

Lost in Time



Cub and Webelos Scout Resident Camp 2021 Parent's Guide

39 Upper Hibernia Road
Rockaway Township, NJ 07866



Camp Lewis is excited to begin our seventy eighth year as a Boy Scout Property and our twenty first season as a Cub Scout Resident Camp. The past year has been a challenge for all of us. With hope of normalcy on the horizon we look forward to having all of you come to “Your Home Away from Home”.

This year’s theme will be “Lost in Time,” where fictional history will come alive Camp Lewis’ style. Be Prepared for anyone or anything to possibly pay a visit through the Controlled Augmented Machine Portal or simply put C.A.M.P.

On behalf of the 2021 Camp Lewis Staff we look forward to your arrival. If you have any concerns please do not hesitate to reach out to me, I always look forward to answering any of your questions.

Tom Gingerelli
Camp Director
Tom@Camp-Lewis.com

Bridget Florczak
Program Director
Bridget@Camp-Lewis.com

Safety Protocol's

The Northern New Jersey Council, Camp Lewis, and the Boy Scouts of America place safety above everything. We have continued to monitor the ever-changing guidelines from the Center for Disease Controls (CDC), State and Local Health Departments and the America Camp Association (ACA) to give you the best possible experience while maintain a safe atmosphere. We have currently placed the following protocols in place. As the guidelines change, we will update our policies and procedures.

- Pre-Camp monitoring
- Pre-Camp screening upon arrival
- Daily Health monitoring
- Limited capacity in overall attendance
- Limited group sizes in program areas
- Masks required in all buildings and at any-time social distancing cannot be achieved
- Hand sanitation stations added in every camp site, in every program area, and throughout walking paths
- Adjusted food schedules and service

THE PURPOSE OF CAMP

Cub Resident camping serves as an introduction to the outdoor program of the Boy Scouts of America by providing Council facilities and certified staff to Cub Scout Packs. Resident camping for Cub and Webelos Scouts can, and should, help boys maintain the interest generated by the rest of the year-round operation. The camping program of our Council provides an opportunity for continuation of the Cub Scout program throughout the summer (and consideration for the National Summertime Pack Award).

SESSION DATES

2-NIGHT SESSIONS

Session 1: 7/10 - 7/12
Session 2: 7/17 - 7/19
Session 3: 7/24 - 7/26

5-NIGHT SESSIONS

Session 1: 7/10-7/15
Session 2: 7/17-7/22
Session 3: 7/24-7/29

RATES

	<u>Before 5/1</u>	<u>After 5/1</u>
2-night (youth)	\$230.00	\$250.00
2-night (adult)	\$60.00	*
2-night (sibling)	\$60.00	*
5-night (youth)	\$430.00	\$475.00
5-night (adult)	\$110.00	*
5-night (sibling)	\$110.00	*

Camp Lewis charges one-rate for Leaders or Siblings

Sibling pricing is available for non-scouting siblings only. This option is open to both boys and girls, however siblings over the age of 12 require approval of the camp administration prior to registration

IMPORTANT CONTACT INFORMATION

Thomas Gingerelli c: 201.316.3115
Camp Director Tom@Camp-Lewis.com

Casey McLoughlin w: 201.677.1000 x26
Camping Administrative Casey.McLoughlin@scouting.org
Assistance

Camp Office (summer) w: 973.664.1041

ARRIVAL

however all adults are strongly encouraged to attend.

CHECK-IN

Scouts begin to arrive at 7:30 a.m. on Saturday. Camp Program will begin at 9:30 a.m. Please plan to arrive before 8:45am to ensure you are ready to go when program starts!

If you have large-equipment, such as a trailer, please contact the camp administration prior to your stay for details on how to maneuver it to your campsite.

A tour of camp will be given as the daily schedule commences. Please do not be late to camp; you risk your Cub losing valuable program time that cannot be reclaimed.

HEALTH FORMS

All Cubs and Leaders attending camp must have a completed Annual Health and Medical Record before coming to camp, and **must** bring the form to camp.

2-night Campers: Parts A & B

5-night Campers: Parts A, B & C

Each Cub and Leader will have a health recheck upon arrival, and the Pack's medical forms will be kept on file with the camp health officer. All medical forms should have an attached Health Insurance Card. Medical forms will be returned upon request. Any unreturned medical forms will be destroyed.

Any Cub or Leader who does not have a completed health form will be restricted from all camp activities and may be asked to leave camp until a properly completed form is obtained and reviewed by the Health Officer.

