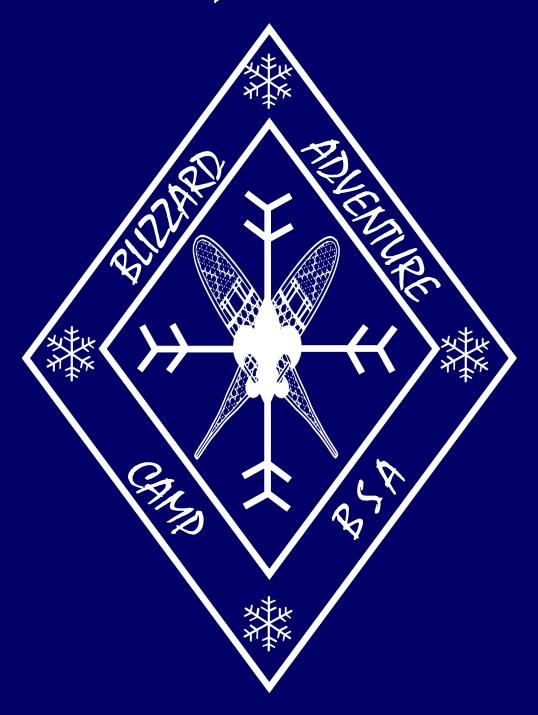
# BLIZZARD ADVENTURE CAMP 2025 GUIDE BOOK



LEATHERSTOCKING COUNCIL, BSA

## WELCOME!

Dear Scouts, Scouters and Parents,

So what do you do with a camp property that gets around 200 inches of snow in the winter season? You embrace it and create a winter camp experience like no other! That's exactly what we have done with Blizzard Adventure Camp at Camp Kingsley. After selling out most years, our staff continues to look forward to sharing a unique resident camp experience with you that will create memories to last a lifetime. There's tons of the stuff you love about scout camp in the summer but without the mosquitos. Scout skills, merit badges, crafts, shooting sports, games, campfires. It's all here. Add to that the unique atmosphere of the Tug Hill plateau in January and we are able to offer a great range of winter program opportunities. Cross-country skiing, snowmobile repair, sledding, snow kayaking, winter survival, snowshoeing and the Penguin Plunge are just some of the exciting winter programs that await you. Sure, it might be cold but there will always be plenty of time to sit and enjoy hot cocoa by a warm fire.

We have put this guidebook together to give you the answers to the most frequently asked questions; however, it is impossible to answer everything. If you have any questions or concerns, please don't hesitate to contact us.

Yours in Scouting,
Rob Mahardy
Blizzard Adventure Camp Director
romahard@scouting.org
315-368-3743



## **PROGRAM REQUIREMENTS**

- Participants must be registered Scouts, BSA or Venture Crew Members.
- \* Participants must have Scoutmaster or Crew Leader approval.
- Participants must have a completed BSA Medical Form (Parts A, B and C) (Appendix G)
- Participants must follow current COVID protocols and guidelines.

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## ARRIVAL and DEPARTURE

#### **ARRIVAL DAY:**

CHECK IN BETWEEN 6-7:30 PM on FRIDAY, JANUARY 17, 2025 or FRIDAY, FEBRUARY 14, 2025.

Early arrivals will not be checked in prior to 6:00 pm as our staff is making final preparations to welcome you. If you need to make other arrangements, please contact the Camp Director.

Please make sure all Camp Forms have been sent in 2 weeks prior to your camp dates, or bring them with you to hand in at check-in.

Upon arrival in the parking lot, please leave your equipment in the car. Scouts and adults need to check-in at the camp office, and bring required camp forms and medications with them. Once you have checked-in, a staff member will guide you to your cabin with your equipment.

The check-in process takes some time, so please plan accordingly. Upon arrival, campers will meet the camp administration to verify all contact information and any special needs. Each camper will also meet briefly with the camp health officer who will verify that all health forms are present and complete, collect any medications, and then check the camper's temperature.

#### **DEPARTURE:**

CAMPERS WILL DEPART BY 4:00 PM on MONDAY, JANUARY 20, 2025 or MONDAY, FEBRUARY 17, 2024.

Leaving camp, except at the designated times, is discouraged. If the camper needs to leave camp for any reason other than a function of camp, a parent/guardian is responsible for transportation and needs to make prior arrangements with the camp director. Campers will be released only to those listed on the camper release form (Appendix B) and early release form (Appendix C).

## **CAMP FORMS**

<u>PARENTS PLEASE PAY SPECIAL ATTENTION:</u> Anyone that does not have a **COMPLETED HEALTH FORM,** which would include the Dr.'s signature on part C form, will **NOT** be allowed into camp. There are **NO** exceptions to this policy and it is **STRICTLY** enforced. See Appendixes for forms.

Required Camp Forms Include the following:

- Annual Health and Medical Form (Parts A, B and C)
- Non-Prescription Medication and Topical Ointment Release
- Medicine Labels
- Dietary Needs Form (if special meals are needed)
- Shooting Sports Permission Form
- Authorization for Camper Release (if parent or guardian is not picking Scout up)
- Early Release Form (if Scout is leaving camp early)
- Talent Release Form

All necessary forms are available in the appendices of this guidebook.



## **GENERAL INFORMATION**

#### **CAMP ADDRESS and PHONE NUMBER**

Camp Kingsley, 1910 Camp Kingsley Road, Ava, NY 13303

Phone: 315-942-2511

#### LODGING:

Scouts will be housed in Harden Cabin, Evans Cabin, Cayuga Kitchen, the A-Frames and Williams Lodge. Those participating in Winter Survival will sleep in their shelters on night 2 or 3 (Saturday or Sunday).

#### **DINING:**

All meals will be provided in the dining hall at scheduled times. Hot drinks will be available throughout the day. Please let us know in advance of any special dietary needs by using the Dietary Needs Form (Appendix A).

#### **CAMP KINGSLEY GRACES**

# Morning Gracious giver of all good, Thee we thank for rest and food, Grant that all we do or say,

In thy service be this day. Amen

#### Noon -

Father for this noonday meal, We would speak the thanks we feel, Health and strength we have from thee, Help us lord to faithful be. Amen

#### Evening -

Tireless guardian on our way, Thou has kept us well this day, While we thank thee we request, Care continue, pardon rest. Amen

#### TRADING POST

A trading post will be open for scouts to buy Blizzard Adventure Camp memorabilia, camp supplies, snacks, merit badge books, and other items. The hours of operation will be posted.

Any pre-ordered merchandise will be available to be picked up on the first evening in camp.

#### **UNIFORMS**

The Scouts, BSA field uniform should be worn to the evening flag ceremony and evening meal each day. The rest of the day and night scouts and leaders may wear whatever they chose, as long as it is appropriate. Weather conditions will be a major factor in how the scouts dress.

#### **VISITORS**

All visitors must check in and out at the Camp Office. Visitors will be given visitor identification. Visitors are welcome to purchase meals. Please try to let staff know of any guests in advance so that enough food can be prepared. Guest meals are \$10.00 per meal.

#### SIGN-IN AND SIGN-OUT:

When leaving camp for any reason (going home early, eating out, and going to the store), all scouts and adults must sign out at the camp office. Anyone that will not be attending a meal must notify the Camp Director or Program Director prior to departure. Upon returning to camp they must sign-in at the camp office. This is very important because in the event of a camp wide emergency we need to account for everyone who is registered in camp.

#### **VEHICLES IN CAMP:**

Vehicles are only permitted in designated parking areas. Vehicles are NOT permitted in camp sites or program areas. Sleds and carts are available to transport gear to the cabins and lean-tos.

## **GENERAL INFORMATION (continued)**

#### CAMP IDENTIFICATION:

All staff, scouts and adults will wear a wrist band while they are in camp. If you see an adult who does not have a wrist band, please ask them to report to the camp office to sign-in.

#### PHOTO USE POLICY:

Our staff and leaders often take pictures of our camp in action. These pictures may be included in camp promotional materials. You will be required to turn in a Talent Release Form (Appendix G) with your camp forms. If you do not wish your child to be photographed, please inform your leader and the camp director in writing before camp begins.

#### PRE-CAMP LEADERS and PARTICIPANTS MEETING:

All leaders will be notified of a virtual pre-camp meeting to be held in January about a week or two before camp. This is YOUR opportunity to meet the Camp Director and Program Director, to turn in paperwork, to ask questions; learn how the program works, etc. Hope to see you all there.

#### **TIMELINESS:**

Please be on time to all program areas, activities, meals, etc. Our staff begins sessions promptly and if they are departing for a hike or additional locations for sessions, you may miss out.

#### **ANIMALS IN CAMP:**

Pets are not allowed in camp unless prior approval has been granted by the Leatherstocking Council Scout Executive and Camp Ranger. Please leave your pets at home, and remind parents and visitors that pets are not welcome in camp at any time.

