

# Gopher's Guide to Pins and Loops

Version 1.0 (July 2023)



## 2022-2023 Cub Scout Badges of Rank Requirements



New Cub Scouts who are in 1<sup>st</sup> grade or above earn the Bobcat Badge first before working on the requirements for their badge of rank.

Exercises in the pamphlet *How to Protect Your Children From Child Abuse*

- Scout Oath
- Scout Law
- Cub Scout Sign
- Cub Scout Handshake
- Cub Scout Motto
- Cub Scout Salute

Kindergarten <b>LION</b> 6 years old	<b>TIGER</b> 1 <sup>st</sup> Grade or 6 years old	<b>WOLF</b> 2 <sup>nd</sup> Grade or 7 years old	<b>BEAR</b> 3 <sup>rd</sup> Grade or 8 years old	<b>WEBELOS</b> 4 <sup>th</sup> Grade through joining a Scouts BSA Troop. 5 <sup>th</sup> Graders may work on Arrow of Light without earning the Webelos badge	
*Exercises in the pamphlet <i>How to Protect Your Children From Child Abuse</i>	*Exercises in the pamphlet <i>How to Protect Your Children From Child Abuse</i>	*Exercises in the pamphlet <i>How to Protect Your Children From Child Abuse</i>	*Exercises in the pamphlet <i>How to Protect Your Children From Child Abuse</i>	*Exercises in the pamphlet <i>How to Protect Your Children From Child Abuse</i>	*Exercises in the pamphlet <i>How to Protect Your Children From Child Abuse</i>
	Protect Yourself Rules Video	Protect Yourself Rules Video	Protect Yourself Rules Video	Protect Yourself Rules Video	Protect Yourself Rules Video
<ul style="list-style-type: none"> <li>Lion's Honor</li> <li>Animal Kingdom</li> <li>Mountain Lion</li> <li>King of the Jungle</li> <li>Fun on the Run</li> </ul>	<ul style="list-style-type: none"> <li>Games Tigers Play</li> <li>My Tiger Jungle</li> <li>Team Tiger</li> <li>Tiger Bites</li> <li>Tiger Circles: Duty to God</li> <li>Tigers in the Wild</li> <li>Elective Adventure</li> </ul>	<ul style="list-style-type: none"> <li>Call of the Wild</li> <li>Council Fire</li> <li>Duty to God Footsteps</li> <li>Howling at the Moon</li> <li>Paws on the Path</li> <li>Running with the Pack</li> <li>Elective Adventure</li> </ul>	<ul style="list-style-type: none"> <li>Baloo the Builder</li> <li>Bear Claws</li> <li>Bear Necessities</li> <li>Fellowship and Duty to God</li> <li>Fur, Feathers, and Ferns</li> <li>Paws for Action</li> <li>Elective Adventure</li> </ul>	<ul style="list-style-type: none"> <li>Cast Iron Chef</li> <li>Duty to God &amp; You</li> <li>First Responder</li> <li>Stronger, Faster, Higher</li> <li>Webelos Walkabout</li> <li>Elective</li> </ul>	<ul style="list-style-type: none"> <li>Building a Better World</li> <li>Duty to God in Action</li> <li>Outdoor Adventurer</li> <li>Scouting Adventure</li> <li>Elective</li> </ul>
*Required once a year. Is not repeated in the same year as earning Bobcat.				Be Active In Your Webelos Den for 3 Months	Be Active In Your Webelos Den for 6 Months or Be 10 and a half years old



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## Webelosree and Pinstravapalooza

The Webelosree is a once yearly event held at Camp Cutler for first year and Arrow of Light Cubs interested in a weekend of camping fun and Scouting advancement activities. Pinstravapalooza is the expansion of Webelosree to include advancement opportunities for all Cub ages, integrate the fall Cubs in Camp event, and establish a comprehensive bridge program to prepare Cubs and parents for Scouting.

Webelosree and Pinstravapalooza are great ways for Cubs of all ages to complete multiple camping and adventure pin requirements or electives in a beautiful outdoor setting as they prepare for crossing over into Scouts. Younger Cubs can attend for the day and participate in age-appropriate activities while older Cubs can pitch their own tents, help cook their own meals, and camp in the woods, fields, or lean-tos in true pack-in-pack-out style just like the Scouts do! The overnight campout is not strictly required (except for certain adventures) but is highly recommended as part of the bridge program. Units can book a lodge, cabin, or pod by calling the Council office.

Please take the time to read through the requirements in this guide as it contains all the essential information to help you and your Cubs meet the requirements for advancement. As a general rule, all prerequisites must be completed either before or after an event in order to earn the adventure loop or pin. Final decision authority on awarding pins rests with the parents and leaders so please help your Cubs be prepared!

Feel free to contact me with questions or concerns. Thank you for choosing the Webelosree and Pinstravapalooza as your premier advancement event. I look forward to seeing you all in camp.

Yours in Scouting,

Guido "Gopher" DiMatteo  
Camp Director  
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## The Methods of Scouting

**Living the Ideals** - Cub Scouting's values are embedded in the Scout Oath, the Scout Law, the Cub Scout motto, and the Cub Scout sign, handshake, and salute. These practices help establish and reinforce the program's values in Scouts and the leaders who guide them.

**Belonging to a Den** - The den (a group of six to eight children who are in the same grade and are the same gender) is the place where Cub Scouting starts. In the den, Cub Scouts develop new skills and interests, they practice sportsmanship and good citizenship, and they learn to do their best, not just for themselves but for the den as well.

**Advancement** - Recognition is important to everyone. The advancement plan provides fun for the Scouts, gives them a sense of personal achievement as they earn badges, and strengthens family understanding as adult family members and their den leader work with them on advancement projects.

**Family Involvement** - Whether a Cub Scout lives with two parents or one, a foster family, or other relatives, their family is an important part of Cub Scouting. Parents and adult family members provide leadership and support for Cub Scouting and help ensure that Scouts have a good experience in the program.

**Activities** - Cub Scouts participate in a huge array of activities, including games, projects, skits, stunts, songs, outdoor activities, trips, and service projects. Besides being fun, these activities offer opportunities for growth, achievement, and family involvement.

**Serving the Neighborhood** - Cub Scouting focuses on the home and neighborhood. It helps Scouts strengthen connections to their local communities, which in turn supports their growth and development.

**Uniform** - Cub Scout uniforms serve a dual purpose, demonstrating that a Scout is part of a team and showing individual achievement (Scouts wear the badges they've earned). Wearing the uniform to meetings and activities also encourages a neat appearance and good behavior.



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**The Edge Method** – Explain, demonstrate, guide, and enable. The trainer first explains how something is done, then demonstrates it while explaining again. Next, the trainer guides the learner through the steps of the task, giving feedback and assistance as needed. Finally, the trainer enables the learner to do the task on their own, checking for understanding and mastery.

**The Patrol Method** - As a member of a patrol, youth are afforded opportunities that are hard to find anywhere else. Unlike a sports team, a Scout patrol carries out a wide range of tasks that require pooling resources and working together to function successfully in all kinds of circumstances.

For most young people, being in a Scout patrol will be the first time they have to rely upon themselves and other young people to follow an array of necessary steps to satisfy objectives that requires a wide range of life skills.

Like any team, a patrol will function well only as long as all the particular responsibilities pertaining to the completion of a task are carried out successfully. Because of its size, this gives *every member an opportunity to participate*, and this in itself results in some positive outcomes. Making a contribution to the patrol's success provides a welcome sense of belonging, of being appreciated, and a feeling of competency resulting in self-esteem.



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## Cub Essentials

**Scout Oath** - On my honor I will do my best to do my duty to God and my country and to obey the Scout Law; to help other people at all times; to keep myself physically strong, mentally awake, and morally straight.

**Scout Law** - A Scout is trustworthy, loyal, helpful, friendly, courteous, kind, obedient, cheerful, thrifty, brave, clean and reverent.

**Scout Motto** - Do your best

**Outdoor Code** - As an American, I will do my best to – Be clean in my outdoor manners, Be careful with fire. Be considerate in the outdoors. Be conservation minded.



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## Lion

Male and female youth 5 years old are eligible to join as Lions. The Cub Scout Lion Handbook can be downloaded for free here:

[https://www.cubscoutpack777.org/uploads/1/2/4/6/124610676/cub\\_scouts\\_lion\\_handbook.pdf](https://www.cubscoutpack777.org/uploads/1/2/4/6/124610676/cub_scouts_lion_handbook.pdf).

