

Gravois Trail District

Fall PA-CA-O

Oct 11 – 13, 2024

“Back to Basics”



Youth Camp Master: Sam Miklovic

Adult Advisor: Paul Liecht

Troop 161

Camping Chair: Terry Madden

Email: tmadden72@yahoo.com

Phone: 314-229-5489

Location: Lane Camporee Field

Beaumont Scout Reservation

6480 Beaumont Reservation Dr.

High Ridge, MO 63049



Unit Leaders,

I apologize for the lateness of this Fall PA-CA-O manual. We had a few youth and adult camp masters cancel for different reasons. We have tried to keep the activities basic and not too difficult to prepare for.

We all know this is a Scout Run Program and the Scouts should get ready for the activities and prepare needed items in the manual. Hopefully the SPL, ASPL, and Patrol Leaders will be able to prepare your Troops and Patrols for success at the PA-CA-O!

If you should have any questions, please contact me as soon as possible.

**Terry K. Madden
Camping Chairman – Gravois Trail
314-229-5489
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Schedule

FRIDAY - Oct 11th

5:00 pm	Earliest Arrival
6:30 – 8:30 pm	Check-In @ HQ : Turn in Rosters & Patrol Names
9:00 pm	SPL / SM Meeting
9:30 pm	Adult Cracker Barrel
10:00 pm	Staff Meeting
11:00 pm	Lights Out

SATURDAY - Oct 12th

6:30 am	Rise & Shine
7:00 – 8:00 am	Breakfast / Check-In @ HQ : Turn in Rosters & Patrol Names
8:00 am	Opening Flags
8:15 am – 11:30	Morning Stations
11:45 – 1:00 pm	Lunch / Cleanup
1:00 pm – 4:00pm	Afternoon Stations
4:00 pm – 5:00pm	Inspection of Gateways & Patrol Flags
5:00 pm	Skit/Song submission forms due to HQ
5:00 – 6:30 pm	Dinner / Clean up
5:30 pm	Dessert Challenge Entry due to HQ
7:00 pm	Catholic Service – Lane Pavilion
8:00 pm	Scouts Own Service (A SCOUT IS REVERENT)
8:15 pm	Campfire Program
10:00 pm	SPL / SM Meeting @ HQ to go over Check-out details
11:00 pm	Lights Out

SUNDAY – Oct 13th

6:30 am	Rise & Shine
7:00 – 9:00 am	Breakfast / Cleanup
9:00 am	Closing Flags & Presentation of Awards
9:00 am	Check-Out begins
11:00 am	All Units departed



Program Information

Knots

Knots have thousands of uses. On camping trips, they'll hold gear on your pack, secure tents and dining flies and prevent canoes and boats from drifting away. If an accident occurs, knots can be used to keep bandages in place or to aid in rescue attempts on the water or in the mountains.

There are hundreds - even thousands - of useful knots. By mastering seven basic Scouting knots, you'll be ready for just about any situation that calls for tying ropes together, forming loops, and securing ropes to object. Learning even more knots will add to your problem-solving abilities.

Each patrol will be asked to tie 5 knots.

- Square Knot
- Two Half-Hitches
- Taut-Line Hitch
- Timber Hitch
- Clove Hitch

Each Correctly Tied Knot – **10 points**

Patrol Flag

Each patrol should make a flag to carry at troop meetings and on camporees, summer camps, campouts and PACAO's. A patrol also has yells, too. If your patrol is named for an animal, you can use that animal's sound - the howl of a wolf, for example, or the hoot of an owl. Or your patrol might decide on some other shout that identifies it. Members can give the patrol yell whenever they do well in a troop competition or reach an important point, and even when they are ready to chow down on a camp meal.

