

2024 Family Adventure Camp



Leaders Guidebook

“Your Guide to Discovering a World of Adventure”



BOY SCOUTS OF AMERICA®
INDIAN NATIONS COUNCIL



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Camp Welcome

MAY31ST, 2024

CUB SCOUT LEADERS,

WELCOME TO THE WORLD-FAMOUS FAMILY ADVENTURE CAMP! OUR VOLUNTEER STAFF IS EXTREMELY EXCITED ABOUT THE THEME AND THE PROGRAMS WE WILL BE OFFERING THIS SUMMER.

THIS LEADER'S GUIDE HAS BEEN ASSEMBLED AND ORGANIZED TO HELP YOU PLAN A SUCCESSFUL FAMILY ADVENTURE CAMP EXPERIENCE FOR EVERY SCOUT IN YOUR PACK! WE HOPE THAT EVERY SCOUT IN YOUR UNIT GETS THE OPPORTUNITY TO ATTEND THIS YEAR'S CAMP. WE ENCOURAGE EVERYONE TO BE FULLY INVOLVED IN THIS YEAR'S THEME AND MAKE LASTING MEMORIES!

OUR STAFF IS DEDICATED TO ENSURING THAT EVERY TIGER CUB, CUB SCOUT, AND WEBELOS SCOUT IS PROVIDED THE OPPORTUNITY TO EARN ADVANCEMENTS AND ENJOY THE OUTDOOR EXPERIENCE OF CAMPING IN A SAFE AND SECURE ENVIRONMENT. WHILE ON THE MABEE RESERVATION TAKE THE TIME TO HIKE THE TRAILS, VISIT ALL THE PROGRAM AREAS, AND CREATE MEMORIES THAT WILL LAST A LIFETIME!

WE WILL SEE YOU AT CAMP!

YOURS IN SCOUTING,

**2024 Cub Family Adventure
Camp
Administration Team**

**Family Adventure Camp
Early Bird Price
By May 1st
Youth -- \$100**

I. PRE-CAMP PLANNING

PLANNING FOR YOUR FAMILY ADVENTURE CAMP

Congratulations you are going to camp!

As a parent or leader, it is up to you to prepare your Cub Scouts for the best camping experience. We have included a few basic tips to help with your planning.

Hold a “Pack Summer Program Meeting” to discuss Cub Scout Family Adventure Camp. Make sure everyone is aware of Family Adventure Camp and what they need to bring. This may be an independent meeting or occur at a pack meeting. Visit with each Cub Scout and his or her family about the Summer Camp agenda. Make sure all your paperwork is finalized, hand out information packets to the parents, secure all equipment needed for the campsite, and review the program schedule. Your Cub Scout will have the chance to grow mentally and physically, let’s make this a campout of a lifetime!

REGISTRATION REQUIREMENTS

The Indian Nations Council, Boy Scouts of America, provides program, facilities, and services without regard to race, color, national origin, age, gender, or handicap.

No camper, youth, or adult will be permitted to stay in camp unless their full camp fees have been paid prior to the start of their camp session. Since the camp falls under the guidelines of the National Camp Accreditation Program (NCAP) of the Boy Scouts of America, packs are required to supply two adult leaders at **minimum for two-deep leadership**. A pack of eight youths must have two adults and one additional adult leader for every five additional youth.

SPECIAL NEEDS

Do you have a youth or adult attending camp with any special needs? Please complete the Special Needs Request Form and return it to the Scout Resource Center no later than **May 15th, 2024**.

Requests may be delivered in person, submitted via fax or e-mail to the Council Service Center.

Be sure to inform Camp Administration of the type of need, i.e., physical, medical, diet, food allergies, etc.

Food allergies and dietary requests require a Special Needs Request to be turned in by May 15th, 2024.

WHAT TO BRING TO CAMP

Please feel free to use this as an easy guide. Remember you are camping for two nights and three days' worth of activities. Be prepared for warm weather and possible rain.