Required	Electives
Lion's Honor	I'll Do It Myself
Fun on the Run	Pick My Path
Animal Kingdom	Gizmos and Gadgets
Mountain Lion	On Your Mark
King of the Jungle	Build It Up
	Knock It Down
	Rumble in the Jungle
	Ready, Set, Grow

### Required

#### Lion's Honor

Complete all 5:

1. Show the Cub Scout sign. Tell what it means.
2. Repeat the Cub Scout motto. Tell what it means.
3. Show the Cub Scout salute. Tell what it means.
4. Show teamwork and good sportsmanship by playing a game with your den.
5. Participate in an outing.



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## Fun on the Run

Complete all 4:

1. Learn and demonstrate three exercises you can do each day.
2. Have Lions make a nutritious snack for the den.
3. Understand the importance of rest.
4. Participate as a den in Jungle Field Day.



## Animal Kingdom

Complete all 4:

1. Learn the role of someone who provides a service to your community.
2. Demonstrate you know what to do in an emergency.
3. Choose two energy saving projects to practice in your home for two weeks.
4. Participate in a Lion den family service project for others.



## Mountain Lion

Complete all 3:

1. Gather the outdoor items you need to have with you when you go on an outdoor adventure, and understand how they are used. Also understand and commit to practicing the buddy system.
2. Learn what SAW (Stay, Answer, Whistle) means. Demonstrate what you can do to stay safe if you become separated from the group when you are outdoors.
3. Demonstrate an understanding of respect for animals and nature when participating in a learning hike.



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## King of the Jungle

Complete all 3:

1. Participate in a flag ceremony with your den.
2. Explain what it means to be a good citizen.
3. Explain what it means to be a leader.



## Electives

### I'll Do It Myself

Complete all 3:

1. Make and use a Lion Scout bag and hanger for personal Scouting gear.
2. Make a personal care checklist.
3. Practice tying shoelaces.



### Pick My Path

Complete all 3:

1. Explain that choices have consequences.
2. Perform a Good Turn for another person.
3. Teach a game to another person. This requirement may be accomplished at home or at the outing.



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## Gizmos and Gadgets

Complete all 3:

1. Explore properties of motion.
2. Explore properties of force.
3. Use household materials to create a useful object.



## On Your Mark

Complete all 3:

1. Participate in a game with your den.
2. Participate in an obstacle course relay.
3. Participate in a box derby race.



## Build It Up, Knock It Down

Complete all 3:

1. Discuss with other Lions things that can be built and things that can be knocked down.
2. Discuss with other Lions how they and their fellow Lions can be built up and knocked down, not just physically but also emotionally.
3. Build structures using available materials.



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## Rumble in the Jungle

Complete all 2:

1. Play a game with rules; indicate an understanding of the rules and why it is important to follow the rules while playing the game.
2. Choose a jungle animal that you would like to be; describe the animal and why you chose it. Participate in a parade with the other animals in your den. Communicate with other animals using your animal's sounds, both as loudly as you can and as softly as you can.



## Ready, Set, Grow

Complete all 3:

1. Visit with an individual who can demonstrate different ways to garden (outside, greenhouse, container, etc.) and the basic skills needed to garden.
2. Learn where the food we eat comes from.
3. Plant a small container garden.



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## Tiger

Male and female youth 7 years old are eligible to join as tigers. The Cub Scout Tiger Handbook can be downloaded for free here: <https://orlandopack42.com/wp-content/uploads/2021/05/Tiger-Handbook.pdf>.

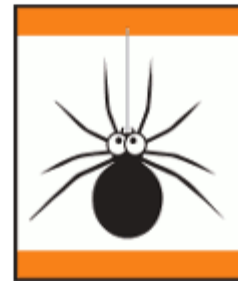
Required	Electives
Backyard Jungle	Curiosity, Intrigue, and Magical Mysteries
Games Tigers Play	Floats and Boats
My Family's Duty to God	Good Knights
Team Tiger	Rolling Tigers
Tiger Bites	Sky Is the Limit
Tigers in the Wild	Stories in Shapes
	Tiger-iffic!
	Tiger: Safe and Smart
	Tiger Tag

## Required

### My Tiger Jungle

Complete Requirement 1 plus at least two others.

1. With your parent, guardian, or other caring adult, go for a walk outside, and pick out two or more sights or sounds of "nature" around you. Discuss with your partner or den.
2. Take a 1-foot hike. Make a list of the living things you find on your 1-foot hike. Discuss these plants or animals with your parent/guardian, other caring adult, or your den.
3. Point out two different kinds of birds that live in your area. With your parent/guardian, other caring adult, or den, find out more about one of these birds.
4. Be helpful to nature by planting a plant, shrub, or tree. Learn more about the needs and growth of the item you've planted.
5. Build and hang a birdhouse.



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## Games Tigers Play

Complete Requirements 1 and 2 plus at least two others.



1.
  - a. Play two initiative or team-building games with the members of your den.
  - b. Listen carefully to your leader while the rules are being explained, and follow directions when playing.
  - c. At the end of the game, talk with the leader about what you learned when you played the game. Tell how you helped the den by playing your part.
2. Talk with your den or family about why good nutrition helps you to be strong and active. Bring a nutritious snack to a den meeting. Share why you picked it and what makes it a good snack choice.
3. Make up a game with the members of your den, and play it with den members. After playing the game, talk with your den about the experience.
4. Make up a new game, and play it with your family or members of your den or pack. Then talk with the group about the experience.
5.
  - a. Attend a sporting event with your den or family.
  - b. Before or after the event, talk with a coach or athlete about what it is like to participate in the sport. OR Find out more about the sport and share what you've learned with your den or family members before or after the event.

## Tiger Circles: Duty to God

Complete Requirement 1 plus at least two others.



1. Discuss with your parent, guardian, den leader, or other caring adult what it means to do your duty to God. Tell how you do your duty to God in your daily life.
2. With a family member, attend a religious service or other activity that shows how your family expresses reverence for God.
3. Earn the religious emblem of your faith that is appropriate for your age or grade.
4. Help with a local service project and talk with your den or family about how helping others is part of our duty to God.
5. With the approval of your parent/guardian, den leader, or other caring adult, think of and then carry out an act of kindness or respect that you think shows duty to God.

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## Team Tiger

Complete Requirements 1 and 2 plus at least two others.

1. With your parent, guardian, other caring adult, or den, talk about what it means to be part of a team. List some of the teams you are on (den, pack, family, class, etc.) and explain how you can help each one.
2. With your den, talk about your Tiger team. Then make a chart showing all the different ways team members can help the den. Volunteer to take your turn doing at least two different jobs, one of which is leading the Pledge of Allegiance.
3. With your family, talk about how family members each have a role in the family team. Then pick a job that you will do to help the team. Follow through by doing that job at least three times during the next three weeks.
4. With your den or family, participate as a team in a service project that helps our country or your community.
5. With your den, make a chart or picture showing how you and your teammates make a better team because you are alike in some ways but different in others.



## Tiger Bites

Complete Requirements 1 and 2 plus at least two others.

1. With your parent, guardian, other caring adult, or den, find out about good food choices and not-so-good choices. Identify three foods that you think would be good choices and three foods that would not be good choices.
2. Explain the importance of hand washing before a meal and clean-up after a meal. Then show how you would do each.
3. Show that you know the difference between a fruit and a vegetable. Eat one of each.
4. With your parent, guardian, or other caring adult, pick a job to help your family at mealtime. Do it for at least four meals.
5. Talk with your parent, guardian, or other caring adult about what foods you can eat with your fingers. Practice your manners when eating them.
6. With your parent, guardian, or other caring adult, plan and make a good snack choice or other nutritious food to share with your den.



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## Tigers In the Wild

Complete Requirements 1-3 plus at least one other.



1. With your parent, guardian, or other caring adult, name and collect the Cub Scout Six Essentials you need for a hike. Tell your den leader what you would need to add to your list to prepare for rain.
2. Go for a short hike with your den or family, and carry your own gear. Show you know how to get ready for this hike.
3.
  - a. Listen while your leader reads the Outdoor Code. Talk about how you can be clean in your outdoor manners.
  - b. Listen while your leader reads the Leave No Trace Principles for Kids. Discuss why you should "Trash Your Trash."
  - c. Apply the Outdoor Code and Leave No Trace Principles for Kids on your Tiger den and pack outings. After one outing, share what you did to demonstrate the principles you discussed.
4. While on the hike, find three different kinds of plants, animals, or signs that animals have been on the trail. List what you saw in your Tiger Handbook.
5. Participate in an outdoor pack meeting or pack campfire. Sing a song or act out a skit with your Tiger den as part of the program.
6. Find two different trees and two different types of plants that grow in your area. Write their names in your Tiger Handbook.
7. Visit a nature center, zoo, or another outside place with your family or den. Learn more about two animals, and write down two interesting things about them in your Tiger Handbook.



