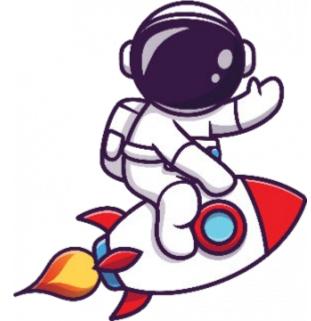
# Cunningham Park Twilight/Saturday Camp 2021





June 10<sup>th</sup> & 11<sup>th</sup> 4:00 - 8:00 PM June 12<sup>th</sup> 9:00 AM - 4:00 PM

## **Daily Reminders**

#### **Important Numbers:**

Day Camp Director- Shauna Mullally, 402-598-4173 Day Camp Program Director- Akia Sparkman, 660-525-5328 Medic – Gabe Quandt, 402-403-8620 Staff Advisor- Jason Triplett, 402-350-2849 Mid-America Council Office – 402-431-9272

### **Buddy System**

Make sure the scouts identify their buddy for the day. If a scout must leave the group for any reason (ex. go to the bathroom, fill water bottle, etc.) his buddy MUST accompany him!

#### Arrival

Campers will arrive according to the traffic flow map (see following page). They must check in at Mission Control each day before heading to the gathering activity. Each participant and visitor will be given a wristband upon arrival on the first day. Please wear these wristbands for the duration of the 3-day camp. Dinners/Lunches will be collected at Mission Control to be dispersed at meal time. **PLEASE NOTE: Refrigeration will not be available. Please pack home meals accordingly.** 

#### **Daily Opening**

All campers and visitors are expected to join in for a group skit at the start of each camp. Skits will be followed by the Pledge of Allegiance before programming begins.

#### Closing

Campers must check out at the medic station before leaving camp if departing with an adult in attendance. All other campers will gather near Mission Control to await their ride. Staff will approach vehicles as they arrive and identify the Camper(s) that should then be released to go with parents/guardians.

### **Emergency Notification**

Three short sounds of the air horn/whistle indicate an emergency situation where all Staff, Volunteers Campers and Visitors must gather near Mission Control on furthest north cement camper pad. The Program Director/Staff Advisor will then inform the group of the situation and the protocol to take place. In case of impending severe weather, Day Camp shall close and parents be notified via email immediately and through follow up phone calls. Medic will consistently monitor the weather situation throughout the duration of camp. Rain alone is not a cause to cancel camp. Campers and visitors should bring appropriate rain gear!

#### Downtime

Groups should participate in in chants, cheers and skits during any downtime (See Appendix A). Playground may also be utilized for down time.

#### **Scout Spirit**

Please help encourage a positive spirit with campers throughout Twilight Camp by utilizing the Scout songs and cheers found in Appendix A. Remember we maintain a zero tolerance for bullying. Be on the lookout to curtail any possible issues before they arise!

## **Directional Map**

Utilize Park Entrance #1 off of State Street. You will pass the Marina to get to Camp.





PLEASE DRIVE SLOWLY AND BE AWARE OF PEDESTRIANS, ESPECIALLY CHILDREN, AS YOU APPROACH CAMP!

## **OUTSIDE VENDOR DEMONSTRATIONS**

• These activities will be conducted by outside vendors/volunteers. Volunteers please ensure the group stays attentive and respectful during these stations!

## **GALAXY IN A BOTTLE**

### Materials:

3-4 colors of food coloring Water bottles with lids Baby Oil Glitter Water



- Fill the bottle half full with baby oil
- Add glitter to the baby oil
- Add enough water to a measuring cup to fill the rest of the bottle. Add desired food coloring
- Combine ingredients in bottle, leaving about <sup>3</sup>/<sub>4</sub>" of space.
- Secure the lip and shake vigorously

## **ALIEN SLME**

### Materials:

Glue/Water Solution Borax/Water Solution Containers Popsicle Sticks Food Coloring

Older Group will attend this station first to prepare solutions for others use.

### Instructions:

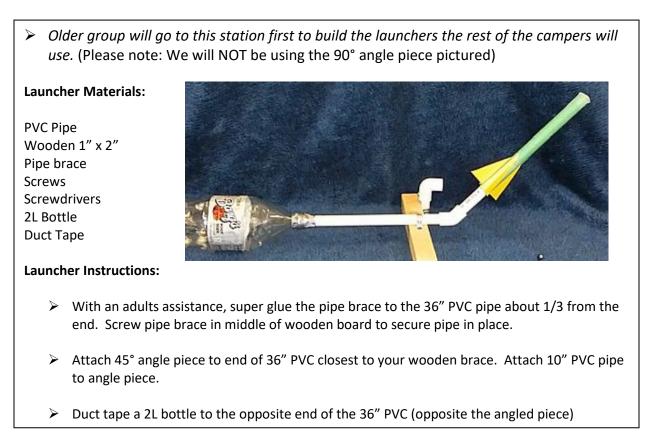
- Squeeze glue solution into container until about half full
- Add 2 drops of food coloring of your choice
- Squeeze borax solution into canister until about <sup>3</sup>/<sub>4</sub> full
- Replace cap on container and shake vigorously
- Slime should start to form. Use popsicle sticks to stir if needed.
- If slime is not forming, add more Borax solution. Dump any excess liquid if needed.



