

## VENTURE ONWARD

## Attention Scouts, Leaders, and Parents!

Welcome to our revamped Aquatic Adventure Expedition at ZBASE. Formerly known as the Webelos Aquatic Camp, this event has been rebranded and improved to offer an even more thrilling experience for all participants.

Now in its sixth year, The Aquatic Adventure Expedition has established itself as a top-notch Cub Scout program for summer activities! Embark on this adventure where you and your scouts will enjoy swimming at the Helmrich Pool Complex and engaging in fishing and paddling adventures on the stunning Skiatook Lake. All this while completing the requirements for the Aquatic pins!

This adventure pass will serve as a guide, ensuring your successful navigation through the various activities. Planning and preparation are crucial for everything you will undertake. Some programs have limited space, so timely decision-making and swift registration will secure your spot. No matter which program you choose, we guarantee an unforgettable experience, leaving you fully prepared to conquer the country's newest premier high adventure bases!

We are thrilled to welcome you and eagerly await the exciting summer of 2024.

Venture Onward!

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O Compass points -Helpful or additional information to point you in the right direction.

## **ZBASE Mission Statement**

TO PREPARE FUTURE LEADERS AND EQUIP THEM TO HANDLE LIFE'S CHALLENGES BY PRACTICING AND IMPROVING THEIR SKILLS IN UNIQUE OUTDOOR ADVENTURES.

2024 Aqualics Frügram Scheune and Lees						
Program	Start Date	End Date	Youth Age Requirement	Fees	Attendance limit	Payment due date
Webelos Aquatics Camp 1	July 12	July 14	Entering 4 <sup>th</sup> or 5 <sup>th</sup> grade in the fall of 2024	\$125 per youth \$125 per adult	60 TOTAL PEOPLE	At the Time of Registration
Webelos Aquatics Camp 2	July 19	July 21	Entering 4 <sup>th</sup> or 5 <sup>th</sup> grade in the fall of 2024	\$125 per youth \$125 per adult	60 TOTAL PEOPLE	At the Time of Registration

## **2024 Aquatics Program Schedule and Fees**

## Adventure Descriptions & Requirements

#### Aquatics Adventure Expedition

Times: resident adventure (all food provided; overnight accommodations in platform tents- cots provided)

**Open to**: Webelos and Arrow of Light Cub Scouts and Parents/ Guardians **Age requirement:** Must be a Webelos Scout or Arrow of Light going into the 4<sup>th</sup> or 5<sup>th</sup> grade in the fall of 2024.

Max attendance: 60 Total people (Scouts + Adults) per session.

Cost: \$125 per youth & \$125 per adult

About: Spend a long weekend poolside! Aquatic Adventure Expedition is geared towards those Webelos and Arrow of Light cub scouts looking for something different for their summer adventure! A program geared toward aquatics adventure loops and fun. Pack your swim trunks and plenty of sunscreen.... You are going to need it! The minimum leadership requirement is 1 adult for every 5 scouts. Adults will participate alongside their scouts. Get ready to get splashed alongside your scout and have fun!

Program	Day	Friday	Saturday	Sunday
S	Morning		Program	Chapel Free Swim Checkout
latic				
Webelos Aquatics Camp	Afternoon		Program	
oelos Ip	Evening	Check in 4-6 PM Opening Program	Evening Program	
Wek Cam		Evening Program		

### General Program Design & Schedule

## **Payments and Refund Policies**

<u>Payments</u> -To ensure that your reservation is held, it is imperative that you reserve and make your payments on time. Many of the programs offered have age and size limits; only those paid in full will have their reservation held. Reservations are taken on a first come, first serve basis so pay attention to deadlines, but also get your reservation in early to ensure your spot...do not wait until the last minute – you may miss out!

**Refund policy** – **Indian Nations Council, Boy Scouts of America Event, Camp & Activity Refund Policy.** In all programs offered by the Indian Nations Council, Boy Scouts of America, a great deal of planning and purchasing takes well in advance. The Indian Nations Council will be investing time and monies getting all programs ready, and use your registration and prepayments to procure supplies, food, and staff for the programs. If a refund is requested, it should be reserved for emergency situations. All individual refunds are to be requested in writing, no later than one week after the end of the event to be considered. Please submit all

requests by mail to the Indian Nations Council, Boy Scouts of America, 4295 South Garnett Road, Tulsa, OK 74146; by email to info@okscouts.org; or by fax to (918) 743-6049.

## A 10% processing fee, per registration, will be taken from all refunds to cover bank fees and processing costs.

No refunds will be granted if:

1. A participant is dismissed from the event for disciplinary actions.

2. A participant is dismissed for inattention to Safe Scout Stands (including not adhering to staff instructions).

3. A participant chooses to leave a program before the scheduled end time for non-emergency reasons.

The Indian Nations Council, Boy Scouts of America reserves the right to grant or decline all refund requests at the organization's discretion.