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## Electives

### Curiosity, Intrigue, and Magical Mysteries

Complete Requirements 1 and 2 plus at least one other.

1. Do the following:
  - a. Learn a magic trick. Practice your magic trick so you can perform it in front of an audience.
  - b. Create an invitation to a magic show.
  - c. With your den or with your family, put on a magic show for an audience.
2. Spell your name using sign language, and spell your name in Braille.
3. Create a secret code. Share it with your family or den.
4. With the other Scouts in your den or with your family, crack a code that you did not create.
5. With the help of your parent, guardian, or other caring adult, conduct a science demonstration that shows how magic works. Share what you learned from your science demonstration.



## Floats and Boats

Complete Requirements 1-4 plus at least one other.

1. With your den, say the SCOUT water safety chant.
2. With your den, talk about why it's important to have a buddy and then play the buddy game.
3. Show how to safely help someone who needs assistance in the water, without having to enter the water yourself.
4. Show how to enter the water safely, blow your breath out under the water, and do a prone glide.
5. Identify five different types of boats.
6. Build a boat from recycled materials, and float it on the water.
7. Show that you can put on and fasten a life jacket correctly.



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## Good Knights

Complete Requirements 1 and 2 plus at least two others.

1. With your den, or with your parent, guardian, or other caring adult, say the Scout Law. Explain to your den one of the 12 points of the Law and why you think a knight would have the same behavior.
2. If you have not already done so, make a code of conduct with your den that will describe how each person should act when you are all together. If your den has a code of conduct, discuss with your den the updates it might need. Vote on which actions should go in your den code of conduct.
3. Create a den shield and a personal shield.
4. Using recycled materials, design and build a small castle to display at the pack meeting.
5. Think of one physical challenge that could be part of an obstacle course. Then help your den design a Tiger knight obstacle course. Participate in the course.
6. Show your understanding of knights' service to others by participating in a service project in your community.



## Rolling Tigers

Complete Requirements 1 - 3 plus at least two others.

1. With your den or with your parent, guardian or other caring adult, try on safety gear you should use while riding a bike. Show how to wear a bicycle helmet properly.
2. With your den or with your parent, guardian or other caring adult, learn and demonstrate safety tips to follow when riding a bicycle.
3. Learn and demonstrate proper hand signals.
4. With your den or with your parent, guardian or other caring adult, do a safety check on a bicycle.
5. With your den or family, go on a bicycle hike wearing your safety equipment. Follow the bicycling safety and traffic laws.
6. With your den or with your parent, guardian or other caring adult, discuss two different types of bicycles and their uses.
7. Learn about a famous bicycle race or famous cyclist. Share what you learn with your den.
8. Visit your local or state police department to learn about bicycle riding laws.
9. Identify two jobs that use bicycles and discuss how they are used.



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## Sky Is the Limit

Complete Requirements 1 -3 plus at least one other.

1. With your den or with your parent, guardian or other caring adult, go outside to observe the night sky. Talk about objects you see or might see.
2. Look at a distant object through a telescope or binoculars. Show how to focus the device you chose.
3. Find out about two astronauts who were Scouts when they were younger. Share what you learned with your den.
4. Observe in the sky or select from a book, chart, computer, or electronic device two constellations that are easy to see in the night sky. With your parent/guardian or other caring adult, find out the names of the stars that make up the constellation and how the constellation got its name. Share what you found with your den.
5. Draw and name your own constellation. Share your constellation with your den.
6. Create a homemade model of a constellation.
7. Find out about two different jobs related to astronomy. Share this information with your den.
8. With your den or family, visit a planetarium, observatory, science museum, astronomy club, or college or high school astronomy teacher. Before you go, write down questions you might want to ask. Share what you learned.



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## Stories In Shapes

Complete at least four of the following requirements.

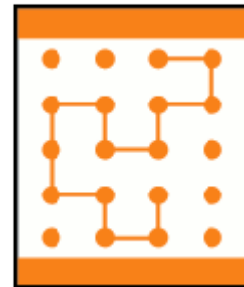
1. Visit an art gallery or a museum, explore an art website, or visit your library.
2. Look closely at pictures of some art with your den or a family member. Decide what you like about the art, and share your ideas with the other Tigers.
3. Create a piece of art on paper, poster board, or canvas.
4. Draw or create an art piece using shapes.
5. Use tangrams to create shapes.



## Tiger-iffic!

Complete requirements 1-3 plus at least one other.

1. Play at least two different games by yourself; one may be a video game.
2. Play a board game or another inside game with one or more members of your den.
3. Play a problem-solving game with your den.
4. With your parent's or guardian's permission, do the following:
  - a. Play a video game with family members or den members in a tournament.
  - b. List at least three tips that would help someone who was learning how to play your favorite video game.
  - c. Play an appropriate video game with a friend for 30 minutes.
5. With other members of your den, invent a game, OR change the rules of a game you know, and play the game.
6. Play a team game with your den.



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# Gopher's Guide to Pins and Loops



## Tiger: Safe and Smart

Complete requirements 1-8. Requirement 9 is optional.

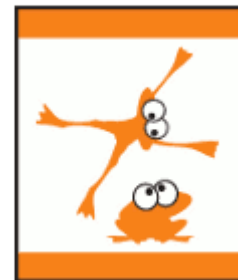
1. Memorize your address, and say it to your den leader or your parent, guardian, or other caring adult.
2. Memorize an emergency contact's phone number, and say it to your parent, guardian, or den leader.
3. Take the 911 safety quiz.
4. Show you can "Stop, Drop, and Roll."
5. Show you know how to safely roll someone else in a blanket to put out a fire.
6. With your parent/guardian or other caring adult, make a fire escape map of your home and explain it to family members and your den.
7. With your parent/guardian or other caring adult, try a practice fire drill at home.
8. Find the smoke detectors in your home. With the help of your parent, guardian, or other caring adult, check the batteries.
9. Visit an emergency responder station, or have an emergency responder visit you.



## Tiger Tag

Complete requirements 1 and 2 plus at least one other.

1. Choose one active game you like, and tell your den about how to play and why you like this game.
2. Play two team or relay games with your den. Tell your parent/guardian or other caring adult or the other Tigers what you liked best about each game.
3. Have your den choose a team or relay game that everyone can play, and play it at least twice.
4. With your parent/guardian or other caring adult, select an active outside game that you could play with the members of your den. Talk with den members about the games suggested by all Tigers. With your den, decide on a game to play and play the game that your den has chosen. After the game, discuss with your den the meaning of being a good sport.



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## Wolf

Male and female youth 8-11 years old are eligible to join as Wolf Cubs. The Cub Scout Wolf Handbook can be downloaded for free here: <https://orlandopack42.com/wp-content/uploads/2021/05/Wolf-Handbook.pdf>.

Required	Electives
Call of the Wild	Adventures in Coins
Council Fire	Air of the Wolf
Duty to God Footsteps	Code of the Wolf
Howling at the Moon	Cubs Who Care
Paws on the Path	Digging in the Past
Running with the Pack	Finding Your Way
	Germs Alive!
	Paws of Skill
	Spirit of the Water

## Required

### Call of the Wild

Complete Requirements 1-4 plus at least one other.

1. Attend one of the following:
  - A. A pack or family campout
  - B. An outdoor activity with your den or pack
  - C. Day camp
  - D. Resident camp
2. With your family or den, make a list of possible weather changes that could happen during your outing according to the time of year you are outside. Tell how you will be prepared for each one.
3.
  - A. Recite the Outdoor Code with your leader.
  - B. Recite the Leave No Trace Principles for Kids with your leader. Talk about how these principles support the Outdoor Code.
  - C. After your outdoor activity or campout, list the ways you demonstrated being careful with fire or other dangers.
4. Show or demonstrate what to do:
  - A. In case of a natural disaster such as an earthquake or flood.
  - B. To keep from spreading your germs.
5. Show how to tie an overhand knot and a square knot.
6. While on a den or family outing, identify four different types of animals you see or explain evidence of their presence. Tell how you identified them.





# Gopher's Guide to Pins and Loops



## Council Fire

Complete Requirements 1 and 2 plus at least one other.

1. With your den or pack, participate in a flag ceremony, and learn how to properly care for and fold the flag.
2. Participate in a community service project with your pack, den, or family.
3. With your parent or guardian's permission, talk to a military veteran, law enforcement officer, member of the fire department, or someone else approved by your Den Leader. Talk about his or her service to the community or country. After you have visited with the individual, write a short thank-you note.
4. Learn about the changes in your community, and create a project to show your den how the community has changed.
5. Select one issue in your community, and present to your den your ideas for a solution to the problem.
6. Work with your den to develop a den duty chart, and perform these tasks for one month.
7. Participate in an event such as a parade or assembly celebrating military veterans.



