and Check payable to: "Seneca Waterways Council" Total Enclosed OKPIKATTAVIK: \$95/person , \$105/person after 2/2/24 (non-refundable after 2/16/24 OKPIK: \$95/person **Home Phone:** City, State, Zip: Address please write "1-6801-940-20" \$105/person after 1/9/24 (non-refundable after 1/19/24) in the memo field Cell Phone: Food Allergies? Special Diet?

OKPIK Please

reserve

a

space for:

Council:

2024 Reservation Form

Cut Here

Cut Here

Name:

Bring the following for OKPIK:

- Warm personal clothing: Be prepared for a 3-hour outdoor session in January.
- Long underwear, wool socks, wool or synthetic shirt and sweater (no cotton).
- Fleece or wool pants (plus shell) or 2 pair pants, 1 that fits over the other if possible.
- · Warm winter jacket.
- Insulated waterproof boots and a pair of comfy shoes or slippers to wear indoors.
- Winter mittens and or gloves (wool or synthetic).
- Winter hat (wool or fleece).
- Face Mask (optional).
- Sunglasses / Ski Goggles.
- Sleeping bag & pillow (plus ground pad if sleeping outdoors).
- Any personal items you normally use including medication.
- Current Medical Form (Parts A & B)

Note! You will receive a separate packing list in advance of the Okpikattavik course.



OKPIK 2024 COLD WEATHER LEADER TRAINING JANUARY 26-28 MASSAWEPIE SCOUT CAMPS



FEBRUARY 23-25
J. WARREN CUTLER
SCOUT RESERVATION

Learn the Skills of the North Woods Winter

- Enhanced National Level Training!
- Experienced instructors prepare you to run a better program.
- Weekend 1 consists of indoor and outdoor skills sessions.
- Weekend 2 is an optional outdoor experience to help you build more confidence and learn more.
- Unique patches for each weekend!
- Highly recommended for all leaders.
- Keep your program fun all year.

Did you know that BSA defines cold weather as anytime you and your youth are outdoors when the temperature falls below 50°F? This means a lot of our Fall and Spring activities are in cold weather, not just the middle of winter!

Learn the best practices to stay comfortable and not let cold weather keep you from enjoying the outdoors! Learn how to thrive in cold weather, how to really enjoy all that cold weather camping can provide? Things like no bugs, no crowded campsites, and unique activities that aren't available the rest of the year.

OKPIK is a great starting point. OKPIK, the Inuit word for snowy owl, is a "Classroom Style" training experience de-



signed to make you aware of key aspects of winter camping such as equipment, sleep systems, clothing, food, planning, and first aid. This training will give you skills and confidence to create a safe and fun experience in cold weather.

You'll be learning from a dedicated group with advanced cold weather training and experience. You'll have a great time finding out how to travel more easily in the snow, how to build a winter shelter, awareness of cold weather health concerns. cooking, even how to make some of your own clothing and gear, and a lot more. You'll have a great time, eat great food, network with dedicated scouts and scouters, and get the chance to try your hand at some outdoor winter activities.

OKPIK is taught primarily in an indoor classroom environment, although there is a three-hour Round Robin outdoor session on Saturday afternoon. The course will be an intensive, fact-filled weekend, covering the physiological and psychological aspects of winter camping.

OKPIK Provides:

- · Limited amounts of snowshoes, winter shelter (for overnight experience), supplemental clothing and sleeping gear for added winterizing (preferably bring your own)
- · An Advisor Kit with handouts of suggested equipment lists and tips on preparing for your winter experiences
- · Great food!
- Expert instruction
- Hands-on experience
- The coveted OKPIK pocket patches!



AND REGISTER BE A SMART OWL Okpik

E-mail to okpik@senecawaterways.org if you have any questions.

These courses can fill up quickly, so

Reservations should be made as early as possible.

the time is NOW to get your registration in.





Register at: https://scoutingevent.com/397-okpik2024 **OKPIKATTAVIK Class Size: Limited to** OKPIK Class Size: Limited to 30

Minimum age: 14

(unless approved by the Okpik staff.