## **STOMP ROCKETS**

### Materials:

Construction Paper Scissors Tape PVC Pipe Rocket Launchers Duct tape



### Instructions:

- Make the body of the rocket with a piece of paper and roll it lengthwise over a pvc pipe. Before you tape it make sure it can easily slide on and off of the pipe, if its to tight it wont come off, to loose and and won't go as high.
- Twist the top of your rocket into a cone shape. Create a nose cone by cutting a circle. Cut a "slice of pie" shape from the circle and tape the sides of the slice together to create a cone shape. Tape the cone to the twisted end of your rocket body.
- Create fins from paper and attach to the rocket body using tape.
- To launch the rocket, slide the rocket onto the pvc pipe and hold it pointing up (or at your desired target/person) and stomp on the 2 liter soda bottle, the harder you stomp the higher the rocket will go. Reinflate the 2L bottle by cupping your hand around the angled PVC at the opposite end and blowing into the tube. After a while you may have to replace the bottle because sometimes it splits open.

## **SHOOTING SPORTS**

- A shooting range will be set up and conducted by a certified Range Master in accordance with the BSA Shooting Sports safety guidelines <u>https://www.scouting.org/wp-content/uploads/2018/04/510-322\_WEB.pdf</u>.
- > Older Scouts can increase the difficult by trying to aim at smaller or moving targets.

## **CLIMB THE MOON ROCK WALL**

- The rock wall activity will be overseen by a Level II COPE and climbing instructor.
- Campers waiting their turn will work to create model solar systems (See description under Solar Systems).
- Older Scouts can increase the difficulty of this activity with various challenges including must touch the top of the wall during their climb, not using a particular color or rock as a hold or climbing through a hula hoop while on the wall.

### <u>NOVA</u>

To cover the requirements of the Out of this World Nova we will read & discuss planets, space, space exploration, NASA, or astronomy during dinner breaks. Materials will be provided.

## **EXPLORING THE ICE GIANTS**

- This activity will be conducted by a member of Camp Staff. Volunteers please ensure your group stays attentive and respectful during this station!
- To cover the requirements of the Out of this World Nova we will discuss the two Ice Giant Planets of Uranus and Neptune

## **SPACE STATION BUILD**

### Materials:

Cardboard, construction paper, recycled materials, craft supplies

• Create a Space Station for Mars! Consider the following: the energy source, how the base will be constructed, the life-support system, food, entertainment, the purpose and function, and other things you think would be important. Discuss with parents, volunteers or staff what people would need to survive on Mars!

## MARS ROVER

### Materials:

Cardboard, construction paper, recycled materials, craft supplies

- Design a model Mars rover that would be useful to explore the rocky planet's surface. Explain the following:
  - The data the rover would collect
  - How the rover would work
  - How the rover would transmit data
  - Why rovers are needed for space exploration

### **SPACE PARACHUTE**

### Materials:

Plastic grocery bags, string, cardboard, eggs, and craft supplies

• Construct a parachute capable of landing an egg on the ground. Discuss how parachutes have played a role in returning astronauts to Earth and landing rovers on Mars

### SOLAR COOKING

### Materials:

Smore Ingredients, Cardboard, foil, black paper, wooden skewer, plastic

• Construct a solar oven by lining the top of a cardboard clamshell container with foil. Line the bottom of the clamshell with black paper. Tape a skewer in place to secure the clamshell in an open position. Place a graham cracker layered with chocolate and a marshmallow. Cover the bottom half of the clamshell with plastic. Allow to set in the sun until chocolate melts. Disassemble plastic, top with a second graham cracker and enjoy!

## FIZZY MOON ROCKS

### Materials:

Baking Soda, food coloring, glitter, water, saran wrap

- Put one cup of baking soda in a bowl. In a separate container, ¼ cup of water with 2 drops food coloring and 1/2 tsp. of glitter.
- Slowly add the water mixture to baking soda, aiming for a "crumbly" mixture that makes a snowball when packed together. Shape this mixture into moon rocks
- Let harden in the sun
- At home, spray or dribble with vinegar and watch them fizz!

