

Things to bring:

- **Standard stuff:** Backpack, camera, sun screen, phone, personal first aid kit, rain gear.
- **Face Mask(s):** You will need to wear a face covering, covering both the nose and mouth at all times, except when eating. Cloth or disposable are acceptable. You may wish to bring multiple with you to change throughout the day, or in case one gets wet/dirty.
- **Medical Form:** FFR Staff will not be collecting or checking these, but each unit needs to ensure that each participant has one.
- **Full Water Bottle:** Each participant must provide their own water bottle. We will not have large coolers available. A larger bottle will be better as there are limited places to fill the bottle.
- **Food:** Lunch and Snacks are up to the individual and unit to bring. Check with your unit on your lunch plan. None will be available for purchase.
- **Camp Chair, Blanket, Something to Sit on (optional):** For lunch or to carry between zones, you may want a personal chair or blanket to sit on. There will not be many places to sit, as shared surfaces require sanitizing between people.
- **Bandanna (optional):** We have secured a good number of climbing helmets for the day so sharing will be limited (and sanitized between), but you may still wish to have a bandana of your own inside the helmet.
- **Hand Sanitizer (optional):** Beaumont currently uses a sanitizing solution that is suitable for both hands and surfaces. You may be more accustomed to your own alcohol based hand sanitizer.
- **Safety glasses and Hearing Protection (optional):** Both of these items will be available at the ranges, but if you have your own it will speed the process of shooting as shared items will need to be sanitized between people.