Health Forms are available online at <https://www.nnjbsa.org/content/uploads/2020/04/NNJC-Medical-Form-2020-Fillable.pdf>. You must use this form as there is information specific to our council camps.

LEADERS MEETING

There will be a 11:30 a.m. Leader's meeting held in the Dining Hall every check-in day. You will be briefed on security and emergency procedures, visitor privileges, scheduling, program changes, etc.

Attendance is mandatory for the Unit Leader,

COMPLIMENTARY LEADERS

Dens or Packs attending as a group will be eligible for one complimentary leader for every five (5) Cub Scouts with a maximum of two (2) free leaders.

When a leader requests this, we will verify your group-size at check-in, a check request will be filed with the council for reimbursement of camp fees. All refunds must be requested within two weeks of attending.

All leader fees must be paid in advance.

NO-SHOWS

Camp Lewis and the Northern New Jersey Council take no-shows to camp very seriously. In the event a Scout and his guardian do not check in by 1:00 p.m., every attempt will be made to contact them or persons listed as their Emergency Contacts. If no contact can be made to confirm the Cub's whereabouts, the State Police may be notified of a missing child.

If you are running late, are having difficulty getting going, or simply are not able to attend, the camp number is: 973.664.1041. **PLEASE call us!** We take the safety of all youth involved in our program extremely seriously, and our inability to contact you may result in the police being contacted and a missing child being reported if we are unable to verify your whereabouts.

START OF PROGRAM

Your Site Guide will pick up your youth from the campsite at approximately 9:50 a.m. and bring them to the Parade Ground, located by the Dining Hall. At this time, Cubs will be placed in age-appropriate groups with the help of their Group Guides (who may or may not be their Site Guide) and at 10:00 a.m. begin program for the day.

Scouts not in camp and checked-in by 9:50 will not be assigned a group until check-in is complete, and may lose program time that cannot be reclaimed.

It is not required for leaders to be present for the start of program, and we encourage you to continue setting up your site as the Cubs get acclimated to camp.

CAMP BUSINESS

MAIL

Mail is delivered daily and will be distributed to your unit via your Site Guide. Mail that is undeliverable because a camper's session has ended may not be forwarded. The mailing address is:

Camp Lewis
Camper Name, Pack #
39 Upper Hibernia Road
Rockaway Twp., NJ 07866

INTERNAL MAIL AND MESSAGES

An internal mailbox has been created to provide you an extra way to communicate messages to the staff. If you would like to leave a message of praise for one of the staff members or to leave a message of concern for our Camp Director this is a great way to get that done.

TELEPHONES AND MESSAGES

If a leader receives an incoming call to the Administration Building, a message will be taken and delivered at mealtimes only.

The main camp line is 973.644.1041 and is for business or emergency use only.

ADULT LOUNGE

Camp Lewis is pleased to announce that Wi-Fi is available in the Administration Building, Dining Hall and outside the Trading Post at all times.

CHARGING STATIONS

Camp has several charging stations available for Adult use. Please bring your own cords. Sites are located in the Trading Post, Dining Hall, and Administration Building. Camp Lewis accepts no liability for devices left unattended.

VISITORS

All visitors to Camp Lewis must check-in at the Administration Building before entering camp. Visitors will be given a wristband that must be worn at all times. Visitors must sign out and return their wristband when leaving camp. Volunteers follow all camp policies and procedures. We encourage Unit Leaders and Committee Members to visit their packs during the week.

VISITOR MEALS

Visitors in camp are more than welcome to join their Unit for a meal in our Dining Hall. The cost is \$7.00 for breakfast, \$7.00 for lunch, and \$7.00 for dinner.

OVERNIGHT VISITORS

Overnight visitors are accepted on a case-by-case basis. Please contact the Administration prior to your arrival.

LEADERSHIP CHANGES

Following the guidelines established by the Boy Scouts of America, chartered units must have two (2) leaders present at all times.

Adult leaders staying overnight will need to have completed the Annual Health and Medical Record. If the Unit Leader changes during the week, the new Unit Leader must meet with the Camp Director to be briefed on our safety procedures.

REFUND & TRANSFER POLICY

Registration fees are not refundable after 5/31, but may be transferred to another Cub. All requests to transfer a registration fee must be made in writing to Casey McLoughlin and Tom Gingerelli prior to a Pack's arrival at camp.

In the event you do not attend camp, we are unable to issue refunds after 6/15 for any reasons other than family bereavement or a documented medical emergency. All such requests must be made in writing to Casey McLoughlin no later than 7/31/21 and are considered on a case-by-case basis. Supporting documentation will be requested.