- | | |
|---|---|
| € Health Form, Part A & B (completed and current) | € Sunscreen |
| € Medication (if applicable) | € Day Pack |
| € Official Scout Uniform (for Opening/Closing each day) | € Canteen / Water Bottle |
| € Tent | € Raincoat or Poncho |
| € Sleeping Bag or Bedroll | € Hiking Boots or Tennis Shoes (NO OPEN TOED SANDALS) |
| € Pillow | € Hat or Cap |
| € Camp T-Shirt | € Handkerchief |
| € Extra Shirts, Shorts, Underwear, Socks, etc. | € Beach Towels |
| € Pajamas | € Toothbrush & Toothpaste |
| € Sweater or Light Jacket | € Comb or brush |
| € Jeans or Long Pants | € Flashlight & Extra batteries |
| € Swimming Suit (1-piece suit for females) | € Spending Money for the Trading Post |

Optional Items for your campsite:

- | | |
|-------------------------------|-------------------------------------|
| • American & Pack Flag | • Battery Powered Lanterns |
| • Pack First Aid Kit | • Mosquito Repellent (Non-Aerosols) |
| • Large Water Containers | • Camera |
| • Disposable Drinking Cups | • Sunglasses |
| • Rope & Binding Twine | • Sewing Kit |
| • Lock Box for Pack Valuables | • Trash Bags |

WHAT THE CAMP PROVIDES

The campsite you will be assigned to use during your stay, will include the following:

- Permanent structure for eating/gathering.
- Picnic Tables
- Flushing Toilet Latrines

CAMPSITE ARRANGEMENTS

We will make every effort to camp your Pack together. A Pack must register together, to be considered for the same campsite. If individuals register separately, we cannot guarantee they will camp in the same campsite. We will not be able to accommodate everyone without the cooperation of our Packs. Please remember that BSA Policy states: When staying in tents, no youth will stay in the tent of an adult other than his or her parent or legal guardian. We appreciate your understanding and help with this Youth Protection Policy.

II. CAMP LEADERSHIP

YOUTH PROTECTION GUIDELINES

Our nation's greatest asset is our youth, and Scouting is pledged to protecting and nurturing our children. Any camp leader or staff member who suspects, knows of, or witnesses a child being abused at camp, or at a unit meeting or activity is mandated by the state of Oklahoma to notify proper officials. While at camp, all suspected child abuse incidents (i.e., neglect, physical, emotional, sexual) must be reported to the Camp Director immediately. All reports are kept confidential.

Consistent with Youth Protection Guidelines, adults must not stay in tents or shower with youth members. Anyone caught or suspected of doing so will be asked to leave camp property immediately. The only exception to these policies is the right of a parent to share a tent with their own child. It is recommended that parents do not exercise this right at camp. Doing so helps to ensure that their child receives the maximum benefit possible from his or her camp experience, this prevents any unnecessary misunderstandings or awkward situations.

The Indian Nations Council requires that **ALL leaders complete Youth Protection training**. The course is free and can be completed online. This can be done by visiting the national website for the Boy Scouts of America and following the directions in creating a free online Scouting account. You do not have to be a registered member or have a member ID to take Youth Protection Training. To learn more visit: <http://www.scouting.org/Training/YouthProtection.aspx>

GUIDE TO SAFE SCOUTING

All units are required to retain a current copy of the **Guide to Safe Scouting**. The most current edition may be found at the national website for the Boy Scouts of America: <http://www.scouting.org/Home/HealthandSafety/GSS.aspx>

CAMP LEADER'S MEETING

The Camp Leader's Meeting/Opening of Camp will take place on Friday at 2 PM right after opening ceremonies in Hardesty Hall. General information and any changes to the Camp Schedule will be covered at that time.

III. SERVICES PROVIDED BY CAMP

CAMP OFFICE

The Central Camp Office is in Hardesty Hall and is open daily from 7:30am to 10:30pm. The office staff is eager to meet the needs of any leader.