## Duty to God Footsteps

Complete Requirement 1 or 2 plus at least two others.

1. Discuss with your parent, guardian, den leader, or other caring adult what it means to do your duty to God. Tell how you do your duty to God in your daily life.
2. Earn the religious emblem of your faith that is appropriate for your age, if you have not already done so.
3. Offer a prayer, meditation, or reflection with your family, den, or pack.
4. Read a story about people or groups of people who came to America to enjoy religious freedom.
5. Learn and sing a song that could be sung in reverence before or after meals or one that gives encouragement, reminds you how to show reverence, or demonstrates your duty to God.
6. Visit a religious monument or site where people might show reverence. Create a visual display of your visit with your den or your family, and show how it made you feel reverent or helped you better understand your duty to God.



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## Howling at the Moon

Complete each of the following Requirements.

1. Show you can communicate in at least two different ways.
2. Work with your den or family to create an original skit.
3. Work together with your den or family to plan, prepare, and rehearse a campfire program to present at a den meeting or pack program.
4. Perform your role for a den meeting or pack program.



## Paws on the Path

Complete Requirements 1-5. Requirements 6 and 7 are optional.

1. Show you are prepared to hike safely in any outdoor setting by putting together the Cub Scout Six Essentials to take along on your hike.
2. Tell what the buddy system is and why we always use it in Cub Scouts. Describe what you should do if you get separated from your group while hiking.
3. Choose the appropriate clothing to wear on your hike based on the expected weather.
4. Before hiking, recite the Outdoor Code and the Leave No Trace Principles for Kids with your leader. (This may be combined with Requirement 3 of The Call of the Wild Adventure.) After hiking, discuss how you showed respect for wildlife.
5. Go on a 1-mile hike with your den or family. Find two interesting things that you've never seen before and discuss with your den or family.
6. Name two birds, two insects, and/or two other animals that live in your area. Explain how you identified them.
7. Draw a map of an area near where you live using common map symbols. Show which direction is north on your map.



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## Running with the Pack

Complete each of the following Requirements.

1. Play catch with someone in your den or family who is standing 5 steps away from you. Play until you can throw and catch successfully at this distance. Take a step back and see if you can improve your throwing and catching skills.
2. Practice balancing as you walk forward, backward, and sideways.
3. Practice flexibility and balance by doing a front roll, a back roll, and a frog stand.
4. Play a sport or game with your den or family, and show good sportsmanship.
5. Do at least two of the following: frog leap, inchworm walk, kangaroo hop, or crab walk.
6. Demonstrate what it means to eat a balanced diet by helping to plan a healthy menu for a meal for your den or family. Make a shopping list of the food used to prepare the meal.



## Electives

### Adventures in Coins

Complete Requirements 1-4 and any other(s) of your choice.

1. Identify different parts of a coin.
2. Find the mint mark on a coin. Identify the mint where the coin was made and the year.
3. Choose a coin that interests you, and make a coin rubbing. List information next to the coin detailing the pictures on it, the year it was made, and the mint where it was made.
4. Play a game or create a game board with your den or family where you can practice adding and subtracting coins.
5. Play a coin game.
6. Create a balance scale.
7. Do a coin-weight investigation.



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## Air of the Wolf

Complete the following Requirements.



1. Conduct two of the following investigations to see how air affects different objects:
  - a. Make a paper airplane and fly it five times. Try to make it fly farther by altering its shape. Fly it at least five more times to see if your changes were effective.
  - b. Make a balloon-powered sled or a balloon powered boat. Test your sled or boat with larger and smaller balloons.
  - c. Bounce a basketball that doesn't have enough air in it. Then bounce it when it has the right amount of air in it. Do each one 10 times. Describe how the ball bounces differently when the amount of air changes.
  - d. Roll a tire or ball that doesn't have enough air in it, and then roll it again with the right amount of air. Describe differences in how they move.
2. Complete two of the following:
  - a. With other members of your den, go outside and record the sounds you hear. Identify which of these sounds is the result of moving air.
  - b. Create a musical wind instrument, and play it as part of a den band.
  - c. With an adult, conduct an investigation on how speed can affect sound.
  - d. Make a kite using household materials. With your den or family, explain the rules for safely flying kites. Fly your kite.
  - e. With your family, den, or pack, participate in a kite derby, space derby, or rain gutter regatta. Explain how air helps the vehicle move.



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## Code of the Wolf

Complete the following Requirements.



1. Complete two of the following:
  - a. With the members of your den or family, make a game with simple materials that requires math to keep score.
  - b. Play a game of "Go Fish for 10s."
  - c. Do five activities at home, at school, or in your den that use mathematics, and then explain to your den how you used everyday math.
  - d. Make a rekenrek with two rows, and show your den leader or other adult how you would represent the numbers 4, 6, 9, and 14.
  - e. Make a rain gauge or some other measuring device, and use it.
2. Complete one of the following:
  - a. With other members of your den or family, identify three different types of shapes that you see in nature.
  - b. With other members of your den or family, identify two shapes you can see in the construction of bridges.
  - c. Select a single shape or figure. Observe the world around you for at least a week, and write down where you see this shape or figure and how it is used.
3. Complete one of the following:
  - a. With your den, find something that comes with many small, colored items in one package. Count the number of items of each color in your package. Keep track of each color. Then:
    - i. Draw a graph showing the number of items of each color.
    - ii. Determine what the most common color is.
    - iii. Compare your results to those of the other Scouts.
    - iv. Predict how many items of each color you will find in one more package.
    - v. Decide if your prediction was close.
  - b. With your den or family, measure the height of everyone in the group and see who takes more steps to walk 100 feet.
  - c. Have each member of your den shoot a basketball. Count the number of shots it takes for each scout to sink five baskets. Make a graph that shows how successful your den was. Your graph should show each group that needed 5, 6-10, 11-15, 16-20, and more than 20 tries to sink their shots.
4. Complete one of the following:
  - a. Use a secret code using numbers to send a message to one of your den members or your den leader. Have that person send a message back to you. Be sure you both use the same code.
  - b. Send a message to another member of your den or your den leader using the pig pen code or another code that changes letters into special shapes.
  - c. Practice using a code stick to create and decode a message.

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## Cubs Who Care

Complete at least four of the following Requirements.

1. With other members of your den, try using a wheelchair or crutches, and reflect on the process.
2. Learn about a sport that has been adapted so that people in wheelchairs or with some other physical disability can play, and tell your den about it.
3. Learn about "invisible" disabilities. Take part in an activity that develops an understanding of invisible disabilities.
4. With your den, try doing three of the following things while wearing gloves or mittens:
  - a. Tying your shoes
  - b. Using a fork to pick up food
  - c. Playing a card game
  - d. Playing a video game
  - e. Playing checkers or another board game
  - f. Blowing bubbles
5. Draw or paint a picture two different ways: Draw or paint it once the way you usually would, and then again by using a blindfold. Discuss with your den the ways the process was different.
6. Use American Sign Language to communicate either a simple sentence or at least four points of the Scout Law.
7. Learn about someone famous who has or had a disability, and share that person's story with your den or family.
8. Attend an event where people with disabilities are participants or where accommodations for people with disabilities are made a part of the event.



## Digging in the Past

Complete the following Requirements.

1. Play a game that demonstrates your knowledge of dinosaurs, such as a dinosaur match game.
2. Create an imaginary dinosaur. Share with your den its name, what it eats, and where it lives.
3. Complete one of the following:
  - a. Make a fossil cast.
  - b. Make a dinosaur dig. Be a paleontologist, and dig through a dinosaur dig made by another member of your den. Show and explain the ways a paleontologist works carefully during a dig.
4. Make edible fossil layers. Explain how this snack is a good model for the formation of fossils.



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## Finding Your Way

Complete the following Requirements.



1. Do the following:
  - a. Using a map of your city or town, locate where you live.
  - b. Draw a map for a friend so he or she can locate your home, a park, a school, or other locations in your neighborhood. Use symbols to show parks, buildings, trees, and water. You can invent your own symbols. Be sure to include a key so your symbols can be identified.
2. Do the following:
  - a. Identify what a compass rose is and where it is on the map.
  - b. Use a compass to identify which direction is north. Show how to determine which way is south, east, and west.
3. Go on a scavenger hunt using a compass, and locate an object with a compass.
4. Using a map and compass, go on a hike or walk with your den or family.