## TECH TAKE APART

### Materials:

Various Technology items and screwdrivers

- Discuss how important technology is to our Space Program and find out how some common day electronic equipment (keyboards, computers, printers, monitors, etc.) works as Campers work hands on to disassemble and reveal the mechanics inside.
- Please assist Campers with use of the hand tools and especially any prying apart of items.
- Campers should work cautiously to disassemble, not destroy items. Please keep a close eye that they are using tools to complete the activity appropriately!
- If you deem any of the parts or materials to be potentially unsafe, please remove them from the activity area immediately.

### **ROCKET RALLY**

### STRAW ROCKETS

### Materials: Straws, tape, markers, scissors, rocket template

- Color the rocket template and cut out.
- Cut a plastic pipette in half and tape the closed end to the back of the rocket.



- Slip the pipette portion over a straw and blow to launch the rocket.
- Older Scouts can be challenged with how far they can shoot their rocket, how bending the fins affect flight and or hitting a target with their rocket

### WATER ROCKETS

### Materials: 16 oz water bottle, nose cone template, markers, scissors and cardboard

- Cut out the nose cone template and color. Tape on side of the cutout to the other to create the cone shape. Tape the bottom portion to the BOTTOM of the water bottle. Cardboard fins can be decorated and adhered to the sides.
- Open water bottle and flip aquapod upside down to insert into water bottle.
- Place aquapod right side up. Water from the bottle will gurgle down into the launcher.
- Have Camper stand the pull string length away from the rocket. His buddy will begin pumping the bike pump to increase pressure. (Younger Scouts will need help to push the pump handle completely down.) After 4-5 pumps have the camper swiftly give a small tug to release the trigger and launch the rocket. \*\*NOTE: if too much pressure builds up it will launch without the release string being pulled!

### SELTZER ROCKETS

### Materials: cannister, construction paper, markers, tape, seltzer tablet, water

- Create and decorate nose cones and fins as desired and adhere to canister with tape. (Keep in mind the lid is the bottom of the rocket!)
- Fill ¼ of the canister with water. Add ½ tablet of alka seltzer and quickly close with lid.
- Swiftly place the lid end of the rocket on a flat service and have campers back 6 feet away.
- Older Scouts can experiment with effects of adding more or less alka seltzer to the canister.

## **CREATE A CONSTELLATION**

### Materials:

Black construction paper, constellation templates, toothpicks and labels

• Using black contruction paper and a toothpick to poke holes using a template create and label 5 constellations.

### **SOLAR SYSTEMS**

### Materials:

Markers, planet cutouts, glue, popsicle sticks and brads

- Using markers, color in the various planets and cut out.
- Glue each planet to a popsicle stick.
- Secure all popsicle sticks to the sun cutout with a metal brad through the provided holes

## **SPACE GAMES**

### **ALIENS AND ASTRONAUTS**

### Preparation:

Designate a playing area with clear boundaries. Place cones in a circle in the center as the "Black Hole" and scatter several hula hoops around as "Space Stations"

### Directions:

- Choose 4-6 scouts to be the "aliens" (taggers). All the others are "astronauts". The aliens are trying to rid outer space of the pesky astronauts who keep placing satellites and probes all over the place.
- When an alien tags an astronaut, that player must go to the "black hole" (center circle). The only way to escape the black hole is for another astronaut to pull them out without stepping inside the black hole.
- If an astronaut wants to be safe he/she can "hide" inside a space station (hula hoop). Only one astronaut is allowed inside a space station at a time. However, if another astronaut steps inside the space station the first astronaut must leave and return to outer space.



### ALIGN THE PLANETS

### **Preparation:**

On each index card write the name of a planet (Mercury, Venus, Earth, Mars, Jupiter, Saturn, Uranus, Neptune)

### **Directions:**

- Distribute a planet card to each player
- Younger Scouts will race to put themselves in order from the sun based on the planet card they are holding. (Mercury, Venus, Earth, Mars, Jupiter, Saturn, Uranus, and Neptune) Hint to remember: "My Very Excellent Mom Just Served Us Noodles"
- Older Scouts can be challenged to line up in order of smallest to largest planets. (Mercury, Mars, Venus, Earth, Neptune, Uranus, Saturn, and Jupiter) Hint to remember: "Mercury Met Venus Every Night Until Saturn Jumped."

### **MOON ROCK RELAY**

### Preparation:

Create a start line with 2 piles of rocks and place two buckets 20 feet from the start line.

### **Directions:**

- Sort the group into two teams and line up each team at the start by their pile of "moon rocks". This is their "rocket ship".
- On 'Go,' the first player on each team must pick up a 'moon rock' and carry it to their team's bucket. Players must move like astronauts on the moon leaping from foot to foot as if there were no gravity.
- Once the player reaches the bucket, he should place the moon rock inside it and return to the end of the team line, still moving like an astronaut, and tagging the next player in line.
- Play continues in the same fashion until all moon rocks have been deposited in the team bucket.
- The first player must then leap down to the bucket one last time to retrieve it and return it to the starting line.
- The first team to get all their 'moon rocks' in the bucket and back to their 'rocket ship' wins the game.



