



Camp Cedars Leader Guide 2018



Dear Scout Leader,

We are excited that you will be joining us this summer! It is the vision of the Mid-America Council to provide unparalleled experiences for more youth. Where do these experiences happen? Much of the time, it's in a **summer camp environment!**

At Camp Cedars, we promise parents that we will offer their kids fun and adventurous things to do in the outdoors. These experiences will help Scouts develop leadership skills and values that are important to good citizenship and service to others.

Use this Leader Guide and the Camp Cedars website at www.GoScoutCamping.org as resources to prepare for camp. Please feel free to duplicate any and all material in this guide for distribution to leaders, Scouts, and parents. All camp forms can be obtained through www.GoScoutCamping.org, Scouter Services at the Durham Scout Center, Sioux City Scout Center, your District Camping Chair, or your District Executive.

Explore the Facebook page at www.facebook.com/campcedars regularly for exciting updates throughout the camp. Additionally, please share your camp photos and experiences with others on the Facebook page.

We firmly believe that you and your Scouts will leave with valuable new skills, abilities, and interests. In addition to your summer camp experience, take advantage of all our council properties and make it a part of your year-round camping program.

Thank you for joining us at Camp Cedars this summer! Please let any one of us know what assistance we can provide. We look forward to seeing you at camp!

Yours in Scouting,



Ralph Morocco
Camp Director
RMorocco@me.com
C: 402.960.6440



Tom Lee
Camp Ranger
Tom.Lee@scouting.org
C: 402.720.9900

2018 Highlights

Annual Health and Medical Record

Leaders who are at camp less than 72 hours and are staying overnight **MUST** complete parts A, B, and C of the Annual Health and Medical Record.

Campsites

Troops have the ability to select their campsite of choice early on as the pre-built capacity allows. The Camp Commissioner will assign units to specific tents in each campsite prior to your arrival. All canvas tents are 2-person tents. Due to the potential of an odd number of youth and/or adults with mixed genders, it may not be possible for canvas tents to be provided for all participants in your unit. Troops will be notified prior to their week of camp if they may need to bring additional tents to supplement the canvas tents.

CPAP Accommodations

Electricity is not available in campsites except Armstrong McDonald. A limited supply of car batteries and converters are available on a first come, first serve basis for individuals who need them for a CPAP machine.

T-SHAB Experience

Canoe down the mighty "MO" or backpack in the Loess Hills with the Tri-State High Adventure Base at Little Sioux Scout Ranch. Transportation for Scouts, if needed, from Camp Cedars to Little Sioux Scout Ranch will be available. Check out www.TSHAB.org for more details.

LDS Scouts

Scouts belonging to the Church of Jesus Christ of Latter-day Saints are welcome to attend any week of your choice. We will accommodate a unit wanting to arrive Monday morning in any week. Units should plan to arrive by 6 am Monday morning to check-in and get ready for program starting at 8 am. We can also accommodate 11-year-old scouts in a day-only program. Scouts can arrive to begin program at 8:15 am and continue through open program concluding at 6:00 pm. Scouts can choose to take the first-year camper program (Kit Fox) and up to three merit badges or choose up to five merit badges to work on.

Trades Program

Learn from the professionals in various trade skills like carpentry, plumbing, electrical, and welding. This is an all-week program and you're to participate in evening program back at camp including NBZ. In 2018, this program will be offered two various weeks including **Week 5: July 8-14** and **Week 6: July 15-21**.

Up-to-date Information

Visit www.GoScoutCamping.org for the most recent updates and check out the [Camp Cedars Facebook](#) page to see what is happening out at camp.

Please contact us if you have any questions, comments, concerns, etc.



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Section 1: Pre-Camp Information

Reservations

Troops may place a reservation with just a \$150 deposit to hold their spot in their week of choice. Enter the estimated number of youth and adult attendees, as space is limited each week. A Troop's reservation is not secured until a \$150 reservation deposit has been received. This non-refundable deposit will be applied to your Troop's total fee. Make a reservation online at www.GoScoutCamping.org!

2018 Fee Schedule

Scouts

\$300 if paid in full by May 4 (see note on free t-shirts)
\$330 after May 4



Leaders

\$90 per weekly leader

Fees are all inclusive!!! [Compare](#) our fees with other camps around the area. Scouts will receive all of their program supplies to work on their merit badges or activities at camp.

NEW in 2018: \$30 per Scout deposit is due February 2. This is non-refundable, but transferable between Scouts. Scouts with no deposit paid will be removed from the registration.

Suggested payment schedule: (1st Friday of each month)

\$90 per Scout payment – March 2

\$90 per Scout payment – April 6

\$90 per Scout payment – May 4



Scouts will receive a **FREE customized t-shirt** with their Troop number when they pay the full camper fee by **May 4**. T-shirt sizes and Troop numbers can be entered on the individual records during the online registration process. If no T-shirt size is entered by May 4, the scout forfeits the customized T-shirt.

Adults can purchase a customized t-shirt for \$10.00 through May 4. A limited supply of un-customized shirts will be available at the Haddix Trading Post.

To meet the camp fee deadlines, the fees must be 1) paid online, 2) received in-person in the Durham Scout Center or Sioux City Scout Center, 3) or be postmarked on or before May 4.

Payments must also indicate who the fees are being applied to by name.

Cancelation fees are as follows:

May 4 – June 1: \$100 per Scout cancelled from registration.

After June 1: \$330 per Scout cancelled from registration.

Refunds

Partial refunds will be granted per the Mid-America Council's Refund Request Form that can be found online. Approved refunds may only be granted for up to 80% of the camp fee. Part of a Scout or leader's fee will be refunded only under one of the following circumstances:

- Individual illness or injury with physician's note
- Death or serious illness in the immediate family
- Relocation of the family



The Scoutmaster and family must make such requests in writing using the Refund Request Form. Refunds will not be considered when made more than two weeks from the Troop leaving camp. Pre-registration fees for a Scout or Scouter may be transferred to another Scout or Scouter prior to arrival at camp. The \$150 Troop campsite reservation deposit is not refundable and is not transferable.