## Germes Alive!

Complete at least five of the following Requirements.



1. Wash your hands while singing the "Happy Birthday" song.
2. Play Germ Magnet with your den or your family. Wash your hands afterward.
3. Conduct the sneeze demonstration.
4. Conduct the mucus demonstration with your den or family.
5. Grow a mold culture. At a den or pack meeting, show what formed.
6. Make a clean room chart, and do your chores for at least one week.



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## Paws of Skill

Complete at least Requirements 1-4. Requirements 5-7 are optional.

1. Talk with your family or den about what it means to be physically fit. Share ideas of what you can do to stay in shape.
2. With your family or den, talk about why it is important to stretch before and after exercising. Demonstrate proper warm-up movements and stretches before and after each activity you do that involves action.
3. Select at least two physical fitness skills and practice them daily for two weeks. See if you can improve during that time.
4. With your family or your den, talk about what it means to be a member of a team. Working together, make a list of team sports, and talk about how the team works together to be successful. Choose one and play for 30 minutes.
5. With your den, develop an obstacle course that involves five different movements. Run the course two times and see if your time improves.
6. With your den, talk about sportsmanship and what it means to be a good sport while playing a game or a sport. Share with your den how you were a good sport or demonstrated good sportsmanship in requirement 4.
7. Visit a sporting event with your family or your den. Look for ways the team works together. Share your visit with your den.



## Spirit of the Water

Complete the following Requirements.

1. Discuss how the water in your community can become polluted.
2. Explain one way that you can help conserve water in your home.
3. Explain to your den leader why swimming is good exercise.
4. Explain the safety rules that you need to follow before participating in swimming or boating.
5. Visit a local pool or public swimming area with your family or Wolf den. With qualified supervision, jump into water that is at least chest-high, and swim 25 feet or more.



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## Bear

Male and female youth 9 years old are eligible to join as Bear Cubs. The Cub Scout Bear Handbook can be downloaded for free here:

<https://pack3037cha.files.wordpress.com/2017/08/cub-scout-bear-handbook-boy-scouts-of-america.pdf>.

Required	Electives
Ballo the Builder	Grin and Bear It
Bear Claws	A Bear Goes Fishing
Bear Necessities	Bear Picnic Basket
Fellowship and Duty to God	Critter Care
Fur, Feathers, and Ferns	Forensics
Paws for Action	Marble Madness
	Roaring Laughter
	Salmon Run
	Super Science

## Required

### Baloo the Builder

Complete all of the following requirements.

1. Discover which hand tools are the best ones to have in your toolbox. Learn the rules for using these tools safely. Practice with at least four of these tools before beginning a project.
2. Select, plan, and define the materials for the project you will complete in requirement 3.
3. Assemble your materials, and build one useful project and one fun project using wood.
4. Apply a finish to one of your projects.



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## Bear Claws

Complete the following requirements.

1. Learn about three common designs of pocketknives.
2. Learn knife safety and earn your Whittling Chip.\*
3. Do one of the following:
  - a. Using a pocketknife, carve two items.
  - b. With a pocket knife, safely perform each of these tasks:

(1) Demonstrate how to cut a piece of rope, twine or fishing line; (2) Open a sealed box without damaging the contents; (3) Open a can with a can opener tool on a pocket knife; (4) Remove and replace the screws on an object with the screw driver tool on a pocket knife; (5) Open a letter.



## Bear Necessities

Complete Requirements 1-4. Requirements 5 and 6 are optional.

1. While working on your Bear badge, attend one of the following:
  - a. A daytime or overnight campout with your pack or family
  - b. An outdoor activity with your den or pack
  - c. Day camp
  - d. Resident camp
2. Make a list of items you should take along on the activity selected in Requirement 1.
3. Make a list of equipment that the group should bring along in addition to each Scout's personal gear for the activity selected in Requirement 1.
4. Help set up a tent. Determine a good spot for the tent, and explain to your den leader why you picked it.
5. Demonstrate how to tie two half hitches and explain what the hitch is used for.
6. Learn how to read a thermometer and a barometer. Keep track of the temperature and barometric pressure readings and the actual weather at the same time every day for seven days.



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## Fellowship and Duty to God

Complete the following requirements.

1. Discuss with your parent, guardian, den leader, or other caring adult what it means to do your duty to God. Tell how you do your duty to God in your daily life.
2. Complete at least one of the following:
  - a. Identify a person whose faith you admire, and discuss this person with your family.
  - b. With a family member, provide service to a place of worship or a spiritual community, school, or community organization that puts into practice your ideals of duty to God and strengthens your fellowship with others.
3. Complete at least one of the following:
  - a. Earn the religious emblem of your faith that is appropriate for your age, if you have not already done so.
  - b. Make a list of things you can do to practice your duty to God as you are taught in your home or place of worship or spiritual community. Select two of the items and practice them for two weeks.



## Fur, Feathers, and Ferns

Complete Requirement 1 and three others.

1. While hiking or walking for one mile, identify six signs that any mammals, birds, insects, reptiles, or plants are living near the place where you choose to hike or walk.
2. Visit one of the following: zoo, wildlife refuge, nature center, aviary, game preserve, local conservation area, wildlife rescue group, or fish hatchery. Describe what you learned during your visit.
3. Name one animal that has become extinct in the last 100 years and one animal that is currently endangered. Explain what caused their declines.
4. Observe wildlife from a distance. Describe what you saw.
5. Use a magnifying glass to examine plants more closely. Describe what you saw through the magnifying glass that you could not see without it.
6. Learn about composting and how vegetable waste can be turned into fertilizer for plants.
7. Plant a vegetable or herb garden.



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## Paws for Action

Complete Requirement 1 and two others from Requirements 2-4.

1. Learn about our nation's flag. Display it at home for one month. Say the Pledge of Allegiance and learn its meaning.
2. Do at least one of the following.
  - a. Find out about two famous Americans. Share what you learned.
  - b. Find out where places of historical interest are located in or near your community, town, or city. Go and visit one of them with your family or den.
3. Do at least two of the following.
  - a. With your school or den, visit a local sheriff's office, police station, or fire department OR talk with a fire safety officer or law enforcement officer visiting your school or den. Find out what skills the officers use to do their jobs. Ask questions that will help you learn how to stay safe.
  - b. Make a list of emergency numbers and discuss with your family where the list should be kept. Show your family that you know how to call for help in an emergency. Talk with your family about people who could help you if a parent is not available.
  - c. With your family, develop a plan to follow in case of an emergency, and practice the plan at least three times. Your family can determine the emergency, or you can develop several plans.
4. Do at least one of the following.
  - a. Do a cleanup project that benefits your community.
  - b. Participate in a patriotic community parade or other civic event that honors our country.



## Electives

### Grin and Bear It

Complete at least four of the following.

1. Play a challenge game or initiative game with the members of your den. Take part in a reflection after the game.
2. Working with the members of your den, organize a Cub Scout carnival and lead it at a special event.
3. Help younger Cub Scouts take part in one of the events at the Cub Scout carnival.
4. After the Cub Scout carnival, discuss with the members of your den and your den leader what went well, what could be done better, and how everyone worked together to make the event a success.
5. With your den, develop a thank-you cheer to recognize those who helped organize the Cub Scout carnival.



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## A Bear Goes Fishing

Complete at least three of the following.

1. Discover and learn about three types of fish in your area. Draw a color picture of each fish, record what each one likes to eat, and describe what sort of habitat each likes.
2. Learn about your local fishing regulations with your den leader or a parent or guardian. List three of the regulations you learn about and one reason each regulation exists.
3. Learn about fishing equipment, and make a simple fishing pole. Practice casting at a target.
4. Go on a fishing adventure, and spend a minimum of one hour trying to catch a fish. Put into practice the things you have learned about fish and fishing equipment.



## Bear Picnic Basket

Complete at least three of the following.

1. Create your own Bear cookbook using at least five recipes you might cook or prepare either on your own or with some adult help. Include at least one recipe each for breakfast, lunch, dinner, and a nutritious snack.
2. With a family member or den leader, prepare for cooking by explaining the importance of planning, tool selection, sanitation, and cooking safety.
3. Select and prepare two nutritious snacks for yourself, your family, or your den.
4. With the help of an adult, select a recipe to prepare in a kitchen for your den or your family. Help to select the needed ingredients, perhaps from a garden, grocery store, or farmers' market. Cook and serve your planned meal. Clean up after the preparation and cooking.
5. With the help of an adult, select a recipe to prepare in the outdoors for your family or den. Help to select the needed ingredients, perhaps from a garden, grocery store, or farmers' market. Cook and serve your planned meal. Clean up after the preparation and cooking.



