

Camp Famous Eagle

S-F Scout Ranch
Greater St. Louis Area Council



Webelos/AOL

Week Long Camp
Leader Guide

I CAN DO THAT!



Welcome to

S-F SCOUT RANCH

CAMP FAMOUS EAGLE

GREATER ST. LOUIS AREA COUNCIL

S bar F Scout Ranch, located in the rolling hills of Southeast Missouri, consists of 5,200 acres of forests, rocks, streams, bluffs, trails, and wildlife – all of which makes "The Ranch" a great place for summer camp. S bar F is home to four camps, all situated around 270-acre Nims Lake: Camp Famous Eagle boasts a state-of-the-art dining hall; Camp Gamble offers a traditional patrol cooking experience; Swift High Adventure Base offers exciting high-adventure activities for Venturers and older Scouts; and Camp Sakima serves as the site for the council's National Youth Leadership Training program (NYLT).

2024 Session

July 21-25



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What's New in 2024?

COUNCIL HELP DESK

If you have questions about camp, you can email help@stlbsa.org. A member of our Council staff will be in touch with an answer.

Camp Planning

Camp Planning in 4 Easy Steps

Step 1: Read this guide entirely. Each year there are program and procedure changes. This guide provides all the latest information.

Step 2: Get organized. Start the planning process with your unit now so you can get the information you need in advance of deadlines.

Step 3: Ask questions. If you are unsure of anything, please don't hesitate to reach out. Parent's questions should be directed to unit leaders to streamline communications with the Council.

- Email: help@stlbsa.org
- Telephone - 314.361.0600

Step 4: Help us help you. Some things will go wrong. That's life! Please let us know ASAP so we can work with you to address any issues that crop up.

Checklist

- | | | |
|--------------------------|-------------|---|
| <input type="checkbox"/> | January 2 | Individual Registration Opens. |
| <input type="checkbox"/> | January 2 | Begin making individual payments. |
| <input type="checkbox"/> | Late Winter | Scouts current with payment schedule can select adventures. |
| <input type="checkbox"/> | April 10 | Camper Savings Day. Pay in full to receive a \$20 discount. |
| <input type="checkbox"/> | May 15 | Campership applications due. |
| <input type="checkbox"/> | May | Gather BSA Medical Forms for all attending camp. |
| <input type="checkbox"/> | May | Submit <u>any special dietary needs/food allergies</u> . |

Camp Planning

Camp Fees

These fees apply to one week of Webelos/AOL camp with a Den or individually.

Youth

- If paid in full on or before April 10, 2024: \$340
- If paid in full April 11 - May 31: \$360
- If paid in full after May 31: \$370

Leaders

- 3 - 10 Scouts: 1 free leader
- 11 - 20 Scouts: 2 free leaders
- Each additional leader: \$130

Payment

To qualify for the Camper Savings \$20 discount. The entire fee of \$340 must be paid on or before

April 10, 2024.

Discounts

Multiple Week Discount

\$100 off a second week of a qualifying camp.

Family Discount

\$100 off each additional Scout attending from the same household.

Multiple Week and Family discounts will be automatically applied within the registration system. For Multiple Week discounts, the system will qualify the discount based on two (or more) registrations having a Scout with the same first name, last name, and unit number. For the Family discount, the system will qualify the discount based on two (or more) Scouts having the same street address. For each discount, one Scout/session will need to be paid in full before the discount can be automatically applied to the other Scout(s)/Session(s). Discounts are not eligible for NYLT. **Discounts cannot be combined, including with camperships.**



Camp Planning

Register Individual Scouts

Beginning January 2nd

- Enter names of Scouts attending camp.
- Setup Parent Portal option for parents to make payments and register their Scout(s) for Adventures.
- Apply payments to individual Scouts.
- Remove unused youth and adult slots by completing the Participant Deletion Form.



Select

Adventures

Beginning January 2nd

- Scouts who are current with the payment schedule may register for adventures through the unit registration or Parent Portal.



Camperships

Every youth deserves the opportunity to experience summer camp. Camperships may cover up to 50% of the full camp fee. To apply for a campership, submit an application via our online form (<https://247scouting.com/forms/312-campership24>) by May 15, 2024; camperships will be available until funds are depleted.