Pre-Camp Leaders Meeting

Saturday, March 3, 2018 at 10:00 am – Hosted at Camp Cedars

The purpose of the pre-camp leaders meeting is for Troops to come visit camp, take a tour of your campsite, explore the new construction, meet the camp staff leadership team for the upcoming summer, and learn more about additional changes in camp. Units will be informed about signing their youth up for merit badge courses at this meeting.

All Troops are recommended to have their Senior Patrol Leader and two adult leaders attend. Lunch will be provided to those at the meeting. Troops may elect to spend the weekend at camp by reserving a campsite online at www.mac-bsa.org.



Tuesday, March 6, 2018 at 6:00 pm – Phone Conference

If your Troop is unable to attend camp on March 3, there will be a phone conference to learn about changes at camp. Reference documents are available online under [Additional Resources](#).

Leadership Policy

Each Troop must have at least two leaders who are registered Scouters with current Youth Protection Training in camp at all times along with as many leaders as necessary to properly supervise its Scouts. A ratio of one adult for every 5-6 Scouts is recommended. At least 2 adult leaders, one of whom must be 21, are required for all trips and outings, including summer camp. If you are concerned about meeting this policy, please contact us for alternate leadership arrangements or consider if sending your Scouts as provisional campers is a better alternative. If you have adult leaders switching off midweek, please enter the adult name arriving first.

Clarification on adult registration requirement starting with 2018 summer camp season:

The BSA's new adult registration requirements – which mandate that all adults accompanying a Boy Scout troop to a residence camp or other Scouting activity lasting 72 hours or more must be registered as a leader, including completion of a criminal background check and Youth Protection Training – will go into effect June 1, 2018, at the start of the BSA's summer camp season. Adults attending Camp Cedars should be prepared to present proof of BSA registration and completion of Youth Protection training upon arrival to camp.

Provisional Campers

A provisional camper is a Scout who attends camp individually, as some Scouts cannot attend camp with their Troop (i.e. school, family, or other schedule conflicts). We don't want Scouts to miss a summer camp experience. Any Scout may attend Camp Cedars on an individual basis and will be paired up with a host Troop. The Scout and his parents must agree to accept the assigned leader's directions and follow the Scout Oath and Law at all times. Registration in advance is required. Contact Scouter Services at the Durham Scout Center for more information.

Camperships

We do not want any Scout to miss out on the opportunity to attend summer camp due to financial need. We have funds available to assist families in need in the Mid-America Council.

All campership information is kept confidential. Campership applications are available online and must be received in the Durham Scout Center on or before **April 6, 2018** for consideration.

Insurance

All adult leaders and campers must be registered members of the Boy Scouts of America. The Mid-America Council has purchased the National Boy Scouts of America Council Accident & Sickness Insurance Plan, which will cover all registered Mid-America Council members for both accidents and illnesses that manifest themselves during participation in Scouting activities. All out-of-council units or individuals attending camp will not be covered by the Mid-America Council plan. In those instances, accident and health insurance is the responsibility of the Troop, individual, and parents or guardians.

Health Forms

Each Scout and leader at Camp Cedars must turn in a fully completed Annual Health & Medical Record (parts A-C) at check-in. The form requires a physical examination by a qualified medical professional within the last 12 months and Tetanus vaccination within the last 10 years. An Annual Health and Medical Review is valid through the end of the 12th month from the date it was administered by your medical provider. For example, a physical administered March 3, 2017, would be valid until March 31, 2018. **There are no waivers or exceptions, the BSA Annual Health & Medical Record must be used.** Additional details can be found in the Medical re-check section later in this guide. No physicals will be given at camp. **Leaders who are at camp less than 72 hours and are staying overnight must complete parts A, B, and C of the Annual Health and Medical Record.** This was a change effective for the 2017 and future camping seasons.



Dietary Restrictions

Indication of dietary needs should be communicated through online registration at least two weeks before your arrival at camp. This includes food allergies or an individual who requires a special diet. A copy of the camp menu will be available by December 1, 2017.

Peanut Allergy: We recognize that the occasional Scout or Scouter may have a peanut allergy. We are not able to create a peanut-free environment at camp. However, peanut-free tables can be identified in the dining hall or you may choose to eat outside in the Rotary Pavilion.

2019 Reservation

Reservations for 2019 can be made during your week at camp. The reservation will consist of making a deposit and estimating the number of youth and adults attending.



Why Scouts should consider Camp Staff ...

Camp staff provides opportunities to learn leadership skills, explore outdoor activities, meet new friends, and get paid for the summer! Over 100 staff members are hired each summer to teach Scouts all types of outdoor skills. Staff week will be June 3-9, 2018.



Some senior staff and area directors attend BSA's National Camping School. All staff participate in a one-week training session prior to the start of the first summer camp session.

Camp Cedars plans to host International Scouts who work as part of the camp staff. Scouts and Scouters are encouraged to learn from them and their native Scouting program.

- | | |
|--|------------------------|
| Aquatics | Shooting Sports |
| COPE / Climbing | Health |
| High Adventure Trek Guide (T-SHAB) | |
| Nature | STEM |
| Medical Officer (EMT minimum) | Handicraft |
| Sports & Games | Office Staff |
| Equestrian (Cedars) | ATVs |
| Trading Post | Scoutcraft |
| Commissioner | Maintenance |
| Kit Fox (First-year Camper Program at Cedars) | |

Camp staff are role models for the Scouts and make a positive influence on young lives. As part of the Scouting community, we expect staff to live out the Scout Oath and Law. Throughout it all ... we have FUN! **Get paid for working at summer camp!** Salaries depend on certifications, relevant experience, and job responsibility. Meals and housing are also included.

If you have any Scouts who would like to be a part of the camp staff team, please have them fill out a staff application at www.mac-bsa.org/CampStaff. All applicants will be offered an interview for the opportunity to be a part of camp staff. Some Scouting experience is recommended, but not required.

Counselors-in-Training

Each year, Camp Cedars offers young leaders the opportunity to learn leadership and program skills in the Counselor-in-Training (CIT) program. This program is available for 14-year-olds to learn various program areas and be out at camp two or more weeks. CITs may earn merit badges during their time at camp.

Need More Information?

