

# IOLS Participant Guide

REFERENCE: Scouts BSA Handbook, chapter 9, Camping

Welcome to Introduction to Outdoor Leadership Skills (IOLS)! This guide is meant to help you prepare for the course.

Overnight gear, outdoor essentials, and appropriate clothing are the heart of camping equipment. Carry a light load of only what you need to keep yourself safe and make a good camp; leave all unnecessary items at home. Don't overthink it; we are camping in a town park. Pack appropriately for the weather conditions and your personal needs. Reach out with questions.

There is a large pavilion with picnic tables on site that will be used for shelter and many of the instructional sessions. There are also regular restrooms with flush toilets. A standard overnight packing list is shown here. If you do not own any of the gear first try to borrow it from your unit, if you still cannot come up with the needed gear contact the course instructor and they may be able to find gear for you to borrow.

Please arrive on Friday between 5-5:30pm with a full stomach. We will provide Friday night snacks, Saturday breakfast, lunch, and snacks, coffee, and drinks throughout the day. Instruction will wrap up by 5pm Saturday. PLEASE REACH OUT if you have any dietary restrictions and we will accommodate them.

## PERSONAL OVERNIGHT CAMPING GEAR

**BSA MEDICAL FORMS PART A & B ([here](#))**

Scouts BSA Handbook or Cub Leader

### Book

Notebook and pen

Scout Field Uniform – Class A

Boots or comfortable shoes to hike in

Extra clothing

Chair

## OUTDOOR ESSENTIALS

Pocketknife

First-aid kit

Rain gear

- Water bottle
- Flashlight
- Matches and fire starters
- Sun protection
- Compass and GPS (if you have one)
- Sleeping bag
- Sleeping pad or cot (if you have one)
- Tent & ground cloth (borrow from your troop if needed)
- Backpack

#### EATING KIT

- Spoon
- Plate
- Bowl
- Cup & warm drink mug

#### PERSONAL/CLEANUP KIT

- Soap
- Toothbrush
- Toothpaste
- Dental floss
- Comb
- Washcloth
- Towel
- Medications
- Glasses/Contacts

#### PERSONAL EXTRAS (OPTIONAL)

- Watch
- Camera
- Sunglasses