#### **SCOUT BEHAVIOR:**

It is important that scouts remember they are members of the "Boy Scouts of America". As such, they should remember to use proper outdoor manners and to learn to live by the "Outdoor Code." Scouts should not cut down live trees and/or plants or destroy nests or other wildlife that live in our great Camp Kingsley. Also, when traveling around our camp, scouts should try to pick up any garbage or trash along their travels and dispose of it properly. The general rule of Scout camping is "You leave it cleaner than when you found it."

Scouts should adhere to the principles of the "Scout Oath" and "Scout Law." If camp rules are ignored or broken the Camp Director will follow the "Two Strike" policy as outlined on page 9. Should it be necessary the Camp Director reserves the right to dismiss any individual from camp for serious policy or rule infractions and/or safety violations.

#### **POCKET KNIVES:**

NO POCKETKNIFE BLADES CAN BE LONGER THAN 3". SHEATH OR SURVIVAL KNIVES ARE NOT ALLOWED IN CAMP.

#### WHAT NOT TO BRING

Alcohol, Tobacco, Electronic Cigarettes, Fireworks, Firearms, Ammunition, Arrows, Chainsaws, Pets, and any other item that is dangerous or inappropriate. Failure to adhere to these policies will result in the immediate intervention by the Camp Director, Program Director and/or Camp Ranger. Please also leave any electronic games and other expensive items at home.



## **PAYMENT**

2025 PAYMENT SCHEDULE	Payments due by 12/31/24		
Boy Scout or Venture Crew member	\$175		
Adult Leader	\$ 65		
Late Registration (Dec 31, 2024 and after)	+\$20 to above listed costs		

#### Registration Closes on 1/5/25 OR when Sold-Out

#### **PAYMENT OPTIONS:**

- Pay online at www.leatherstockingcouncil.org
- Fax your invoice with Credit Card information to 315-735-9184
- Mail or drop off your invoice with a check (made payable to Leatherstocking Council), or credit card information to the Council Office at 1401 Genesee Street, Utica NY 13501

## **QUESTIONS**

Registration, Payment, Financial Assistance, Expectations, etc.:

Call 315-735-4437 (Utica Office) or email the Camp Director (Rob Mahardy) at

romahard@scouting.org

For more information, see our camping section on our website at www.scoutingcny.org; or visit us on Facebook at the following pages:

Camp Kingsley and Leatherstocking Council as well as each District page.

<sup>\*</sup>All checks returned for non-sufficient funds (NSF) will be electronically debited for the face value plus a returned check processing fee as allowed by New York State law.

## **HEALTH and SAFETY**

The foremost concern of all camp staff is the well-being, health and safety of the campers. All camp programs follow the winter camping guidelines set forth in The Guide to Safe Scouting (see pages 22 & 23)

Please note: Camp staff reserves the right to cancel and/or reschedule any activities due to safety, health or weather concerns.

#### **BUDDY SYSTEM:**

Scouts should never be by themselves. Each scout should travel with a buddy. This policy will be reviewed with all campers during the camp orientation on Day 1.

#### **MEDICAL FACILITIES:**

Blizzard Adventure Camp will have a fully trained Health Officer to provide any needed medical assistance.

#### **EMERGENCY ALERTS**

In the event of a camp wide emergency the siren will sound. All Scouts and leaders will proceed to the emergency assembly area (Dining Hall porch). Staff and other designated personnel will respond as assigned in accordance to the type of emergency.

#### **HEALTH HISTORY FORMS:**

All participants, youth and adults, must bring a current copy of their BSA Medical Form parts A,B, and C (Appendix G). BSA health forms are also available online at the council and national websites. This form must be signed by parents and medical personnel and dated within a year of the event. Immunization records must be provided. A copy of insurance card must be attached to the medical form. All injuries and ailments should be reported to the camp Health Officer.

#### **MEDICATIONS:**

Any prescriptions at camp must be reported and locked up. Medications should be locked up and administered by the camp Health Officer. Please fill out the Medication Label form (Appendix E) and turn in with medicine during check-in. Emergency medications (epi-pen, inhalers, etc.) should be kept on the user at all times and should not be locked up. For campers to receive the administration of any over the counter medications the Authorization For Non-Prescription Medicine & Topical Ointment form (Appendix D) should be turned in with all other health forms.

#### **YOUTH PROTECTION:**

Leaders must be current with BSA Youth Protection Training. Report any suspected child abuse incidents immediately to the Camp Director ONLY.

#### PERSONAL CLEANLINESS:

Being clean in body and mind are part of the Scout Law and part of Scout training. Scouts should wash up each morning and in the evening prior to going to bed. A package of handi-wipes would be useful for this. Be sure that they change their clothing regularly and clean their hands before coming to each meal. Hands will be inspected prior to entering the dining hall.

#### **LATRINES:**

Latrines need to be swept out regularly. Wash-stands need to be kept clean. Paper towels and toilet paper can be obtained from the dining hall. It is important that scouts use the latrine properly. Urinating near a cabin, shelter or lean-to is a health hazard and can make your site unlivable.

#### **Health Dept. Protocols:**

We will be following the most current guidelines and recommendations of Oneida County Health Department, NYS and the CDC. Protocols will be described at camper orientation and at Day 1 leader's meeting.

#### **LEATHERSTOCKING COUNCIL #400**

Boy Scouts of America

#### TWO STRIKES POLICY

Blizzard Adventure Camp, Camp Kingsley

Dear Parent,

Your scout's time at camp will be a fun filled, memorable learning experience. Meeting new Scouts and making new friends, while having fun in the outdoors, is a central goal of Blizzard Adventure Camp. It is our goal as a staff that each Scout has a chance to enjoy this opportunity. One factor, which may create difficulty for scouts to fully enjoy their camping experience, is poor discipline. Unfortunately, this is an issue that we must address in camp.

As a camp staff, we do not want a session of camp to have a negative impact on any Scout. It should be noted that camp starts immediately upon entering the Camp Kingsley property. Any infraction will be made known to the Camp Director. Should an infraction occur, we act on a "two-strikes" rule.

For minor rule violations this initially involves a staff member explaining the broken rule and why it is important for that rule to be followed. For more serious violations or persistent minor infractions, the First Strike consists of the Camp Director and the Scout discussing the rule transgression. Should inappropriate behavior continue, the Second Strike is notification of the Scout's parents by the Scout, Camp Director and Scoutmaster. If this situation should occur the Camp Director and Scout's parents will work together to decide on the next step. This step may be another chance or immediate dismissal from camp. Any further actions necessary at that time will also be discussed between the Camp Director and parent. Should your child be sent home, Leatherstocking Council *will not* refund any remaining fees for that session. Although few cases ever reach the second strike it is important to have this policy in place. All discipline actions are presented in a positive manner and are aimed at helping the Scout grow. If you review these guidelines with your child, together we can make Scout camp a most positive experience.

Sincerely,
The Blizzard Adventure Camp Staff



## WHAT TO BRING

A well-prepared camper will have more fun at camp. These recommended quantities are for a 4 day, 3 night winter resident camp. The following items should be packed in an easy-to-carry duffel bag, laundry bag or lightweight suitcase. Scouts should bring clothes that enable them to layer clothing for outdoor activities. Please pack so that scouts can manage repacking and moving their own bag!



#### **PERSONEL GEAR**

- All Necessary Camp Forms (see page 4)
- Class A Scout Uniform
- Heavy Winter Coat/Outer Shell
- Snow pants
- 1 pair of waterproof winter boots
- 2 Winter Hats
- 2 or 3 pairs of winter gloves
- 4 sets of clothing (long pants, shirts)
- Polar Fleece or heavy sweatshirt
- 2 pairs of pajamas
- 5 pairs of socks
- 5 pairs of underwear
- 1 or 2 pair long underwear
- Sleeping Bag with liner or sheet inside (a stuff sack is recommended for easy transport)
- Laundry bag
- 2 bath towels, hand towels and wash cloths
- Deodorant (non-aerosol)
- Handi-wipes or Soap in plastic case and shampoo
- Toothbrush and toothpaste
- Comb or brush
- 1 pair sneakers (for inside cabin)
- Pen or pencil and writing items
- Scout Handbook
- Folding Pocket Knife
- Flashlight with extra batteries/bulb
- Plastic bags for packing wet items
- Small day pack or tote bag
- Canteen or water bottle on lanyard
- Lip balm
- Facemask

#### LABEL YOUR GEAR

Camp Kingsley and the Leatherstocking Council WILL NOT be responsible for lost or stolen articles; or articles damaged at camp. In case you misplace something, a "lost and found" is located at the camp office. Any items left at camp are only held for two weeks. Please contact the Camp Director to make arrangements for picking up lost items within this two-week period.