Each patrol flag should be constructed of permanent material (cloth or leather). Design to include patrol emblem, patrol name and troop number

Patrol flag – **20 points**

Flagpole - min. 10' tall, consisting of two sections which are lashed together – **10 points**



First Aid

First aid is the first help given to someone who has had an accident or other health emergency. When a person gets a minor injury like a cut or first-degree burn, first aid is all the help he or she needs. In more serious cases, first-aid treatments help keep an injured or ill person as safe as possible until medical personnel arrive.

Present your Troop/Patrol first aid kit. – 10 points

Explain and demonstrate a two-man carry for 15 feet. – 20 points

Explain and demonstrate proper treatment for simple cuts and scrapes. – 20 points

Explain and demonstrate how to handle a Frostbite – 20 points

Flag Folding

The flag is always stored folded, and it is kept folded until it is time to be displayed. Properly folding the flag is two-person task.

Show the staff how to the proper of folding an American Flag – 30 points.

Fitness

Becoming and staying fit requires knowledge and discipline, but it pays off in a big way over the course of your lifetime. Along your trail to Eagle, you will learn a lot about keeping yourself physically strong, mentally awake, and morally straight, including how these three trails are related to one another. Several rank requirements are designed to help you get - and stay-physically fit.

50% of the Scouts in the Patrol demonstrate they can do 5 pushups. – 20 points.

50% of the Scouts in the Patrol demonstrate they can do 15 sit-ups – 20 points.

50% of the Scouts in the Patrol demonstrate they can do 20 jumping jacks – 20 points.

Troop Campsite Gateway

Construct a troop gateway of your choice. The gateway must display your troop number or flag. This project is to be assembled by the Scouts of the troop. Bonus points will be available for lighting.

Gateway Construction – 50 points

Gateway Lights – 30 points.



Campfire Skit

Each Troop will prepare a skit to act in front of all units on Saturday night's campfire. The Troop should prepare the skit on paper and turn it in when you register Saturday morning.

Skit – 50 points

Camping Friday/Saturday Night

We are asking all units to camp on Friday and Saturday night and attend the closing ceremony on Sunday morning. On Sunday morning you are being asked to wear your dress scout uniform and bring your patrol flag to the flag ceremony AND if the patrol has a patrol yell feel free to yell it.

Camping Friday Night – 20 points

Camping Saturday night – 20 points

Cooking/Desert Challenge

Each Troop is asked to prepare by cooking a desert. Please bring the desert to the Headquarters where you will receive points and a special award for the best desert prepared.

Points for preparing a desert - 20 points

Choosing a Campsite

A good campsite is more than a convenient place to sleep and eat. Its setting offers you safety and comfort and takes advantage of features like great views and natural windbreaks. Please explain to the staff how to choose a good campsite.

Choosing a Campsite – 20 points

Preparing Tarps

A tarp is a large waterproof sheet often used as a dining fly to protect the kitchen from sun and rain. When the weather is fair and the bugs are not bad, tarps also make fine sleeping shelters lighter to carry than tents. Bring a tarp and any other items to construct to be used as a shelter.

Correctly Prepared Tarp Shelter – 20 points



Clothing for Outdoor Activities

Please bring clothing and present it to the staff for warm weather and another set for cold weather. Scouting suggests that you have 11 items for warm weather and 12 items for cold weather.

Warm Weather Clothing – 20 points

Cold Weather Clothing – 20 points

Scout Oath, Law, Motto and Slogan

Scouts learn an amazing number of things about camping, nature, first aid, and more. Some of the most important things should be memorized on this activity. The Scout Oath, Scout Law, Scout motto, and Scout slogan will guide your steps long after you hang up your hiking boots. Each Scout will be asked to say the Scout Oath, Scout Law, Scout Motto and Scout Slogan.

Each Scout in the Patrol can recite the above items – 30 points

At least one Scout in the patrol can say the Outdoor Code. – 20 bonus points

Awards

The points which will be assigned to each Patrol will be totaled on Saturday night. The awards are as follows:

- Highest Award - Honor Award,
- 2nd Highest Award - Merit Award
- 3rd Highest Participation Award

The Staff will take all the Patrols points and assign the Honor Award to the top 1/3 Patrols with the highest numbers, they will then assign the Merit Award to the Patrol with the next 1/3 numbers and then the last 1/3 numbers will be presented the Participation Award. These awards will be presented at the closing ceremony on Sunday morning. Your unit will be presented with ribbons with your award to be hung on your Troop flag.