Camperships are limited to one per qualifying Scout and are only available to Scouts registered as a member of the Greater St. Louis Area Council attending an in-Council camp.

Cancellations & Refunds

Refunds may be issued in circumstances involving medical or family emergencies and must be requested online at <https://247scouting.com/forms/?OrgKey=BSA312&id=3691> before August 31, 2024. Unit should attempt to collect fees from families before making payments. **Refund requests from units that make payments on behalf of families that ultimately do not come to camp will only be considered in the case of medical or family emergencies. Refunds are made to the individual or group who made the payment.**

Camp Planning



HELP START YOUR WEEK SMOOTHLY BY HAVING THE RIGHT FORMS

Below is an explanation for the three most common types of forms/documentation that Scouts and Adult Leaders need to provide either before or upon arriving at camp.



SPECIAL DIETS

Allergies and special diets are a common concern of our campers. Our food service providers are happy to accommodate any diet for religious, medical or allergy needs; however, a form must be submitted three weeks prior to arrival. The online form can be found at: www.stlbsa.org/camps



BSA ANNUAL HEALTH & MEDICAL RECORD

All youth and adults attending camp must have a current BSA Annual Health & Medical Record form. Part C of this form requires a visit to a physician, nurse practitioner, or physician's assistant. Please note that school, sport, or any other physical form cannot be substituted for the BSA's form. The most current form is found at <https://www.scouting.org/health-and-safety/ahmr/>



ADVENTURE ELECTIVES

At Webelos/ AOL Overnight Camp, YOU select your Webelos/ AOL adventure electives. Every day during the morning session, you will go to your selected Webelos/ AOL classes.

Camp Planning

PERSONAL EQUIPMENT CHECKLIST

- Water bottle
- Completed & signed medical form
- Medications, with directions, in original containers
- Duffle bag or pack
- Swimsuit (pack on top)
- Towels (pack on top)
- Field uniform (Class A)
- Hiking shoes/boots
- Rain jacket/poncho
- Sweatshirt/light jacket
- Sunscreen
- Shower shoes/sandals
- Camp/Scout T-shirts
- Underwear
- Socks (6+ pair)
- Washcloth
- Soap & Shampoo
- Toothbrush & paste
- Hairbrush or comb
- Flashlight & batteries
- Insect repellent (non-aerosol)
- Pocketknife
- Personal first aid kit
- Sleeping bag or sheets & blanket
- Pillow & Pajamas
- Camp chair
- Writing materials
- Webelos or AOL Handbook
- Spending money

Prohibited items: firearms or ammunition, fireworks, alcoholic beverages, drugs, and aerosol products

Items not recommended: electronic devices (such as Nintendo Switch, iPods), items of value, and extra food that might attract animals

Campers should mark all of their equipment and clothing with their names.

A Scout is welcome in any Scout camp, whether or not he or she owns a Scout uniform.

Health & Safety

S bar F Scout Ranch is staffed 24 hours a day by qualified health personnel. The Ranch medical director holds sick call in the program hall each day (exact times will be announced at the Sunday leader meeting). All injuries and illnesses – no matter how minor – should be reported to your camp office. Persons with serious injuries or illnesses requiring hospitalization are transported to Parkland Health Center in Farmington. If an emergency occurs that requires calling 911, also contact your camp office immediately.

MEDICAL FORMS & RECHECKS

Every Scout and adult attending camp must – upon arrival – present a completed health record: Parts A, B, and C of the current Annual Health and Medical Record. Part C must be signed by licensed medical personnel (limited to a doctor of medicine, doctor of osteopathy, physician’s assistant, or nurse practitioner). The Annual Health and Medical Record requires a yearly medical exam by licensed medical personnel for all Scouts and adults attending camp.

Medical recheck takes place at the office by an Adult Staff member. Medical forms are then stored in the camp office for the week.

Adults who will spend fewer than 72 hours in camp are classified as visiting leaders and are not required to have the physician’s statement. They must complete Parts A and B of the Annual Health and Medical Record.

Medical forms can be downloaded from the Summer Camps page at stlbsa.org. The forms can be filled out online, printed, and saved with the typed information. Beware of common errors: missing date of physical, doctor’s signature, and tetanus shot date.

Unit leaders should collect and review all medical forms prior to camp. If the unit leader has any questions concerning a Scout’s medical form, they should contact the Scout’s parents.

