



2022 HSR Adult Training Schedule

American Red Cross Adult CPR/AED & First Aid

Monday 9am-4pm Class time. Testing 7:15pm-9pm

Location: Dining Hall

American Red Cross CPR Pro

Tuesday, Wednesday, Thursday 1:30pm-4:00pm

Location: Dining Hall

American Red Cross Wilderness First Aid

Thursday & Friday 9:00 am- 5:00 pm

Location: Dining Hall

Introduction to Outdoor Leadership Skill (IOLS)

Tuesday and Wednesday 9:00am -4:00pm

Location: Dining Hall

Paddle Craft Safety

Tuesday 7:15pm

Location: Lakefront

Swimming and Water Rescue

Wednesday 7:15pm

Location: Pool