Gravois Trail District Campfire Skit/Song Submission Form

Troop Number: _____

SPL Name: _____

Unit Leader: _____

Title of Skit/Song: _____

Type of Performance: [☐] Skit [☐] Song [☐] Combination (Skit and Song)

Duration: _____

Number of Participants: _____

Synopsis/Description: _____

Notes: _____

Please submit this form by email to HQ by 5 p.m. We look forward to including your creative contribution to our campfire program. Thank you for sharing your talents with your fellow Scouts!





Camp Rules and Regulations

Camp Code	The Scout Oath, Law, and Outdoor Code
Roster	The troop roster, enclosed with this packet, will be filled out and turned into HQ upon registration. Make additional copies if needed. Patrols should have 5 to 9 scouts.
Generators	Generators will be permitted, but they must be turned off between 10:30 pm and 7:30 am
Cooking Fuels	All flammable liquids must be under adult control and supervision.
Pressurized Fuels	All pressurized fuels must be LOCKED away safely when not in use. Refer to the "Guide to Safe Scouting" and your pressurized fuel training.
Use of Water	Water sources are only for filling containers. They are not to be used for personal hygiene, washing, or rinsing dishes, or washing clothes.
Ground fires	New ground fires will not be permitted. You must use an established pit if you are going to have campfires.
Tent Ditching	Proper pitching avoids 'ditching'. Digging ditches around tents is prohibited.
Garbage	A dumpster is located at Emerson for trash. Do not bury garbage.
Tobacco	No person under the age of 21 is permitted to use or possess tobacco products. Adults are encouraged to refrain from using tobacco products but if they do, use them away from all youth, event areas, and campsites. VIOLATORS WILL BE ASKED TO LEAVE.
Alcohol & Drugs	Alcohol beverages and non-medically prescribed drugs are not allowed on council property or at council activities. VIOLATORS WILL BE ASKED TO LEAVE.
Sheath Knives	Sheath knives are not permitted.
Fireworks & Firearms	Fireworks and firearms are not permitted on council property. VIOLATORS WILL BE ASKED TO LEAVE.
Early Arrivals	Those people who are not on staff who arrive prior to 5:00 p.m. will be asked not to set up.
Troop Leadership	Senior Patrol Leaders, Patrol Leaders, and Scoutmasters have control over their troop.



Adult Supervision

Two registered adult leaders 21 years of age or over are required at all Scouting activities, including all meetings. There must be a registered female adult leader 21 years of age or over in every unit serving females. A registered female adult leader 21 years of age or over must be present for any activity involving female youth or female adult program participants.

Notwithstanding the minimum leader requirements, age and program-appropriate supervision must always be provided.

All adults staying overnight in connection with a Scouting activity must be currently registered as an adult volunteer or an adult program participant. Adult volunteers must register in the position(s) they are serving in. Registration as a merit badge counselor position does not meet this requirement.

More info can be found at the following Youth Protection and Adult Leadership link:

