potable water is available on site. Non-flush portable restrooms are provided.

Electricity

Electricity is available on site for medical needs and is limited. You will need to bring your own drag cord.

Registration Details:

Registration will be completed via black pug. Assignment of color bands will occur at check-in at the event.

Scouts BSA registration:

Register by patrol – real or created temporarily for this event. The intent is for a competition between patrols. Register by March 15, 2024. Scouts and adults staying the weekend will be \$15 per person, optionally, patrols may purchase a BBQ chicken lunch for \$8 per meal. Purchase of the BBQ dinner must be done ahead of time to be able to have ample quantity.

Cub registration

The cub scout day program (8AM to 4PM) is \$10 per participant and 1 adult. Lunch is included for the adult and their cub. An upgrade to the BBQ chicken lunch may be purchased at registration time. Registration for the event will be completed through black pug, and purchase of a BBQ chicken lunch via the form in appendix A

BBQ Chicken Lunch:

An optional lunch can be purchased by both Scouts BSA and Cubs. This meal will consist of ¼ Chicken, Beans, Mac Salad, and a roll. Price is \$8, pre-ordered using the form in Appendix A. Checks are to be made out to Pleasant Gap Troop 66

Food:

Scouts BSA troops / patrols will need to provide their own food including the following meals:

- Friday dinner or cracker barrel
- Saturday Breakfast
- Saturday Lunch **
- Saturday Dinner
- Sunday Breakfast

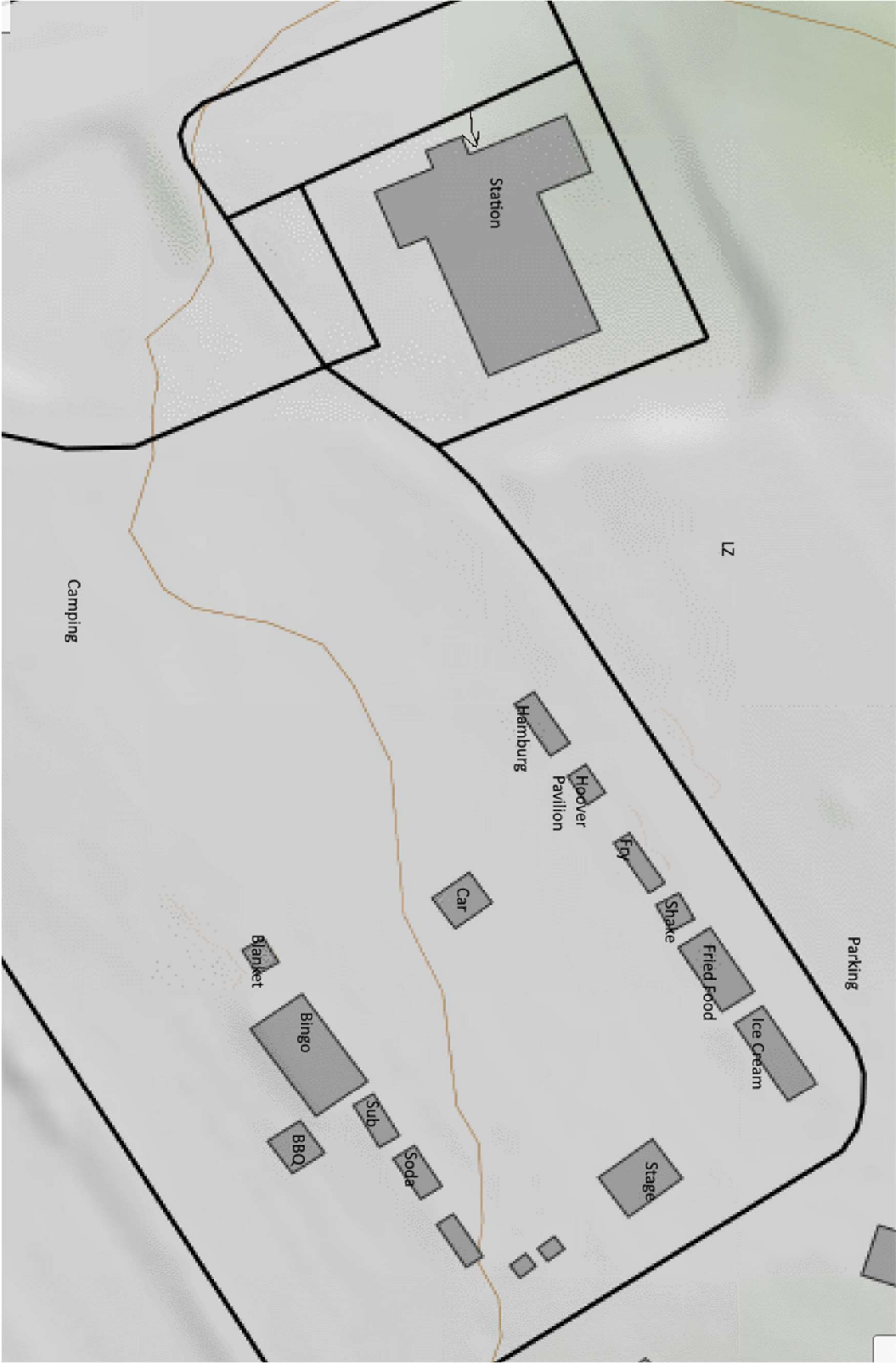
Cubs will be provided with lunch.