#### **OPTIONAL EQUIPMENT**

- Small pillow with case
- Bathing suit, extra towel, Water shoes with closed heel and toe (if participating in Penguin Plunge)
- Card or board game (if taking Game Design MB)
- Sunglasses (the glare off the snow can be very bright)
- Small Bible
- Camera
- Spending money for Trading Post
- Pot, utensils, and any special ingredients for cook-off

#### WILDERNESS SURVIVAL

- Backpack
- Tarp
- Winter Sleeping Bag
- Sleeping pad (closed foam is best)

#### **SNOW SPORTS**

- Scouts may bring their own ski equipment and ice skates if they so choose.
- Sled (plastic only please. No saucers

   must be able to steer. No wooden
   or metal runners)
- Hemet for Sledding and ice skating (bike helmets are fine)

#### DO NOT BRING

Cell Phones (unless adult), iPods, MP3 Players, Gum or Candy, Scented Sprays or Lotions, Survival Knives, Valuables, Video Games. They will be taken away until the end of camp.

# **DAILY SCHEDULE**

## Day 1 (Friday)

6:00 PM	Check-In
8:00 PM	Merit Badge Session #1
9:00 PM	Leader's Meeting
9:30 PM	Cracker Barrel
10:00 PM	Quiet Time / Astronomy (Star Gazing)
10:30 PM	Lights Out

## Day 2 (Saturday)

7:50 AM	Opening Flags / Welcome / Camp Orientation
8:00 AM	Breakfast
9:00 AM – 12:00 PM	Activity / Merit Badge Sessions #2-4
12:15 PM	Lunch
1:00 PM - 3:00 PM	Inter-Troop Games
3:00 PM – 5:00 PM	Activity / Merit Badge Sessions #5-6
5:00 PM	Free Time
5:30 PM	Evening Flags / Dinner
7:00 PM – 9:00 PM	Merit Badge Sessions #7-8
9:00 PM	Vespers Service
9:30 PM	Cracker Barrel
10:00 PM	Quiet Time / Astronomy (Star Gazing)
10:30 PM	Lights Out

## Day 3 (Sunday)

7:50 AM	Morning Flags / Welcome / Camp Orientation
8:00 AM	Breakfast
9:00 AM – 12:00 PM	Activity / Merit Badge Sessions #9-11
12:15 PM	Lunch
1:00 PM - 3:00 PM	Inter-Troop Games
3:00 PM – 5:00 PM	Activity / Merit Badge Sessions #12-13
5:00 PM	Free Time
5:30 PM	Evening Flags / Dinner
7:00 PM – 9:00 PM	Merit Badge Sessions #14-15
9:00 PM	Campfire (Patrol Run)
9:30 PM	Cracker Barrel
10:00 PM	Quiet Time / Astronomy (Star Gazing)
10:30 PM	Lights Out

#### Day 4 (Monday) Snow-A Day (Wear your OA sashes)

7:50 AM	Morning Flags / Welcome / Camp Orientation
8:00 AM	Breakfast / Ugly Sweater Judging
9:00 AM – 12:00 PM	Activity / Merit Badge Sessions #16-18
12:15 PM	Lunch
1:00 PM - 3:00 PM	Activity / Merit Badge Sessions #19-20
3:00 PM	Closing Ceremony
3:10 PM	Pack Up / Depart Camp



## **CAMP SCHEDULE**

Start	End	Day 1 (Friday)	Day 2 (Saturday)	Day 3 (Sunday)	Day 4 (Monday)
7:50 AM	8:00 AM		Opening / Orientation	Morning Flags	Morning Flags
8:00 AM	9:00 AM		Breakfast	Breakfast	Breakfast / Ugly Sweater Competition
9:00 AM	10:00 AM		Merit Badge Session 2	Merit Badge Session 9	Merit Badge Session 16
10:00 AM	11:00 AM		Merit Badge Session 3	Merit Badge Session 10	Merit Badge Session 17
11:00 AM	12:00 PM		Merit Badge Session 4	Merit Badge Session 11	Merit Badge Session 18
12:15 PM	1:00 PM		Lunch	Lunch	Lunch
1:00 PM	2:00 PM		Inter-Troop Games	Inter-Troop Games	Merit Badge Session 19
2:00 PM	3:00 PM		inter-iroop games	inter-froop dames	Merit Badge Session 20
3:00 PM	4:00 PM		Merit Badge Session 5	Merit Badge Session 12	Closing Ceremony / Pack Up / Depart Camp
4:00 PM	5:00 PM		Merit Badge Session 6	Merit Badge Session 13	
5:00 PM	5:30 PM		Troop Free Time	Troop Free Time	
5:30 PM	6:00 PM				
6:00 PM	7:00 PM	Check-In / Settle into	Evening Flags / Dinner	Evening Flags / Dinner	
7:00 PM	8:00 PM	Cabins	Merit Badge Session 7	Merit Badge Session 14	
8:00 PM	9:00 PM	Merit Badge Session 1	Merit Badge Session 8	Merit Badge Session 15	
9:00 PM	9:30 PM	Leader's Meeting	Vespers Service	Campfire (Patrol Run)	
9:30 PM	10:00 PM	Cracker Barrel	Cracker Barrel	Cracker Barrel	
10:00 PM	10:30 PM	Quiet Time*	Quiet Time*	Quiet Time*	
10:30 PM		Lights Out	Lights Out	Lights Out	

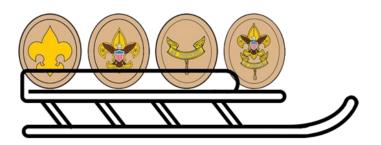
<sup>\*</sup> Astronomy and Wilderness Survival Merit Badges may meet during Quiet Time depending on weather conditions.

## **PROGRAM ACTIVITIES**

#### ICE PATROL — Introductory Camping Experience

Available Saturday and Sunday from 9:00 AM to 12:00 PM, this is Blizzard Camp's new-scout program geared toward first year campers. Activities include Tenderfoot through First Class skills, all with that winter flavor:

- ₱ Fire building
- Camp tool use
- ℜ Knots
- ★ Basic 1st Aid
- ★ Leave-No-Trace
- ★ Map and Compass skills
- ₩ Hiking



#### **SNOW BIKING**

Get on one of our cool bicycles, with super wide tires designed for snowy conditions, and explore the camp in a unique way! Two levels of experience are offered: A morning session at 9:00 AM will focus on just having fun, while the afternoon session starting at 3:00 PM will cover more advanced cycling skills.

#### **SNOW KAYAKING**

Take a run on a kayak down the old Cayuga Kitchen trail for the ultimate in Camp Kingsley's take on the old bobsled experience. This experience is offered throughout the day! We recommend you save some time in your schedule for at least two runs down the hill.

#### **RANGE AND TARKET ACTIVITES**

We will be opening the range this year, weather permitting. Plan to spend some time in the afternoons to see if you've got what it takes to hit a bullseye in the frigid cold.

#### **SNOW SPORTS**

Snow Sports includes snow shoeing and x-country skiing and counts as progress towards the Snow Sports MB. This activity runs from 11:00 AM to 4:00 PM on Saturday and Sunday and includes lunch on the trail. While on this adventure, scouts can also complete requirements from a number of other merit badges, including:

- **\*** Environmental Science
- ★ Mammal Study
- **⋄** Forestry
- **⋄** Orienteering



#### **ICE FISHING**

This activity involves traveling off-site to Delta Lake State Park. While there, scouts will be able to get out on the ice, have some fun, and enjoy learning about the differences for winter fishing. Many requirements for the Fishing Merit Badge can be completed during this activity. We may need to modify or cancel this activity if the lake is not sufficiently frozen.

## **PROGRAM ACTIVITIES (continued)**

#### **NIGHTLY CRACKER BARRELS**

Join us in the dining hall each evening at 9:30 PM for a cup of hot cocoa, some snacks, and good fellowship!

#### **VESPER SERVICE**

A scout is reverent. On the evening of Day 2 an all-faith worship service will be offered for all scouts. We encourage everyone to participate

#### **CAMP FIRE PROGRAM**

Scouts will have the opportunity to perform skits and songs for the camp at the Unit Run campfire on Day 3.

#### SNOW-A DAY

Day 4 (Monday) is OA day. Wear your OA sash and join in the fellowship with other OA members.

#### **UGLY SWEATER COMPETITION**

Bring your ugliest sweater and doctor it up at the Handicraft's area. There will be a contest for both scouts and adults.

#### ICE BEARD CHALLENGE

Who will have the "coolest' beard in camp? Can you impress the camp director with your mutton chops or chin strap? Maybe you'll be sporting a full-on Bandholz!

#### **PATROL SHINGLES**

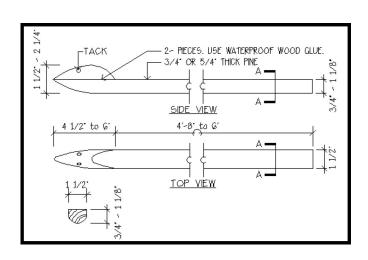
Shingles will be available from the Crafts area for each patrol to decorate and hang up in the Dining Hall.

#### **OPEN SLEDDING**

Feel the cold wind rushing past as you layout as aerodynamically as you can to outdistance all your friends.