TRADING POST

Camp Lewis has updated its trading post and will be a well-stocked camp store to serve everyone that is in camp. Stock items include Scouting literature, camp T-shirts, equipment patches, water bottles, cold drinks, snacks (both healthy and yummy!), program materials and more. Please visit our newly remodeled trading post throughout the day.

Boys enjoy having money to spend in the trading post. It is suggested that each boy should bring no more than \$40.00. If a camper wishes to exceed this amount, his parents or guardians are encouraged to be present. The trading post will be open directly after each meal and close one hour before each meal.

Our trading post now accepts Credit Cards! (\$10 transaction minimum, please).

CAMPSITES

The campsite is the home away from home for your Pack during their time at camp. The cleanliness of the site is the responsibility of the Unit that stays there over the camp session. Fines will be assessed for any damaged camp property.

Since the site is yours for the session, feel free to personalize it with materials that express your pack's individual personality. Decorations can be theme oriented or personal to your pack.

Please note that we do not currently accept campsite reservations.

TENTING

Canvas wall tents on platforms containing two cots will be provided in each site. Each camper at Camp Lewis is given bunk space. When camping, no youth are permitted to sleep in the tent of an adult other than his own parent or guardian.

Male and female leadership requires separate sleeping facilities. Married couples may share the same quarters if space permits.

You are permitted to bring your own tent if you prefer but please let us know ahead of time that you will be. If you are supplying your own tent it must be set up on the ground. Wall tents are not allowed to be removed from the platforms.

CAMPERSHIPS

The council has a limited amount of scholarship funds available to assist needy Scouts in attending camp. Campership forms are available from the council office or may be downloaded.

The applications must be submitted to the council service center office by March 17, 2017. Applications submitted after March 17 may not receive funding.

EARLY-BIRD PRICING

The "early-bird" pricing window is extended only for new scouts just entering the program. This means: if a Scout joins your pack after the early-bird window has closed, they are still eligible to attend camp at the early rate.

THE CAMPMASTER CORPS

The Campmaster Corps is a group of men and women that volunteer their time to Camp Lewis year-round. If there is a Troop or Pack arriving for Weekend Camping, the Campmasters will be there to help out!

Renovations to the AD Building, Hayden Chalet, and campfire ring; electrical installations at the lakefront and Dining Hall; painting of the Trading Post, Health Lodge, Administration, and other key buildings are just some of the projects the Campmaster Corps have completed or are working to complete.

Visit www.njbsa.org/Lewis to learn more about how donating two weekends a year has a dramatic impact on Camp Lewis, as well as the Troops and Packs that call it home year-round.

THE FRIENDS OF CAMP LEWIS

The Friends of Camp Lewis is a non-profit 501c3 dedicated to raising funds for special projects around camp. Together with the Campmaster Corp the FoCL has donated a new coffee station in the dining hall, new picnic tables in all campsites, and many other projects. To learn more about visit:

<https://friendsofcamplewis.com>

or contact:

Lou Sierra exedir.focl@gmail.com

HEALTH LODGE

A health officer is on location at the health lodge located adjacent to the Trading Post in the center of camp. The health officer is a trained professional that is employed to render aid for emergencies and concerns that are beyond normal scout first aid.

MENU

Camp Lewis retains a nutritionist to review our menu and any changes made through the course of the camp season to ensure all meals are healthy and nutritionally balanced for all Cub Scouts and Adults.

At each meal peanut butter and jelly, and fresh fruit are available. In addition, Yogurt and cereal are available at breakfast; mixed green salads are available at lunch and dinner.

A menu is provided on our website or at the end of this guide for illustrative purposes only and is subject to change without notice.

DIETARY RESTRICTIONS

Any dietary restrictions due to a medical condition **MUST** be noted on your Medical Form. Unfortunately Camp Lewis can only accommodate dietary restrictions of a medical or religious nature, not dietary preferences. If there is a religious dietary restriction, please contact our Camp Director.

FAMILY FEAST AND BBQ'S

Camp Lewis offers two opportunities for extended family and visitors to come to camp and experience our program with their Cubs. The first opportunity is a Family BBQ served on Sunday. Open program will follow the meal for you to enjoy some time with your child doing their favorite activities.

The second opportunity is our Family Feast, served on Thursday nights, which will be followed by a closing campfire open to all scouts in camp.

The cost of each guest is: \$7.00 for adults and \$5.00 for children under 12 years of age. There is no additional cost to campers or adults staying in camp. Parents who wish to attend must check-in at the Administration Building no later than 4:30p.m. Sunday and Thursday afternoon.