## **APPENDIX A - Cub Scout Cheers, Songs & Skits**

### If I Were Not A Cub Scout

(Each Scout takes a role. This song accumulates, with each new occupation being followed by each previous one in reverse order)

If I were not a cub Scout, I wonder what I'd be, If I were not a Cub Scout, A...

Bird watcher I would be.

(Spoken, acted out) Hark! A lark, flying thru the air; SPLAT! (repeat)

A carpenter...Two by four, nail it to the floor.

A Plumber...Plunge it, flush it, Look out below!

A Teacher...Sit down, shut up, throw away your gum.

A Hippie...Love, peace, my hair is full of grease.

A Farmer...Here's a cow, there's a cow, and here's anoter; YUCK!

A Laundry worker...Stachy here, starchy there, starchy in your underwear.

A Cashier...Twenty nine, forty nine, here's you change, Sir.

A Medic...Turn around, drop your pants, jab, jab, jab. A Doctor...Take a pill, pay my bill, I'm going golfing. An Electrician...Positive, negative, turn on the juice-ZZZZT!

A Preacher...Well, well, you never can tell, you might go to heaven or you might go to hell.

A Fireman...Jump, lady! Jump, lady! Whoosh! Gotcha! A Cook...Mix it, bake it, heartburn-BURP!

A Politician...Raise taxes, lower the pay; vote for me on election day!

A Butcher...Chop it up, grind it up, make a little patty. A Garbage collector...Lift it, dump it, sort out the goodies.

A Typist...Ticka, ticka, ticka, ticka, ticka, ticka, ZING! Superman...It's a bird, it's a plane; where's Lois Lane? A Drill sargent...Hup, two, threem four, gonna hike five hours more.

A Scout master...Do this, do that, I think I'll take a nap. SNORE!

### I'm A Mighty Cub Scout

(Tune: "I'm A Little Teapot")

I'm a mighty Cub Scout; hear me shout! I got power; I got clout! When my den's *(or pack's)* together and we go out, Scout's aims and gains we all will tout! **Running Bear** 

(Tune: "Clementine")

Running Bear became a Cub Scout; Awlays tried to Do His Best! Proudly donned his Cub Scout clothing, Now, they call him Running Dressed!

Running wild, and running free, That Running Bear was brave and bold. Traded bare skin for a Bear badge, Now he wears the Blue and Gold!

### Proud To Be A Webelo

(Tune: "Polly Wolly Doodle")

Oh, I worked real hard to be a We-be-lo; Growing stronger; getting smarter everyday. Gonna earn near every pin there is; Growing stronger; getting smarter everyday!

### Chorus:

Joining in; having fun; I will always do my best! 'Cos I'm proud to be a We-be-lo; We're a cut above the rest!

Oh, the Arrow of Light is my next goal; Growing stronger; getting smarter everyday. Then I'll move on to my Boy Scout troop; Growing stronger; getting smarter everyday.

### Chorus:

### I'm In The Cub Scouts Now

(Tune: "I'm In The Army Now")

I'm in the Cub Scouts now. A great gang to join, and how! Make friendships that last; while learning new tasks; I'm in the Cub Scouts now

I'm using the skills I got, And learning to tie some knots. While making sheep shanks, I'm working on rank; I'm using the skills I got.

I'm achieving my outdoor goals, And starting to cook on coals. I'm going on hikes, by foot or by bike, I'm achieving my outdoor goals.



### Scout Oath and Law

(Tune: "Clementine")

On my honor, I will do my best To do my duty to, G-od a-and my-y country, And to o-bey the Scout Law.

To help other people a-at Al-II times; to keep myself Physic'lly strong, mentally awake, A-and mor-or-raly straight.

A Scout is trustworthy, loyal, helpful, Friendly, courteous, and kind, Obedient, cheerful, thrifty, bra-ave, Clean and reverent all the time. (Note: I put this to lyrics as a teaching method to help our 2nd year Webelos learn the Scout Oath and Law in the pursuit of the Arrow Of Light. Music can be a great teaching tool-how many of you first learned your alphabet by singing "A,B,C,D,"...?)

Cub Scout Joy (Tune: "Joyful, Joyful, We Adore Thee")

Cub Scouts, Cub Scouts, we salute you! Full of friendships; full of joy. Laughing, learning, playing, joining; Something new for every boy. Growing stronger; growing reverent, Always try to Do Our Best! Strive to do a good turn daily; Facing life with hope and zest!