#### OTHER ACTIVITES (available upon request)

- Snow Bowling roll the ball down the froze lane for the ultimate strike-cicle.
- \* Frozen Volleyball Gather a friend or patrol for a pick-up game of volleyball in the snow. Sure, the ball might be hard as a rock, but at least the snow is soft to land on.
- Snow Snake Partake in the traditional Native American game. Bring your own or create one here at camp. Learn the history and techniques of this five-century-old sport.



## **INTER-TROOP GAMES**

This year we are introducing the Inter-Troop Games into the schedule after lunch on both Saturday and Sunday. Troops should plan to send two scouts to each event; the rest of the troop will be cheering them on. This year's games include:

<u>SCAVENGER HUNT</u> Can you come up with everything on the list? During this event you will be challenged to find a

number of obscure "things" within a limited timeframe... Be Prepared for anything!

AXE THROWING COMPETITION We'll provide the axes and target; your job is to score as many points as possible.

SNOW MELTING COMPETITION Build a fire and melt a snow, sounds simple? Come show off your fire-building skills and be

ready to boast the most snow melted.

<u>KAYAK RACE</u> More than just a fun run down the hill, this time you're going for speed and distance. Don't

forget to bring your helmet with you.

SNOW SCULPTURE COMPETITION Show off those awesome artistic skills and use the snow to make a true piece of art.

<u>SNOWBALL CATAPULTS</u> Use those lashing skills to build a catapult, then launch that snowball as far as possible.

SNOW BIKE / SNOW BOOT RELAY One Scout will run the first half of the race, then tag their buddy who will bike the rest of the

way to the finish line. Will you be the fastest Scout in camp?

SCOUT HISTORY QUIZ Have you taken the Scouting Heritage Merit badge? Think you know everything there is to

know about Robert Stephenson Smyth Baden-Powell? Test your scouting knowledge by taking

our history quiz.

SCOUTMASTER STUFF Adults will also have an opportunity to participate in the games. Saturday's session will focus

on activities and discussion that reinforce scouting values. Sunday's challenge will require you to break out those Dutch ovens and bake the best desert possible within the two-hour limit.

			ter-Troop Games		
Day	Start	End	Scout Group 1	Scout Group 2	Scoutmasters
Day 2	1:00 PM	2:00 PM	Scavenger Hunt	Axe Throwing Competition	Scoutmaster Mini-Games
(Sat)	2:00 PM	3:00 PM	Snow Melting Competition	Kayak Race	Scoutmaster Roundtable
Day 3	1:00 PM	2:00 PM	Snow Sculpture Competition	Snowball Cata- pults	Scoutmaster
(Sun)	2:00 PM	3:00 PM	Bike / Running Relay Race	Scout History Quiz	Dutch Oven Bakeoff

## Scoutmaster's Dutch Oven Dessert Competition

We all have that one dessert that everyone loves! This year we are asking each Scoutmaster to prepare your Troop's best Dutch oven dessert at Blizzard Camp. This will be an adult-only semi-competitive event where everyone will be working in the same area and encouraged to help each other out. This will be a great opportunity for adult leaders attending camp to get together and swap recipes, stories, and just have some fun. Please plan to participate.



#### **Rules**

- 1. This event is only open to your Troop's adult leaders your Scouts will be busy with other activities.
- 2. Each unit must bring <u>everything</u> that they will need, this includes ingredients, prepping and cooking utensils, and cookware (including a Dutch oven and charcoal).
- 3. The use of liquid fire starter of any kind is prohibited Bring a charcoal chimney.
- 4. Participating Scoutmasters (everyone we hope) will need to sign up during lunch on Sunday at the Dining Hall.
- 5. Participating Adult leaders will gather at the pavilion next to the dining hall at 1:00 PM on Sunday. We will have several picnic tables available, and the communal fire pit will be cleared of snow for everyone's use.
- 6. Preparation and cooking can only occur from 1:00 PM to 3:00 PM on Sunday during the Inter-Troop Games.
- 7. Each unit will be able to submit one dessert for judging, and it must be submitted to the judges by 3:00 PM outside the dining hall by the flag poles.
- 8. Each dessert submitted must be accompanied by its recipe and a complete list of ingredients.
- 9. Winners will be announced during dinner on Sunday evening.

#### **Pro Tips**

- ☼ Use a Dutch oven recipe that identifies the proper number of coals to use.
- You can pre-measure your ingredients before coming to camp.
- Light those charcoal chimneys as soon as we begin so the coals are ready when you are.
- \* You can line your Dutch oven with tinfoil or parchment paper to make clean-up easier.

## MERIT BADGE LIST

A general note about merit badges. The BSA publishes merit badge pamphlets that are available at your local scout shop, or your troop may have copies (even older versions) available in your troop library.

Scouts are strongly encouraged to read the pamphlet for their selected merit badges before camp.



#### Art

Prerequisites: #6 (Visit a museum)

Time: 11:00 AM (1 hour)

Days: SA, SU, M Seats Available: 15 This merit badge concentrates on two-dimensional art, specifically drawing and painting in various media, including an introduction to design applications in the fields of graphic arts and industrial design, history and design principles, and how these fields relate to fine art.



#### **Astronomy**

Prerequisites: #5a, 5b, 9

Time: 4:00 PM (1 hour) & 10:00 PM (1/2

hour)

(Must attend both sessions each day)

Days: F, SA, SU, M

Seats Available: Unlimited

In learning about astronomy, Scouts study how activities in space affect our own planet and bear witness to the wonders of the night sky: the nebulae, or giant clouds of gas and dust where new stars are born; old stars dying and exploding; meteor showers and shooting stars; the moon, planets, and a dazzling array of stars.



#### **Automotive Maintenance**

Prerequisites: #12

Time: 9:00 AM (2 hours)

Days: SA, SU Seats Available: 10 Modern automobiles are important to many aspects of American life. Those who service automobiles must understand each principle, and how these principles interact to provide smooth, efficient performance. Owners of cars also benefit by understanding how their vehicles operate. This enables them to understand why certain periodic maintenance is required to keep their vehicles in tiptop shape.



#### **Citizenship in Society**

Prerequisites: #1, 2a, 2b, 6a, 6b, 7, 7a, 8

Time: 7:00 PM (2 hours)

Days: SA, SU Seats Available: 15 Realize the benefits of diversity, equity, inclusion, and ethical leadership with the Citizenship in Society Merit Badge. Scouts will research any individual who has demonstrated positive leadership while making an ethical decision, explain what options the leader had when faced with a problem, why they believe they chose their final course of action, and the outcome of the leader's decision.



#### Digital technology

Prerequisites: #1, 9

Time: F 8:00 PM, SA & SU 7:00 PM (2 hours)

Days: F, SA, SU Seats Available: 12 Comprehend how electronic devices work and how to use them effectively with the Digital Technology Merit Badge. Scouts will give a brief history of the changes in digital technology and discuss how technology today compares with the technology available to previous generations—all while imagining what kinds of devices might be available to them in the future.



#### **Emergency Preparedness**

Prerequisites: #1, 2c, 8b, 9 Time: 9:00 AM (1 hour)

Days: SA, SU, M

(Must participate in emergency drill on Sunday night from 7:00PM to 9:00PM)

Seats Available: 15

Scouts are often called upon to help because they know first aid and they know about the discipline and planning needed to react to an emergency situation. Earning this merit badge helps a Scout to be prepared by learning the actions that can be helpful and needed before, during, and after an emergency.



#### **Fire Safety**

Prerequisites: #6

Time: 11:00 AM (1 hour)

(Must participate in fire station visit on Saturday night from 7:00PM to 9:00PM)

Days: SA, SU, M Seats Available: 25 The ability to use fire safely is essential to human survival. By earning this merit badge, Scouts will learn to uses fire safely and responsibly, how to prevent home fires, and how to handle fire safely, as well as burn prevention, and camping safety.



#### First Aid

Prerequisites: #5a, 5b, 7b, 7d Time: 10:00 AM (1 hour)

Days: SA, SU, M

Seats Available: Unlimited

First aid—caring for injured or ill persons until they can receive professional medical care—is an important skill for every Scout. With some knowledge of first aid, a Scout can provide immediate care and help to someone who is hurt or who becomes ill. First aid can help prevent infection and serious loss of blood. It could even save a limb or a life.



#### **Fishing**

Prerequisites: None

Time: SA & SU 11:00 AM (5 hours), M 1:00

PM (2 hours) Days: SA, SU, M

(Trail Lunch Provided)
Seats Available: Unlimited

Fishing is one of Scouting's essential skills and teaches Scouts to feed themselves, their troops, and their families. In their pursuit of the Fishing Merit Badge, Scouts will demonstrate how to use fishing equipment properly, tie various fishing knots, identify natural fishing baits and artificial lures, and explain safety practices to follow while fishing.