CONTINUOUS CAMP IMPROVEMENTS

Camp Lewis is ever evolving and with your help we will continue to better our facilities. There are many projects going on at any one time. If you would like to help, please see the Camp Director or Ranger for guidance.

GIFTS TO CAMP

It has become a tradition for Packs to give a token to camp that gets displayed in the Dining Hall. As we appreciate this gift and look forward to the continued tradition we ask that these plaques are limited to an 18" by 18" maximum size. Space is limited and we never want to remove a plaque in order to add one.

CAMPER DISCIPLINARY

Our goal is to encourage all campers to have a fun and exciting time at Camp Lewis. In order to accomplish this we must maintain a safe and productive atmosphere. The Camp Lewis staff uses a progressive disciplinary system depending on the severity of the infraction.

First Strike: The first time (or after a warning has been given) the child displays any behavior listed above, a time out will be given. At this time, the parent/leader will be informed of the "First Strike". Child will be removed from program for a designated period of time.

Second Strike: The child will be removed from the program for the remainder of the day.

Third Strike: Child will be permanently removed from the Camp Lewis Program for the remainder of the session.

DUTIES OF A LEADER

1. Be Helpful. We are here to provide the camp program for your youth and will sometimes require assistance with activities to ensure they run efficiently.
2. Discipline: Maintain control of the youth in your site. Report problems before they get out of hand.
3. Buddy System: On the 1st day of camp the leaders are to instruct the boys in their site on how the buddy system works and to assign buddies if needed.
4. Two-Deep Leadership: You shall have two-deep leadership at all times. If you cannot provide two leaders, contact the Camp Director prior to camp.
5. Schedule: Go over the camp schedule each morning, it changes daily.
6. First Aid: If at any time a Scout needs any type of first aid, an adult is to escort the Cub Scout and his buddy to the Camp Health Officer.
7. No Smoking around the Cubs. There are designated smoking areas behind the Dining Hall and Administration Building.
8. Conflict Resolution: When a problem occurs during camp, contact the Camp Director or Program Director. If the problem involves one of our staff, please do not discuss the problem with that staff member. The Camp Director and the Program Director are available to help you resolve any problems if they arise.
9. HOMEWORK!!! Just like in Boy Scout Camp, the scouts may have work to do in their sites at night! This is in part to help them prepare for camping at Turrell or NoBeBoSco, and in part to help them earn certain achievements in the Cub Scout Adventure program! We ask that you be supportive of them, and help them accomplish as much as possible!
9. Relax, have a good time and remember to HAVE FUN!

“PLAGUE”

Plague is a word that the camp staff uses to describe homesickness. Nothing perpetuates homesickness more than hearing the word “home.” Take advantage of the following tips from seasoned staff members on avoiding/dealing with homesickness.

Step 1: Educate and communicate with parents! Most parents want to know that their children are being cared for while not in their supervision. Remind parents of other times they have left their child with someone new (grandparent) and reassure them that most children may experience some displacement at first, but often recover by dinner time the first day.

Step 2: Prepare scouts! Let scouts know what to bring and where they will be staying. This can make a big difference for hesitant scouts that do not know what to expect.

Step 3: Pack proper equipment. Often times, scouts show signs of “plague” due to wet socks, damp clothing or being cold. Be sure that scouts do not bring cell phones. No one likes a surprise visit from a parent because a scout called home and nobody knew.

Step 4: At camp, encourage proper hygiene, adequate sleep, and healthy eating habits. Often, a scout remembers home as a place that is comfortable and more desirable when they are wet, cold, tired, or miserable.

Step 5: Call upon the staff. Our staff is trained on how to approach and talk to a scout who is showing signs of homesickness. Sometimes a change of face is all that is needed to turn “the Plague” around!

And lastly: Camp Lewis offers year round camping, Take advantage of this by having your pack/den spend a weekend at camp during the fall/winter or spring seasons. Cabins can be rented or you can rent a campsite and bring your own tents. The more exposure your Scouts have to camping and to the outdoors, the less likely homesickness will set in.

PROGRAM FEATURES

PROGRAM OVERVIEW

Scouting is a game with a purpose! Scouts engage in age-appropriate activities designed to keep the scouts focused in the “outdoor classroom” so they learn, without even knowing it! At camp we design our program to engage scouts physically, mentally, socially, and spiritually with a variety of activities.

QUALIFIED STAFF

Our Camping program is administered by our Camp Director and Program Director, both of whom have completed multiple sections of National Camping School. All staff members complete special training and are highly qualified.

DEN-BASED PROGRAM

Dens are arranged by similar age and rank. This is done so activities can be presented in an age-appropriate manner. Individual den requests will be considered but cannot be guaranteed.