The following are important things to know about the office:

- The “Lost and Found” is located here.
- All participants must check in and out with the office when arriving or departing from camp.
- Report any emergencies to the office immediately. Office staff will notify the proper personnel.
- Cub Scouts are encouraged to stay out of the office except in cases of emergency.

TRADING POST

The Trading Post is stocked with various food and drink items and will be offered Friday and Saturday in Hardesty Hall.

Packs are encouraged to operate a “bank” to hold money for their Scouts while at camp. We encourage small bills (\$1, \$5, \$10) to be used at camp. The Trading Post will not make change for larger bills.

All personal items and spending money should be kept secure while at camp. The Camp is not responsible for securing or for the loss of personal items. It is the responsibility of each Pack to keep track of all personal property while at camp.

FIRST AID STATION – HARDESTY HALL

The First Aid Station is available for emergency assistance 24 hours a day. Camp medical personnel will assist you with any medical emergency during the session. If the medical personnel are not in Hardesty Hall upon your arrival, their location will be posted on a sign outside the First Aid Station door.

MEDICAL TREATMENT NOTES

Each Pack must provide transportation to and from the First Aid Station and local health facilities in non-emergency situations. If transportation is not available from the Pack, check with the Camp Director or the Program Director for assistance.

PRESCRIPTION MEDICATION

All prescription medication must come to camp in the original bottle from the pharmacy.

The label must contain:

Camper's Name

Date of Prescription

Doctor's Name and Phone Number

Correct Dosage

No handwriting will be allowed on prescription medication bottles.

All over the counter medication must come to camp in the original containers.

The taking of prescription medication is the responsibility of the individual taking the medication and/or that individual's parent/guardian. A Scout leader, after obtaining all the necessary information, can agree to accept the responsibility of making sure a Scout takes the necessary medication at the appropriate time. BSA policy does not mandate nor necessarily encourage the Scout leader to do so.

All Prescription medication must be accompanied by a note from a parent or legal guardian giving permission for the medication to be administered by the Scout leader or First Aid Station at camp.

DRINKING WATER

Campers and staff need to drink lots and lots of water. While soda, Gatorade, and bottled water may be available at the Trading Post, it is important to keep hydrated especially during hot weather. Cub Scouts should be encouraged to drink at least one gallon of water a day outside of meals. Packs are encouraged to bring water storage containers to camp and keep them filled with water for their Cub Scouts.

Campers should bring a water bottle with them to camp and should always carry it with them. Cold drinking water will be available in each Program Area during the day and the youth will need to drink water each time they enter a Program Area.

IV. CAMP RULES AND REGULATIONS

TRANSPORTATION & VEHICLE STORAGE POLICY

Walking is the mode of transportation at camp. Driving to Program/Activity areas is prohibited unless permission is given by Program Director. The drivers of vehicles on the ranch must be at least 18 years old and possess a current driver's license.

All vehicles transporting Cub Scouts and leaders must have adequate insurance. Boy Scouts of America regulations prohibit using the cargo area of trucks (including camper shells) and trailers for the transportation of passengers; riding on the tailgates of station wagons is also prohibited. Please cooperate by keeping your Cub Scouts off such equipment. Each occupant should have and use a seat belt. Once arrived at camp, vehicles are to remain in the designated and approved parking areas only. **Vehicles are not allowed in campsites per safety policies set by the Boy Scouts of America.**

PROHIBITED ITEMS AT CAMP

The Boy Scouts of America has specific policies guiding the safety of youth and adults in our programs. The following items are prohibited on camp property:

- Drugs & Alcohol
- Fireworks
- Personal Firearms and Personal Archery Equipment
- Pets, of any kind

Persons caught with and or with suspicion of possessing these items will be asked to remove said items from Camp Property. It is the responsibility of Pack Leadership to share this information with all parents participating in the camp.