### **Trusty Tommy**

(Tune: "Yankee Doodle")

Trusty Tommy was a Scout, LOYAL to his mother, HELPFUL to the folks about, and FRIENDLY to his brother.

COURTEOUS to the girls he knew, KIND to his rabbit, OBEDIENT to his father too, and CHEERFUL in his habits.

THRIFTY saving for a need, BRAVE, but not a faker. CLEAN in thought and word and deed, and REVERENT to his Maker.

### **Cub Scout Hike**

(Tune: "The Happy Wanderer")

Oh, I love to take a Cub Scout hike Through bug infested woods. And as I go, I scratch and itch, Got poison ivy good!

### Chorus:

Splash in mud; creeping crud; Fallen trees; scrape my knees; Stung by bees; sneeze and wheeze; Got blisters everywhere!

Oh, I love to take a Cub Scout hike, And feel my muscles pull. I'm glad I brought the lineament; I ain't nobody's fool!

### Chorus:

Oh, I love to take a Cub Scout hike; My mom thinks it's a must. She thinks it builds strong character To drink juice that tastes like rust!

Chorus:

### Scout Wetspers

(Tune: "O Tannenbaum")

Softly falls the rain today As our campfire floats away. Silently each scout should ask "Did I bring my SCUBA mask? Have I tied my tent flaps down? Learned to swim, so I won't drown? Have I done and will I try Everything to keep me dry?"



### **Camper's Lament**

(Tune: "Battle Hymn Of The Republic")

The first rain drop began to fall as I arrived at camp. Then followed many million more as it began to pour! My father said, "Don't worry son; it won't be lasting long." When will I see the sun?

### Chorus:

Pouring, popuring, not a single speck of light. Pouring, pouring, thru the day and thru the night. Pouring, pouring, wish my boots were water tight. When will I see the sun?

First my socks, and then my pants were wringing, sopping wet.

My sleeping bag's a water bed, a drenched cap on my head.

The tent I slept in floated 'way; my food's a dripping goo. When will I see the sun?

### Chorus:

Today's the day I'm leaving camp, and LO! what do I see?

A ray of sun a-streaming thru a patch so bright and blue! The clouds are parting; dove's returning with an olive branch;

I finally saw the sun!

Chorus: (Change last line to: I finally saw the sun!) (Lyrics copyrighted 1994 by Clare Mansfield, GWRC)

### Glitter, Glitter

(Tune: "Twinkle, Twinkle, Little Star")

Glitter, glitter, everywhere; Glitter even in my hair. Paste and glue stuck on my shoe; Paint and string on everything. Making lots of Cub Scout crafts; Making memories that last! (Lyrics copyrighted 1994 by Clare Mansfield, GWRC)

### Den Song

(Tune: "Reuben, Reuben")

Den\_\_\_\_, Den\_\_\_\_, we will follow Our Akela all the way. First we work on our advancements; Then, it will be time to play.

### **Hiking In THe Woods**

(Tune: "She'll Be Coming 'Round The Mountain")

We'll be hiking in the woods from dawn to dusk. We'll be hiking in the woods from dawn to dusk. We;ll be hiking in the woods, yes, we'll be hiking in the woods;

Yes, we'll be hiking in the woods from dawn to dusk.

We'll be swatting fat mosquitoes as we go. Etc.

We'll be tripping over tree roots as we go. Etc.

We'll be eating moldy hotdogs for our lunch. Etc.

We'll be scratching poison ivy on our arms. Etc.

We'll be slashing every puddle that we see. Etc.

We'll be singing out of tune along the way. Etc.

We'll all be glad to see our beds tonight. Etc.

(Note: Actions or sounds can easily be added to this song to make it more fun) (Lyrics copyrighted 1994 by Clare Mansfield, GWRC)

### Competition Song

(Tune: "When The Saints Go Marching In")

Oh, when the Pack begins to sing; Oh, when the Pack begins to sing; Sometimes, I just can't tell who's the loudest; When the Pack begins to sing!

(Each Den in turn:) Oh, when Den\_\_\_\_\_begins to sing; Oh, when Den\_\_\_\_\_begins to sing; We're gonna try to sing out the loudest; When Den\_\_\_\_\_begins to sing!

Oh, when the parents begin to sing;-etc.

Oh, when the Pack sings all together; Oh, when the Pack sings all together; That's when we always sing the PROUDEST; When the Pack sings all together!



Glad I Am A Member Of The Cub Scouts (Tune: "I Wish I Was An Oscar Meyer Weiner" jingle)

Oh, I'm glad I am a member of the Cub Scouts. That is something that I'm proud to be. And, since I am a member of the Cub Scouts, Something great will surely come of me.

O, I learn about the planet that I live on. And how I can help care for it each day. The community around me I'm exploring, And, I find out how to live the Scouting way.