**Physical fitness and outdoor safety** – Every participant needs to be physically fit for the program they are signing up for. In almost all programs, you will be in or around the water, participating in high–level activities. In advance of your adventure, you should go swimming often, do light exercise, and take care of your body. You will also be in the hot and humid weather experienced at Zink ranch. You will be exposed to high UV (sun) levels, and it is important to pack and prep with sunscreen, hats, water shirts/ shoes etc.

## **Required Health & Medication Forms**

ZBASE will require all participants regardless of age or sex to provide the Annual BSA Health & Medical Record Form upon arrival to Zink Ranch. You are required to complete parts A & B.

The form can also be downloaded to your computer as a writeable PDF file from <a href="https://www.zbase.camp">www.Okscouts.org</a>, or <a href="https://www.scouting.org">www.scouting.org</a>. The form is very user-friendly, and the information can be saved and updated as needed and printed.

Heal	Program	
Part	Area	Webelos Aquatics Camp
А	Informed Consent, Release Agreement, and Authorization	Х
В	General Information & Health History	Х
С	Pre-Participation Physical (Physician Signature required)	Not required

- ⊘ Compass point
- All forms must be on the official BSA Health and Medical form (no school / sports physicals accepted)
- Swim check is NOT required. We will work on swimming skills throughout the weekend and help Scout's "attempt" the Swim Check.

## **Medication**

All prescription medications must be verified by the camp medical personnel upon your arrival. They must be in their original container and labeled. Medications must be under lock and key through either the base medical officer or the authorized adult leader responsible (if on site) for administration/ dispensing. Exceptions to this are inhalers, epi-pens, and other medicines that must be always held on the person. In these cases, the participant's physician should note this requirement on his or her medical form. <u>Adults in charge should bring a small lock box or keep in</u> <u>their locked cars to prevent medications from getting lost or stolen.</u>

After all medications have been verified, <u>adults may secure the</u> <u>medications in a lock box that the adults provide</u>. If not kept by the adult in charge, then all medications must be checked in and dispensed by the onsite medical officer. Parents/ Guardians should include with the health form a clear schedule on when and how much of each medication is to be given.

#### ⊘ Compass point

- Ø Before you arrive at ZBASE, make sure that all medical forms have been completed, signed, and include a copy of the insurance card.
- ② Ensure your unit number and emergency contact information is clear and readable, and if coming as a crew or group, alphabetize the forms to help the camp staff locate in case of an emergency.
- Ø Make copies of your form this comes in handy if something happens to the original and you can also reuse (up to 1 calendar year) the form for other ZBASE/ Scouting activities.
- O not mail your health forms in advance to the program you choose to ZBASE or to the Scout Service Center. Bring them to ZBASE with you on the first day of your program.
- ZBASE only retains medical forms for participants for the duration of their programs. Forms will be returned to the participants after the adventure concludes.
- Any medical forms or medications left at ZBASE will be destroyed within 1 week after the adventure. Forms cannot be mailed, scanned, or faxed. If pick-up is desired, they will be left in a sealed envelope at the Scout Service Center in Tulsa (41<sup>st</sup> and Garnett).

## **Packing List**

When you arrive:

- Plan to arrive on time for your scheduled program.
- Early arrivals are not permitted.
- Meal arrangements before the first scheduled mealtimes will not be available. Snacks can be brought if there is a concern.
- Upon arrival, you should be prepared to turn over all the required forms, and validations.

Personal lockbox or lockable bag Complete BSA Health & Medical Form Copy of Medical Insurance Card (front & Flashlight Extra spending money (cash preferred. back) Credit/ debit available) Swimsuit (Females must have 1 piece) Water shirt/ cover-up Dry bag or dry storage for electronics \_\_\_Reusable Water bottle High-Level SPF sunscreen \_Hydrating lotion/ Aloe Vera \_\_\_\_Fishing Gear -optional (Adults must have a Sunglasses (Polarized advised) valid OK Fishing License to fish in Skiatook **Bug repellent** Lake) Water/ shower Shoes Light weight non marking shoes/ sneakers. Do not bring: Official BSA Uniform \*Fireworks \*Pets of any kind Scout appropriate t-shirts, socks, underwear \_\_Shorts for 2 days/ 2 nights \*Bikes /skateboards \_Light rain gear \*Expensive personal jewelry \*Anything you don't want to lose or get Hat (wide-brimmed suggested) Toothbrush/ toothpaste stolen. \_Shampoo/ body wash/soap \*Alcoholic drinks/ illegal drugs \*Personal boats (adults will not have an Beach towel Bath towel opportunity to use Zink Ranch private Sleeping bag/ sheet w/ Blanket. docks to put in personal boats) Pillow

Participants will stay in canvas platform tents-cots provided.

