



# Wilderness and Remote

## First Aid Course

Sat & Sun April 18 & 19, 2026

**Cost \$235.00**

This 16 Hour **American Red Cross** Wilderness and Remote First Aid (WRFA) Course provides students with an introductory understanding of wilderness first aid. Hands –on course labs, scenarios and repetition ensure students are engaged and learning for the duration of the course. **ARC WRFA** courses combine multiple styles of learning to help you learn and remember course information after the course is complete.

**Topics to be covered:** Golden Hour, Initial Survey, Primary Survey, Secondary Survey, Documentation, Moving Patients, Shock, Musculoskeletal Injuries, Soft Tissue Injuries, Environmental Concerns – Heat & Cold, Allergies, Breathing Issues, Bites & Stings, Diabetes, Lightning, Scenarios.

Students should come prepared to be outside in the elements and to bring your day pack or backpack loaded with whatever you bring with you into a remote setting.

**Prerequisites: Students must be at least 14 years old and have a current adult CPR/AED or higher certification.** Students who successfully complete the course will **receive a link by email to download** an American Red Cross WRFA Card which is good for two years from the date of the course. Students must attend and actively participate in the entire course for successful completion.

The cost of the course will be **\$235.00** per student which includes the cost of training materials, textbook and ARC certification. Registration and payment will be thorough **ScoutingNH** <https://www.scoutingevent.com/330-WFA26> on a first come – first served basis. If you have questions about:

- the course please email instructor Dale Chayes [dnchayes@gmail.com](mailto:dnychayes@gmail.com)
- registration or payment email Adam Godbout [vp.program@nhscouting.org](mailto:vp.program@nhscouting.org)

Location for the course is Camp Carpenter – Lee training Center, Manchester, NH. Registered students will receive course details by email prior to the class