[Click to see our flyer](#)



What to Bring to Camp

The following list includes personal items that each Scout should bring to camp. **All clothing and personal equipment should be clearly marked with the Scout's name, Troop number, and council.** Many of the following items are also sold in the Haddix Trading Post. **All clothing at Camp Cedars must be Scouting appropriate.** Individual Troops may provide guidance on what clothing is acceptable during your stay at camp.

- Full Scout field uniform
- Order of the Arrow sash
- NBZ claws and regalia
- 6-7 pairs of socks
- Sweater or jacket
- Raincoat or poncho
- Extra underwear and t-shirts
- Hiking boots and/or sneakers (must have closed toed shoes)
- Long-sleeved sweatshirt
- Long-sleeved shirt (required for ATVs)
- Swim trunks
- Jeans or long pants (required for ATVs)
- Hat or cap
- Pajamas
- Toothbrush and toothpaste, deodorant
- Bath towel and soap
- Mosquito repellent and sunscreen
- Closed toed shoes to wear in the shower house and in the lake
- Spending money (consult Troop leaders)
- Water bottle
- Boy Scout handbook
- Program items (see Class Descriptions)
- Merit Badge book for each class (required for Archery, Rifle and Shotgun)
- Pens, pencils and notebook for merit badge work
- Sleeping bag or sheet/blanket
- Pillow
- Cot or air mattress or sleeping pad
- Backpack
- Flashlight (with extra batteries)

Optional Equipment for Camp

- Sunglasses
- Mosquito netting
- Bible/prayer book
- Sewing kit
- Padlock for pool locker
- Camera
- Writing paper, envelopes, stamps
- Pocket knife (no sheath knives permitted)

Swimsuits

Men – “Boxer” style suits only. No competition style swimsuits such as Speedos or Jammers.

Women – Only one-piece swimming suits allowed that must be conservatively cut in legs, back, and chest.

Scout Uniform

When worn properly, the complete Scout uniform encourages proper behavior, provides a sense of pride, and offers a sense of belonging. Scouts and leaders are expected to wear Scout uniforms at all evening flag ceremonies and evening meals. Order of the Arrow members should wear their sash as prescribed by the OA Coordinator. Individual Troops may prescribe other appropriate times for the Scout uniform or what is appropriate attire at camp.



Cell Phones and Portable Electronics

Although Camp Cedars does not prohibit the use of cell phones and portable electronics, these devices may detract from the camp experience for the scout and others around them. Individual Troops may have a policy in place regarding such devices, which the camp will support for their Scouts.

Leave at Home

Possession or use of any of these articles may result in dismissal from camp.

- Pets
- Alcohol and illegal drugs
- Firearms and ammunition
- Bows and arrows
- Fireworks
- Non-folding sheath knives, throwing stars or other martial arts weapons

Troop Equipment (optional)

- Troop/Patrol and American flags
- Troop first aid kit (well-marked)
- Soap for latrines and showerhouses
- Lock box or locker for valuables & appropriate medications
- Pencil sharpener
- Lanterns (battery type suggested)
- Rope or binder twine (for a campsite project)
- Alarm clocks
- 2-way radios (for leaders only)
- Waterproof page covers for duty rosters
- Ingredients for Troops competing in Tuesday evening Dutch oven dessert competition.

All Troop equipment should be clearly marked with your Troop number.

Equipment Provided

Campsites are occasionally shared by multiple units. The following is provided in each campsite:

- One flagpole per campsite
- One bulletin board per campsite
- Picnic tables (2 per campsite)
- 2-man tents on platforms (except Getzschman-Heckman and Heritage campsites)
- Latrines with sink and water
- Fire rings
- Trash bags
- Toilet paper
- Hoses

Patrol Cooking

Unprepared food is issued from the dining hall and the Troop cooks it in their campsite. The Troop must provide its own equipment for cooking, eating, and cleanup. Camp allows charcoal, wood fires, or propane stoves depending on fire danger level. White gas is not permitted. Arrangements will be made to assist the unit in getting

patrol boxes to the campsite. To facilitate a smooth transition to and from camp, the Sunday evening and Saturday morning meals will be eaten in the dining hall among all Troops. The patrol cooking option is only available to a limited number of Troops. The Troop must commit to this option by May 1. Contact us for more information or to register.



Section 2: Camp Arrival / Departure

Check-in Process

We are excited that you are finally at Camp Cedars and that you are about to enjoy your summer camp experience with us! Plan to arrive between 1:00 and 3:00 pm on Sunday. **Check-in will begin no earlier than 1:00 pm.** Our friends in Troops sponsored by the Church of Jesus Christ of Latter-day Saints should plan to arrive no later than 6:00 am on Monday morning.

Upon arrival, you will be greeted by a member of the camp staff. Please try to have all your vehicles arrive together. The unit will meet their camp ambassador shortly after arrival to escort your Troop through the check-in process. The following tasks will be completed:

- Move personal and Troop equipment to campsite
- Complete a campsite inspection with your camp ambassador
- Verify attendees with online-generated Troop roster
- Park all vehicles in long-term parking
- Medical re-check and medications
- Swim check (following Medical re-check)
- Receive wristbands
- Troop photo (optional)
- Waivers (ATV, aviation, and equestrian)
- Bow strength test (Archery MB)
- Order of the Arrow
- Nani-Ba-Zhu

Leaders Meeting at 4:30 p.m. at the Rotary Pavilion
Flag Ceremony at 6:15 p.m. & Dinner at 6:30 p.m.



Campsite Inspection

The Scoutmaster, SPL, and the camp ambassador will inspect and note the condition of the grounds, tents, and facilities assigned to the unit. The Scoutmaster and the camp ambassador must both sign the inspection form.

Vehicles

During check-in, the Scoutmaster, weather permitting, can use one vehicle with or without a trailer to transport personal gear to the trailhead of the Troop's campsite. Troops should consolidate their gear as much as possible to make this a smooth process. Large Troops will be handled on case-by-case basis to consider additional vehicles to help transport gear. All vehicles and trailers will park in long-term parking after unloading.