## General Rules, Do's & Don'ts & Final Compass Points

#### Parking, Trailers, & Carpooling

Vehicle parking is allowed in the main parking lot only. Carpooling is highly encouraged if you are coming as a group. Personal boats are not allowed.

#### **Spending Money**

We recommend that participants bring extra spending money to the ZBASE Trading Post. A limited number of snacks will be for sale. Participants should have a dry case for money (zip lock bag with name on it, wallet, etc.).

#### Service & Clean Up

Throughout your time at ZBASE, we expect that all participants will participate in any cleaning, care, and repacking of ZBASE property. Picking up trash, & observing cleaning schedules, and cleaning up after oneself is a part of who we are and our vision to teach and practice leadership skills. We ask that you be a leader and leave ZBASE a little better than when you arrived, so the next participants have the same experience that you had.

#### Lost & Found

It is important that you mark everything you bring to ZBASE. ZBASE is not responsible for lost items. If something is lost, a lost & found box will be kept. After the program items will be kept for 2 weeks at the Tulsa Scout Service Center. After 2 weeks, items will be donated to local charities or disposed of.

#### First Aid & Insurance

For onsite and minor issues, we will have a medical person available. For emergencies, 911 will be called and the participant will be transported if necessary. f transportation or additional medical care is needed, participants will be covered under the Boy Scouts of America insurance. Personal or family insurance will act as a primary with BSA insurance as the secondary. Complete and full medical forms need to be on file to participate in any ZBASE program.

#### Homesickness/ Disciplinary Issues

Homesickness is a very real and natural emotion that can occur when anyone leaves familiar surroundings. In our experience, it is one that goes away soon after participants acclimatize to their surroundings. If Disciplinary problems arise, the on-sight the parent/ guardian will be consulted. If no adult/ parent is available, the emergency contact may be contacted and asked to pick up the unruly participant. No refund will be given for disciplinary problems.

#### **Hydration**

It will be crucial to stay hydrated while participating in the programs. Please make sure to pack at least a 16 oz. water bottle that has a clip feature on it. Clipping the bottle to yourself or other places will be crucial so that a significant drink of water is never too far away. Participants should be aware of dehydration signs and symptoms and be self-aware to keep hydrated. Zink Ranch can have high temperatures, humidity, and winds to strip vital moisture away from the body. Even while immersed in the water you can become dehydrated. To reduce our waste please bring your water bottle to mealtimes- please refill and use bottles instead of Styrofoam cups when possible. Water for life!

#### <u>Sunburn</u>

The Oklahoma sun and heat can be unforgiving, especially in and around water! Be prepared to use 50+ SPF sunblock daily and reapply often while participating in the programs. Hats, water shirts, long-sleeved sun shirts, sunglasses, and having some aloe available is also advised!

#### Vehicle Policy

To enter Zink Ranch, you must have a code (codes sent to participants before their assigned program). If you did not receive it, call 918-743-6125 M-F 9 AM – 5 PM to obtain your code. Be prepared to give which program you are attending.

Once on Zink Ranch, the speed limit is 25 mph **(no exceptions!).** Follow signs to ZBASE basecamp. At the top of the first hill, veer right and follow signs to ZBASE/ Red Castle Gun Club. **Do not** go down drives marked "private Drive" or follow the road to Babbitt Cub World or the Boy Scout Loop. If you have problems, contact the Boy Scout contact found on the directory by the gate. **Do not call** the Zink Ranch Manager as there are many programs that occur at Zink Ranch, and they may not be aware of your individual program. ONCE AT ZBASE, YOU WILL BE ALLOWED TO UNLOAD YOUR GEAR NEAR your tent. Immediately after unloading, you must park in designated parking areas. No vehicle traffic is allowed in basecamp.

#### Policy on smoking, tobacco, alcohol, & illegal substances

Smoking/ tobacco (including vaping and smokeless tobacco) are allowed in designated areas only. At the ZBASE basecamp, there is only 1 designated area behind the warehouse (facing Skiatook Lake-adjacent to Zink Lodge). It is highly advised to please leave tobacco products at home. There is no use of tobacco insight of youth, in buildings, or in structures. Cigarette butts are to be collected, put out properly, and disposed of in designated trash cans.

ZBASE prohibits the use of alcoholic beverages and controlled substances at the Zink Ranch. ZBASE operates under a zero-tolerance policy regarding alcohol and controlled substances. In every situation, violators will be removed from the property and the authorities notified if necessary. ZBASE also reserves the right not to release any youth member into the custody of a parent or guardian under the influence of alcohol or controlled substance because of safety concerns and protection.

#### Lodging/ Overnight accommodations

At Aquatic Adventure Expedition, lodging will be available in platform tents (canvas tents on wooden platforms). There are **individual showers and restrooms** available.