#### Forestry

Prerequisites: #8

Time: 10:00 AM (1 hour)

Days: SA, SU, M Seats Available: 25 In working through the Forestry merit badge requirements, Scouts will explore the remarkable complexity of a forest and identify many species of trees and plants and the roles they play in a forest's life cycle. They will also discover some of the resources forests provide to humans and come to understand that people have a very large part to play in sustaining the health of forests.



#### Genealogy

Prerequisites: **#3, 4c,4d, 5, 9**Time: 7:00 PM (2 hours)

Days: SA, SU Seats Available: 15 Exploring your roots—where your family name came from, why your family lives where it does, what your parents and grandparents did for fun when they were your age—can be fascinating. Discovering your ancestors back through history is what genealogy is all about.



#### Geology (JANUARY ONLY)

Prerequisites: **#2, 4b, 5c(4)** Time: 3:00 PM (2 hours)

Days: SA, SU Seats Available: 10 Geology is the study of Earth. It includes the study of materials that make up Earth, the processes that change it, and the history of how things happened, including human civilization, which depends on natural materials for existence.



#### **Graphic Arts**

Prerequisites: #7

Time: 9:00 AM (2 hours)

Days: SA, SU, M Seats Available: 12 The field of graphic arts includes many kinds of work in the printing and publishing industries. Graphic arts professionals are involved in the creation of all kinds of printed communication, from business cards to books to billboards. The scope of printing communications is huge.



#### **Mammal Study**

Prerequisites: None

Time: SA & SU 3:00 PM (1 hour), M 1:00 PM

Days: SA, SU, M Seats Available: 25 A mammal may weigh as little as 1/12 ounce, as do some shrews, or as much as 150 tons, like the blue whale. It may spring, waddle, swim, or even fly. But if it has milk for its young, has hair of some kind, is relatively intelligent, and has warm blood, then it is a mammal.



#### Mining in Society (JANUARY ONLY)

Prerequisites: #1a 1b, 1c, 6a, 6b, 7

Time: 7:00 PM (2 hours)

Days: SA, SU Seats Available: 10 The Mining in Society merit badge covers the history of mining, explores the status of mining in the 21st century, and introduces Scouts to modern mining careers.



#### **Movie Making**

Prerequisites: None
Time: 9:00 AM (2 hours)

Days: SA, SU, M

Seats Available: Unlimited

Moviemaking is a way to tell stories visually through the art and science of motion picture photography.



#### **Photography**

Prerequisites: #1b

Time: 11:00 AM (1 hour)

Days: SA, SU, M

Seats Available: Unlimited

Beyond capturing family memories, photography offers a chance to be creative. Many photographers use photography to express their creativity, using lighting, composition, depth, color, and content to make their photographs into more than snapshots. Good photographs tell us about a person, a news event, a product, a place, a scientific breakthrough, an endangered animal, or a time in history.



#### **Public Speaking**

Prerequisites: #4 (Must prepare a 10-minute speech before camp)

Time: 9:00 AM (1 hour)

Days: SA, SU, M Seats Available: 10 A lot happens during the course of every person's life and your ability to communicate your feelings and ideas is the best way to connect to the larger world. Even if you haven't stood at a podium on the stage and find the whole idea scary, sooner or later, someone is going to ask you to get up and say a few words. If you are prepared, it won't be scary. It can even be fun.



#### **Scouting Heritage**

Prerequisites: #5, 6

(Resource: www.fultonhistory.com)

Time: 3:00 PM (1 hour)

Days: SA, SU Seats Available: 15 Explore the origins of the Scouting movement by earning the Scouting Heritage Merit Badge. Scouts will learn about the life and times of Lord Baden-Powell, discover how Scouting grew in the United States, and understand how Scouting's programs have developed and adapted over time.



#### <u>Sculpture</u>

Prerequisites: #2c (Visit a museum)

Time: 4:00 PM (1 hour)

Days: SA, SU Seats Available: 20 This merit badge introduces Scouts to sculpture, an art form that allows an artist to express what he sees and feels by using these three dimensions by shaping materials such as clay, stone, metal, and wood.



#### Search & Rescue

Prerequisites: None

Time: SA & SU 3:00 PM (2 hours), M 1:00

PM (1 hour) Days: SA, SU, M

(Must participate in emergency drill on Sunday night from 7:00PM to 9:00PM)

Seats Available: 20

A search is an emergency situation requiring a team of trained searchers to locate a missing person. A rescue is an emergency situation where a person's location is known – perhaps having just been found by searchers – and he or she must be removed from danger and returned to safety. By working on the Search and Rescue merit badge, you will learn and practice many skills that may someday save a life.



#### Signs, Signals & Codes

Prerequisites: None

Time: 10:00 AM (2 hours)

Days: SA, SU, M Seats Available: 20 The Signs, Signals and Codes merit badge covers a number of the nonverbal ways we communicate: emergency signaling, Morse code, American Sign Language, braille, trail signs, sports officiating hand signals, traffic signs, secret codes and more.



#### Skating

Prerequisites: None

(Bring your own skates & helmet)

Time: 10:00 AM (1 hour)

Days: SA, SU, M

Seats Available: Unlimited

This merit badge introduces Scouts to the exciting world of ice skating, roller skating, in-line skating, and skateboarding. In addition to being an enjoyable leisure activity that promotes fitness, there are a variety of athletic careers in skating.



#### **Snow Sports**

Prerequisites: #5

Time: 11:00 AM (5 hours)

Days: SA, SU, M
(Trail Lunch Provided)
Seats Available: 12

Skiing and snowshoeing are some of the fastest and most thrilling ways to travel on foot in snow country. These sports also provide the physical benefits of fresh air, rhythmic action, and strenuous exercise. Many games and contests give snow sports variety and added rewards. We will be focusing on snowshoeing at Camp Kingsley and cross-country skiing at another location that has all equipment and groomed trails (for free)

(Scouts must bring winter boots, warm mittens/gloves, and a warm hat. They also need to know their shoe size and height as snowshoes and ski equipment will be provided. Scouts are also welcome to bring their own equipment.)



#### Sustainability

Prerequisites: **#2a, 3a, 6a, 9** Time: 9:00 AM (1 hour) Days: SA, SU, M Learn to reduce waste and teach sustainable practices to others so you can help conserve Earth's resources with the Sustainability Merit Badge. Scouts will develop and implement a plan to reduce their water usage, household food waste, and learn about the sustainability of different energy sources, including fossil fuels, solar, wind, nuclear, hydropower, and geothermal.



#### **Veterinary Medicine**

Seats Available: 20

Prerequisites: #6

Time: 11:00 AM (1 hour)

Days: SA, SU, M

Seats Available: Unlimited

The field of veterinary medicine in the 21st century is one of the most exciting medical professions in which to work. The skills of a veterinarian are practiced with cutting-edge technology and treatment options, and the profession offers a wide range of career choices.



#### Weather

Prerequisites: **#2, 9**Time: 8:00 PM (1 hour)
Days: F, SA, SU

Seats Available: 25

Meteorology is the study of Earth's atmosphere and its weather and the ways in which temperature, wind, and moisture act together in the environment. In addition to learning how everyday weather is predicted, Scouts can learn about extreme weather such as thunderstorms, tornadoes, and hurricanes, and how to stay safe.



#### Wilderness Survival

Prerequisites: None

Time: F 8:00 PM (1 hour), SA 1:00 PM (4

hours), SU 3:00 PM (2 hours)

Days: F, SA, SU

Seats Available: Unlimited

In their outdoor activities, Scouts learn to bring the clothing and gear they need, to make good plans, and do their best to manage any risks. But now and then, something unexpected happens. When things go wrong, the skills of wilderness survival can help make everything right again.