OUR AREAS

BB and Archery Ranges:

At camp, boys have an opportunity to take part in a BB-gun and Archery safety and marksmanship program under the direction of a trained range officer. Our program emphasizes safe handling of rifles and bows, and teaches the fundamentals of shooting mechanics.

Nature:

All scouts love the mud! At Nature we’re determined to teach them how to get muddy, touch a bug, set up a Terrarium, or learn about the life cycles of our local environment in a way that teaches how to keep themselves and animals safe while in the woods.

Cub Skills:

Want to learn how to build a fire? Set up a campsite? Use a Map and Compass? Work with a pocketknife? It all takes place at Cub Skills where youth will learn the skills needed to be an experienced outdoorsman.

Field Sports:

In this area, our camp will come together to put their teamwork to the test as each site will compete in

daily competitions. At the end of the week we will crown one of sites the most Spirited Site. (See spirited site award for more details.)

Waterfront:

At Camp Lewis, our goal is that every Cub Scout becomes a swimmer and every swimmer becomes a lifesaver! Swimming instruction and recreational swimming are done at the pool. Our lake hosts our swim checks the day of your arrival, as well as our boating program. Scouts learn respect for the water and work on developing the skills that will allow them to be safe, and help others be safe in an aquatic environment.

ORDER OF THE ARROW

The Order of the Arrow is often referred to as Scouting’s National Honor Society, and is a brotherhood of men and women that go above and beyond what some would call the Scouting “Call of Duty.”

Camp Lewis is proud to recognize all OA members on our OA Days: Tuesday and Saturday. Bring your sash!

CAMPFIRES

Scouts attend two campfires during their stay. For the first it’s the staff’s turn to entertain; the second is the scouts opportunity to demonstrate their Showmanship! It is strongly encouraged that the Scouts and their families attend the closing campfire, as it draws the entire session to a close on a fun-filled note. A Camp Lewis songbook will be available for purchase in the trading post to help scouts learn their favorite camp song.

WEBELOS/ARROW OF LIGHT OVERNIGHT

The Webelos Overnight is available to Webelos and Arrow of Light Scouts that are camping with us for a 5-night session only. All basic equipment is provided, including tents, however it is required that Scouts bring a sleeping bag, pillow, and flashlight.

WEBELOS/ARROW OF LIGHT PROVISIONAL

The Webelos/Arrow of Light Provisional is available to Webelos and Arrow of Light Scouts that are 9 years of age. The attendees of this program will be paired with our highly trained and experienced leaders. In this program the scouts will earn all of the rank advancement that is part of the Camp Lewis program weekly program.

If your parent/leader cannot attend then this is the program for you. If you are a leader looking to take your Webelos to camp but need additional leaders to meet YPT guidelines we will pair you up with our trained leaders. This program is only available the July 24th through July 29th program session. If a child leaves early from this program there will be no refunds.

SPIRITED SITE AWARD

The Spirited Site Award will be awarded to the chosen site that represents the most scouting spirit.

Our Staff will judge each site throughout the week to decide which site is deserving of this honor. The staff will judge based off of:

- Site theme Décor including Gateway
- Site cleanliness
- Site enthusiasm during all meals
- Site participation at field sports
- Site participation at our Camp Fire

SWIM TESTS

Anyone staying in camp who desires to use any of the Aquatics Facilities must take a Swim Test. Swim Tests will be offered upon your first period in the Waterfront.

Swimming tests will be administered under National BSA Aquatics Standards in Lake Goodturn.

Nonswimmer: Enter the water, be reasonably comfortable, and get your head wet.

Beginner: Demonstrate your ability to jump feet first into water over your head in depth, level off and swim 25 feet on the surface, stop, turn sharply, resume swimming, then return to your starting place.

Swimmer: Demonstrate your ability to jump feet first into water over your head in depth, swim 75 yards/meters in a strong manner using one or more of the following strokes: side-stroke, breaststroke, trudgen, or crawl; then swim 25 yards/meters using an easy, resting backstroke. The 100 yards/meters must be swum continuously and include at least one sharp turn. After completing the swim, rest by floating.

GRACES

A non-denominational grace is said before each meal at Camp Lewis. On occasion, they may be sung to a tune or poem from pop-culture...but we make no promises. The graces used at Camp Lewis have a tradition in Boy Scout camps that can be traced back to before 1920, a more exact timeline is difficult to establish. Participation in grace is voluntary, but strongly encouraged.

Breakfast

Gracious giver of all good,
Thee we thank for rest and food,
Grant that all we do and say,
In your service be this day.

