Backpacking Weekend Personal Gear Packing List

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | 1 | Weather-appropriate shirt (not cotton) |  |  | Spoon |
|  | 1 | Weather-appropriate pants (not cotton) |  |  | Cup |
|  |  | Belt |  |  | Eating bowl (deep) (optional) |
|  | 1 | Underwear (not cotton) |  | 4 | qt water capacity minimum—at least 1 wide-mouth nalgene bottle for drink mix, bladder OK for rest |
|  | 1-2 | Hiking sox (not cotton) |  |  | 10’ Duct tape on wide-mouth nalgene bottle |
|  | 1 | Camp sox (optional) |  |  | 4000 CI (min) Pack |
|  |  | Fleece jacket |  |  | Waterproof pack cover |
|  |  | Hiking boots |  |  | Pack straps/compression straps/caps/bungee cords (recommended) |
|  |  | Camp shoes/sneakers (optional) |  |  | Sitting pad |
|  | 2-3 | Bandana |  |  | Sleeping bag |
|  |  | Brimmed hat |  |  | Waterproof cover for sleeping bag |
|  |  | Waterproof rain jacket |  |  | Sleeping pad |
|  |  | Rain pants |  |  | Sleep clothes |
|  |  | Watch cap (optional) |  |  | Ear plugs (recommended) |
|  |  | Wristwatch (recommended) |  |  | Headlamp/flashlight |
|  |  | Emergency whistle |  |  | Extra batteries |
|  | 2 | Large Heavy Duty plastic garbage bags |  |  | Compass |
|  |  | Small water-proof bag for personal items in bear bag (heavy duty ziplok OK) |  |  | Walking stick/pole/trekking poles (recommended) |
|  |  | Small lightweight daypack for 10 essentials on side hikes (optional) |  |  | Pocket knife |
|  |  | Waterproof notebook/pencil/pen (recommended) |  |  | Personal care kit (Toothbrush, Small toothpaste to share, Chapstick, Pack towel, unscented wetwipes) |
|  |  | Camera/spare battery (optional) |  |  | Personal meds/healthcare items |
|  |  |  |  |  | Sunglasses/tether (recommended) |
|  |  | Backpacking tent/ground cloth |  |  |  |

Crew Gear

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Waterproof groundcloths |  | Tents |  | Extra stakes |
|  | Dining fly/stakes/rope |  | Bear bag ropes |  | Bear bags |
|  | Maps |  | Ziploc bags for maps |  | Campsuds |
|  | Trowel |  | Toilet paper |  | GermX |
|  | Sump spatula |  | Cook kit |  | Scrubby pad |
|  | Carabiners for bear bags |  | multi-tools |  | 50' 1/8" nylon cord |
|  | Collapsible H2O containers |  | Med/First Aid kit |  | Water treatment |
|  | Backpacking stove/lighter/matches |  | Fuel bottles/funnel |  | Food |
|  | Field guides—birds, trees, flowers, rocks, stars (opt) |  | Sewing/repair kit—Seam Grip, superglue, dental floss/needle, steel wire, extra buckles, … |  |  |