SENECA WATERWAYS COUNCIL

# OKPIK + OKPIKATTAVIK! A FOUR DAY COMPREHENSIVE TRAINING FOR COLD WEATHER CAMPING.

## February 20th-23rd

**MASSAWEPIE SCOUT CAMPS** 

### \$145

prepared meals + course materials included

Register before 1/24 and receive a course shirt!

### This course equips you to effectively lead Scouts in Cold Weather Camping.

#### Here's a sample of the workshops offered throughout the four day course:

- Meal Preparations for the Minimalist or the Masses
- Winter's Have: Mastering Camping Shelters & Sleep Systems
- Chasing Balance: Mastering Homeostasis
- Layer Up: The Art of Dressing Right
- Ice to Oasis: Mastering Winter Water Purification
- Leave No Trace
- Night Under the Stars: Mastering the Art of Winter Trekking
- Trails & Tracks: **Navigating Winter** Camping with Skis, Snowshoes, and Sleds
- Frostbite to First Aid
- Cold Calculations: Mastering Risk and Emergency Planning
- Stitching the Cold Away: DIY Winter Gear





