IOLS Gear List

* Up-to-date [BSA Annual Health & Medical Record](https://filestore.scouting.org/filestore/HealthSafety/pdf/680-001_AB.pdf?_gl=1*qkyzls*_ga*OTQ4Nzg5ODQwLjE1Nzg0MjMwNjA.*_ga_20G0JHESG4*MTYzMTIwNjk0MC4yOC4wLjE2MzEyMDY5NDAuNjA.), Parts A&B (we will return them at the conclusion of the outdoor portion of the weekend)
* Uniform (as complete as possible)
* Prescription medications you require (must be listed on medical form)
* Pocket knife
* Shoes/boots suitable for off-pavement walking
* Weather-appropriate clothing (socks, underwear, coat, sweater, sleepwear)
* Chair
* Sleep System: cot or sleeping pad, sleeping bag or blankets, pillow (optional, but recommended)
* Personal hygiene items
* Tent with ground cloth
* Mess kit consisting of knife, fork, spoon, plate and cup
* Cooking gear – discuss with your patrol
* Daypack with the following items:
  + Sunscreen and Insect Repellent (no aerosols)
  + Compass
  + Fire starters and waterproof matches or lighter
  + Headlamp (preferred) or flashlight and extra batteries
  + Water bottle or canteen
  + Scout handbook
  + Note-taking materials
  + Rain gear