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## Critter Care

Complete all of the following.

1. Do one of the following:
  - a. If you have a pet, make a list of tasks that you did to take care of a pet for two weeks.
  - b. If you do not have a pet, research one that you would like to have and prepare a report about the care it needs.
2. Complete one of the following:
  - a. Make a poster or a PowerPoint presentation about your pet or a pet that you would like to own. Share the poster or presentation with your den, pack, or family.
  - b. Make a poster or a PowerPoint presentation explaining three ways that animals can help people. Share the poster or presentation with your den, pack, or family.
3. Complete at least one of the following and share with your den, pack, or family:
  - a. Visit with a local veterinarian or an animal shelter caretaker. Find out what types of animals he or she might see on a regular basis and the types of care he or she gives to them.
  - b. Learn about careers that involve the care of animals. What education, training, and experience are required?



## Forensics

Complete all of the following.

1. Talk with your family or den about forensics and how it is used to help solve crimes.
2. Take your fingerprints and learn how to analyze them.
3. Complete one of the following:
  - a. Learn about chromatography and how it is used in solving crimes. Do an investigation using different types of black, felt-tip markers. Share your results with your den.
  - b. Do an analysis of four different substances: salt, sugar, baking soda, and cornstarch.
4. Complete one of the following:
  - a. Visit the sheriff's office or police station in your town. Find out how officers collect evidence. \*
  - b. Learn about the different jobs available in forensic science. Choose two, and find out what is required to work in those jobs. Share what you learn with your den.
  - c. Learn how animals are used to gather important evidence. Talk about your findings with your den.



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## Marble Madness

Complete requirements 1-4. Requirement 5 is optional.



1. Discuss with your family or den the history of marbles, such as where and when the game began. Talk about the different sizes of marbles and what they are made of and used for.
2. Learn about three different marble games, and learn to play one of them. Learn how to keep score. Learn and follow the rules of the game. Play the game with your family, friends, or your den.
3. Learn four or five words that are used when talking about marbles. Tell what each of the words means and how it relates to playing marbles. Share this information with your den.
4. Complete one of the following:
  - a. Draw a Rube Goldberg-type machine. Include at least six steps to With your den or family, make a marble obstacle course or marble golf course. Share what you create. Invite everyone to go through your course.
  - b. Create your own game using marbles, and design rules for playing the game. Share the game you created with your den, family, or friends. Explain the rules and how to play the game.
  - c. With your den or family, create a marble race track. Have at least two lanes so you can race your favorite marbles against each other.
  - d. Make a marble maze.
5. With the help of an adult, make a marble bag to hold marbles.



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## Roaring Laughter

Complete at least four of the following.

1. Think about what makes you laugh. Write down three things that make you laugh.
2. Practice reading tongue twisters.
3. Create your own short story. Remove some nouns, verbs, adjectives, and adverbs from the story, leaving blanks. Without telling the story, have a friend insert his or her own nouns, verbs, adjectives, and adverbs in the story you created.
4. With a partner, play a game that makes you laugh.
5. Share at least two jokes with members of your den to make them laugh.
6. Practice at least two run-ons with your den, and perform them at a pack meeting or campfire program.



## Salmon Run

Complete requirements 1-4 plus two others.

1. Explain the importance of response personnel or lifeguards in a swimming area. Tell how the buddy system works and why it is important.
2. Visit a local pool or swimming area with your den or family. Go swimming or take a swimming lesson.
3. Explain the safety rules that you need to follow before participating in boating.
4. Identify the safety equipment needed when going boating.
5. Demonstrate correct rowing or paddling form. Explain how rowing and canoeing are good exercise.
6. Show how to do both a reach rescue and a throw rescue.
7. Demonstrate the front crawl swim stroke to your den or family.
8. Name the three swimming ability groups for the Boy Scouts of America.
9. Earn the BSA beginner swim classification.



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# Gopher's Guide to Pins and Loops



## Super Science

Complete at least four of the following.

1. Make static electricity by rubbing a balloon or a plastic or rubber comb against another material, such as a fleece blanket or wool sweater. Explain what you learned.
2. Conduct one other static electricity investigation. Explain what you learned.
3. Do a sink-or-float investigation. Explain what you learned.
4. Do a color-morphing investigation. Explain what you learned.
5. Do a color-layering investigation. Explain what you learned.



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## Webelos

Male and female youth 10 years old are eligible to join as Webelos Cubs. The Cub Scout Webelos Handbook can be downloaded for free here:


<https://catalinacouncil.org/wp-content/uploads/2020/10/Webelos-Done.pdf>

Required	Electives
Cast Iron Chef	Aquanaut
Duty to God and You	Art Explosion
First Responder	Aware and Care
Stronger, Faster, Higher	Build It
Webelos Walkabout	Castaway
	Earth Rocks!
	Engineer
	Game Design
	Into the Wild
	Into the Woods
	Sports

## Required

### Cast Iron Chef

Complete at least Requirements 1 and 2 below.

1. Plan a menu for a balanced meal for your den or family. Determine the budget for the meal. If possible, shop for the items on your menu. Stay within your budget.
2. Prepare a balanced meal for your den or family. If possible, use  one of these methods for preparation of part of the meal: camp stove, Dutch oven, box oven, solar oven, open campfire, or charcoal grill. Demonstrate an understanding of food safety practices while preparing the meal.
3. Use tinder, kindling, and fuel wood to demonstrate how to build a fire in an appropriate outdoor location. If circumstances permit and there is no local restriction on fires, show how to safely light the fire, under the supervision of an adult. After allowing the fire to burn safely, safely extinguish the flames with minimal impact to the fire site.



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## Duty to God and You

Complete Requirement 1 and at least two others of your choice.

1. Discuss with your parent, guardian, den leader, or other caring adult what it means to do your duty to God. Tell how you do your duty to God in your daily life.
2. Earn the religious emblem of your faith that is appropriate for your age, if you have not done so already.
3. Discuss with your family, family's faith leader, or other caring adult how planning and participating in a service of worship or reflection helps you live your duty to God.
4. List one thing that will bring you closer to doing your duty to God, and practice it for one month. Write down what you will do each day to remind you.



## First Responder

Complete Requirement 1 and at least five others.

1. Explain what first aid is. Tell what you should do after an accident.
2. Show what to do for hurry cases of first aid: Serious bleeding, heart attack or sudden cardiac arrest, stopped breathing, stroke, poisoning
3. Show how to help a choking victim.
4. Show how to treat for shock.
5. Demonstrate how to treat at least five of the following: A. Cuts and scratches, B. Burns and scalds, C. Sunburn, D. Blisters on the hand or foot, E. Tick bites, F. Bites and stings of other insects, G. Venomous snakebites, H. Nosebleed, I. Frostbite
6. Put together a simple home first-aid kit. Explain what you included and how to use each item correctly.
7. Create and practice an emergency readiness plan for your home or den meeting place.
8. Visit with a first responder or health care professional.



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## Stronger, Faster, Higher

Complete Requirements 1-3 and at least one other.

1. Understand and explain why you should warm up before exercising and cool down afterward. Demonstrate the proper way to warm up and cool down.
2. Do these activities and record your results: 20 yard dash, vertical jump, lifting a 5 pound weight, push-ups, curls, jumping rope.
3. Make an exercise plan that includes at least three physical activities. Carry out your plan for 30 days, and write down your progress each week.
4. Try a new sport that you have never tried before.
5. With your den, prepare a fitness course or series of games that includes jumping, avoiding obstacles, weight lifting, and running. Time yourself going through the course, and try to improve your time over a two week period.
6. With adult guidance, help younger Scouts by leading them in a fitness game or games.



## Webelos Walkabout

Complete Requirements 1-4 and at least one other.

1. Plan a hike or outdoor activity.
2. Assemble a first aid kit suitable for your hike or activity.
3. Recite the Outdoor Code and the Leave No Trace Principles for Kids from memory. Talk about how you can demonstrate them on your Webelos adventures.
4. With your Webelos den or with a family member, hike 3 miles. Before your hike, plan and prepare a nutritious lunch or snack. Enjoy it on your hike, and clean up afterward.
5. Describe and identify from photos any poisonous plants and dangerous animals and insects you might encounter on your hike or activity.
6. Perform one of the following leadership roles during your hike: trail leader, first aid leader, or lunch or snack leader.



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## Aquanaut

Complete Requirements 1-4 and at least two others.