# MERIT BADGE and ACTIVITY SCHEDULE

Day	Start	End	Session	Art & Social	Health & Safety	Winter Sports			Scout Skills		Tech & Trades		Ecology & Science				
	Check-	In (5:30 PM	- 8:00 PN	M)													
Day 1	8:00 PM	9:00 PM	1		Emergency Prep					Wilderness Survival	Digital Technology		Weather				
Day 1 (Fri)	Evenin	g Programs	(9:00 PN	1 - 10:00 PM)	Пер					3011101	теснноюду						
	10:00 PM	10:30 PM	*										Astronomy				
	Flags and Breakfast (7:50 AM - 9:00 AM)																
	9:00 AM	10:00 AM	2	,	Emergency					Public			Sustainability				
				Graphic Arts	Preparedness	Cl. ii			105.0	Speaking	Movie Making	Automotive Maintenance					
	10:00 AM	11:00 AM	3		First Aid	Skating Snow Biking			ICE Program	Signs, Signals & Codes			Forestry  Veterinary				
	11:00 AM	12:00 PM	4	Art	Fire Safety	(Fun)				a soues	Photography		Medicine				
		(12:15 PM - roop Game:		) M - 3:00 PM)			Snow Sports	Ice Fishing									
	3:00 PM	4:00 PM	5	Scouting					Range and	Wilderness Survival			Mammal Study				
Day 2 (Sat)				Heritage	Search & Rescue	Snow Biking (Advanced)			Target Activities	Shelter Construction		Geology (JAN ONLY)	,				
	4:00 PM	5:00 PM me (5:00 PN	6	Sculpture					Activities	2011341 4041011			Astronomy				
		Dinner (5:3															
	7:00 PM	8:00 PM	7		Fire Safatu						Digital	Mining in					
	8:00 PM	9:00 PM	8	Genealogy	Fire Safety (Station Tour)					Citizenship in Society	Digital Technology	Society (JAN ONLY)	Weather				
				1 - 10:00 PM)								, ,	Tredener				
	10:00 PM	10:30 PM	*							Wilderness			Astronomy				
										Survival .			,				
				M - 9:00 AM)	Emergency					Public							
	9:00 AM	10:00 AM	9	Graphic Arts	Graphic Arts	Graphic Arts	Graphic Arts	Graphic Arts	Preparedness					Speaking	Movie Making	Automotive Maintenance	Sustainability
	10:00 AM	11:00 AM	10		First Aid	Skating		1	ICE Program	Signs, Signals		Wallteflance	Forestry				
	11:00 AM	12:00 PM	11	Art	Fire Safety	Snow Biking (Fun)				& Codes	Photography		Veterinary Medicine				
	Lunch (12:15 PM - 1:00 PM) Snow Ice Snort Fishing																
	Inter-Troop Games (1:00 PM - 3:00 PM)  Sports Fishing  Scouting										Π						
Day 3 (Sun)	3:00 PM	4:00 PM	12	Scouting Heritage	Search &	_			Range and Target	Wilderness		Geology	Mammal Study				
(Sun)	4:00 PM	5:00 PM	13	Sculpture	Rescue	(Advanced)			Activities	Survival		(JAN ONLY)	Astronomy				
	Free Time (5:00 PM - 5:30 PM) Flags & Dinner (5:30 PM - 7:00 PM)																
	7:00 PM	8:00 PM	14	.00 1 101)	_												
				Genealogy	Emergency Prep / Search					Citizenship in Society	Digital Technology	Mining in Society					
	8:00 PM	9:00 PM	15	10.00 004)	& Rescue Drill					,		(JAN ONLY)	Weather				
			(9:00 PN	1 - 10:00 PM)						Wilderness			A-1				
	10:00 PM	10:30 PM	*							Survival			Astronomy				
	Flags a	nd Breakfas	t (7:50 A	M - 9:00 AM)													
	9:00 AM	10:00 AM	16	Crombia Arts	Emergency Preparedness					Public Speaking	Movie Making	Automotive	Sustainability				
	10:00 AM	11:00 AM	17	Graphic Arts	First Aid	Skating			ICE Program	Signs, Signals	IVIOVIE IVIAKING	Maintenance	Forestry				
Day 4	11:00 AM	12:00 PM	18	Art	Fire Safety					& Codes	Photography		Veterinary				
(Mon)	Lunch (	(12:15 PM -	1:00 PM	)									Medicine				
	1:00 PM	2:00 PM	19		Search & Rescue			las					Mammal Study				
	2:00 PM	3:00 PM	20		nescue			Ice Fishing					Astronomy				
	2.00 PIVI	J.00 PIVI	20										Astronomy				

## **VENTURE CHALLENGE AWARD**

## **LEADERSHIP**

Crew member will demonstrate leadership abilities by taking on a role in
one or more of the activities at
Blizzard Adventure Camp. Examples include but are not
limited to; captaining
their broomball team,
leading a mealtime
song, creating a
crew waiter rotation, serving as the crew
leader, organizing

## TIER II ADVENTURE

Crew members will work with staff to plan and organize a Tier II adventure for the crew while at Blizzard Camp. This could include any combination of crosscountry skiing, snowshoeing, cooking, outpost camping and many other options. The crew will help with all preparation and determine what materials and skill development may be required.

# PERSONAL GOAL and REFLECTION

Tier II adventure, or

guiding the crew ser-

vice project.

Crew members will set a personal goal to achieve at Blizzard Adventure Camp from one of the following categories; development of self, development of other, development of faith.

Crew members will write a short reflection on the final day of camp and conference with a staff advisor.

## **SERVICE**

Crew members will coordinate with Ranger or other Camp Staff to plan, organize, and carry out a service project to benefit the camp.

\*\*\*\*\*\*\*

Upon completion of all portions of the Venture Challenge Crew Members will meet with the Blizzard Camp Staff Crew Advisor to review all Venture Challenge Award requirements.

## Winter Camping Information from the Guide to Safe Scouting

### **Winter Camping Safety**

There is magic to camping in winter. It is one of the most challenging of outdoor adventures. The Boy Scouts of America operates the National Cold-Weather Camping Development Center at Northern Tier through the Okpik program. Visit www.ntier.org/BeforeYouArrive\_OKPIK.html for comprehensive winter camping preparation information. Special considerations for winter camping are:

- 1. Qualified Supervision. It is vital that a leader be an experienced winter camper with strong character and common sense.
- 2. Equipment. Be completely outfitted for cold weather. Equipment should be checked to ensure good condition for the activity and proper maintenance while in use. Scouts should be adequately clothed, and blankets should be a suitable quality and weight. TIP: Use alkaline batteries in flashlights, as standard batteries deteriorate quickly in cold weather. TIP: Encourage youths to wear brightly colored clothing so they are more visible during severe weather.
- 3. Physical Fitness. Scouts should be suitably fit for the activity. Periodic rests while building snow caves and engaging in other strenuous cold-weather activities will help prevent accidents and overheating. TIP: Pulling a load over snow on a sled or to-boggan is generally easier than carrying a backpack.
- 4. Buddy System. Having Scouts paired aids in monitoring each other's physical condition and observation of surroundings and circumstances.
- 5. Planning. Safe activities follow a plan that has been conscientiously developed. In winter, plan to cover no more than 5 miles per day on snowshoes or 10 to 12 miles on cross-country skis. Allow ample time to make it to camp at the end of the day. TIP: Always bring a bit more food, water, and clothing than what you think you'll need.
- 6. Safe Area. Leaders should determine whether an area for winter camping is well-suited and free of hazards. TIP: Always test the thickness of ice before venturing any distance from shore. The ice should be at least 3 inches thick for a small group. TIP: Look for dead branches hanging in the trees overhead. TIP: Avoid ridge tops and open areas where wind can blow down tents or create drifts.
- 7. Weather Check. Weather conditions, potential hazards, and the appropriate responses should be understood and anticipated. Go to www.scouting.org/training for Hazardous Weather training.
- 8. Burning. Never use flames in tents, teepees, or snow shelters. This includes burning any solid, liquid, gel, or gas fuel; using features of tents or teepees that support stoves or fires; and use of chemical-fueled equipment and catalytic heaters.
- 9. Discipline. Rules are effective only when followed. All participants should know, understand, and respect the rules and procedures for a safe winter camping experience. Applicable rules should be discussed prior to the outing and reviewed for all participants when leaving for the winter campout.





## Winter Camping Information from the Guide to Safe Scouting

## **Winter Sports Safety**

Beyond camping, a number of cold-weather activities present challenges to the Scout and leader, such as cross-country skiing, ice skating, sledding, snowmobiling, ice fishing, and snowshoeing. Essential ingredients for fun include skill training and an awareness of the hazards unique to these activities. Snow conditions, hazardous terrain, special clothing needs, and emergency survival are important issues for a safe and successful experience.

Be sure your winter outdoor activities always follow these guidelines:

- 1. All winter activities must be supervised by mature and conscientious adults (at least one of whom must be age 21 or older) who understand and knowingly accept responsibility for the well-being and safety of the youth in their care, who are experienced and qualified in the particular skills and equipment involved in the activity, and who are committed to compliance with the seven points of BSA Winter Sports Safety. Direct supervision should be maintained at all times by two or more adults when Scouts are in the field. The appropriate number of supervisors will increase depending on the number of participants, the type of activity, and environmental conditions.
- 2. Winter sports activities embody intrinsic hazards that vary from sport to sport. Participants should be aware of the potential hazards of any winter sport before engaging in it. Leaders should emphasize preventing accidents through adherence to safety measures and proper technique.
- 3. Appropriate personal protective equipment is required for all activities. This includes the recommended use of helmets for all participants engaged in winter sports, such as sledding and riding other sliding devices. The use of helmets is required for the following activities: downhill skiing, snowboarding and operating snowmobiles (requires full face helmets).
- 4. Winter sports activities often place greater demands on a participant's cardiopulmonary system, and people with underlying medical conditions (especially if the heart or lungs are involved) should not participate without medical consultation and direction. For participants without underlying medical conditions, the annual health history and physical examination by a licensed health-care practitioner every year is sufficient. The adult leader should be familiar with the physical circumstances of each youth participant and make appropriate adjustments to the activity or provide protection as warranted by individual health or physical conditions. Adults participating in strenuous outdoor winter activity should have an annual physical examination. It is recommended that the medical assessment be performed by a licensed health-care practitioner knowledgeable of the sport and the particular physical demands the activity will place on the individual.
- 5. For winter sports such as skiing, snowboarding, snowmobiling, etc., that utilize specialized equipment, it is essential that all equipment fit and function properly.
- 6. When youth are engaging in downhill activities such as sledding or tobogganing, minimize the likelihood of collision with immobile obstacles. Use only designated areas where rocks, tree stumps, and other potential obstacles have been identified and marked, cleared away, shielded, or buffered in some way.
- 7. All participants should know, understand, and respect the rules and procedures for safe winter activity. The applicable rules should be presented and learned before the outing, and all participants should review them just before the activity begins. When Scouts know and understand the reasons for the rules, they will observe them. When fairly and impartially applied, rules do not interfere with fun. Rules for safety, plus common sense and good judgment, keep the fun from being interrupted by tragedy.