REGARDING PERSONAL FIREARMS, ARCHERY AND SHEATH KNIVES

Firearms, regardless of a person's carry and conceal permit are prohibited on BSA Council property. The Council, through trained and approved leadership will run firing ranges that meet the safety standards set by the Boy Scouts of America. Equipment used on the ranges is provided by the Council for the convenience of our campers.

Experience over the years has taught us that youth and sheath knives are not a wise combination. Please ensure that this type of personal equipment is left at home, and not brought to camp by your youth or adult leaders. A small pocketknife is just as effective.

SMOKING POLICY

Smoking is not allowed in program areas or campsites. If you must smoke, please keep it out of view of the Scouts. This is also the policy for smokeless tobacco and electronic cigarettes.

GENERAL SAFETY TIPS

The following are general guidelines and safety policies all camp participants are expected to follow.

- Always hike in groups of four or more. Cub Scouts need their leader's permission before going hiking and must be accompanied by adults using two deep leadership.
- Note their route and ask then when they plan to return to the campsite.
- Always wear shoes to prevent cuts and bruises. **NO OPEN TOED SHOES**
- Keep the latrine and campsite areas clean and free from hazards.
- Please place trash in trash cans.

FIRE PROTECTION

In case of fire, notify the camp director or ranger immediately. Do not attempt to fight any fires yourself! Fires are only permitted in designated Camp Fire Rings, with adult supervision. Shovels and water buckets are required on site before lighting any campfires. We adhere to all local regulations, in accordance with the Oklahoma Forestry Service.

LIQUID FUEL POLICY

The use of liquid or jellied fuels such as gasoline, oil, sterno, or kerosene for lighting, cooking, generators, or motors (other than automobiles) is prohibited at camp. The storage of any type of liquid fuel in Pack campsites is not allowed and strictly prohibited. The Council Health and Safety, Risk Management, and Camping Committees have agreed that the storage and/or possession of such fuels constitute a safety hazard to our Scouts at camp. There will be no exceptions to the above policy.

PETS

Pets of any kind are **not** allowed on Camp property. Likewise, do not claim the wildlife as your pet(s)

DRESS CODE

Camp Uniform

Throughout the day, Cub Scouts and Leaders are encouraged to wear the official camp T-shirt, provided with all paid registration, as part of the Pack's uniform. The field uniform (commonly known as Class A) is preferred at Opening and Closing meetings. Cub Scouts are encouraged to wear their uniforms or camp t-shirts when traveling to and from camp.

As a reminder, a scout is morally straight and reverent. No tube tops, short shorts, racing Speedos, or two-piece swimsuits. Dress should be appropriate to the camping experience and should never be in question.

Footwear

No Open Toed Shoes. Campers should always wear shoes outdoors. Mabee Scout Reservation is home to many outdoor creatures. For the safety of all, **only closed toe shoes are allowed.** Always check foot gear for spiders, scorpions, etc. before putting shoes on. A lack of appropriate foot gear is grounds for dismissal from camp. During water activities on Saturday, water shoes may be worn. The waterslide will require removal of all footwear while there but must be put back on before leaving the activity area.

CONSERVATION POLICIES

- Do not cut or deface any trees.
- Never leave a fire unattended! Make sure to put it “dead out” with water and dirt.
- Please leave your campsite cleaner than you found it.
- Please pick up any trash you find along the camp trails.

WILDLIFE

Mabee Scout Reservation is home to many kinds of wildlife. Hunting or harming wildlife is not permitted. There are some varieties of harmful snakes in the region, and it is best to avoid non-program related interaction with all wildlife while at camp. If you have an unwelcome snake or any other critters in your campsite, please contact the camp director or ranger and steps will be taken to address the situation. Collection of claws, feathers, and other parts from birds are strictly prohibited. Remember that federal law protects birds of prey and possession of their parts is punishable by fines or imprisonment.

HEALTH AWARENESS INFORMATION

BSA Health Form Part A & B **must be turned in upon arrival** at registration. For all health concerns please see the Camp Medical Officer or your private physician.