Medical re-check

Medical re-checks for each Scout and leader will be conducted upon arrival in the Scott Health Lodge located beneath the Haddix Trading Post. Every individual must have an Annual Health & Medical Record to remain in camp. Review the health forms prior to arrival at camp to ensure the following is completed:

- Scout and Parent/guardian signatures
- Copy of Insurance card
- Tetanus immunization date (within last 10 years)
- Parts A, B, & C (requires physical examination within last 12 months)
- Signed by appropriate medical professional

Troops will be able to turn in medical forms prior to arrival at camp. This will speed up your check-in process at camp. Troops will be notified of these dates at the March 3 Leaders

Meeting. **Health Forms for NBZ participants and adults staying overnight only one night also require parts A, B, and C.**

Medications

All medications brought to camp must be in labeled, original containers or in labeled, pharmacy-packaged containers. (ie Walgreens offers “bubble packing” or “school bottles” at most locations at no cost for prescriptions filled with them.)

Per BSA standards and Nebraska regulations, schedule II medications for Scouts and adults, except emergency medication that an individual must carry at all times, must be under lock and key in the Scott Health Lodge. These medications will be available for individuals at the dining hall before each meal, at the Scott Health Lodge, and as arranged with the Health Officer. A list of these medications is available at www.GoScoutCamping.org under additional resources.

Adult leadership can keep any other medications in the campsite, so long as it is kept in a lockable container under adult supervision. If an individual must take prescribed medication that requires refrigerated storage (such as insulin), the Health Officer has a refrigerator to assist him/her. It is the responsibility of the Scoutmaster and other unit leaders to ensure the Scouts maintain their medication schedules.

Swim Check

Unit swim checks can be completed before camp using the Pre-Camp Swim Check form located online at www.GoScoutCamping.org under Additional Resources. **Troops arriving Monday must complete pre-swim checks.** Swim checks can also be completed at the pool during check-in. The Aquatics Director at camp reserves the right to have any Scout or leader re-tested if they do not feel comfortable with their swimming ability or pre-camp swim check.

Wristbands

Each Scout and leader in camp will be issued at least one wristband that signify their authorized entrance into camp and swimming ability. **The wristbands are required to be worn at all times.** Individuals without wristbands will be asked to go to the Smith Administration Building.



Troop Photos (optional)

Troops can choose to have a group photo taken by our trained photography camp staff. Troops will receive an electronic copy of the photo that can be distributed among the group or printed as necessary.

Waivers

Additional waivers are required for the ATV, aviation, and equestrian (for merit badges and trail rides) programs and will be collected during check-in. These waivers are available online at GoScoutCamping.org. A parent or guardian signature is required.

Leaders Meeting – Sunday at 4:30 p.m. at the Rotary Pavilion

Each unit must have at least one leader at the meeting, but all leaders and SPLs are invited. Program announcements, class schedules, staff introductions, and other important information will be distributed and discussed at this time. This is also a great time to ask any last-minute questions you may have about Camp Cedars.

Check-out Process

Plan to leave camp Saturday morning by 10:00 a.m. Units will complete the following tasks in the check-out process:

- Move personal and Troop equipment to trailer / vehicle
- Campsite inspection with your camp ambassador
- Collect medical forms and medications from Health Officer
- Return all borrowed equipment to Quartermaster
- Settle any outstanding financial obligations (damages to camp property if necessary)
- Turn in camp evaluations
- Check lost and found items
- Pick up check-out packet

The check-out packet will contain the following:

- Upcoming camping information
- Merit Badge Completion Record
- Patches (one for each person)
- 2019 Camp Staff Application
- High Adventure Contingent information



Campsite Inspection

The Scoutmaster and camp ambassador will evaluate the campsite with the original inspection sheet and note any damages. The Scoutmaster and the camp ambassador will sign the updated form. Any damages requiring fees can be paid for upon departure.

Vehicles

Weather permitting, the unit may bring one vehicle to the campsite's trailhead to transport gear. Wheeled carts are available to use to haul gear down to campsite, but many units bring additional carts. Space is not available for trailers to be parked close to the campsites. Trailers will be parked near the administration building throughout the week.

Arrival/Departure Midweek

A departure notice must be completed by the parents, and approved by the Scoutmaster and the Camp Director. A Scout may only leave (during the week) with a parent or guardian, or with a written release from either, by checking out at the Smith Administration Building. In the event of the written release, the name of the individual authorized to transport the camper must be specified (via the Annual Health and Medical Record) and verified by the Scoutmaster. The date and time of expected return must be indicated. Upon his return, the Scout must sign in at the Smith Administration Building. **Leaders who are at camp less than 72 hours and are staying overnight must complete parts A, B, and C of the Annual Health and Medical Record.** This was a change beginning with the 2017 camping season.



Visitors

Visitors are welcome anytime during the week. For the safety of the campers, all visitors must check-in at the Smith Administration Building and receive a visitor's wristband to be worn while on property. They may also pay for meals at that time (\$7.00 per meal). **Program participation is not available for visitors.**

Section 3: Your Week at Camp



Weekly Schedule

| Time | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-------------------|--|---|--|--|---|---|----------------------|
| 6:00 AM | | | | | Mile Swim | Mile Swim | |
| 6:30 AM | | Mile Swim | Mile Swim | Mile Swim | | | |
| 6:30 to 7:30 AM | | Open Breakfast | | | | | |
| 7:45 AM | | Flag Ceremony | | | | | |
| 8:15 to 9:15 AM | | <u>Merit Badge Class 1</u> | | | | Camp Wide Open Activities 9:00-11:45AM | Check-Out |
| 9:30 to 10:30 AM | | <u>Merit Badge Class 2</u> | | | | | |
| 10:45 to 11:45AM | | <u>Merit Badge Class 3</u> 10:45 AM Leaders Meeting | | | | | |
| 12:00 to 12:35 PM | | North Camp Lunch | | | | | |
| 12:50 to 1:25 PM | | South Camp Lunch | | | | | |
| 1:30 PM | 1:00 To 3:00 PM Check-In Medical Check Swim Check Campsite Setup Troop Pictures | SPL Meeting | | | | Camp Wide Open Activities | |
| 1:45 to 2:45 PM | | <u>Merit Badge Class 4</u> | | | | | |
| 3:00 to 4:00 PM | | <u>Merit Badge Class 5</u> | | | | | |
| 4:10 PM | | 4:30 PM Leaders Meeting | <u>Patrol Activity Period</u> North Camp Open Swim | | | | |
| 5:10 PM | | South Camp Open Swim | | | | Cardboard Boat Race (4:30PM) | |
| 5:40 to 6:10 PM | North Camp Dinner | | | | | | Flag Ceremony (5:45) |
| 6:15 PM | Flag Ceremony | | | | | | Dinner (6:30) |
| 6:30 to 7:00 PM | South Camp Dinner | | | | | | |
| 7:30 to 9:00 PM | 8:30 Opening Campfire | 7:00 Chapel Service Troop Activities 8:30 Shooting Sports Campfire | Troop Activities 7:30 OA Brotherhood Ceremony | Troop Activities 7:45 NBZ Call-outs | Troop Activities 7:30 NBZ Ceremony | 8:30 PM Closing Campfire | |
| 10:00 PM | Taps | Taps | Taps | Taps | Taps | Taps | |