<https://www.scouting.org/health-and-safety/gss/gss01/>

Additional Guidelines Specifically for Cub Scout Unit-Coordinated Camping

Webelos and Arrow of Light Camping Additional Guidelines

<https://www.scouting.org/health-and-safety/gss/gss03/>

- Effective June 1, 2024, Webelos is the designated program for 4th graders and Arrow of Light is the designated program for 5th graders. As such, the Arrow of Light program is no longer combined with the Webelos program and the purpose of Webelos (4th grade) is no longer to prepare Cub Scouts to join Scouts BSA. The purpose of the Arrow of Light program is to prepare for Arrow of Light Scouts to join a Scouts BSA troop.
- Webelos Scouts and Webelos Scout dens may not participate at a Scouts BSA troop unit campout or at a Scouts BSA “camporee” or other events designed for Scouts BSA during the day and/or overnight, even as visitors.
- Arrow of Light Scouts may participate at a Scouts BSA “camporee” (council coordinated, short-term camp, see NCAP SA-001) during the day and/or overnight in one of two ways:
 - I. **With their Arrow of Light Den/Patrol.** Arrow of Light Scouts can attend as an Arrow of Light den/patrol under the supervision of two deep leadership from their Arrow of Light den/patrol or pack. The Arrow of Light Scout’s parent or legal guardian(s) may attend with the Arrow of Light den/patrol and their child, either alongside the two-deep leadership or as part of it if they are registered with the pack. Or
 - II. **As an Individual Scout.** Arrow of Light Scouts can attend with their parent(s) or legal guardian(s) if the local council coordinates two deep leadership per NCAP Standard HS-502.



In Case Of...

1. SEVERE WEATHER

- a. Camp staff will verify severe weather forecasts by use of the internet, smartphone, or weather radio.
- b. HQ will direct that the siren be activated (two 15-second-long blasts).
- c. At the sound of the siren weather signal, everyone in camp reports to HQ. Leaders account for all campers, and report to the camp advisor.
- d. Once an all-clear signal is communicated (three short blasts), the staff will work to help ensure every camper is dry and warm.
- e. Notify the HQ of any serious injuries or damage.

2. FIRE (RED ALERT)

- a. All fires should be reported immediately to the HQ.
- b. A 30-second-long siren/horn blast will signal a fire emergency.
- c. All campers report to campsite flagpoles. All program areas and campsite fires are to be extinguished thoroughly before leaving any areas.
- d. Adult leaders call roll and the Fire Marshalls reports to the Business Manager at the camp office. Staff members will close their areas and report to the office for further instruction.
- e. The decision to call in outside fire assistance will be made only by the Camp Ranger.
- f. Staff members will notify the Units when all is clear.

3. MEDICAL EMERGENCY

- a. As soon as conditions of emergency are determined, alert the Camp Medical Team. Call St. Claire Health Center 636-496-2000 before leaving camp, if the team determines hospital treatment is required.
- b. Call ahead and inform the Emergency room: who is coming; what the condition is suspected to be, age, and parents' contact information.
- c. If an ambulance is needed for transportation-medical team will arrange.
- d. If an automobile is used to get to the hospital, give the driver written instructions or a map on how to get to the hospital.
- e. Have the unit leader notify parents or nearest relative of the injured camper.





Roster

UNIT #: _____ Troop / Crew / Pack _____

Unit Leader: _____

Patrol Name	Patrol Name
Name	Name

Leader Name	Contact number

Use additional sheets if needed.

Turn in before lights out Friday Evening.



Troop/Crew/Webelos Registration Form:

Gravois Trail District
Fall PACAO 2024 Fees
“Back to Basics”

If paid by Oct 8th Commissioners Meeting \$10

Walk-in (all registrations after Oct 8th) \$12

The fee includes awards, program supplies, and patches.

Troop/Crew/Ship/Pack # _____ # of Patrols _____

Attendees

Total ScoutsBSA: _____ x \$10.00

Total AOL Scouts: _____ x \$10.00

Total Adults: _____ x \$10.00

Total Late Fee: _____ x \$2.00

Total Participants: _____

Total Amount Enclosed _____

Please complete all sections. All BSA registered Scouts and adult leaders attending **MUST** register for the weekend. Each Unit must bring a completed roster of all in attendance to check in. Please use the enclosed roster. **DO NOT** mail your roster or turn it in at West Pine. Unit leaders are **REQUIRED** to have current medical forms at their campsite.

The deadline for early registration is October 8th, 2024.

If you have questions, contact District Camping Chair, Terry Madden, tmadden72@yahoo.com

