

IOLS Leaders Guide

We look forward to seeing you at IOLS!

Registration and camp site set up starts at 8:00 AM Saturday, allow at least 30 minutes for camp set-up. Classes start at 9:00 AM, please do not be late as you will miss some important information! If you wish to arrive Friday night and get set up, you are welcome to; come check in at the Dining Hall and ask for the BALOO instructors so we will know you are on Camp property.

The course will be held in and around the Dining Hall and camp sites will be on the grass next to the Dining Hall.

Personal camping gear is required to participate in IOLS. Required items include:

- Medical Form A&B
- Glasses/contacts/personal medications as needed
- Backpack/Bag for personal items
- Tent, ground cloths, sleeping bag and pad/mattress, pillow
- Cloths suitable for the weather, change of clothes, sleeping attire, sturdy shoes
- Drinking cup, mess kit (plate, bowl, eating utensils)
- Soap, washcloths, towel, personal toiletries
- Sunglasses
- Camp Chair
- Cell phone – fully charged
- Watch

And the following ten essentials:

1. Pocket knife
2. Rain gear
3. Trail food
4. Flashlight
5. Extra clothing
6. First-aid kit
7. Sun protection
8. Map and Compass
9. Matches and fire starter
10. 10 Water bottle

Bonus: Duct tape

If you have any questions please email Cathy at cathycommish@gmail.com