*Patrol Activity period and Troop Activities are activities open to all of camp. Programs to be announced.

Saturday Schedule

Breakfast is served between 7:30 and 8:00 a.m. Troops can pack up equipment before and after breakfast. Your campsite ambassador will be available on Friday afternoon to complete the campsite inspection. Troops should plan to leave camp by 10:00 a.m. on Saturday.

Leaders Meeting – Daily at 10:45 a.m.

In addition to the Sunday leaders meeting at 4:30 p.m., a leaders meeting will be held at 10:45 a.m. daily at the dining hall. Each unit must have at least one leader at the meeting but all leaders are strongly encouraged to attend. These meetings will be conducted by the Camp Director, Program Director, or Camp Commissioner to keep leaders informed of any program changes, camp updates and special activities. Please come with feedback and suggestions for further improvements.

Senior Patrol Leader Meeting

Senior Patrol Leader meetings occur Monday, Tuesday, and Wednesday in the Rotary Pavilion following lunch. The Camp Commissioner will conduct the meeting. Senior Patrol Leaders will be presented with available project ideas to complete throughout the week, and staff will be available to answer questions.

Scoutmaster Dinner

Camp Cedars will host a Scoutmaster dinner on Wednesday night inside the Scott Storm Shelter. Each Troop can send one adult leader to the dinner. Special guests will be present and important updates from the camp and Mid-America Council will be presented.

Friday Flag Lowering

Camp Cedars' weekly closing flag ceremony is held at 5:45 p.m. at the Lloyd E. Roitstein Parade Ground. The ceremony is dedicated to the memory of Jim Kirby and all those that have served in our country and communities, and is performed by a color guard of current and former members of the armed forces, firemen, policemen and EMT's—professions that call on its members to live up to the Scout's duty to other people, regardless of the cost. Adult campers or visitors who are currently serving in one of these fields are encouraged to bring their uniforms with them and participate in the closing flag ceremony.

Parents Night

Friday night is Parents Night! Parents and siblings are encouraged to arrive between 4:30 p.m. and 5:30 p.m., join the Troop for flag ceremony at 5:45 p.m., dinner at 6:30 p.m., and enjoy closing campfire at 8:30 p.m. Troops have the option to have dinner in the dining hall Friday night or plan a potluck in their campsite. Visitor meals in the dining hall are \$7.00 per person.

Parents Night is often when homesickness occurs. In order to ensure that the Scout gets the full Camp Cedars experience, it is encouraged that he not leave on Friday, but stay until Saturday to travel home with his Troop.



Section 4: Camp Facilities

Smith Administration Building

The Smith Administration Building is a resource center to answer questions, settle any financial differences, check in or out of camp, make a registration for 2019, and receive more information about our camp and other council programs. Business hours during camp operations are as follows:

Sunday: 1:00 pm to 10:00 pm
Monday – Friday: 7:00 am to 10:00 pm
Saturday: 7:00 am to 10:00 am

Lost and Found

The camp lost and found is located at the Smith Administration Building. We will do our best to return marked items throughout the week. All Scouts should have their personal items clearly marked with their name and Troop number. Scoutmasters should check lost and found throughout the week and on Friday afternoon to claim items belonging to their Scouts. Unclaimed items will not be kept and will be sent to charity at the end of camp.

Camp Communications

Camp Cedars has a telephone line to serve the business functions of the camp. Scouts are not permitted to use the camp's phone except in the case of an emergency. Please be sure to advise parents what your Troop's policy on Scouts using phones will be.

| |
|--|
| Camp Cedars 402.628.8146 (June 3 – July 27) |
|--|



Scouts love to receive mail at camp! Incoming mail will be available to adult leaders each afternoon and will be sorted by campsite and Troop number. A drop box for outgoing mail is located in the Smith Administration Building. Stamps and writing materials are available in the Haddix Trading Post.

Millard Resource Center

The Millard Resource Center (MRC) is home to the Quartermaster and is located directly behind the Smith Administration Building. Toilet paper, trash bags, rakes, shovels, and other tools are available. All tools are checked out to the Troop and are charged to the Troop if not returned. Contact the Camp Commissioner for project ideas that may be completed around camp.

Scott Health Lodge

While camp is in session, a qualified Health Officer is on duty 24 hours a day. The Scott Health Lodge is located in the lower level of the Haddix Trading Post. All accidents and illnesses must be reported to the Health Officer and recorded in the health log. In the event of serious accident or illness, the individual will be taken to a clinic or hospital in Fremont. Parents will be informed if the Scout needs additional care. Should the condition of the patient require removal to a hospital, home, or placement under the care of the family physician, the related expenses are a family responsibility.

Special Needs

If any of your Scouts or leaders have disabilities or other special needs, we appreciate timely notification so that camp can work with the unit to meet those needs and avoid surprises upon arrival. Note that the Armstrong-McDonald campsite is fully accessible.

HunTel Systems Dining Hall

Meals will be served family-style in an air-conditioned dining hall that can accommodate 550 people. Each table seats 8 people and assigned table(s) are used throughout the week. Waiters from each Troop will assist in serving and cleaning up during each meal.