DEHYDRATION

The most common ailment at camp is dehydration. Common symptoms include:

- Nausea
- Vomiting
- Fatigue
- Headache
- Diarrhea
- Over heating

Be sure to drink Lots and Lots of... WATER!!

V. CHECK-IN AND CHECK-OUT PROCEDURES

CAMP CHECK-IN

Check-in is from 12:00pm to 2:00pm Friday. Friday dinner will be served to all campers. If you need to arrive at a later time, please contact Angela Ashmore 918-630-7866 before camp starts.

As a Unit or As an Individual

Upon arrival at Mabee Scout Reservation, the unit's top leader must report to registration located in the Hardesty building. The top leader will be requested to present the following:

1. Verification of participants on the camp roster.
2. All Health Forms must be turned into the Health Lodge along with any medications.

Moving into Your Campsite and Touring Camp

Please inform the Camp Staff immediately of any needed repairs to your campsite. You are allowed to drive your gear to your campsite. **Be aware of youth walking the roads in camp and stay on improved or gravel roads only.** Do not attempt to drive into the campsites. This is for the safety of the youth and to avoid the possibility of your vehicle getting stuck. After unloading your gear all vehicles **MUST** be parked in the appropriate parking lot. **Absolutely no vehicles are allowed in campsites.** Late arrivals must be prepared to walk their gear in from their designated parking area.

CAMP CHECK-OUT

As An Individual

If it becomes necessary for a camper to leave camp before the end of the camping session, the following is required:

- Report to the Camp Director.
- Sign out on the designated form.
- If removing a Cub Scout from camp: the adult, whether parent or guardian must be listed on the youth's Health Form as an approved adult to transport the Cub Scout to and from Scouting events. If authorized, the adult removing a Cub Scout will list their name, their Driver's License number, name of Cub Scout along with day and time of check-out. The Camp Director will sign the Camper Departure Notice.

Individuals checking out after 10:00pm and before 8:30am must report to the First Aid Station, which is in Hardesty Hall.

As A Unit

- Pack up all gear and trash. As role models for your unit be sure to lead by example and keep a clean campsite. The phrase "If you carried it in, then carry it out" is a terrific way to remember.
- Check-out will be at closing on Sunday at 12:00pm. A check out packet will be provided with Health Forms, camp patches, door prizes, etc. Turn in your camp evaluation form, and you are on your way!
- Do not forget to pick up any medication at the First Aid Station.

- Have a safe trip home.

APPENDIX

Attached are the following forms:

- Camp Schedule
- Camp Menu
- Camp Map
- Unit Roster
- Special Dietary & Needs Request Form

Camp Schedule

Friday	ALL GROUPS
7:00am	
7:30am	
8:00am	STAFF ARRIVE/SET UP CAMP
9:00am	STAFF ARRIVE/SET UP CAMP
10:00am	STAFF ARRIVE/SET UP CAMP
11:00am	STAFF LUNCH
12:00pm	Registration/Set Up Camp
1:00pm	Registration/Set Up Camp
2:00pm	OPENING/ANNOUNCEMENTS TRADING POST
3:00pm	TOUR GUIDES: FLAGS/NAMES/GAMES
4:00pm	SKIT/SONG PRACTICE
5:00pm	CLOSING/ANNOUNCEMENTS
6:00pm	DINNER
7:00pm	TRADING POST SKIT/SONG PRACTICE
8:00pm	Campfire
9:00pm	Campfire
10:00pm	Lights Out!