I try to serve my God and serve my country, And help out other people eveyday. I'll follow my Akela on my journeys, And always give Goodwill along the way.

Repeat first verse

(Lyrics copyrighted 1998 by Clare Mansfield, GWRC)

Those from councils outside of mine, will have to excuse my next three songs, which are basically of interrest to local Scouters. We are lucky enough to have three camps within our council, which I pay tribute to the the next song due to the merging a few years back of three smaller councils. The other two, are songs about the camp closest and dearest to me, which is also the camp used council-wide for the Cub Scout resident camp program.

### Member Of The Pack

(Tune: "Leader Of The Pack")

I wanted fun; I needed to grow. And wanted exciting places to go. I found it all in Cubs and more; There's always something new in store; That's why the call me: A Memeber of the Pack!

My folks said, "Son, we're real proud of you! And all the new skilss you've learned to do." I do my best; I will be true; 'Cos Cubbing is the thing to do; That's why the call me; A Member of the Pack!

#### Sleepy Camper

(Tune: "What Do You Do With A Drunken Sailor")

What do you do with a sleepy camper? What do you do with a sleepy camper? What do you do with a sleepy camper? Earl-lie in the morning.

Chorus: Way, hey, late ye riser, Way, hey, late ye riser, way, hey, late ye riser, Earl-lie in the morning.</I.

Pull him out of bed with a running bowline...(etc) Chorus

Throw him in the lake with his pants on backwards..(etc.) Chorus

Feed him moldy bread and dried up egg yolks...(etc.) Chorus

Put him into bed an hour sooner...(etc.) Chorus

### A Camper's Worst Fears

(Tune: "A Few Of My Favorite Things")

Rain drops on Cub scouts and wet smelly gym socks. Tents dark and crowed and sleeping on sharp rocks. Small biting insects that fly in my ears; These are a few of a camper's worst fears. Building a fire with wet wood and matches. Lighting the kindling that never quite catches. Tryin' to endure the sarcasm and jeers, These are a few of a camper's worst fears.

Chorus: When the food stinks, and my back kinks, And my patience has run dry, I simple remember my snug bed at home And, then I begin....to cry!

Running to catch up, I fall down the hillside. Piles of wet laundry that smells liuke a skunk died. Listenin' to night sounds that no-one else hears, These are a few of a camper's worst fears. Pond scum and algae in my swimming hole. Hot tempers flaring and fights with my best pal. Blisters and rashes for me and my peers, These are a few of a camper's worst fears. Chorus (Lyrics copyrighted 1994 by Clare Mansfield, GWRC)



Can't Tie This Knot (Tune: "Reveille")

I can't tie this knot; I can't tie this knot; I can't tie this knot they showed me. I can't tie this knot; I can't tie this knot; I can't tie this knot at all. My Leader's patience's waning; My Den Chief's color's draining, I can't tie this knot; I can't tie this knot; I can't tie this knot at all.

I don't know this leaf...(etc>) I can't grasp botany's jive-ey, Hope it's not poison ivy. I don't know this leaf...(etc.)

I can't cross this creek...(etc.) My Den Chief's way too bossy; Those stones look wet and mossy, I can't cross this creek...(etc.)

### **Oh, My Cub Pack**,/text> (Tune: "Oh, Susanna")

I joined a Cub pack near my home; Was searching for some fun. I found I gained so many things; A treasure next to none!

Chorus: Oh, my Cub Pack! I'll serve you bold and true! 'Cos I'm listenin' to Akela, And, I'm proud I'm in his crew!

I learned about myself and friends, And nature all around. I learned 'bout my community; It's many sights and sounds. Chorus

I played some games; I made some crafts; Went hiking in the woods. I sang great songs, and played in skits; In Scouting's Brotherhood. Chorus

### Cub Scout Rap

### YO!

We are the Cub Scout of DEN ONE! When we get together, we have SOME FUN! We won't be late; we ain't NO FOOLS! 'Cos being a Cub Scout is REALLY COOL! We learn a lot; it's not ALL PLAY! We're working hard to FIND OUR WAY! we're growing up; it won't BE LONG! So, put your hands togethr, and JOIN OUR SONG!

ONE! (clap) TWO! (clap) THREE! (clap) FOUR! (clap) [keep clapping in rhythm of 1-2-3]

Cub Scout are super. Cub Scouts are strong. Cub Scouts gonna teach us RIGHT FROM WRONG!

Cub Scouts don't cheat. Cub Scouts don't lie. Cub Scouts don't do drugs. SAY!, I don't wanna die!