## <u>General Rules</u>:

- ZBASE operates under the "Buddy System" meaning everyone should always have a buddy.
- Zink Lodge is reserved for Staff and on occasion adult leaders. Please no youth inside Zink Lodge.
- Here water bottles must be on or near each participant.
- No open toes shoes allowed around Base Camp. Water or shower shoes are allowed at the pool and in the shower house. For all other times, close-toed shoes are required.
- Please no running, especially in and around the pool, pool house, and docks.
- No pets are allowed.

- Areas off-limits to all participants: Private offices, staff quarters, maintenance, and storage areas, first aid lodge (if no medical treatment), rooms or bunks of other participants, and docks and lake banks (unless an organized program is occurring)
- All participants must notify the base administration of an early departure.
- If leaving early with adults other than those who brought them, youth members must be signed out and drivers need to have their driver's license ready to be copied in case of questions later.
- No flames or fire in any form are allowed in tents, indoors, covered structures or on boats (including smoking).
- ZBASE operates under the Guide to Safe Scouting- rules, policies, and procedures are always in effect.
- ZABASE operates under the BSA Youth Protection Guidelines, and 2 deep leadership is always in effect.
- Adult members are expected to be familiar with the Guide to Safe Scouting and BSA Youth Protection policies.
- No fireworks
- Fires are only allowed in designated areas and burn bans (if in effect) are followed.
- Staff are the final authority on rules, regulations, and interpretations at ZBASE.

#### Messages, visitation, emergency procedures, evaluations & check out Procedures.

#### Phone messages

ZBASE will only deliver phone and email messages in case of emergency.

Participants will be asked to put electronics/ phones away during program timesplease do not contact participants during those times.

#### **Emergency Procedures**

Specific Emergency procedures will be covered with each program as they begin. General emergency procedures:

- Water activities will be stopped with the sight of lightning or the sound of thunder. Activities will not resume until 30 minutes after the last sight of lightning or sound of thunder.
- During general rainstorms water activities will be stopped, and the program resumed under covered areas.
- During severe thunderstorms activities will be moved inside the dining hall, pool house, and Zink Lodge.
- During the threat of tornado participants will be moved inside the pool house (concrete block structure) until the threat is gone.

Wildfires – participants will be gathered until the fire is pinpointed. Working with local authorities and Zink Ranch – participants will be evacuated and gathered in front of the gate at Zink Ranch.

#### **Evaluations**

At the end of your program, you will be provided with a final evaluation and feedback survey. Your thoughts and concerns are important to us, and we encourage you to be honest with constructive feedback. All comments, both good and not so good, are reviewed by the staff, and appropriate actions are taken, as necessary.

#### Check-out for all programs

On your last day, you will need to inspect your personal area and leave ZBASE facilities and equipment in better condition than you found them. A review of Lost & Found items, and getting your medical forms and medications will all be a part of the check-out process.

#### Damaged Equipment

ZBASE fully realizes that over time, equipment, and facilities suffer normal wear and tear. However, if equipment or facilities incur significant damage beyond natural wear and tear, or if there is damage to the sleeping facilities, it is expected that the individual or group utilizing the equipment or facility will pay for the damage. If available at the base, adult leadership will be consulted first. If individual programs the parent or guardian will be contacted, and photo evidence will be presented with an estimated cost of replacement or repair.

## Contact information and social media

Area	Link or contact
ZBASE email contact	STHIESSEN@OKSCOUTS.ORG
ZBASE phone contact	918-392-1243
ZBASE Emergency contact	918-892-9132
ZBASE Address	8607 Zink Ranch Rd, Skiatook OK 74070
Zink High Adventure base (ZBASE)	www.zbase.camp
ZBASE Facebook	www.facebook.com/zbase
ZBASE Instagram	www.instagram/zbase_ok
Indian Nations Council	www.okscouts.org
Indian Nations Council Facebook	www.facebook.com/okscouts
Indian Nations Council contact	918-743-6125

## **Directions to ZBASE**

#### From Tulsa and Broken Arrow

- From Downtown Tulsa on Highway 75 North, or Highway 244 West, travel WEST on US-412 to Sand Springs.
- Take the 129th West exit. From the exit ramp, make a left and then an immediate right to go north on Highway 97T (Highway 97T is a bypass that avoids residential streets and some windy roads. Hwy 97 goes through the middle of Sand Springs). Hwy 97T merges back into Hwy 97 (which is coming out of Sand Springs).
- Continue north on Hwy 97 until it terminates right at the front gate of the JOHN ZINK RANCH.
- Enter the front gate and go about 1/4 mile to the closed gate.
- Enter the code on the keypad. Only one car through the gate at a time.
- Go up the hill and at the big sign with all locations veer right to ZBASE/ Red Castle Gun Club
- Follow the signs to ZBASE until you enter basecamp.
- ZBASE is approx. 3 miles from the front gate.