Each unit is assigned table(s) on Sunday and will use the same table(s) throughout the week. Please arrange your unit seating so at least one adult is present at each table. At least one Scout per table is assigned waiter duty for each meal. Waiters should be at the dining hall with clean hands 15 minutes before each meal. Waiters deliver food from the kitchen area to the tables and assist dining hall personnel with cleanup following the meal.



Showerhouses

North, central, and south showerhouses provide restrooms, showers, washer and dryer, and storm shelter capabilities. Individual stalls will provide flexible shower times for males, females, youth, and adults. All showerhouses are available 24 hours a day. Please respect quiet hours.

Pool Showerhouse: There are four separate shower facilities at the pool (i.e. male youth, male adults, female youth, and female adults). The showers at the pool do not have individual hot/cold controls. Please inform the Smith Administration Building or the Aquatics Director if the water is too hot/cold. **PLEASE DO NOT BRING MONEY OR VALUABLES TO THE POOL.**

Religious Services

Scouts of all religious faiths observe the twelfth part of the Scout Law by worshiping in a manner of their choice. Our “all-faiths” chapel service is scheduled for Monday, immediately following the evening meal. A grace is offered before each meal.

Campsites

Most of the campsites at Camp Cedars have 2-man tents (7'x9' for Scouts and 10'x12' for leaders) and frames on permanent, wooden platforms. If a campsite has more campers than the canvas tents will house, it is the responsibility of the Troop to provide its own tents to house the remaining campers. Leaders, male or female, camp with their units in the Troop's assigned campsite. Camping in the parking area and the use of any personal camper-type vehicle/trailer is prohibited.

Troops have the ability to select their campsite of choice early on as the pre-built capacity allows. The Camp Commissioner will assign units to specific tents in each campsite prior to your arrival. All canvas tents are 2-person tents. Due to the potential of an odd number of youth and/or adults with mixed genders, it may not be possible for canvas tents to be provided for all participants in your unit. Troops will be notified prior to their week of camp if they may need to bring additional tents to supplement the canvas tents.

There are two campsites that do not have permanent platforms with tents. Getzschman Heckman and Heritage offer a clearing among the trees for personal tents. The Troop must provide their own tents in good condition.

North camp includes Seline, O'Dell, Rock, Butterfield, Four Eagles, Three Feathers, Mandan, Doc R, and Armstrong-McDonald campsites. South camp includes Gratton, Haddix, Boyer, Hayes, Miller, Berek, Heritage, and Getzschman Heckman campsites.

Care and Use of Tents

Please follow these guidelines for care and use of tents assigned to you.

- Tie the tent to the frame/floor. This will protect the tent and help keep the gear dry.
- Do not put holes, even pinholes, in the tents.
- Do not use aerosols or insect repellents in the tents.
- Do not use open flames in or close to the tents.
- Do not use knives inside the tents.

Tents needing repair should be reported to the Camp Commissioner. Units will be charged for deliberate damage to tents.



Section 5: Health and Safety

Security

We suggest that at least one leader remain in your campsite at all times (except during meals) to welcome visitors and provide security for personal and unit property. Each unit can bring a lockable box or storage locker for Scout and leader valuables. Scoutmasters should ensure that Scouts do not take valuables to program areas or leave them unattended around camp.

If individuals bring items to the pool, we have storage lockers that may be secured with a lock that you provide. Another option is to bring a stuff sack or bag for clothing, etc. and carry it to the pool deck. Do not, under any circumstances, leave personal belongings unlocked or unattended in the pool dressing rooms.

Camp Regulations

- **Liquid Fuel:** Not permitted at Camp Cedars
- **Open Fires:** Conditions permitting, campfires or cooking fires are the only open fires allowed in the campsites. These fires must be attended while they are burning.
- **Platte River:** The River and its shoreline are off limits to Scouts unless involved with program.
- **Ravines:** Caution should be exercised when hiking on the remote trails. There are a number of deep ravines.
- **Animals:** Wildlife is a part of camp. Expect to see deer, raccoons, and other creatures. Use caution when meeting our animal friends.
- **General:** Shirts and shoes must be worn at all times including at the lakefront. The only exception is when in the shower or pool.

Vehicles in Camp

The maximum speed limit on camp roads is 5 mph. No person under 18 may operate a motor vehicle within Camp Cedars. **All Troop vehicles must be parked in the long-term parking lot**, except as authorized by the Camp Director or the Camp Ranger. Roads beyond the parking lot gate are for the use of camp and authorized vehicles only. Permission to drive beyond the gate must be granted by the Camp Director or approved designee and the vehicle must display a vehicle pass. **Vehicles found in violation of the parking policy are subject to ticketing and fines up to \$25.00 for each violation of the policy.** All occupants of a truck must ride in the cab and must wear seat belts.

Bicycles in Camp

Bicycles are permitted for camp staff and adult leaders with the following rules enforced in camp. Failure to follow these rules may result in a bike being removed from the rider's possession. The ability to use bicycles in camp is a privilege and not a right.

- A helmet must be worn (and fastened) by the rider at all times and each bicycle is permitted to have a maximum of one rider.
- Riders are expected to know the rules of the road for bicycles as stated in the Cycling Merit Badge pamphlet (i.e. which side of the road to ride on).
- Bicycles are for use on camp roads only and not permitted to be used on any trails or in campsites.
- When not in use, bicycles are expected to be parked off roadways and trails in such a way as to not impede vehicular or pedestrian traffic.
- Camp Cedars is not responsible for personal bicycles in camp, they are the sole responsibility of the owner.

Section 6: Emergency Procedures

Storm Shelters

We know as a parent and a leader you want your Scout to have a fun and safe camping experience, and yet we can't always plan for perfect weather. Our Scott Storm Shelter, that also houses our Health Lodge and Command Center, ensures we are prepared for the storms that might come our way. Additionally, the north, central, and south showerhouses, and the Heritage Lodge, serve as storm shelters.

Severe Weather

In the event of severe weather, the camp emergency warning siren will sound for 3 minutes, then silent for 1 minute, then sound for 3 minutes and campers should move to a storm shelter.