EXPERIENCING SYMPTOMS?

For the safety of everyone in camp, Scouts and adults are not to attend camp if they have had flu-like symptoms in the 3 days prior to their arrival in camp. Flu-like symptoms include fever (100 degrees or higher), cough, sore throat, chills, headache, fatigue, vomiting, and/or diarrhea. Parents and unit leaders are responsible for ensuring that Scouts and adults who are ill do not come to camp.

MEDICAL TRANSPORTATION

Parents of Scouts are responsible for the cost of any treatment that cannot be done in camp. Non-emergency transportation of a Scout or leader to a hospital is the responsibility of the troop leadership. In case of an emergency, transportation is provided by local authorities. Parents of the Scout are responsible for any costs incurred for emergency transportation.

MEDICATION

Medications ***MUST*** be kept secure and dispensed by the unit leader. Unit leaders should keep track of when, how much, the type, and by whom the medication was dispensed. When requested, the camp holds medications requiring refrigeration or those that the camper and his leaders feel uncomfortable holding.

While at Camp

Opening Day & Arrival

ARRIVING AT CAMP

Check in at 1-3PM - settle in and set up camp, receive a camp tour and orientation, complete swim tests, and get acquainted with camp life - dinner will be served in the dining hall then followed by the evening's entertainment: The Campfire. At Campfire learn songs, watch skits and laugh along with the camp staff.

Pre-camp swim checks are strongly encouraged! Guidance for completing these tests prior to camp can be found at <https://filestore.scouting.org/filestore/Outdoor%20Program/Aquatics/pdf/430-122.pdf>. Camp Aquatics Directors reserve the right to re-test anyone if they feel their swimming ability is in question.



SUNDAY SCHEDULE

- 1:00 - 3:00 PM** - - CHECK-IN FOR SCOUTS & LEADERS AT CAMP OFFICE - MEDICAL SCREENING AT CAMP OFFICE -CAMP TOUR INCLUDING DININGHALL ORIENTATION AND SWIM TEST
- 4:00PM** - Camp wide activities and games
- 5:45 PM** - Flag Lowering
- 6:00 - 6:45 PM** - Dinner
- 7:15PM** - Adult Leader meeting on Program Hall Porch
- 7:30 PM** - Opening campfire - assemble at flagpoles

While at Camp

Life at Camp

While at Camp Famous Eagle, Scouts will stay in one of 3 campsites. Each campsite features roughly 12 canvas tent platforms and room for additional tents on wooden floorboards. Additional tents may need to be setup upon arrival. Each tent has 2 military style cots. Scouts can bring their own tents. If using hammocks, they can not be stacked! Campsites all have potable water and latrines on site with ambient-temperature water showers attached. Sites are also equipped with picnic tables and canvas dining flies along with multiple fire rings.



General Camp Information

Famous Eagle's Dining Hall serves buffet style meals. During your camp tour, your Scouts will learn about their table crew duties. These will include cleaning up after each meal. These are the steps that are necessary to help ensure a smooth dining experience at each meal.

MAIL DELIVERY

Scouts love getting mail at camp! Mail takes several days to arrive, so you may wish to send mail prior to your Scout's departure for camp. Please **DO NOT** send mail after Wednesday of your Scout's week of camp. To ensure proper delivery, use the complete address below:

