

SENECA WATERWAYS COUNCIL

OKPIK + OKPIKATTAVIK!

HANDS-ON-TRAINING FOR COLD WEATHER
CAMPING PLUS OPTIONAL TREK!



February
14th-15th
+
16th-17th

AT MASSAWEPIE
SCOUT CAMPS

OKPIK \$95

OKPIKATTAVIK \$50

prepared meals + course materials included

This course equips you to effectively lead Scouts in Cold Weather Camping.

Here's a sample of the workshops offered throughout the four day course:

- **Meal Preparations** for the Minimalist or the Masses
- Winter's Have: Mastering **Camping Shelters & Sleep Systems**
- Chasing Balance: Mastering **Homeostasis**
- Layer Up: The Art of **Dressing Right**
- Ice to Oasis: Mastering Winter **Water Purification**
- **Leave No Trace**
- Night Under the Stars: Mastering the Art of **Winter Trekking**
- Trails & Tracks: **Navigating Winter** Camping with Skis, Snowshoes, and Sleds
- Frostbite to **First Aid**
- Cold Calculations: **Mastering Risk and Emergency Planning**
- Stitching the Cold Away: **DIY Winter Gear**



REGISTER ONLINE:
[SCOUTINGEVENT.COM/397-OKPIK](https://scoutingevent.com/397-okpik)

OKPIK@SENECAWATERWAYS.ORG



****Participation in this course is open to all individuals ages 14+. Youth must be accompanied by a leader from their Scout unit or a parent/guardian.****