Cub Scouts are righteous. We try to get along. Cub Scouts are good friends-You'll find you can belong-HUH!

ewh, ewh, ewh,ewh, YO CUBBIES! YO CUBBIES! YO CUBBIES! YO CUBBIES! YO CUBBIES! YO CUBBIES! [Note: This song can be adapted for other den number by changing the rhymes in the fist two lines. Examples: Den Two; we know what to do. Den Three; what you get is what you see. Den Four; we know the score. Den Five; we ain't just talking jive.] (Lyrics copyrighted 1992 by Clare Mansfield, GWRC)



### I've Got That Cub Scout Spirit

I've got that Cub Scout spirit Up in my head, Up in my head, Up in my head, I've got that Cub Scout Spirit Up in my head, Up in my head to stay.

l've got that Cub Scout spirit Deep in my heart, Deep in my heart, Deep in my heart, I've got that Cub Scout Spirit Deep in my heart, Deep in my heart to stay.

I've got that Cub Scout spirit Down in my feet, Down in my feet, Down in my feet, I've got that Cub Scout Spirit Down in my feet, Down in my feet to stay.

I've got that Cub Scout spirit All over me, All over me All over me, I've got that Cub Scout Spirit All over me, All over me to stay

### Good Night, Cub Scouts

Good night, Cub Scouts Good night, Cub Scouts Good night, Cub Scouts We're going to leave you now

Merrily we Cub along, Cub Along, Cub Along

Merrily we Cub a long, up that Cub Scout Trail

Sweet dreams, Cub Scouts Sweet dreams, Cub Scouts Sweet dreams, Cub Scouts We're going to leave you now

### Nobody Likes Me

Nobody likes me; everybody hates me; Guess I'll go eat some worms. Long, thin, slimy ones; short fat juicy ones; itsy, bitsy, fuzzy, wuzzy worms.

First you get a bucket; then you get a shovel; Oh, how they wiggle and squirm. Long, thin, slimy ones; short fat juicy ones; itsy, bitsy, fuzzy, wuzzy worms.

Next, you pull their heads off, then you suck their guts out; Oh, how they wiggle and squirm. Long, thin, slimy ones; short fat juicy ones; itsy, bitsy, fuzzy, wuzzy worms.

Down goes the first one, down goes the second one; Oh, how they wiggle and squirm. Long, thin, slimy ones; short fat juicy ones; itsy, bitsy, fuzzy, wuzzy worms.

Up comes the first one; up comes the second one; Oh, how they wiggle and squirm. Long, thin, slimy ones; short fat juicy ones; itsy, bitsy, fuzzy, wuzzy worms.

Everybody likes me; nobody hates me! Why did I eat all those worms? Long, thin, slimy ones; short fat juicy ones; itsy, bitsy, fuzzy, wuzzy worms.

Chop up their heads, and squeeze out their juice, And throw their tails away. Nobody knows how I can survive On worms three times a day!

### Mom, Wash My Underware

(Tune: "God Bless America")

Mom, wash my underware; my only pair. We can find them, and move them, From the heap by the side of the chair. To the washer, to the clothes line, To my backpack, to my rear. Mom, wash my underware, my only pair. Mom wash my underware, my ony pair



### Wolf Cheer

Wolf, Wolf, Wolf (then howl)

### Cub Scouts America Cheer

A-M-E-R-I-C-A Cub Scouts, Cub Scouts USA!

What's the best den? We are, we are! What's the best den? We are, we are! I can't hear you!! We are, we are! One more time!! We are, we are!

What's the best Pack? 5-6-8 What's the best Pack? 5-6-8 I can't hear you!! 5-6-8 One more time!! 5-6-8

### **Artillery**

Begin slowly with the flats of your palms and increase in speed: then slow down until finally the last time the hands are not brought together.

### **Big Hand:**

Leader says, "let's give them a big hand" everybody in the audience holds up one of their hands with the palm up.

### **Big Sneeze:**

Cup hands in front of nose and sneeze in hands. Having nowhere to put it, wipe your hands in your hair.

### Blast-off:

Start counting backwards from 6 to 1. Bend the knees a little more on each count until you are in a squatting position. Then, while saying, "BLAST OFF!", jump straight up in the air.

Bravo: Spell out the letters B R A V O O O Then yell together BRAVO

When given as a cheer, it is traditional for the people being cheered to reply in the same way, and try to be louder than the group who cheered them. Cheers, Yells, and Applauses

### Bravo Bravissimo:

This is actually a sung cheer. The words are: Brav-o! Brav-o! Brav-o! Brav-iss-im-o! Brav-o! Brav-o! Ver-y well done! Brav-o! Brav-iss-im-o! Brav-o! Brav-iss-im-o! Ver-y well done!

### Can of Applause:

Cheer and applaud as cover is removed from can and become quiet as lid is replaced.

### Canary Applause (2000 lb):

Put hands on opposite shoulders, while opening and closing elbows, say, "Here, kitty, kitty."