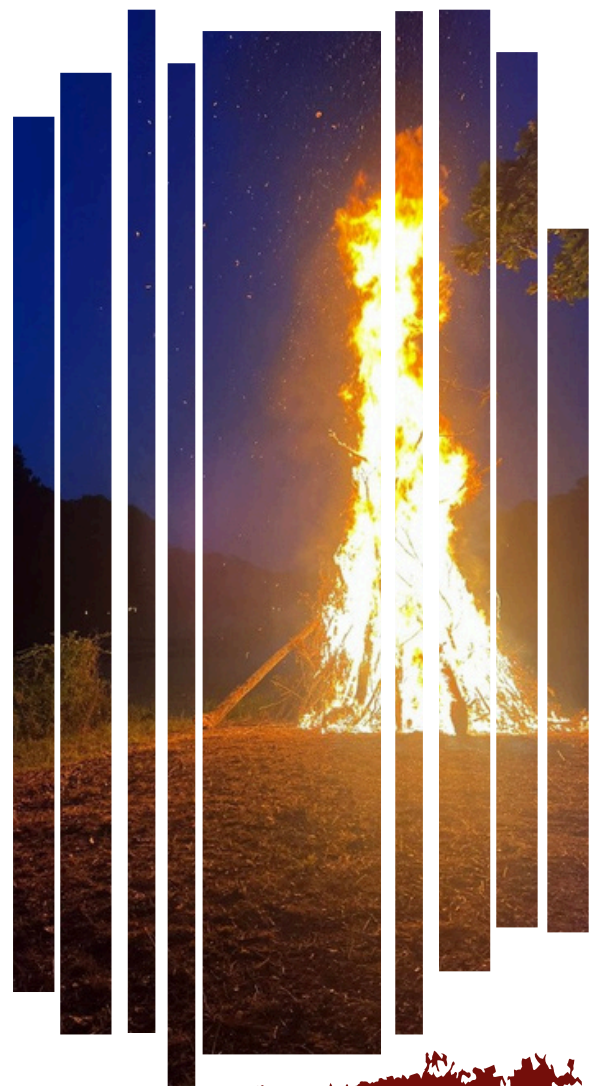
Scout's Name
Camp Famous Eagle Campsite
Name S bar F Scout Ranch
Knob Lick, MO 63651

While at Camp

General Camp Information

GATEWAY TRADERS (Trading Post) We have excellent camp stores in all of our camps! Each Gateway Traders Trading Post is stocked with an assortment of patches, cups, Scouting supplies, camp t-shirts, toiletries, snacks, and more! There is no specific amount of money a Scout should bring to camp, but on the average Scouts spend around \$50. Stores are open during program hours and in the evenings. Credit cards are accepted.

CAMP IS FOR SCOUTS & LEADERS Webelos camp is for registered Webelos and AOL Scouts and leaders. BSA policies do not permit non-registered siblings of any age to attend. **Any adult leader who attends camp MUST be a registered member of the unit they are attending with.**



Camp Program

Camp Schedule

| | Monday | Tuesday | Wednesday | Thursday |
|-----------------|-----------------------------------|---------|-----------|-----------------------|
| 7:50am | Flag Raising | | | |
| 8:00am | Breakfast | | | |
| 9am - 12pm | Adventure Session 1 & 2 | | | |
| 12:00pm | Lunch | | | |
| 1:30pm - 5:15pm | Activity Sessions & Open Programs | | | Break Camp and depart |
| 5:55pm 6:00pm | Flag Lowering | | | |
| 6:00pm | Dinner | | | |
| 7:30pm | Special Evening Programs | | | |
| 10:00pm | Lights Out | | | |



Camp Program

Aquatics

Nims Lake is the jewel of S bar F Scout Ranch. Look at all that is offered!

Canoeing, Kayaking, Stand-up Paddleboarding, Fishing, Swimming, and Huck's Cove!

HUCKS COVE Huck's Cove has two awesome water slides, a zip line, rope swings, and more! Transportation to Huck's Cove from Camp Famous Eagle is by pontoon boat (limited capacity) or personal vehicles. **Buddy tags must be taken to Huck's Cove!**



RECREATIONAL BOATING Canoes, kayaks, and stand-up paddleboards are available from 1:30pm - 5:15pm, Monday through Wednesday. Scouts must be BSA Swimmers to use kayaks and paddleboards.



Camp Program



FISHING

Nims Lake is full of bass, crappie, and catfish! Bring your fishing gear and have a great time. Everyone must observe the following general fishing rules:

Anyone between the ages of 16 and 65 must hold a current Missouri fishing license.

Wading is not permitted.

Live minnows may not be used in the lake at any time.

Fishing is only available in the fishing area, not permitted in any waterfront, Huck's Cove, or boating areas. Lines should not be cast toward swimming area ropes, mile swim lines, or any type of floating device anchored for marking safety or direction.

Hours for the use of boats by adults are 5:30am to 7:45am and 7:30pm to 8:30pm. Please obtain approval for the use of boats from the Aquatics Director.

Swimming Schedule

Swimming is each afternoon M-W during the hours of 1:30pm-5:15pm. Hucks Cove is slotted for the entire camp on one of these days to be determined by weather.