Lunch:

Father, for this noonday meal,
We would speak the praise we feel.
Health and strength we have from thee.
Help us Lord, to faithful be.

Dinner:

Tireless guardian on our way
Thou hast kept us well this day.
While we thank thee, we request: Care
continued, pardon, rest.

AWARD AND ADVANCEMENT OPPORTUNITIES

Camp Lewis creates a dynamic advancement program that will help your scout reach his goals in a timely fashion while preserving the integrity of the program. It is up to the individual pack to award the advancement. We will provide a certificate to every scout with the achievements that they have completed listed. During the course of their stay they may complete additional requirements towards other rank advancement requirements. Your child is going to receive a requirement card that they can get signed off by their program area leader for requirements they have completed.

PARTIALS

Tom, I notice in that chart down there that you are saying my Scout will earn a "Partial." What gives?? Well, the answer is simple: look at the requirements! Could your child earn those awards in full while at camp? Maybe. But I don't think they would have fun. Our Arrow of Light program (is now about experiences! Having fun at camp, being the oldest and most experienced scouts around the campfire! Extra time at BB's, the pool, dedicated fishing time, in-site cooking in a special Webelos and Arrow of Light Den area. These are just some of the experiences that await your scout. So yes, it's possible that they may not earn the award, but they will leave happy and energized with the Scouting program!

Rank	2 night	5 night
Tiger	<ul style="list-style-type: none"> • Backyard Jungle • Tigers in the Wild • Floats and Boats 	<ul style="list-style-type: none"> • Sky is the Limit
Wolf	<ul style="list-style-type: none"> • Paws on the Path • Spirit of the Water • Air of the Wolf • Call of the Wild • Finding your Way 	<ul style="list-style-type: none"> • Motor Away
Bear	<ul style="list-style-type: none"> • Furs, Feathers, and Ferns • Bear Goes Fishing • Salmon Run • Baloo the builder • Make it Move <ul style="list-style-type: none"> • Bear Necessities 	<ul style="list-style-type: none"> • Super Science • Bear Picnic basket
Webelos/AoL	<ul style="list-style-type: none"> • Webelos Walkabout • Into the Wild • Into the Woods • Aquanat • Build it • Engineer • Adventures in Science • Camper 	<ul style="list-style-type: none"> • First Responder • Castaway • Earth Rocks

*PROGRAMS ARE SUBJECT TO ADJUSTMENT – NOT ALL REQUIREMENTS WILL BE COMPLETED IN FULL

CUB SCOUT OUTDOOR ACTIVITY AWARD

Tiger Cubs, Wolf and Bear Cub Scouts, and Webelos Scouts have the opportunity to work towards earning the Cub Scout Outdoor Activity Award, one requirement of which is to attend Cub Scout Camp (either Resident or Day Camp).

Tiger and Wolf scouts will complete all requirements of this award during their stay at Camp Lewis this summer, while Bear and Webelos scouts will have the opportunity to complete the majority of requirements.

LEAVE NO TRACE AWARD

Leave No Trace is a plan that helps people to be more concerned about their environment and to help them protect it for future generations. Leave No Trace applies in a backyard or local park (“front country”) as much as it does in the wilderness (backcountry). Campers at Camp Lewis will complete most, but not all of the requirements for the Leave No Trace Award.

WORLD CONSERVATION AWARD

The World Conservation Awards provides an opportunity for individual Scouts to 'think globally' and 'act locally' to preserve and improve our environment. This program is designed to make youth members aware that all nations are closely related through natural resources and that we are interdependent with our world environment. Campers at Camp Lewis will complete most, but not all of the requirements for the World Conservation Award.

WHITTLING CHIP

This award is meant for Bear or Webelos scouts, and they may earn the privilege of carrying a pocketknife to Cub Scout functions.

PACK LEVEL AWARDS

In addition to individual awards such as Belt Loops and Webelos Activity badges, attendance at Camp Lewis assists packs in completing several other awards. Forms for these awards may be found in the Administration Building, or at www.nnjbsa-lewis.org.

NATIONAL SUMMERTIME AWARD

The purpose of the National Summertime Award is to encourage packs to provide a year-round program by continuing to meet during the time periods when school is out of session for several weeks or months. This achievement is awarded at several levels:

NATIONAL SUMMERTIME AWARD PIN (INDIVIDUAL)

Boys who participate in three summertime pack events (one each in June, July, and August) are eligible to receive the National Summertime Award pin. This is a rank-specific award that is associated with the most recent rank earned, not the rank that is currently being worked on.