Sunday	All groups
7:00am	Rise and Shine!
7:30am	OPENING/ ANNOUNCEMENTS
8:00am	BREAKFAST
9:00am	CHAPEL
10AM- 12PM	CHAMPIONSHIP RACE
12:00 PM	CLOSING/PATCHES PRIZES
12:30- 2:00 PM	BREAK CAMP & LEAVE Camp

	ACTIVITY	LOCATION
STATION	CLIMBING WALL	HARDESTY CENTER
STATION	REGATTA/ GAMES	BEHIND HARDESTY HALL
STATION	WATER SLIDE	PODPECHAN PARK
STATION	PEDDLE CARS	TBA
STATION	BB GUNS	BB RANGE
STATION	WRIST ROCKETS	WRIST ROCKET RANGE
STATION	ARCHERY	ARCHERY RANGE

SATURDAY ROTATIONS

	BB	WRIST ROCKETS	ARCHERY	WATER SLIDE	ROCKETS	CLIMBING WALL	PEDDLE CARS	Regatta	Indoor Games
7am	RISE AND SHINE								
8AM-9AM	BREAKFAST								
9AM-10AM	BLUE	ORANGE	YELLOW	GREEN	X	GRAY	RED	X	X
10am-11am	RED	BLUE	ORANGE	YELLOW	X	GREEN	GRAY	X	X
11am-12am	GRAY	RED	BLUE	ORANGE	X	YELLOW	GREEN	X	X
12pm-1pm	LUNCH								
1pm-2pm	FREE TIME								
2pm-3pm	GREEN	GRAY	RED	BLUE	X	ORANGE	YELLOW	X	X
3pm-4pm	YELLOW	GREEN	GRAY	RED	X	BLUE	ORANGE	X	X
4pm-5pm	ORANGE	YELLOW	GREEN	GRAY	X	RED	BLUE	X	X
5pm-6pm	CLOSING/ANNOUNCEMENT								
6pm-7pm	DINNER								
7pm-8pm	X	X	X	X		X	X		
8pm-10pm	MOVIE								
10pm	LIGHTS OUT								



INDIAN NATIONS COUNCIL
BOY SCOUTS OF AMERICA®

Camp Menu

Friday

Dinner	Soft Tacos	Fruit Punch	Cinnamon Sugar
	Salsa/Sour cream	Water	Churros
	refried Beans	Gatorade	Fruit
	Salad		

Saturday

Breakfast	Scrambled Eggs	Coffee	Fruit
	Home Fries with Ham	Milk	
	Biscuits	Orange Juice	
	Cereal		

Lunch	Pizza	Fruit Punch	Apples
	Garlic Bread	Water	Oranges
	Corn	Gatorade	
	Salad		

Dinner	Chicken Tender	Fruit Punch	
	Fries	Water	Cookies
	Mixed Veggies	Gatorade	
	Salad Bar		

Sunday

Breakfast	French Toast	Coffee	
	Bacon	Juice	
	fruit	Milk	
	Cereal		

Camp Map

Unit Roster

Cub Scout Family Adventure Camp Unit Roster (To be turned in at registration check-in upon arrival. List all Campers)

Pack # _____ Council: _____
 Pack _____
 Coordinator: _____ Phone: _____

1	Youth Name Den 1	Grade	Male Female	Medical Form	
2					
3					
4					
5					
6					
7					
8					

1	Youth Name Den 2	Grade	Male Female	Medical Form	
2					
3					
4					
5					
6					
7					
8					

1	Adult Participants	Grade	Male Female	Medical Form	
2					
3					
4					
5					
6					
7					
8					



2024 Cub Scout Family Adventure Camp Special Dietary and Needs Request Form

Form due by May 15th, 2024

District _____ Pack # _____ Den # _____
or Name _____

Session May 31– June 2, 2024 June 7 – 9, 2024

(Please check one)

Participant's Name _____

Address _____ City _____ Zip _____

E-mail _____ Daytime Phone _____ Evening Phone _____

Please list specific nature of special request and need:

We will make every effort to ensure that all youth are able to enjoy the outdoors experience of Cub Scout Family Adventure Camp. The individual care and responsibility for all youth, however, rests with the parents, leaders, and unit to which the youth is registered.

Return form to:
**Indian Nations Council
Boy Scouts of America
4295 S Garnett Rd
Tulsa, OK 74146-4261**

EVENT #6711

For additional information contact Brandon Gawel at brandon.gawel@scouting.org