Camp Program

Adventure Program

Slingshot Webelos / Slingshot AOL

Learn about the target sport, slingshots! This will cover all parts of the Webelos and Arrow of Lights elective requirements. It will cover safety, range safety, the parts of the slingshot and lots of target practice.

Champions for Nature (Webelos) / Into the Wild (AOL)

All about animals! Learn about animal ecosystems, habitats, and ways you can help animals in the wild. This will cover all parts of the Webelos and Arrow of Lights elective requirements.

AQUAKNOT (Webelos)/ Swimming (AOL)

Increase your Scout's swimming skills. This will cover all parts of the Webelos and Arrow of Lights elective requirements. This session will cover swim safety, the buddy system, and both instructional swimming and free swim.

Tech on the Trail (Webelos) / High Tech Outdoors (AOL)

Apply technology to the outdoors and go on a hike! Learn the ways that technology can enhance your camping experiences and safety! This will cover all parts of the Webelos and Arrow of Lights elective requirements for these topics.

Let's Camp Webelos / Knife Safety (AOL)

Learn basic outdoor and scout skills for overnight camping and knife safety! This session will cover knife safety, fire building, setting up a campsite and knot tying! Accomplish the elective requirements for these topics.

Modular Design (Webelos) / Engineer (AOL)

With this STEM based elective session, build a model and learn about engineering! Get a chance to play around with STEM gadgets and complete the requirements for these electives.

**YOU
choose
4 electives!**



Camp Program

Camp-wide Programs



OPENING CAMPFIRE/CLOSING CAMPFIRE The Opening Campfire is presented by the Camp Staff on Sunday night. The Closing Campfire will take place on Wednesday. Scouts should assemble on the parade ground at 8:15pm for both of these campfires.

Monday evening campfire is in campsites with S'mores brought in by the campsite counselors.

SPECIAL OPEN PROGRAM AREAS Monday, Tuesday, and Wednesday afternoons will feature special afternoon programs that all Scouts can participate in. These will include activities at Scoutcraft, Nature, STEM, and more!

Scouts and leaders are encouraged to bring and wear tropical shirts to dinner and the program on Tuesday!

The camp is designed to perfectly supplement your den's program and give you a chance to focus on the adventure electives that interest your Webelos and Arrow of Lights the most.

Additional Information

Get involved at GSLAC Camps

ARE YOU INTERESTED IN MAKING A LASTING IMPACT ON SCOUTING PROPERTIES AND PROGRAM?

THE CAMPMASTER AND QUARTERMASTER PROGRAMS ALLOW YOU TO DO JUST THAT!

The Campmaster program is designed to have interested volunteers assist at camp on weekends by checking-in units, responding to equipment needs, and working with the rangers to make sure any other needs are met.

The Quartermaster Corps allows volunteers with various skills to assist with maintenance projects at camp. Whether it is mowing grass, electrical work, or equipment operating, the needs are great and the assistance is invaluable.

Please contact the ranger station at any of the camps that you are interested in helping.

DO YOU HAVE EXPERTISE IN...

**ELECTRICAL
PLUMBING
HVAC SERVICE
PAINTING
HEAVY EQUIPMENT
ROOFING
CHAINSAW
AUTO OR
MARINE MECHANICS
WELDING**

THEN JOIN THE QUARTERMASTER CORPS TODAY!



Additional Information

Summer Camp Staff Opportunities

THE ULTIMATE CAMP EXPERIENCE

Each year, the Greater St. Louis Area Council hires dedicated and passionate individuals to serve on summer camp staff. Staff members help provide a fun, positive experience for campers— while earning a salary! They also have the opportunity to earn a college scholarship worth up to \$1,250.

Check the [Camp Staff](#) page at stlbsa.org for the 2024 Camp Staff application and interview information.



CAMP STAFF SCHOLARSHIPS

Scholarships are available for camp staff members* who have completed their high school education and are enrolled as full-time undergraduate or graduate students.

Scholarships start at \$250 for staff who work one summer, increasing to \$1,250 for those who have worked five summers or more. To contribute to the camp staff scholarship fund, please visit <https://stlbsa.org/give/camp-staff-scholarship>.

*Scholarships are not currently available for staff at Rhodes France Scout Reservation.