The pin is worn on the right pocket flap of the Cub Scout Uniform, or pinned onto the Cub Scout Outdoor Activity Award.

NATIONAL SUMMERTIME PACK AWARD (DEN)

Dens with an average attendance of at least half their members at the three summer pack events will be eligible for a colorful den participation ribbon for the den flag or den doodle.

NATIONAL SUMMERTIME PACK AWARD

A pack can qualify for the National Summertime Pack Award certificate and streamer by planning and

conducting three pack activities-one in each month of June, July, and August.

ADULT LEADER TRAINING

Over the years as we visit campsites we have noticed that some campers are not very comfortable working with the average wood tools, campfires or basic equipment. For some families Camp Lewis Summer Camp is their first time camping. As a team we feel that families would enjoy camping much more if they were given the tools that are needed. Therefore we have adjusted our training to give each adult the opportunity to become more proficient in his or her outdoor skills.

FIRE BUILDING/WOOD TOOLS

We will teach you how to create utilize and create

BASIC CAMPING EQUIPMENT We will be highlighting different types of equipment that would be used during campouts including tents, backpacks, sleeping bags, sleeping pads and other equipment.

BASIC CAMP COOKING AND MEAL PLANNING

Basic Camp cooking and planning will go over essential skills and ideas for your packs outings. We will discuss how to plan your meals for weekend trips. We will also discuss how to account for special dietary concerns and how to prepare meals using different cooking techniques.

BASIC FIRST AID TRAINING

This training is the basic training needed to be able to assist a scout at a meeting or on an outing. Basic First Aid training will be conducted at the Health Lodge.

ADDITIONAL TRAINING

Camp Lewis has incorporated three computers in our Administration/Training building to allow for you to utilize the My.Scouting.org Training site

ADULT LEADER AWARD

If sitting around relaxing isn't your style we have created the Camp Lewis Leader Award. All you have to do is complete 10 of the requirements to achieve this award.

SAMPLE SCHEDULE ROTATIONS

Our new schedule rotation will maximize each young scouts time in program while reducing the movement time between program areas.

	Sample Program						
	BB's	Archery	Field Sports	Cub Skills	Nature	Pool	Lake
7:45-8:00	Morning Flags						
8:00-8:50	Breakfast						
8:50-9:00	Meet Group						
9:00-9:40	Tigers	Wolves	Bears	Webelos	AOL		
9:45-10:25		Tigers	Wolves	Bears	Webelos	AOL	
10:35-11:15	AOL		Tigers	Wolves	Bears		Webelos
11:20-12:00	Webelos	AOL		Tigers	Wolves	Bears	
12:15-1:00	Lunch						
1:00-1:50	Siesta						
1:50-2:00	Meet Group						
2:00-2:40		Webelos	AOL		Tigers	Wolves	Bears
2:45-3:25	Bears		Webelos	AOL		Tigers	Wolves
3:30-4:10	Wolves	Bears		Webelos	AOL		Tigers
4:20-5:00	Open Program						
5:00-5:45	Siesta						
5:45-6:00	Evening Flags						
6:00-7:00	Dinner						
7:00-8:00	Open Program						

note: These schedules represent possible activities of one age group at camp and are intended to provide insight into the "flow" of activities at camp, not to illustrate concrete options. The activities available via session and age-group may vary.

DIRECTIONS TO CAMP

From Interstate 80

- Take Rt. 80 to exit 37 (Greenpond Road), turn left at the end of the exit ramp.
- Continue for about 6 miles, then turn right onto Upper Hibernia Road.
- Camp is ½ a mile down the road, on your left.

From the NJ Turnpike

- Take the Turnpike to exit 15W (Rt. 280). Proceed off of exit 15W onto Rt. 280 West.
- Go about 15 miles to Rt. 80. Merge onto Rt. 80 West.
- Follow the directions from Rt. 80.

From the Garden State Parkway

- Take the GSP to exit 145 (Rt. 280). Take exit 145 onto Rt. 280 West.
- Go about 15 miles to Rt. 80. Merge onto Rt. 80 West.-Follow the directions from Rt. 80.

From Interstate 287

- Take Rt. 287 to exit 41. Take exit 41B onto Rt. 80 West. - Follow the directions from Rt. 80

The camp address is: 39 Upper Hibernia Road, Rockaway, NJ 07866 and can be found on most GPS units, Google Maps, and Mapquest.