1. State the safety precautions you need to take before doing any water activity.
2. Discuss the importance of learning the skills you need to know before going boating.
3. Explain the meaning of "order of rescue" and demonstrate the reach and throw rescue techniques from land.
4. Attempt the BSA swimmer test.
5. Demonstrate the precautions you must take before attempting to dive headfirst into the water, and attempt a front surface dive.
6. Learn and demonstrate two of the following strokes: crawl, sidestroke, breaststroke, or elementary backstroke.
7. Invite a current or former lifeguard, or member of a rescue squad, the U.S. Coast Guard, U.S. Navy, or other armed forces branch who has had swimming and rescue training to your den meeting. Find out what training and other experiences this person has had.
8. Demonstrate how to correctly fasten a life jacket that is the right size for you. Jump into water over your head. Swim 25 feet wearing the life jacket. Get out of the water, remove the life jacket, and hang it where it will dry.
9. If you are a qualified swimmer, select a paddle of the proper size, and paddle a canoe with an adult's supervision.



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## Art Explosion

Complete Requirements 1-3. Requirement 4 is optional.

1. Visit an art museum, gallery, or exhibit. Discuss with an adult the art you saw. What did you like?
2. Create two self-portraits using two different techniques, such as drawing, painting, printmaking, sculpture, and computer illustration.
3. Do two of the following:
  - a. Draw or paint an original picture outdoors, using the art materials of your choice.
  - b. Use clay to sculpt a simple form.
  - c. Create an object using clay that can be fired, baked in the oven, or air dried.
  - d. Create a freestanding sculpture or mobile using wood, metal, paper-mache, or found or recycled objects.
  - e. Make a display of origami or kirigami projects.
  - f. Use a computer illustration or painting program to create a work of art.
  - g. Create an original logo or design. Transfer the design onto a T-shirt, hat, or other object.
  - h. Using a camera or other electronic device, take at least 10 photos of your family, a pet, or scenery. Use photo-editing software to crop, lighten or darken, and change some of the photos.
  - i. Create a comic strip with original characters. Include at least four panels to tell a story centered on one of the points of the Scout Law. Characters can be hand-drawn or computer-generated.
4. Choose one of the following methods to show your artwork:
  - a. Create a hard-copy or digital portfolio of your projects. Share it with your family and members of your den or pack.
  - b. Display your artwork in a pack, school, or community art show.



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## Aware and Care

Complete the following Requirements.



1. Develop an awareness of the challenges of the blind or visually impaired through participation in an activity that simulates blindness or visual impairment. Alternatively, participate in an activity that simulates the challenges of being deaf or hard of hearing.
2. Engage in an activity that simulates mobility impairment. Alternatively, take part in an activity that simulates dexterity impairment.
3. With your den, participate in an activity that focuses on the acceptance of differences in general.
4. Do two of the following:
  - a. Do a Good Turn for residents at a skilled nursing facility or retirement community.
  - b. Invite an individual with a disability to visit your den, and discuss what activities he or she currently finds challenging or found challenging in the past.
  - c. Attend a disabilities event such as a Special Olympics competition, an adaptive sports event, a performance with sign language interpretation, or an activity with service dogs. Tell your den what you thought about the experience.
  - d. Talk to someone who works with people who have disabilities. Ask what that person does and how he or she helps people with disabilities.
  - e. Using American Sign Language, sign the Scout Oath.
  - f. With the help of an adult, contact a service dog organization, and learn the entire process from pup training to assignment to a client.
  - g. Participate in a service project that focuses on a specific disability.
  - h. Participate in an activity with an organization whose members are disabled.



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## Build It

Complete the following Requirements.

1. Learn about some basic tools and the proper use of each tool. Learn about and understand the need for safety when you work with tools.
2. With the guidance of your Webelos den leader, parent, or guardian, select a carpentry project and build it.
3. List the tools that you use safely as you build your project; create a list of materials needed to build your project. Put a checkmark next to the tools on your list that you used for the first time.
4. Learn about a construction career. With your Webelos den leader, parent, or guardian, visit a construction site, and interview someone working in a construction career.



## Castaway

Complete Requirements 1 and 2.

1. Complete a. and your choice of b. or c.
  - a. On a campout or outdoor activity with your den or family, cook two different recipes that do not require pots and pans.
  - b. With the help of an adult, demonstrate one way to light a fire without using matches.
  - c. Using tree limbs or branches that have already fallen or been cut, build a shelter that will protect you overnight.
2. Do all of the following.
  - a. Learn what items should be in an outdoor survival kit that you can carry in a small bag or box in a day pack. Assemble your own small survival kit, and explain to your den leader why the items you chose are important for survival.
  - b. With your den, demonstrate two ways to treat drinking water to remove impurities.
  - c. Discuss what to do if you become lost in the woods. Tell what the letters "S-T-O-P" stand for. Tell what the universal emergency signal is. Describe three ways to signal for help. Demonstrate one of them. Describe what you can do to help rescuers find you.
  - d. Make a list of four qualities you think a leader should have in an emergency and why they are important to have. Pick two of them, and act them out for your den. Describe how each relates to a point of the Scout Law. Describe how working on this adventure gave you a better understanding of the Boy Scout motto.



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## Earth Rocks!

Complete all Requirements.

1. Do the following:
  - a. Explain the meaning of the word "geology."
  - b. Explain why this kind of science is an important part of your world.
2. Look for different kinds of rocks or minerals while on a rock hunt with your family or your den.
3. Do the following:
  - a. Identify the rocks you see on your rock hunt. Use the information in your handbook to determine which types of rocks you have collected.
  - b. With a magnifying glass, take a closer look at your collection. Determine any differences between your specimens.
  - c. Share what you see with your family or den.
4. Do the following:
  - a. With your family or den, make a mineral test kit, and test rocks according to the Mohs scale of mineral hardness.
  - b. Record the results in your handbook.
5. Identify on a map of your state some geological features in your area.
6. Do the following:
  - a. Identify some of the geological building materials used in building your home.
  - b. Identify some of the geological materials used around your community.



## Engineer

Complete at least Requirements 1 and 2. Requirements 3 and 4 are optional.

1. Pick one type of engineer. With the help of the Internet, your local library, or an engineer, discover three things that describe what that engineer does. (To use the Internet, be sure you have a current Cyber Chip or that you have permission from your Webelos den leader, parent, or guardian.) Share your findings with your Webelos den.



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2. Learn to follow engineering design principles by doing the following:
  - a. Examine a set of blueprints or specifications. Using these as a model, construct your own set of blueprints or specifications to design a project.
  - b. Using the blueprints or specifications from your own design, complete your project. Your project may be something useful or something fun.
  - c. Share your project with others at a den or pack meeting.
3. Explore other fields of engineering and how they have helped form our past, present, and future.
4. Pick and do two projects using the engineering skills you have learned. Share your projects with your den and also exhibit them at a pack meeting.

## Game Design

Complete all Requirements.

1. Decide on the elements for a game.
2. List at least five of the online safety rules that you put into practice while using the Internet on your computer or smartphone. Skip this if your Cyber Chip is current.
3. Create your game.
4. Teach an adult or another Scout how to play your game.



## Into the Wild

Complete at least six of the following Requirements.

1. Collect and care for an "insect, amphibian, or reptile zoo." You might have crickets, ants, grasshoppers, a lizard, or a toad (but be careful not to collect or move endangered species protected by federal or state law). Study them for a while and then let them go. Share your experience with your Webelos den.
2. Set up an aquarium or terrarium. Keep it for at least a month. Share your experience with your Webelos den by showing them photos or drawings of your project or by having them visit to see your project.
3. Watch for birds in your yard, neighborhood, or area for one week. Identify the birds you see, and write down where and when you saw them.
4. Learn about the bird flyways closest to your home. Find out which birds use these flyways.



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5. Watch at least four wild creatures (reptiles, amphibians, arachnids, fish, insects, or mammals) in the wild. Describe the kind of place (forest, field, marsh, yard, or park) where you saw them. Tell what they were doing.
6. Identify an insect, reptile, bird, or other wild animal that is found only in your area of the country. Tell why it survives in your area.
7. Give examples of at least two of the following:
  - a. A producer, a consumer, and a decomposer in the food chain of an ecosystem
  - b. One way humans have changed the balance of nature
  - c. How you can help protect the balance of nature
8. Learn about aquatic ecosystems and wetlands in your area. Talk with your Webelos den leader or family about the important role aquatic ecosystems and wetlands play in supporting life cycles of wildlife and humans, and list three ways you can help.
9. Do ONE of the following:
  - a. Visit a museum of natural history, a nature center, or a zoo with your family, Webelos den, or pack. Tell what you saw.
  - b. Create a video of a wild creature doing something interesting, and share it with your family and den.

