

2024 APEX Program Itinerary

Sunday

Meeting for all participants – 7:15pm @ Famous Eagle’s Commissary
or Gamble’s Northstar Pavilion

- Participants will decide which activities they are going to participate in during the week so we have accurate numbers for all activities.
- Please note limited availability for Climbing & Rappelling; Pre-registered Climbing Merit Badge participants will receive priority.
- Participants will sign-up to eat lunch at Swift Base.
- **Adult volunteer leadership will be needed throughout the week. Target ratio of 1 adult per 5 youth.**
- Transportation is only provided before the beginning of morning program & after the end of afternoon program unless otherwise noted. **Adult leaders are asked to provide any additional transportation.**

Monday

Cowboy Action Shooting – Meet at Swift Range at 9:00am

- Pontoon (Depart 8:30 from TG/FE) to Swift.

Shotgun Shooting – Meet at Shotgun Range on Camporee Field at 2:00pm

- First 10 shots are free.
- Shuttle participants back to camp at 5pm.

Tuesday

Sporting Arrows – Meet at Swift Pavilion at 9:00am

- Pontoon (Depart 8:30 from TG/FE) to Swift.

High Ropes Course – Meet at Challenge Course Parking Lot at 2:00pm

- Last parking lot along the road to Swift Base before turn for Huck’s Cove
- Limit of 14 participants total
- **Bring at least 4 quarts of water**
- Shuttle participants back to camp at 5pm

Pontoon Cruise on Nims Lake

- Meet at boat dock at 7:30 pm

Wednesday

Low Ropes Course – Meet at Challenge Course Parking Lot at 9:00am

- Pontoon (Depart 8:30 from TG/FE) to Swift.
- Last parking lot along the road to Swift Base before turn for Huck's Cove
- Minimum of 7 participants
- **Bring at least 4 quarts of water**

Climbing Merit Badge Pre-Cliff Section - Meet at Challenge Course Parking Lot at 9:00am

- Pontoon (Depart 8:30 from TG/FE) to Swift.
- **This is required for the Climbing Merit Badge.** If you don't attend the Pre-Cliff section you can still attend the Cliff Section, but will end up with a partial.
- **Bring at least 4 quarts of water.**

Kayak Water Polo

- Meet at TG/FE Boating Area w/ buddy tags at 2:00pm
- Staff will escort you to Turkey Cove via Kayak
- **Wear sunsreen & bring water**
- Back to camp by 5pm.

Thursday

Climbing & Rappelling at the Cliffs – Meet at the Castle Rock Parking Lot at 9:00am

- PLEASE NOTE: Availability for this activity is limited; Scouts taking Climbing Merit Badge will receive priority.
- Pontoon (Depart 8:30 from TG/FE) to Swift.
- **Bring at least 4 quarts of water**
- Will continue through the afternoon.
- **Must participate in pre-session to earn the merit badge**
- Shuttle participants back to camp at 5pm.

Friday

APEX Huck's Cove — Meet at Huck's Cove at 9:00am

- Pontoon (Depart 8:45 from TG/FE) to Swift.
- Pontoon back to camp at 12:00 noon.