### Carpenter:

Pretend to be holding a hammer in one hand and a nail in the other. Start pounding the nail with the hammer while saying, "Bang, Bang, Ouch".

### Cherry:

Pick a cherry, roll in your mouth, then spit the pit out with a loud "P-TUU."

### **Christmas Bells:**

Pretend to hold a bell rope, then get the left side of the audience to say "DING" on the downstroke and the other side of the audience to say "DONG" on the upstroke. Repeat three times.

### Class A:

Clap rapidly in the following rhythm: 1-2-3-4, 1-2, 1-2, 1-2-3-4, 1-2, 1-2, 1-2, 1-2-3-4...(pause)..One big clap.

### Class B:

Just like the Class A except that on the last clap, you come back with your hands and make one big clap.

### Class C:

Just like the class B except that after missing the clap, you come back with your hands and make one big clap.

### Coo Coo:

Everyone nod their heads up and down and say: "COO-COO" as many times as you tell them, as if you were striking the hour.

### Cookie Clap:

Everyone takes a big bowl in their arms. In bowl, dump ingredients to make cookies, such as: flour, sugar, salt, chocolate chips and dill pickles (have the boys tell out the ingredients and you'll get some odd cookies). After the ingredients are in the bowl, you take a big spoon and with stirring motion yell "Crummy, Crummy, Crummy".

### Cub Cheer:

Call out in unison ONE TWO THREE WOOF When given as a cheer, it is traditional for the people being cheered to reply in the same way, and try to be louder than the group who cheered them.



### Cub Boots:

Cub boots are big So when Cubs jump Cubs' big boots Go THUMP, THUMP, THUMP Call out in unison, jumping noisily in time with the THUMP. Not recommended indoors, especially in upstaris rooms!

### Eskimo Cheer:

Brrrrr-rrr, Brrrrr-rrr.

### Fire Engine:

Divide the group into four sections:
(1) Rings the bell fast, DING;
(2) Honks the horn, HONK, HONK, HONK;
(3) Sounds the siren, Rrrr, Rrrr, Rrrr;
(4) Clangs the clanger, CLANG, CLANG, CLANG. Have all four groups do their parts together.

### Fireman Yell:

Water, Water, Water! More, More, More!

### Giant Beehive:

Tell the group to buzz like a bee. When your hand is raised, the volume should increase. When you lower your hand the volume should decrease. Practice this at various levels.

### Good Turn:

Stand up and turn around. Grand: Everyone is sitting down in their chairs. All stomp their feet three times loudly, then slap leg three times, then clap hands 3 times. Then stand up all together and shout "Ra, Ra, Ra!"

### Handkerchief:

Tell the group that they are supposed to applaud as long as the handkerchief you are about to throw in the air, when it hits the floor to stop applauding. Variation: Catch the handkerchief instead of letting it drop. Vary the applauding by using short throws, long throws, throwing to someone in the audience etc.

### Hay DD Straw:

Divide the group into two sections, tell one group that when you point to them they are to yell, "HAY". Tell the other section they are to yell, "STRAW" !!! Vary the speed in which you point to the different groups. Variation: When the leader yells hay or straw, the group responds with the opposite word.

### **Rainstorm Cheer:**

To simulate rain, have everyone pat one finger of the left hand and one finger of the right hand. Gradually increase the intensity of the storm by increasing the fingers hitting together. Decrease the number of fingers as the storm passes.

### Relay:

First person in row claps next person's hand and so on down to the end of the row.

### **Reverse Applause:**

Move hands away from each other.

### Round of Applause:

While clapping hands, move them around in a circle in front of you.

### Seal of Approval:

Put your thumbs in your armpits, then move arms up and down like a seal moving its flippers and say "Arf, Arf, Arf" several times. Variation: Pretend you are balancing a ball on the end of your nose.

### Seal:

Extend arms, cross hands at the wrist and flap hands several times.

### Sky Rocket:

Make a motion of striking a match on your pants, lean over to light your rocket. Make a "SH, SH, SH" sound, point from the floor to the sky as if you were following it in flight with your finger. CLAP hands and say "BOOM" spread arms wide and say "AH\_\_\_\_AH\_\_\_AH".

### Tonto:

Leader says "Where does Tonto take his trash?" The audience yells in reply, "To de dump, to de dump, to de dump dump dump," to the rhythm of a running horse in a sing-song manner while clapping hands on thighs. (Like Lone Ranger)

### Two-Handed Saw:

Everyone pairs off into two's. Each pair sticks their hands out with their thumbs up. Alternately grab each other's thumbs until all four hands are each holding a thumb. Move arms and hands back and forth as if sawing.

### Watermelon:

Hold a piece of watermelon in both hands, make the motions of taking several bites, turn head and spit out the seeds.