

First Aid Invitational Schedule
March 7, 2026
Fairfield Medical Center River Valley Campus

7:30-8:00	Check-in & On-site registration
8:00-8:15	Opening
8:30-9:00	Air Evac Demonstration
9:10-9:15	Evaluate Patrol First Aid Kit
9:15-9:45	First Station
9:50-10:20	Second Station
10:25-10:55	Third Station
11:00-11:30	Fourth Station
11:35-12:05	Fifth Station
12:05-12:30	Lunch
12:30-1:00	Sixth Station
1:05-1:35	Seventh Station
1:45-2:10	First Aid Stretcher Race
2:15-2:30	Thank You, Event Patches, Awards
2:30	Dismiss

Stations*

1. CPR & AED, EMS
2. Fracture, Standard Precautions, Bleeding
3. Shock, Stroke, MI, Choking
4. Seizures, Burns (Thermal, Electrical, Chemical),
5. Stings & Bites, Hypothermia, Frostbite
6. Concussion, Head & Neck Injury, Dental Injuries, Abdominal Pain/Poisoning
7. Ankle Sprain, Muscle Cramps, Dehydration/Heat Stroke, Triage

**Some stations will have scenarios with limited supplies to mimic wilderness/remote setting.*

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Patrol Supply List

1. First Aid Kit (To be scored for content)
2. Bandages, Splinting material
3. 2 Stretcher Poles
4. Stretcher Material/Blanket
5. Scout Handbook