PACKING LIST

Paperwork:

Completed Annual Health and Medical Record
Copy of Insurance Cards

Adults:

Copy of completed Youth Protection Training

Clothing & Bedding:

Complete Scout Uniform
Comfortable Hiking Shoes or Sneakers
Sandals or Water shoes
Full change of clothing for each day
Extra Underwear
Extra Socks
Pajamas
Swimming Suit
Poncho or Rain Coat
Light Jacket for cool nights
Pillow
Sleeping Bag or Sheets and Blanket

Personal Items:

Alarm Clock
Toothbrush and Toothpaste
Soap
Shampoo
Lip Balm
Sunscreen
Wrist Watch
Flashlight
Towel
Additional towel to use at the Waterfront
Money for the Trading Post

Things to leave home:

Radios^{[L][R]}_{SEP}
Game Systems^{[L][R]}_{SEP}
Music players
Cell Phone!! (youth)
Sheath knives

Camp Lewis Menu
Summer 2021

Saturday

Lunch

Chicken Fajita- Onions | Peppers | Sour Cream | Cheddar Cheese
Mexican Corn Salad
Fruit salad

Dinner

Cilantro Lime Chicken Thighs – Rice with black beans
Salad-

ICE CREAM SOCIAL

Vanilla | Chocolate | Strawberry | Sprinkles
Cherries | Chocolate Syrup | Whipped Cream

Sunday

Breakfast

French Toast- Mixed Berry Compote | Whipped Cream | maple syrup

Scrambled Eggs

Sausage Links

Yogurt | granola bars | assorted hand fruits | whole grain cold cereal

Lunch

Chicken Wings | Tator Tots | Garlic Parmesan, Buffalo, BBQ sauces
Mixed Green Salad
Fruit Salad

Dinner

Hamburgers | Cheesburgers | Hot Dogs | Ribs

Potato Salad

Cole Slaw

Garden Salad

Dessert

Apple Pie | ice cream and caramel sauce

Monday

Breakfast

Pancakes | Maple Syrup

Smoked Bacon

Scrambled Eggs

Yogurt and granola bar | assorted hand fruits | whole grain cold cereal and milk | Coffee

Lunch

Grilled Cheese | roasted tomato chutney

Antipasto salad

Fruit Salad

Dinner

Lemon Chicken | angel hair pasta | roasted vegetables

Dessert

Tiramisu

Tuesday

Breakfast

Bacon, Egg, and Cheese breakfast burrito with peppers and onions

Home Fries

Yogurt and granola bar | assorted hand fruits | whole grain cold cereal

Lunch

Chopped Asian Salad topped with sesame marinated grilled chicken

Fruit Salad

Dinner

Beef with Broccoli

Fried Rice

White Rice

Mixed Green Salad

Dessert

Lemon Poppy pound cake

Wednesday

Breakfast

French Toast- Mixed Berry Compote | Whipped Cream | maple syrup
Scrambled Eggs
Sausage Links
Yogurt | granola bars | assorted hand fruits | whole grain cold cereal

Lunch

Chicken Tenders- Honey Mustard | BBQ Sauce | Hot Sauce (Upon Request)
Fries | Ketchup
Fruit Salad

Dinner

Pulled Pork Sandwich | Pretzel rolls
Cole Slaw
Pickles

Dessert

Peach Cobbler

Thursday

Breakfast

Belgium Waffles | Maple Syrup
Hash Browns|
Sausage Links
Scrambled Eggs (upon request)

Lunch

Chicken Wrap BLT
Sweet potato fries
Fresh Fruit Salad

Dinner

Meatloaf
Mashed potatoes | Roasted corn | glazed carrots
Chef's Salad

Desert

Churros | cinnamon sugar | chocolate dipping sauce

General Dining Concerns

The menu is a suggested menu, items may change unexpectedly at the discretion of the culinary team to ensure freshness and optimize the dining experience

Coffee and tea will be available throughout the day at the hot beverage station outside the kitchen, please notify kitchen personnel should items need replenishment

To encourage proper hydration - All tables are set with a pitcher of water prior to the meal, once empty the tables' waiter may bring the water pitcher to the kitchen for "bug juice" at lunch and dinner and orange juice at breakfast

The culinary team at Camp Lewis prides itself on a great guest experience, should you have a dietary restriction we are happy to accommodate you as best we can. Please provide ample notice to the administration team to facilitate your request.

While we encourage our guests to try the diverse food selections we offer, we also understand some of our guests are selective in what they choose to eat. At all meals individually wrapped PB&J sandwiches on whole wheat bread will be available from the kitchen. Additionally at lunch a cold cheese sandwich on whole wheat will be available. Due to the nature of the family style service we utilize at Camp Lewis, we ask all guests requesting an alternate meal to wait until after the menued dinner is served, before proceeding to the kitchen.