** An optional chicken BBQ lunch consisting of ¼ chicken, mac salad, beans, and a roll is available for an additional cost (\$8). Patrols will need to sign up ahead of time for this lunch so that appropriate quantities of chicken are provided.

Items to bring:

In addition to your typical camping gear, each patrol should bring first aid supplies to be used for the skill stations, materials for splinting, a compass, pen, paper, and a watch that has a stopwatch or second hand.

Stand Locations Map



Program Overview:

NOTE: ALL TIMES AND EVENTS ARE CURRENTLY TENTATIVE AND SUBJECT TO CHANGE. PLEASE LOOK FOR A LATER UPDATE ON FINALIZED PROGRAM

See the map above for the location of the stands.

Friday, April 5, 2024

| | |
|----------|--|
| 2:30 PM | Leadership team arrives |
| 4:30 PM | Gates open, check-in starts |
| 7:00 PM | Check-in ends (email or call if delayed) |
| 9:00 PM | Leaders and SPL meeting at Bingo Stand |
| 10:00 PM | Lights out / Quiet time |

Saturday, April 6, 2024

| | |
|-------------|---|
| 06:30 AM | Reville, Breakfast |
| 07:30 AM | Cub Check in Starts |
| 08:30 AM | Flag Ceremony (to the left of the stage) Cub Check-in ends |
| 09:00 AM | Program Starts Station |
| 09:30 AM | Air Medical |
| 10:30 AM | Vehicle Extrication Demo |
| 12:00 PM | Lunch |
| 01:00 PM | Program Resumes / Midway opens |
| 4:00 PM | Cub program Ends |
| 4:30 – 6 PM | Dinner |
| 6:15 PM | Flags |
| 6:30 PM | Interfaith Chapel – Rev Carrie PG Methodist, Ft. Brian St. John's, Pastor Cory Zion CC & Pastor Laura from St. Mark's Lutheran Church |
| 7:30 PM | Campfire + OA Call out ceremony |
| 8:30 PM | OA Social |
| 10:00 PM | Lights Out / Quiet time |

Sunday, April 7, 2024

| | |
|---------|---------------------|
| 7:00 AM | Reville / Breakfast |
| 8:30 AM | Flags |
| 9:00 AM | Checkout |

Program Details and Schedule:

NOTE: ALL TIMES AND EVENTS ARE CURRENTLY TENTATIVE AND SUBJECT TO CHANGE. PLEASE LOOK FOR A LATER UPDATE ON FINALIZED PROGRAM

The program has three components targeting three groups at the camporee. These groups are Cub Scouts, Scouts BSA, and the Adult Leaders. The aim of the program is to provide options to each group to keep the event stimulating. Each group has its own needs for program and will be addressed accordingly. Cards with finalized times will be distributed to patrol leaders at check-in.

Scouts BSA Activities:

This is the core of the entire program on Saturday. Scouts will have the opportunity to participate in four classes of activities: demonstrations, interactives, skills, and exhibits. Demonstrations are events that will primarily be observed. Interactives are events that scouts can participate in under supervision. Skills are stations where scouts will practice first aid scenarios hands. Exhibits are booths that various organizations have set up to display, demonstrate, or inform scouts on their role of keeping people safe. A tentative List of events is tabulated below:

| Sample Events List | | |
|---------------------------|---------------------|---------------------------|
| Demonstrations | Interactives | Exhibits |
| Vehicle Extrication | Climbing Tower | Electrical Safety |
| Fire Apparatus | Finger Printing MB | Smokey Bear |
| Life Flight Landing | Smoke Trailer | Pennsylvania State Police |
| Fire Station Tours | Fire Extinguishing | PSU CSI Mystery Machine |
| <i>And More!</i> | Bucket Rides | PSU Police K-9 Unit |
| | <i>And More!</i> | FBI |
| | | Railroad Safety |
| | | SWIFT water Rescue Boats |
| | | <i>And More!</i> |

Scouts BSA Program Organization:

This event is patrol focused. Utilizing the patrol method is an important part of scouting as well as the smooth operation to this event. The scouts' schedule and their participation will be informed by the number and size of their patrols. It is anticipated there will be several high demand activities, which will result in long lines and poor program quality. To keep scouts busy and having fun, each patrol will be assigned a color group to be signified by a wristband. So long as the program areas are running, everything is available to all scouts. However, the patrol's color will tell them when they are prioritized

in that group of activities. This allows for a patrol to go to a program without competing for time and attention from other patrols. The patrol should decide on what program and when based on interest, completing the activity check sheet, their prioritization time slot, and how busy a program is. Below is a sample schedule that is to be given to the scouts.