Fire and Assembly

All Troops must post and use the Fireguard Plan. In the event of fire, the camp emergency warning siren will sound as a modulated wail. All Scouts and leaders must report to the Lloyd E. Roitstein Parade Ground. Unit leaders must take roll and notify the staff of any missing campers. Stay in the field and await further instructions from the camp staff.

Use of Tobacco Products

In accordance with Nebraska law, no one under the age of 18 may use tobacco products of any kind while at Camp Cedars. BSA Policy states that leaders should refrain from using tobacco products in the presence of Scouts. The only smoking area is in the main parking lot.

Discipline

The Scoutmaster and his/her assistants are responsible for the discipline and good order of their Troop. The camp staff will not assume the responsibility for, or interfere with, unit discipline unless it directly involves the health and safety of Scouts or effects camp operation. The Camp Director must be informed of any problem encountered by a staff member or adult leader. The Camp Director may refer a Scout's discipline problems to the Scoutmaster for resolution. No initiations or hazing is permitted in camp. If adult leaders of a Troop are unwilling or unable to control their Scouts, the Camp Director may require the entire unit to leave camp.

Dismissal from Camp

If a Scout, leader or an entire unit is sent home from camp for disciplinary reasons or violation of camp policies, there will be no refund or transfer of any camp fees.

Section 7: Advancement & Recognition

Advancement in Camp

Advancement and recognition is a significant part of the Scouting program. It is a measure of the Scout's ability to attain a personal goal and receive tangible recognition.



Merit Badge and Activity Schedule

The merit badge and activity schedule will be available by October 1, 2017. The Program Guide with the prerequisites for each merit badge will be released by March 1, 2018. This information will be sent to all units registered for camp and available online at www.GoScoutCamping.org.

Role of the Scoutmaster

The Scoutmaster takes the first step in the merit badge process by reviewing a Scout's record. Discuss which merit badge classes the Scout wishes to take at summer camp to ensure that they are age and ability appropriate.

Merit Badge Standards and Requirements

The National Council of the Boy Scouts of America continually updates merit badge and rank requirements. We will use the most up-to-date requirements which are found in the latest edition of the Boy Scout Requirements book.

Most merit badge classes and activities have limited enrollments. In some merit badges, this may be due to safety concerns or staffing requirements. In others, it is an attempt to

give each Scout the individualized attention he needs to be successful and to maintain high quality programs.

Merit Badge Reporting

Instructors will have class rosters, take attendance every class period, and check off requirements as each one is passed. Units have continual access to a Scout's merit badge completion record throughout the week and permanent access once camp ends through the online registration system. Each Scoutmaster will receive a report detailing his or her Scouts' attendance, completion and/or progress in the merit badge classes. For proper recording of a Scout's advancement, a unit advancement report should be submitted to your local council service center or online through Internet Advancement.

Merit Badge Counselors

The Council Advancement Committee approves the merit badge counselors at camp. However, if you are a leader attending Camp Cedars and currently registered as merit badge counselor, you are welcome to assist with portions of our merit badge program. Contact the Program Director prior to or upon your arrival at Camp Cedars.

Leader Opportunities

There are various opportunities for adult leaders to get involved throughout the week. Leader trainings available may include Climb on Safely, Climbing Instructor, Introduction to Outdoor Leader Skills, Safety Afloat, Safe Swim Defense, Swimming & Water Rescue, Paddle Craft Safety, and Leave No Trace. More information will be available in the Program Guide released by March 1, 2017.

Scoutmaster Merit Badge

The Scoutmaster Merit Badge program is a great way for adult leaders to be involved during their Troop's time at Camp Cedars. Any adult leader at camp can participate. Those who complete the requirements will be eligible for the Scoutmaster Merit Badge patch, available only at Camp Cedars.

Honor Unit Award

The Honor Unit Award is a way to recognize Troops who attend Camp Cedars for their advanced level of involvement and commitment to the betterment of Camp Cedars. Not every Troop will earn this award, but those who do will be able to call themselves a Camp Cedars Honor Unit.



Section 8: Honor Camping Societies

Order of the Arrow

The Order of the Arrow (OA) is the national honor society of the Boy Scouts of America. The primary purposes of OA are to encourage and train youth leaders for Troops and to provide cheerful service to Scouting and the community. The Kit-Ke-Hak-O-Kut Lodge serves the Mid-America Council by providing numerous service projects for Camp Cedars and its other camps as well as encouraging leadership by its members through the local units. The Order of the Arrow's



primary role in Mid-America Council has been, and continues to be, the development of youth leadership. Camp Cedars and the OA maintain a long tradition of honoring youth leaders on a special day of recognition as part of the summer camp program at Camp Cedars. **Every Tuesday at Camp Cedars is OA Day. All Arrowmen are encouraged to wear their OA sash that day when in their field uniform.**

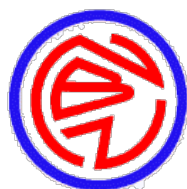


Brotherhood conversion ceremonies are offered every week to all eligible brotherhood candidates at camp. After a minimum of 10 months as an Ordeal Member in the OA, a Scout or Scouter may seal his membership to the principles of the Order. In order to participate in the brotherhood ceremony, the candidate must be a dues paid member, pay the brotherhood fee (covers the sash cost),

write a letter to the Lodge Secretary on "What the obligation means to them", and go through a brotherhood review. According to National Order of the Arrow Policy (found in the guide for Officers and Advisers 1995 Printing), brotherhood membership can only be conferred by the home lodge/council. If you have any questions concerning the Order of the Arrow please contact the OA Coordinator at camp.

Nani-Ba-Zhu

From 1919 to 1939 at Camp Gifford (the council camp prior to Camp Cedars), an important tradition was formed called the Tribe of Nani-Ba-Zhu. This tradition has been renewed at Camp Cedars. Membership can be conferred on older Scouts and leaders who participate in long term camping at Cedars. The purpose of Nani-Ba-Zhu is to reinforce the principles of the Scout Oath and Law and encourage participation in Scouting and long term camping at Cedars. The use of Indian lore is part of the mystery and appeal of Nani-Ba-Zhu. Throughout the testing of candidates, and in all subsequent ceremonies, the character building aspects of Scouting are restated and renewed in a new and dramatic way. The very heart of the NBZ experience is to afford each member an opportunity for introspection as well as application of the Scouting ideals.



