



# Health Care Professions

## Merit Badge Workbook



This workbook can help you but you still need to read the merit badge pamphlet.  
This Workbook can help you organize your thoughts as you prepare to meet with your merit badge counselor

**Merit Badge Counselors may not require the use of this or any similar workbooks.**

You still must satisfy your counselor that you can demonstrate each skill and have learned the information.  
You should use the work space provided for each requirement to keep track of which requirements have been completed, and to make notes for discussing the item with your counselor, not for providing full and complete answers.

If a requirement says that you must take an action using words such as "discuss", "show", "tell", "explain", "demonstrate", "identify", etc, that is what you must do.

No one may add or subtract from the official requirements found on Scouting.org.

The requirements were last issued or revised in 2021 • This workbook was updated in November 2023.

Scout's Name: \_\_\_\_\_ Unit \_\_\_\_\_ Date Started \_\_\_\_\_

Counselor's Name: \_\_\_\_\_ Phone No.: \_\_\_\_\_ Email: \_\_\_\_\_

Please submit errors, omissions, comments or suggestions about this **workbook** to: [Workbooks@USScouts.Org](mailto:Workbooks@USScouts.Org)  
Comments or suggestions for changes to the **requirements** for the **merit badge** should be sent to: [Merit.Badge@Scouting.Org](mailto:Merit.Badge@Scouting.Org)

- ☐ 1. Select three of the professions from Group 1 listed below which interest you, then complete the following:

**Group 1:**

- ☐ (1) Allopathic physician (MD) - all specialties
- ☐ (2) Osteopathic physician (DO) - all specialties
- ☐ (3) Podiatrist (DPM)
- ☐ (4) Chiropractor (DC)
- ☐ (5) Nurse Practitioner (NP)
- ☐ (6) Psychologist (PhD or PsyD)
- ☐ (7) Optometrist (OD)
- ☐ (8) Audiologist (AudD)

- ☐ a. Briefly describe to your counselor the roles these professionals play in the delivery of health care.

1.	
2.	
3.	

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- ☐ b. Describe to your counselor the educational and licensing requirements for the professionals you selected

1.		
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- ☐ 2. Select three of the professions from Group 2 listed below which interest you, then complete the following:

**Group 2:**

- ☐ (1) Physician Assistant (PA)  
☐ (2) Registered Nurse (RN)  
☐ (3) Certified Nurse Midwife (CNM)  
☐ (4) Certified Nurse Assistant (CNA)  
☐ (5) Licensed Practical Nurse (LPN/LVN)  
☐ (6) Nurse Anesthetist (CRNA)  
☐ (7) Pharmacist (PharmD)  
☐ (8) Pharmacy Technician  
☐ (9) Emergency Medical Technician (EMT)/Paramedic

- ☐ a. Briefly describe to your counselor the roles these professionals play in the delivery of health care.

1.		
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- ☐ b. Describe to your counselor the educational and licensing requirements for the professionals you selected

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- ☐ 3. Select three of the professions from Group 3 listed below which interest you, then complete the following:

**Group 3:**

- ☐ (1) Physical Therapist (DPT)
- ☐ (2) Occupational Therapist (OT)
- ☐ (3) Orthotist/Prosthetist
- ☐ (4) Medical Appliance Technician
- ☐ (5) Respiratory Therapist (RT)
- ☐ (6) Medical Assistant
- ☐ (7) Dietitian (RD)
- ☐ (8) Speech-Language Pathologist (Speech Therapist) (SLP)

- ☐ a. Briefly describe to your counselor the roles these professionals play in the delivery of health care.

1.		
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- ☐ b. Describe to your counselor the educational and licensing requirements for the professionals you selected

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- ☐ 4. Select three of the professions from Group 4 listed below which interest you, then complete the following:

**Group 4:**

- ☐ (1) Biomedical Engineer (BME)  
☐ (2) Medical Technologist  
☐ (3) Phlebotomist  
☐ (4) Radiology Technologist  
☐ (5) Sonographer  
☐ (6) Medical Records Specialist  
☐ (7) Cytopathologist  
☐ (8) Histotechnologist

- ☐ a. Briefly describe to your counselor the roles these professionals play in the delivery of health care.

1.		
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- ☐ b. Describe to your counselor the educational and licensing requirements for the professionals you selected

1.		
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5. Select one career from any of the lists in Requirements 1, 2, 3, or 4 and arrange to visit that professional at their workplace.

Profession chosen: \_\_\_\_\_ Name: \_\_\_\_\_ Date of Visit: \_\_\_\_\_

Discuss with your counselor the following:

- a. Why did they choose their particular career?


- b. What do they most like about their job?


- c. What are their biggest challenges in doing their job?


- d. Identify the tools/instruments that may be used in their jobs.


- e. What has been the most surprising aspect of their career?


- f. What continuing education requirements are required to maintain certification?


6. Discuss with your counselor your understanding of the meaning of the Physician's Oath.


7. Describe the role of confidentiality between a patient and the health care provider.


What is HIPAA?


8. Identify a medical advancement or discovery that has been in the news recently. Discuss with your counselor how this can affect patient care.


9. With approval of your counselor and parents/ guardian, serve as a volunteer at a health related event or facility in your community (e.g. blood drive, health fair, blood pressure screening event).

What event or facility? \_\_\_\_\_ When? \_\_\_\_\_ Job: \_\_\_\_\_

Report to your counselor what you did and learned from the experience.


**When working on merit badges, Scouts and Scouters should be aware of some vital information in the current edition of the *Guide to Advancement* (BSA publication 33088). Important excerpts from that publication can be downloaded from <http://usscouts.org/advance/docs/GTA-Excerpts-meritbadges.pdf>.**

**You can download a complete copy of the *Guide to Advancement* from <http://www.scouting.org/filestore/pdf/33088.pdf>.**