NOTE: THIS SCHEDULE IS FOR PROOF OF CONCEPT ONLY.
FINAL SCHEDULE IS STILL IN DEVELOPMENT

| Priority Color Schedule | | | | |
|-------------------------|-------------------------|--------------------------|-------------------------|-------------------------|
| <i>Time</i> | <i>Blue</i> | <i>Red</i> | <i>Green</i> | <i>Yellow</i> |
| 9:00-10:30 | Group 1 | Group 2 | Group 3 | Group 4 |
| 10:30-12:00 | Group 2 | Group 3 | Group 4 | Group 1 |
| 1:00-2:30 | Group 3 | Group 4 | Group 1 | Group 2 |
| 2:30-4:00 | Group 4 | Group 1 | Group 2 | Group 3 |
| Activity Groups | | | | |
| <i>Class</i> | <i>Activity Group 1</i> | <i>Activity Group 2</i> | <i>Activity Group 3</i> | <i>Activity Group 4</i> |
| Demo | Bucket Rides | Vehicle Extrication Demo | Helicopter Landing | Fire Apparatus |
| Interactive | Finger Printing MB | Fire Extinguishing | Fire Station Tour | Climbing Tower |
| Skills | First Aid: Hurry Case | First Aid: Broken Bones | First Aid: Burns | First Aid: Choking |
| Exhibits | Midway Exhibits | | | |

Cub Scout Program Organization:

The cub scout program will be centered around the Scouts BSA experience particularly with the larger demonstrations and exhibitions. Therefore, Cubs will be organized into patrols to be able to have priority access to these events. For interactives, cub scouts will have their own activities. These activities include yet are not limited to:

- Stretcher relay race.
- Long board race.
- Build your own emergency preparedness kit.
- Water purification demo.
- Cub appropriate first aid challenge.

Adult Leader Program:

To keep our scouts safe as we do all our fun activities, adults too need training. Therefore, as a component of this camporee, we are offering some opportunities for our adults attending.

First, is Hazardous Weather training. This training is required for all leaders with direct scout contact and expires every 2 years. This training is often missed. Spend an hour or so and be recertified or earn your initial certification.

Hands-only CPR will also be provided. Several studies (Cabrini et al., 2010; Nofzinger et al., 2019; Urban et al., 2013) suggest that a short course in hands only CPR not only improves patient outcomes, but also helps bystanders to be more likely to provide care. Therefore, we are offering a 30-minute session on Hands only community CPR.

All adult programs occur in the Ice Cream Stand as indicated on the maps.

Optionally, at an additional cost, Wilderness first aid will be offered. More information and a separate signup will be provided. This course will take the majority of the weekend and be held on site.

Appendix A: Chicken BBQ order form

Complete this form and mail with check to

Marc Burns
% Pleasant Gap Troop 66
121 Steeplechase Drive
Pleasant Gap, PA 16823

TROOP / PACK _____ PATROL _____

Quantity Needed _____ x \$8 TOTAL _____

Make checks payable to Pleasant Gap Troop 66

Allergies / Special Notes:

References

- Cabrini, L., Biondi-Zoccai, G., Landoni, G., Greco, M., Vinciguerra, F., Greco, T., Ruggeri, L., Sayeg, J., & Zangrillo, A. (2010). Bystander-initiated chest compression-only CPR is better than standard CPR in out-of-hospital cardiac arrest. *HSR Proceedings in Intensive Care & Cardiovascular Anesthesia*, 2(4), 279. /pmc/articles/PMC3484593/
- Nofzinger, J. R., Kakish, E., Bahhur, N. O., Ryno, J., Pillai, M., DeBelly, J., & Jones, C. (2019). Effectiveness of Hands-Only Cardiopulmonary Resuscitation Teaching on Lay Bystander Attitudes Toward Future Resuscitation. *Spartan Medical Research Journal*, 4(1). <https://doi.org/10.51894/001C.8749>
- Urban, J., Thode, H., Stapleton, E., & Singer, A. J. (2013). Current knowledge of and willingness to perform Hands-Only™ CPR in laypersons. *Resuscitation*, 84(11), 1574–1578. <https://doi.org/10.1016/J.RESUSCITATION.2013.04.014>