Boy Scouts of America

#### **DIETARY NEEDS FORM**

Blizzard Adventure Camp, Camp Kingsley

The purpose of this form is to communicate special dietary needs, food allergies, health reasons, religious reasons, etc. for any child, teen, or adult who will be attending camp. Please complete this form and send it to the Leatherstocking Council (Attention: Blizzard Adventure Camp, Camp Director) no less than 2 weeks prior to your camp session. We will attempt to accommodate your needs from within our resources. This form, which details the food substitution or modification requested, includes an identification of the medical or other special dietary condition which restricts the person's diet, texture changes requested, food or foods to be omitted from the child's diet, and food or choice of foods to be substituted. Food allergies are potentially life threatening, so it is important that parents notify the camp of any food allergy so that they may be accommodated appropriately. Students with disabilities may require modifications in texture, and the food may need to be chopped, ground or pureed. Students may also require food substitutions based on philosophical or religious beliefs.

Name:		_ Troop No:	Date
Check One:	Camper (13-18 years old)	◯ Staff (18+ years old)	Adult Volunteer
In the space should be ta	-	gies or intolerances for the	e person listed above and any necessary precautions that
In the space that may be		t or dietary restrictions (no	on-allergy) for the person listed above and food substitutes
List all foods necessary:	that need changes in texture. I	f all foods need to be prep	pared in this manner, indicate "ALL". Use an additional sheet if
	Food Requiring Texture Modi		Modification hopped, finely ground, pureed or blended, thickened liquids)
Parent/Guar	dian Name:	·	
Printed Nam	e Signature		
Date			
Medical Prov	vided Name:		
Printed Nam	e		
Signature			
Dato			

#### **LEATHERSTOCKING COUNCIL #400**

Boy Scouts of America

## **AUTHORIZATION FOR CAMPER RELEASE**

Blizzard Adventure Camp, Camp Kingsley

This form is used in the event a Cub Scout will be transported to camp by a person other than his parent or guardian. The below named individual(s) are authorized to pick up my Scout(s). Photo identification is required.

l,	give permission for my child/children					
to be dropped off and picked up from	m Camp Kingsley by the following in	dividuals:				
	J					
name	relationship	phone number				
name	relationship	phone number				
name	relationship	phone number				
name	relationship	phone number				
name	relationship	phone number				
Parent/Guardian Signature:						
Parent/Guardian Name (Printed):						
Date:						

#### **LEATHERSTOCKING COUNCIL #400**

Boy Scouts of America

## **EARLY RELEASE FORM**

Blizzard Adventure Camp, Camp Kingsley

This form is used in the event a Boy Scout will need to leave camp, for any reason, prior to the scheduled end of his camp week or session. The below named Scout(s) is/are authorized to depart camp earlier than scheduled by his Troop. Additionally, the below named individual is the person authorized to pick up my Scout(s). Photo identification is required.

Date & Time of Release:	
Name of Scout(s):	
Unit No.:	
Address:	
City/State/Zip:	
Home Phone No.:	
Parent's Work/Cell Phone:	
Authorized Individual to Pick Up Scout(s)	
Name of Scout(s):	
Address:	
City/State/Zip:	
Home Phone No.:	
Work/Cell Phone No:	
Parent's Printed Name:	
Parent's Signature:	
Date:	

Boy Scouts of America

## **AUTHORIZATION FOR NON-PRESCRIPTION MEDICINE & TOPICAL OINTMENT**

Blizzard Adventure Camp, Camp Kingsley

The following over-the-counter non-prescription medicine and topical ointment can be administered by the Health Officer at Camp Kingsley:

1111831671			
• Sunscreen			
• Insect Repella	ant		
• Aloe for Treat	tment of Burns/Stings		
• Rubbing Alcoh	hol for Treatment of Stings		
• Antibiotic Oin	ntment/Cream		
•Tylenol:	Dosage:		
	Strength:		
	When to Use:		
• Benadryl:	Dosage:		
	Strength:		
	When to Use:		
Other: Dosage	e:		
	Strength:	_	
	When to Use:	_	
guardian befor must have a ph	rization for Non-Prescription Medicine and Topica re the topical medicine can be applied. If the instru- hysician's note to administer it. All Medicine and T a valid expiration date, clearly labeled with your officer at	uctions state that the item is not age-appoint opical Ointment should be provided in t	propriate for the child, we he original container with
	ve the Leatherstocking Council and Camp Kingsley		
med	edication and topical ointments to	(r	name of scout)
	from:/to:	// (not to exceed 90 days).	
	Special Ir	structions:	
Parent/Guardia	an Signature:	Date:	
Parent/Guardia	an Name (Printed):		

### LEATHERSTOCKING COUNCIL #400

Boy Scouts of America

## **Medication Label**

Blizzard Adventure Camp, Camp Kingsley

!	MEDICATION LABEL					
Please fill this out completely and include it in the Ziplock bag with your medication:						
Name:	Troop #:	Age:				
Type of Medication:						
Reason for Medication:			_			
Dosage Instructions:			_			
  -						
Date Medicine Started:	Temporary Permanent					
Side Effects:						
Special Storage Instructions:						

#### LEATHERSTOCKING COUNCIL #400

Boy Scouts of America

#### **Talent Release Form**

Blizzard Adventure Camp, Camp Kingsley

I hereby assign and grant to the Leatherstocking Council of the Boy Scouts of America the right and permission to use and publish the photographs/film/videotapes/electronic representations and/or sound recordings made of me this date by Leatherstocking Council of the Boy Scouts of America, and I hereby release the Leatherstocking Council and the Boy Scouts of America from any and all liability from such use and publication.

I hereby authorize the reproduction, sale, copyright, exhibit, broadcast, electronic storage and/or distribution of said photographs/film/videotapes/electronic representations and/or sound recordings without limitation at the discretion of the Leatherstocking Council of the Boy Scouts of America and I specifically waive any right to any compensation I may have for any of the foregoing.

PLEASE PRINT CLEARLY		
Name:		
Address:		 
City:	State:	 Zip:
Phone Number:		 
Troop #:	Troop City:	 
Signed (parent/guardian):		

# Part A: Informed Consent, Release Agreement, and Authorization



Full name:	High-adventure base participants:			
Date of birth:	Expedition/crew No.: or staff position:			
Informed Consent, Release Agreement, and Authorization				
I understand that participation in Scouting activities involves the risk of personal injury, including death, due to the physical, mental, and emotional challenges in the activities offered. Information about those activities may be obtained from the venue, activity coordinators, or your local council. I also understand that participation in these activities is entirely voluntary and requires participants to follow instructions and abide by all applicable rules and the standards of conduct.  In case of an emergency involving me or my child, I understand that efforts will be made to contact the individual listed as the emergency contact person by the medical provider and/or adult leader. In the event that this person cannot be reached, permission is hereby given to the medical provider selected by the adult leader in charge to secure proper treatment, including hospitalization, anesthesia, surgery, or injections of medication for me or my child. Medical providers are authorized to disclose protected health information to the adult in charge, camp medical staff, camp management, and/or any physician or health-care provider involved in providing medical care to the participant. Protected Health Information/Confidential Health Information (PHI/CHI) under the Standards for Privacy of Individually Identifiable Health Information, 45 C.F.R. §§160.103, 164.501, etc. seq., as amended from time to time, includes examination findings, test results, and treatment provided for purposes of medical evaluation of the participant, follow-up and communication with the participant's parents or guardian, and/or determination of the participant's ability to continue in the program activities.  (If applicable) I have carefully considered the risk involved and hereby give my informed consent for my child to participate in all activities offered in the program. I further authorize the sharing of the information on this form with any BSA volunteers or professionals who need to know of medical conditions that may require special conside	I also hereby assign and grant to the local council and the Boy Scouts of America, as well as their authorized representatives, the right and permission to use and publish the photographs/film/videotapes/electronic representations and/or sound recordings made of me or my child at all Scouting activities, and I hereby release the Boy Scouts of America, the local council, the activity coordinators, and all employees, volunteers, related parties, or other organizations associated with the activity from any and all liability from such use and publication. I further authorize the reproduction, sale, copyright, exhibit, broadcast, electronic storage, and/or distribution of aphotographs/film/videotapes/electronic representations and/or sound recordings without limitation at the discretion of the BSA, and I specifically waive any right to any compensation I may have for any of the foregoing.  Every person who furnishes any BB device to any minor, without the express or implied permission of the parent or legal guardian of the minor, is guilty of a misdemeanor. (California Penal Code Section 19915[a]) My signature below on this form indicates my permission.  I give permission for my child to use a BB device. (Note: Not all events will include BB devices.)  Checking this box indicates you D0 N0T want your child to use a BB device.  NOTE: Due to the nature of programs and activities, the Boy Scouts of America and local councils cannot continually monitor compliance of program participants or any limitations imposed upon them by parents or medical providers. However, so that leaders can be as familiar as possible with any limitations, list any restrictions imposed on a child participant in connection with programs or activities below.			
I understand that, if any information I/we have provided is found to be inaccurate, it may limit and/Philmont Scout Ranch, Philmont Training Center, Northern Tier, Sea Base, or the Summit Bechtel Reand weight requirements and restrictions, and understand that the participant will not be almet. The participant has permission to engage in all high-adventure activities described, except as parent or guardian's signature is required.	eserve, I have also read and understand the supplemental risk advisories, including height lowed to participate in applicable high-adventure programs if those requirements are not			
Participant's signature:				
Parent/guardian signature for youth:				
(If participant is und	Date: ler the age of 18)			
Complete this section for youth participants only:  Adults Authorized to Take Youth to and From Events:				
You must designate at least one adult. Please include a phone number.				
Name:	Name:			
Phone:	Phone:			
Adults NOT Authorized to Take Youth to and From Events:				
Name:	Name:			



