

First Aid **RANK** requirements Needed for the First Aid Merit Badge!

Please Be Aware: The First Aid merit badge session will NOT have time to review the rank requirements below. The focus of the First Aid merit badge is on the requirements of the merit badge only. The rank skills are needed during this merit badge session!

Skills Review: The following requirements should be reviewed prior to attending Towpath MBU so your Scout has the necessary skills during their First Aid session.

Counselors' Proof required: Scouts need to bring one of the following as proof they have completed the necessary skills as stated in the [First Aid merit badge](#) requirement #1: *Satisfy your counselor that you have current knowledge of all first aid requirements for [Tenderfoot](#), [Second Class](#), and [First Class](#) ranks.*

- Scout handbook with requirements below signed off by the Troop leader assigned to do sign off for the requirements below.
- First Class uniformed – meaning uniform with earned First Class patch sewed on in the correct location.
- First Class award card – the advancement card that comes with the First Class patch during Scout's Court of Honor
- Advancement Report or Scoutbook print out of below requirements completed.

Additional Resources - HOW TO videos can be found on Scouting.org under

'Troop Program Resources' found here: <https://troopresources.scouting.org/early-rank-requirements-first-aid/>

For Tenderfoot:

4a. Show first aid for the following:

- Simple [cuts and scrapes](#)
- [Blisters](#) on the hand and foot
- Minor (thermal/heat) [burns](#) or scalds (superficial, or first-degree)
- [Bites or stings](#) of insects and ticks
- Venomous [snakebite](#)
- [Nosebleed](#)
- [Frostbite](#) and [sunburn](#)
- [Choking](#)

4b. Describe common [poisonous or hazardous plants](#); identify any that grow in your local area or campsite location. Tell how to treat for exposure to them.

4c. Tell what you can do while on a campout or other outdoor activity to prevent or reduce the occurrence of injuries or exposure listed in Tenderfoot requirements 4a and 4b.

4d. Assemble a [personal first-aid kit](#) to carry with you on future campouts and hikes. Tell how each item in the kit would be used.

For Second Class:

6a. Demonstrate first aid for the following:

- [Object in the eye](#)
- [Bite of a warm-blooded animal](#)

- [Puncture wounds](#) from a splinter, nail, and fishhook
- [Serious burns](#) (partial thickness, or second-degree)
- [Heat exhaustion](#)
- [Shock](#)
- [Heatstroke](#), [dehydration](#), [hypothermia](#), and [hyperventilation](#)

6b. Show what to do for “hurry” cases of [stopped breathing](#), [stroke](#), [severe bleeding](#), and ingested [poisoning](#).

6c. Tell what you can do while on a campout or hike to prevent or reduce the occurrence of the injuries listed in Second Class requirements 6a and 6b.

6d. Explain what to do in case of accidents that require emergency response in the home and backcountry. Explain what constitutes an emergency and what information you will need to provide to a responder.

6e. Tell how you should respond if you come upon the scene of a vehicular accident.

For First Class:

7a. Demonstrate bandages for a [sprained ankle](#) and for injuries on the [head](#), the [upper arm](#), and the [collarbone](#).

7b. By yourself and with a partner, show how to:

- Transport a person from a smoke-filled room.
- Transport for at least 25 yards a person with a sprained ankle.

7c. Tell the five most common signals of a [heart attack](#). Explain the steps (procedures) in [cardiopulmonary resuscitation \(CPR\)](#).

7d. Tell what utility services exist in your home or meeting place. Describe potential hazards associated with these utilities and tell how to respond in emergency situations.

7e. Develop an emergency action plan for your home that includes what to do in case of fire, storm, power outage, and water outage.

7f. Explain how to obtain potable water in an emergency.