Regalia building for members is offered each Monday evening at Karp Pavilion. The regalia for braves will cost approximately \$27 and does not include the moccasins and dark shorts that are required. Additional regalia for higher ranks will cost from \$5 to \$20 depending on the options selected.

Appendix

Important Dates to Remember

| | |
|-------------------|--|
| upon registration | \$150 reservation fee due to secure spot at camp |
| October 1, 2017 | Program Schedule available online |
| March 1 | Program Guide available online |
| March 3 | Pre-Camp Leaders Meeting at Camp Cedars |
| March 6 | Pre-Camp Leaders Meeting Conference Call |
| April 6 | Campership Request Form deadline |
| May 4 | Early bird Scout fee deadline If Scout's fee is paid in full they will receive a free customized t-shirt Deadline to purchase additional customized t-shirts |
| June or July | Deadline to sign up for patrol cooking EXCITING WEEK AT CAMP!!! |

Pre-Camp Checklist

This list will be helpful in assisting unit leaders prior to leaving for camp.

- Annual BSA Health & Medical Record for all Scouts and Adults including the following:
 - Parent/guardian signatures
 - Copy of Insurance card
 - Tetanus immunization date (within last 10 years)
 - Parts A, B, & C (requires physical examination within last 12 months)
 - Signed by appropriate medical professional
- Waivers (ATV, aviation, and equestrian programs)
- Know how many people will eat Friday night in the dining hall.
- Troop checkbook (if fees are outstanding, or to make 2019 reservation)
- Transportation arranged and equipment consolidated in minimal vehicles
- Each Scout with proper equipment (List available on page 4).
- Troop Equipment (Flags, dining flyers, etc. that are listed on page 5).
- Scouts have completed "pre-camp" requirements for merit badges.
- Sufficient emergency funds
- Emergency phone numbers for all Scouts
- Distribute Parents Night Information (page 21)
- Communicate Camp Cedar's phone number to all parents (402) 628-8146

Parents Night Information

Make copies of this page for your parents who plan on attending Parents Night.



We are excited that you are planning on coming out to Camp Cedars for Parents Night! Your son has enjoyed a full week of adventures. This probably includes making new friends, learning new outdoor skills and earning some merit badges. Parents Night is an opportunity for you to experience a small part of camp life and to share in the experience with your son. **Program participation for family members is not available.**

Friday night is Parents Night where families are welcome to eat dinner with the Troop and enjoy the Closing Campfire. The night's schedule is as follows:

- | | |
|-------------------|---|
| 4:30 pm – 5:30 pm | Families arrive and check in at the Smith Administration Building |
| 5:45 pm | Flags (Lloyd Roitstein Parade Ground) |
| 6:30 pm | Dinner (In the dining hall or at Troop's campsite) |
| Until 8:00 pm | Haddix Trading Post Open |
| 8:30 pm | Campfire (Bates Amphitheatre) |

Some Troops will eat dinner in the dining hall and other Troops will plan a picnic at the campsite. Meals in the dining hall are \$7.00 per person. **Please communicate with your Troop's unit leader to confirm your attendance for Parents Night.** We want to be sure that we have a meal prepared for you.

In order to ensure that your Scout gets the full Camp Cedars experience, it is encouraged that he not leave on Friday, but stay until Saturday to travel home with his Troop. Parents Night is often when homesickness settles in, and Scoutmasters and parents should be prepared to deal with this. **Note: Pets are not permitted at camp.**

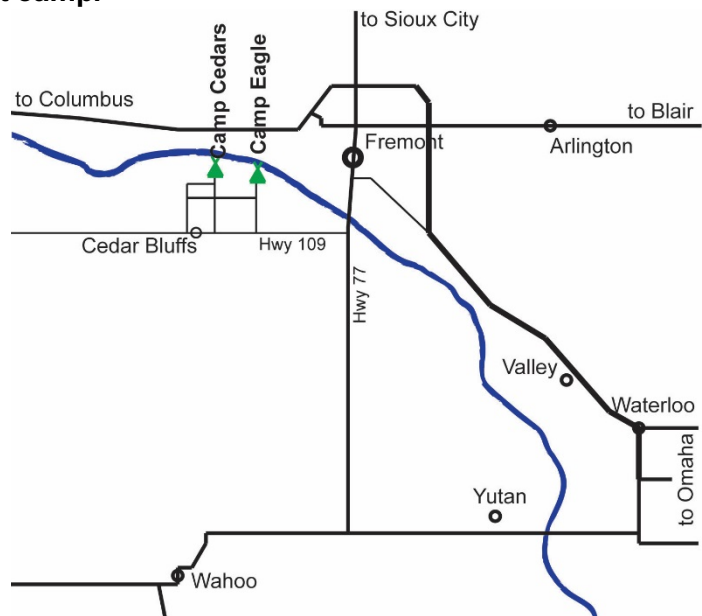
Where is Camp Cedars?

Cedars Admin GPS Coordinates
Lat 41.430711 / Lon -96.584963

From Highway 77, travel west on Highway 109 towards Cedar Bluffs, NE. Look for the Camp Cedars sign and turn North on County Road 15. Follow the signs to Camp Cedars.

Check the MAC website as your camp date approaches for any detours or construction notice.

Camp Mailing Address
[Scout's Name], Troop #
Camp Cedars
2911 County Road 15
Cedar Bluffs, NE 68015



Contact Camp Cedars at 402-628-8146

Mid-America Council

mac-bsa.org
facebook.com/CampCedars

Anti-Discrimination Notice:

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability.

To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339 or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.

Durham Scout Center

12401 West Maple Road
Omaha, NE 68164
(402) 431-9BSA (9272)

Sioux City Scout Office

306 Virginia Street, Suite C
Sioux City, IA 51101
(712) 255-8846

Gottschalk Scout Shop

12401 West Maple Road
Omaha, NE 68164
(402) 431-0700