



Participant Packing List:

What TO bring (please pack all items in a way that is manageable to carry on a hike/backpacking trip):

Clothing:

- Scout Field Uniform Shirt
- Scout Uniform Pants or Shorts (2 pairs is recommended)
- Scout Uniform Socks (3 pairs)
- Scout Belt and Buckle
- Scouting-Appropriate Hat
- Hiking Boots (Waterproof is preferable)
- Athletic Shoes
- Long Pants (Leggings are not recommended)
- Insulating Layer of Clothing (Fleece)
- Underwear (3 pair minimum)
- Sweatshirt/Hoodie
- *You will receive 2 Shirts to wear, this will serve as your Activity Uniform for the weekends*

Sleeping Gear:

- Pillow
- Sleepwear
- Insulated Sleeping Pad
- Sleeping Bag or Several Blankets
- Tent to sleep in
- Ground cloth/Tarp

Essentials:

- Personal First Aid Kit
- **TWO** Water Bottles (at least 1 Quart each)
- Rain Gear
- Small Flashlight/Spare Batteries
- Compass

Hygiene:

- Body Wash/Shampoo
- Towel and Washcloth
- Comb/Brush
- Sunscreen and Lip Balm
- Toothbrush/Toothpaste
- Any required prescription medication
- Clothesline/Clothespins
- Insect Repellent
- Shower Shoes

Miscellaneous Necessities:

- Hiking Backpack
- Day pack
- Pens/Pencils
- Watch
- Camp Stool/Chair
- Mess Kit (Bowl/Plate/Spoon/Fork/Cup)

REQUIRED PAPERWORK:

- **Filled Out Medical Forms Parts A, B, & C**
- **Prescription Card**
- **Signed Course Code of Conduct Form**

What NOT To Bring/Prohibited:

- Trunks, Footlockers, or Suitcases
- Electronics (Cell Phones, Video Game Consoles, etc.)
- Food, Snacks, or Energy Drinks
- Any Knife/Lighter/Fireworks/Hatchets
- Tobacco/Drugs/Alcohol
- Walking Stick
- Any items with non-scouting-appropriate images or language

Prepared. For Life.®

