

Suggested Personal Packing List

This is a basic suggested list of items to pack for any camp. Most camps are unique; make sure to consult the Program Guides for any specific items needed for certain programs or climates.

Pro Tip: Label everything with your name and unit number.

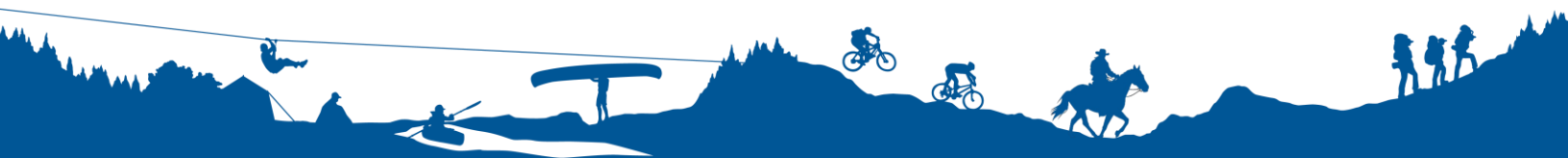
The Basic Essentials (Always Pack First)

- First Aid Kit:** Personal-sized.
- Water Bottle(s):** 32oz or larger, begin hydrating *before* camp
- Flashlight:** With extra batteries (or a headlamp).
- Sun Protection:** Sunscreen, lip balm (SPF 30+), and a hat.
- Whistle:** For emergency use only.
- Trail Food:** Healthy snacks (avoid melty chocolate).

Clothing & Uniform

- Scout Uniform:** Shirt, neckerchief, pants/shorts, and belt.
- Shirts:** Pack 1 per day.
- Sweatshirts/Jackets:** 1 lightweight and 1 heavier.
- Long Pants:** Needed for certain programs such as horse riding.
- Underwear & Socks:** Pack 1 extra pair of each more than the number of days.
- Sleepwear:** Warm pajamas or sweats.
- Rain Gear:** A sturdy poncho or rain jacket (not a flimsy emergency one).
- Hiking Boots/Sturdy Shoes:** Must be broken in!
- Camp Shoes:** Closed-toe sneakers.
- Shower Shoes:** Flip-flops (for showers only)
- Swimwear:** Appropriate swimsuit and a beach towel.

Prepared. For Life.™



Sleeping & Shelter

- Sleeping Bag & Pad:** Rated for around 30° F
- Pillow**

Personal Hygiene

- Toiletry Kit:** Toothbrush, toothpaste, soap, shampoo, deodorant.
- Towels:** One for the shower, one for the lake.
- Insect Repellent:** With DEET
- Prescription Medications:** In original containers with clear instructions.

Scout & Camping Gear

- Scout Handbook**
- Daypack**
- Camping Chair**
- Mess Kit:** For in-campsite meal day(s).
- Pocket Knife:** With your Totin/Whittling Chip card.
- Notebook & pens/pencils**
- Watch:** Non-smart watch preferred.
- Spending Money:** For snacks or the Trading Post.

⊘ DO NOT BRING

- **Prohibited Items:** Such as fireworks, weapons, drugs, or alcohol, etc.
- **Electronics:** Video games, tablets, etc.
- **Valuable items that cannot be replaced.**

Prepared. For Life.™