**Part B1:** General Information/Health History

**B1** 

Full name:				High-adventure base participants:				
		th:		Expedition/crew No.:				
Date	ווע וט	и		or staff position:	_			
Age:		Gender: Height (inches): Weight (lbs.):						
Address	:							
Citv:		State:	ZIP	P code: Phone:				
				Unit leader's mobile #:				
		0.:						
				Policy No.:				
_					_			
4	Please	attach a photocopy of both sides of the insurance card. If you	do not have medical insu	urance, enter "none" above.				
In case	e of em	ergency, notify the person below:						
Name:_				_Relationship:				
Address	:		Home phone:	: Other phone:				
Alternate	e contac	t name:		Alternate's phone:				
Hoal	th Wi	story						
		have or have you ever been treated for any of the following?						
Yes	No	Condition		Explain				
		Diabetes	Last HbA1c percentage a	and date: Insulin pump: Yes 🗌 No 🗍				
		Hypertension (high blood pressure)						
		Adult or congenital heart disease/heart attack/chest pain (angina)/heart murmur/coronary artery disease. Any heart surgery or procedure. Explain all "yes" answers.						
		Family history of heart disease or any sudden heart-related death of a family member before age 50.						
		Stroke/TIA						
		Asthma/reactive airway disease	Last attack date:					
		Lung/respiratory disease						
		COPD						
		Ear/eyes/nose/sinus problems						
		Muscular/skeletal condition/muscle or bone issues						
		Head injury/concussion/TBI						
		Altitude sickness						
		Psychiatric/psychological or emotional difficulties						
		Neurological/behavioral disorders						
		Blood disorders/sickle cell disease						
		Fainting spells and dizziness						
		Kidney disease						
		Seizures or epilepsy	Last seizure date:					
		Abdominal/stomach/digestive problems						
		Thyroid disease						
		Skin issues						
		Obstructive sleep apnea/sleep disorders	CPAP: Yes 🗌 No 🗌					
		List all surgeries and hospitalizations	Last surgery date:					
		List any other medical conditions not covered above						



Full r	name:					High-adventure base participants:			
Date of birth:						Expedition/crew No.: or staff position:			
					oi stati positi	1011.			
D0 Y0	U USE A	Medication N EPINEPHRINE NR? Exp. date (		□ NO		ASTHMA RESCUE date (if yes)	□ YES	□ NO	
Are you	allergic to	o or do you have an	y adverse reaction to any of the follow	wing?					
Yes	No	Allergies or R	eactions Ex	plain	Yes No All	lergies or Reactions	Explain		
		Medication			Plants	3			
		Food			Insect	t bites/stings			
List al	II medic	ations currently	used, including any over-the	e-counter medic	ations.				
☐ Ch	eck her	e if no medicat	ions are routinely taken.	$\square$ If addition	nal space is needed, plea	se list on a separate sheet a	nd attach.		
		Medication	Dose	Frequency		Reason			
_	_								
YE			scription medication administration is	authorized with thes	se exceptions:				
Adminis	stration of	the above medicat	ions is approved for youth by:		/				
			Parent/guardian signature		MD/D0, NP	or PA signature (if your state requires sign	nature)		
4			ns in sufficient quantities and in the ation unless instructed to do so by y		Make sure that they are NOT ex	xpired, including inhalers and EpiPe	ens. You SHOULD NOT	STOP taking	
	nuniza								
			ommended. Tetanus immunization is the disease column and list the date.			ed.   Please list any addition	nal information ab	out your	
Yes	No	Had Disease	Immunization		Date(s)	medical history:			
			Tetanus						
			Pertussis						
			Diphtheria						
			Measles/mumps/rubella						
			Polio			DO NOT WRITE IN THIS			
			Chicken Pox			Review for camp or special act	livity.		
			Hepatitis A						
			Hepatitis B			Date:	Yes No		
			Meningitis			Further approval required:  Reason:	res L No		
			Influenza						
			Other (i.e., HIB)			Approved by:			
			Exemption to immunizations (form	required)		Date:			



## Part C: Pre-Participation Physical

This part must be completed by certified and licensed physicians (MD, D0), nurse practitioners, or physician assistants.

Full name:					High-adventure base participants:			
Date of birth: _				Expedition/crew No.:  or staff position:				
including o	ne of the nati	onal high-adver	ndividual has no contraindication that the superstance of the supersta	pplemental information				
Please fill in the fo	llowing info	ormation:						
		Yes	No			Explain		
Medical restrictions to	o participate							
Yes No /	Allergies or R	Reactions	Explain	Yes	No	Allergies or Reactions		Explain
	dication		•			Plants		
F00	d					Insect bites/stings		
Height (inc	ches)		Weight (lbs.)	ВМІ		Blood Pressure		Pulse
						/		
				Evemine	do C	ertification		
	Normal	Abnormal	Explain Abnormalities				mined this person	and find no contraindications for
Eyes						ng experience. This participant		
Ears/nose/throat				True Fa	Ise		Explain	
Edis/1108e/ti110at		Ш				Meets height/weight requireme	ents.	
Lungs						Has no uncontrolled heart dise		
Heart						Has not had an orthopedic inju surgery in the last six months of orthopedic surgeon or treating	or possesses a lett	
					_	Has no uncontrolled psychiatric	-	
Abdomen						Has had no seizures in the last	year.	
Genitalia/hernia						Does not have poorly controlled	d diabetes.	
domanariorna						If planning to scuba dive, does	not have diabetes	asthma, or seizures.
Musculoskeletal				Examiner's sign	naturo:			Date:
Neurological				Examiner's prir				
Olderlesses				Address:				
Skin issues				City:			State:	ZIP code:
Other								
Height/Weight Restric			ained in the following chart and vo					

If you exceed the maximum weight for height as explained in the following chart and your planned high-adventure activity will take you more than 30 minutes away from an emergency vehicle/accessible roadway, you may not be allowed to participate.

#### Maximum weight for height:

Height (inches)	Max. Weight						
60	166	65	195	70	226	75	260
61	172	66	201	71	233	76	267
62	178	67	207	72	239	77	274
63	183	68	214	73	246	78	281
64	189	69	220	74	252	79 and over	295



# **BSA Pre-Event Medical Screening Checklist**

This is a tool to help leaders identify potentially communicable diseases in advance of event participation. The intent of this checklist is to review with each participant their current health status both before departure and upon arrival at the event.\*

	Name:	Date/Event:
		Campsite:
Do	not participate if you have any of the following symp	ptoms in the past 24 hours:
	Fever (100.4° F or greater)	
	Vomiting	
	Diarrhea	
	New cough	
Do	not participate if you or anyone you live with has rece	ently tested positive for COVID-19 or does not have test results back
	you have a positive COVID-19 test, follow the CDC guid eatment recommendations.	lance for isolation and your personal health care provider's
	responsible for your health and that of others. Isolate yone you live with or anyone you have recently been a	if you are sick. Do not attend any activity/meeting/event if you, round feel unwell. Symptoms might include:
	Unexplained extreme fatigue	
	Unexplained muscle aches	
	New rash	
	Sore throat	
	Open sore	

Participants who are symptomatic or ill should not attend or return to an activity until cleared by their health care provider.

