

Date: Saturday, February 15, 2025

\*Featuring the new Prepared to Care mental health Scout Award.

Time: 9am—5pm (check in begins at 8:30am) Where: SEMO University Center, Ballroom A

Who: Scouts BSA, Venturing, and Exploring age youth

Featuring speakers from the SEMO Autism Center and

Community Counseling, fun activities, and a movie!!

**OPENING MINDS. SAVING LIVES.** 



DID YOU KNOW?

49.5%

of adolescents ages 13-18 live with a mental disorder

50%

illness start by age 14

of U.S. teens report feeling persistently sad and hopeless

supportive adult can build resliiency in youth

Empathy places ourselves in the shoes of the other. Empathy reminds the other that we share in their humanness.



## Prepared to Care:

## New Activity Award for youth registered in Scouts BSA or

Designed by Jana Marie Foundation, with support from Juniata Valley Council, BSA and AutumnSpring Counseling, Prepared to Care teaches Scouts how tenets of the Scout Oath and Law can be used to help promote positive mental health by noticing warning signs in their peers and connecting them with a trusted adult.

## Creating an environment of understanding and acceptance

When someone experiences a physical health challenge, we often know just what to do or say to support them. However, with mental health challenges, we sometimes struggle to find the words. Prepared to Care equips young people with the language and tools to be able to assist a friend in need in a fun and accessible way.