

## **Basic Adult Leader Outdoor Orientation (BALOO)**

### **Packing List**

Overnight gear, outdoor essentials, and appropriate clothing are the heart of camping equipment. Carry a light load of only what you need to keep yourself safe and make a good camp; leave all unnecessary items at home.

- Tent
- Sleeping bag
- Sleeping pad or mattress
- Ground cloth
- Clothes for the season
- Mess kit (spoon, plate, bowl, cup)
- Personal toiletries
- Notebook, pen/pencil
- "Cub Scout Six Essentials"
  - Flashlight
  - Whistle
  - Personal First Aid kit
  - Sun protection
  - Trail food
  - Filled water bottle

### **Course Schedule**

#### **Friday**

5-6pm: Check-in and Registration

6-7:15pm: Campsite selection and set-up

7:15-7:45pm: Opening Ceremony

7:45-9:30pm: Sessions

9:30-10pm: Cracker barrel

#### **Saturday**

7-8am: Breakfast

8-11:30am: Sessions

11:30am-12:15pm: Lunch

12:15-4:45pm: Sessions

4:45-5:15pm: Closing Ceremony

5:15-6pm: Break camp