## Into the Woods

Complete at least Requirements 1-4 and one other.

1. Identify two different groups of trees and the parts of a tree.
2. Identify four trees common to the area where you live. Tell whether they are native to your area. Tell how both wildlife and humans use them.
3. Identify four plants common to the area where you live. Tell which animals use them and for what purpose.
4. Develop a plan to care for and then plant at least one plant or tree, either indoors in a pot or outdoors. Tell how this plant or tree helps the environment in which it is planted and what the plant or tree will be used for.
5. Make a list of items in your home that are made from wood and share it with your den. OR: With your den, take a walk and identify useful things made from wood.
6. Explain how the growth rings of a tree trunk tell its life story. Describe different types of tree bark and explain what the bark does for the tree.
7. Visit a nature center, nursery, tree farm, or park, and speak with someone knowledgeable about trees and plants that are native to your area. Explain how plants and trees are important to our ecosystem and how they improve our environment.





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## Sports

Complete all Requirements.

1. Show the signals used by officials in one of these sports: football, basketball, baseball, soccer, or hockey.
2. Participate in two sports, either as an individual or part of a team.
3. Complete the following requirements:
  - a. Explain what good sportsmanship means.
  - b. Role-play a situation that demonstrates good sportsmanship.
  - c. Give an example of a time when you experienced or saw someone showing good sportsmanship.



## AOL

Male and female youth 10 years old are eligible to join as AOL Cubs. The Cub Scout AOL Handbook can be downloaded for free here: <https://catalinacouncil.org/wp-content/uploads/2020/10/AOL-Book-done.pdf>.

Required	Electives
Building a Better World	Aquanaut
Outdoorsman	Art Explosion
Duty to God in Action	Aware and Care
Scouting Adventure	Build It
	Castaway
	Earth Rocks!
	Engineer
	Game Design
	Into the Wild
	Into the Woods
	Sports

## Required



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## Building a Better World

Complete Requirements 1-6.

1. Explain the history of the United States flag. Show how to properly display the flag in public, and help lead a flag ceremony.
2. Learn about and describe your rights and duties as a citizen, and explain what it means to be loyal to your country.
3. Discuss in your Webelos den the term "rule of law," and talk about how it applies to you in your everyday life.
4. Meet with a government or community leader, and learn about his or her role in your community. Discuss with the leader an important issue facing your community.
5. Show that you are an active leader by planning an activity for your den without your den leader's help. Ask your den leader for approval first.
6. Do at least one of these:
  - a. Learn about Scouting in another part of the world. With the help of your parent, guardian, or den leader, pick one country where Scouting exists, and research its Scouting program.
  - b. Set up an exhibit at a pack meeting to share information about the World Friendship Fund.
  - c. Under the supervision of your parent, guardian, or den leader, connect with a Scout in another country during an event such as Jamboree on the Air or Jamboree on the Internet or by other means
  - d. Learn about energy use in your community and in other parts of the world.
  - e. Identify one energy problem in your community, and find out what has caused it.

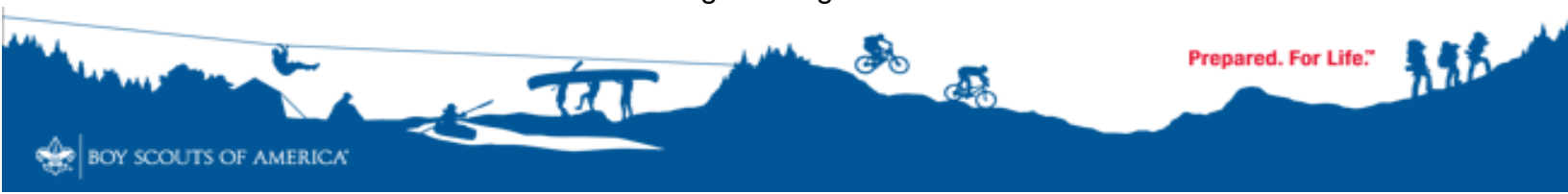


## Outdoorsman

Complete Option A or Option B.

Option A:

1. With the help of your den leader or family, plan and participate in a campout.
2. On arrival at the campout, with your den and den leader or family, determine where to set up your tent. Demonstrate knowledge of what makes a good tent site and what makes a bad one. Set up your tent without help from an adult.
3. Once your tents are set up, discuss with your den or family what actions you should take in the case of the following extreme weather events which could require you to evacuate:
  - a. Severe rainstorm causing flooding



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- b. Severe thunderstorm with lightning or tornadoes
  - c. Fire, earthquake, or other disaster that will require evacuation. Discuss what you have done to minimize as much danger as possible.
4. Show how to tie a bowline. Explain when this knot should be used and why. Teach it to another Scout who is not a Webelos Scout.
5. Recite the Outdoor Code and the Leave No Trace Principles for Kids from memory. Talk about how you can demonstrate them while you are working on your Arrow of Light. After one outing, list the things you did to follow the Outdoor Code and Leave No Trace.

## Option B:

1. With the help of your den leader or family, plan and participate in an outdoor activity.
2. Discuss with your den or family what actions you should take in the case of the following extreme weather events:
  - a. Severe rainstorm causing flooding
  - b. Severe thunderstorm with lightning or tornadoes
  - c. Fire, earthquake, or other disaster that will require evacuation. Discuss what you have done to minimize as much danger as possible.
3. Show how to tie a bowline. Explain when this knot should be used and why. Teach it to another Scout who is not a Webelos Scout.
4. Recite the Outdoor Code and the Leave No Trace Principles for Kids from memory. Talk about how you can demonstrate them while you are working on your Arrow of Light. After one outing, list the things you did to follow the Outdoor Code and Leave No Trace.

## Duty to God in Action

Complete Requirements 1 and 2 plus at least two others of your choice.

1. Discuss with your parent, guardian, den leader, or other caring adult what it means to do your duty to God. Tell how you do your duty to God in your daily life.
2. Under the direction of your parent, guardian, or religious or spiritual leader, do an act of service for someone in your family, neighborhood, or community. Talk about your service with your family. Tell your family how it related to doing your duty to God.
3. Earn the religious emblem of your faith that is appropriate for your age, if you have not done so already.
4. With your parent, guardian, or religious or spiritual leader, discuss and make a plan to do two things you think will help you better do your duty to God. Do these things for a month.



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5. Discuss with your family how the Scout Oath and Scout Law relate to your beliefs about duty to God.
6. For at least a month, pray or reverently meditate each day as taught by your family or faith community.

## Scouting Adventure

Complete the following Requirements.

1. Prepare yourself to become a Boy Scout by completing at least a-c below:
  - a. Repeat from memory the Scout Oath, Scout Law, Scout motto, and Scout slogan. In your own words, explain their meanings to your den leader, parent, or guardian.
  - b. Explain what Scout spirit is. Describe for your den leader, parent, or guardian some ways you have shown Scout spirit by conducting yourself according to the Scout Oath, Scout Law, Scout motto, and Scout slogan.
  - c. Give the Boy Scout sign, salute, and handshake. Explain when to use each.
  - d. Describe the First Class Scout badge, and tell what each part stands for. Explain the significance of the First Class Scout badge.
  - e. Repeat from memory the Pledge of Allegiance. In your own words, explain its meaning
2. Visit a Boy Scout troop meeting with your parent or guardian and, if possible, with your den members and leaders. After the meeting, do the following:
  - a. Describe how the Scouts in the troop provide its leadership.
  - b. Describe the four steps of Boy Scout advancement.
  - c. Describe ranks in Boy Scouting and how they are earned.
  - d. Describe what merit badges are and how they are earned.
3. Practice the patrol method in your den for one month by doing the following:
  - a. Explain the patrol method. Describe the types of patrols that might be part of a Boy Scout troop.
  - b. Hold an election to choose the patrol leader.



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- c. Develop a patrol name and emblem (if your den does not already have one), as well as a patrol flag and yell. Explain how a patrol name, emblem, flag, and yell create patrol spirit.
  - d. As a patrol, make plans to participate in a Boy Scout troop's campout or other outdoor activity.
4. With your Webelos den leader, parent, or guardian, participate in a Boy Scout troop's campout or other outdoor activity. Use the patrol method while on the outing.
5. Do the following:
  - a. Show how to tie a square knot, two half hitches, and a taut-line hitch. Explain how each knot is used.
  - b. Show the proper care of a rope by learning how to whip and fuse the ends of different kinds of rope.
6. Demonstrate your knowledge of the pocketknife safety rules and the pocketknife pledge. If you have not already done so, earn your Whittling Chip card.

## Electives

Same As Webelos



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