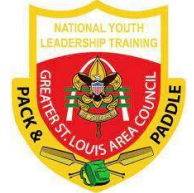




## NATIONAL YOUTH LEADERSHIP TRAINING (NYLT) PERSONAL EQUIPMENT CHECKLIST



For courses held at Greater St. Louis Area Council Camps;  
S-F Scout Ranch-Camp Sakima/Camp Warren Levis/Beaumont Scout Reservation

Official uniform for NYLT is a BSA Field Uniform (Class A) (uniform includes: Shirt, Shorts, Scout Socks, belt). For their personal comfort, all participants will need to have the items listed below as required. **(IMPORTANT: Wear your full field uniform (Class A) to camp. The program will begin immediately.)**

### REQUIRED ITEMS:

- BSA Med/Health Form A, B, C
- Medication Form (filled out by parent/guardian)
- 2 NYLT activity uniform t-shirts (Class B) are provided t-shirts are available for purchase)
- Scout Field Uniform Shirt (Class A) (worn to camp)
- Scout Shorts/Pants
- Scout Socks (minimum two pair)
- Scout Belt (if own one)
- Under clothing
- Rain Jacket/Poncho
- Swim Suit/towel
- Sleeping Bag
- Camp Chair (portable to carry when/if needed)
- Hiking shoes/boots (athletic shoes not recommended) extra pair of shoes (it does rain at camp)
- Day Pack /School type backpack adequate for Carrying gear on an overnight hike
- Water bottle-Nalgene type/WIDE mouth Clear/see through color (no bladder bags please)
- Waterproof ground cloth/tarp (minimum 6'x8')for overnight
- Flashlight with extra batteries
- PERSONAL TENT** – small footprint (10x10 max Preferred – some scouts borrow from home troop) (optional: footprint tarp for tent)

- Prescribed medications (see note below)
- OTC form (filled out/signed by parent/guardian)
- Two pens, small notebook (additional
- Two large plastic yard type trash bags
- Two “gallon” ziplock bags
- Toothbrush/toothpaste
- Brush/Comb
- Soap/Body Wash
- Towel/Washcloth/shower shoes
- Light Jacket
- Knife, fork, spoon, cup, mess kit
- Sunscreen (non-aerosol)
- Non-aerosol insect repellent

### OPTIONAL ITEMS:

- Cot
- Sleeping Pad
- Pillow/Travel Pillow/Inflatable Pillow
- Sewing kit
- Long sleeve shirt
- Sheet/blanket
- Clothesline cordage
- Work gloves

**SPECIAL NOTE:** Participants in camp have option to utilize a “camp style” washing machine.

**PACK ALL YOUR GEAR IN A BACKPACK/DUFFLE THAT YOU CAN CARRY – PARTICIPANTS WILL CARRY PERSONAL GEAR TO THEIR CAMPSITE. BOY SCOUTS OF AMERICA UNIFORM PARTS ARE ACCEPTABLE, ALL CLOTHING AND EQUIPMENT MUST BE MARKED WITH THE SCOUT’S NAME AND HOME TROOP NUMBER**

**NOTE: Required / prescription medications** are reviewed by course medical officer at check-in. These (and any OTC medications being brought) **MUST** be labeled, in **ORIGINAL CONTAINERS, including boxes (including samples) with prescription label on them**, not expired, and listed on the medication /OTC sheet(s). Scouts must keep track of their own needs and see the medical officer when they need medications. Medications will be dispensed as prescribed by physician. **PLEASE** only bring quantity needed for the course.

**NOTE:** The Trading Post will not be open during the course. The Trading Post will open as the course concludes and will offer NYLT specific items.

### Additional Items:

- Participants are assigned to patrols upon arrival, with whom they will camp during the course. Bring a suitable individual tent, stakes, etc. Borrow this from your troop if you do not own one.
- You will be required to “pack in” and will be living and camping outdoors, so you will need a backpack/duffle suitable for transporting all gear in one trip to your patrol campsite / you will need a backpack capable of holding sleeping bag/necessities for an overnight hike. (Try to borrow something if you do not own one). Meals are prepared by patrol members on provided camp stoves. All cooking equipment will be provided.

### Prohibited or Restricted Items:

- Do Not Bring: Trunks, footlockers, wagons, or suitcases (plastic tubs with personal gear may be used, but you will need to carry these items to your campsite)
- NO Electronics, (Cell Phones, Games, etc) / NO Firearms/Fireworks / NO Tobacco or Vape Pens
- NO Snacks, Food, Drinks, Coolers, Devices/Drugs/Alcohol
- NO Pocket Knives / no hammocks
- Do Not Bring: Hat, large amount of cash, items inconsistent with Scout Oath and Law

## **\*\*\*\* PACK AND PADDLE PARTICIPANTS – additional items needed \*\*\*\***

Pack and Paddle (P&P) is facilitated outside of the traditional base camp - in the “back country”, therefore P&P participants have additional gear needed. NOTE below there are a few items from the previous list not needed.

### **PACK AND PADDLE SPECIFIC PERSONAL EQUIPMENT LIST (in addition to previous list):**

- |  |  |
|--|--|
| <input type="checkbox"/> Hiking Socks (synthetic preferred; three pair recommended minimum)                | <input type="checkbox"/> Pack Cover    |
| <input type="checkbox"/> Water Shoes (feet get wet during paddle portion)                                  | <input type="checkbox"/> Small Daypack |
| <input type="checkbox"/> For underclothing (3 sets minimum, synthetic preferred)                           | <input type="checkbox"/> Sleeping Pad  |
| <input type="checkbox"/> Rain gear (jacket is best) Rain pants are optional                                | <input type="checkbox"/> Compass       |
| <input type="checkbox"/> Warm layer (chilly mornings & evenings – fleece hat/light fleece top)             |  |
| <input type="checkbox"/> <b>BACKPACK</b> – Internal or External frame backpack (40L capacity, minimum)     |  |
| <input type="checkbox"/> Bowl, cup, and spoon/sport – for backpacking/reusable                             |  |
| <input type="checkbox"/> Additional Water Bottles (2-3 needed, WIDE mouth Nalgene type – 1 liter capacity) |  |
| <b>No “sippy tops” or sport tops. Bottles must be transparent/see through</b>                              |  |

### Optional Items:

- |  |                                     |
|--|-------------------------------------|
| <input type="checkbox"/> Small travel/inflatable pillow        | <input type="checkbox"/> ChapStick  |
| <input type="checkbox"/> Extra Ziploc bags/trash bags          | <input type="checkbox"/> Sunglasses |
| <input type="checkbox"/> portable backpacking camp chair/stool |                                     |

### ITEMS FROM PREVIOUS LIST NOT NEEDED FOR PACK AND PADDLE PARTICIPANTS:

- Personal Tent (only needed for land based participants)
- Bulky camp chair (P&P have option to bring backpacking chair/stool)
- Cot (P&P have option to bring sleeping pad)

**PACK ALL YOUR GEAR IN AN EXTERNAL OR INTERNAL FRAME BACKPACK WITH SUFFICIENT ROOM TO INCLUDE THE ADDITION OF GROUP FOOD AND GEAR. OFFICIAL BOY SCOUTS OF AMERICA UNIFORM PARTS ARE ACCEPTABLE. IT IS BEST TO PACK ALL CLOTHING AND PERSONAL GEAR IN LARGE ZIP-LOCK BAGS INSIDE YOUR PACK TO PROTECT AGAINST WEATHER. YOU WILL BE ABLE TO LEAVE AN EXTRA SET OF CLOTHES AT BASE CAMP IF DESIRED**