2023 HORSE CAMP INFORMATION

July 23- July 29, 2023

<u>MEDICAL EXAMINATIONS</u>: Every Camper **MUST** have a completed Annual Health and Medical Record form (Parts A, B, & C) with part C signed by a physician licensed to practice medicine within the timeframe specified on the form. This form must be presented and will be reviewed upon arrival.

<u>SPECIAL DIETARY NEEDS</u>: _Any camper with a special dietary need must complete a Special Diet Request Form (found on Council Website at stlbsa.org/camps) and submit it as directed on the form.

<u>CHECK IN AND CHECK OUT TIMES</u>: Check in of campers will be from 9:00 - 10:00 AM on Sunday July 23, 2023 and check out will be at 1:00 PM on Saturday July 29, 2023 at Nagel Explorer Base on Beaumont Scout Reservation. <u>NOTE: A PARENT/GUARDIAN MUST CHECK EACH CAMPER IN.</u>

FEES: All fees must be paid in full prior to arrival at camp.

EARLY DEPARTURES: Any early departure from camp will require parental consent and must be coordinated with the camp director at check in.

MAILING ADDRESS FOR CAMPERS:

Scout/Explorer's name Horse Camp 6480 Beaumont Reservation Dr. High Ridge, MO 63049

<u>TELEPHONE SERVICE</u>: The telephone number for Beaumont is 636-938-5444. Messages will be delivered to Horse Camp as soon as possible.

ENCLOSURES:

- Personal Equipment List
- Information Sheet "Horse Camp What to Expect..."

Please read all enclosed information so that you will be adequately prepared for Horse Camp.

HORSE CAMP PACKING LIST

REQUIRED

- Completed Annual Health & Medical Form - Medications

- Long Pants for Riding - Shoes Suitable for Riding

- Canteen / Water Bottle

RECOMMENDED

- Bandanas - Mattress/sleeping pad

- Flashlight with Extra Batteries - Sunscreen

- Sleeping Bag/Blankets -Towels/Washcloth

- Raincoat/Rain Poncho - Extra Clothing and Shoes for Week

- Swimwear - Personal Toilet Articles

-Jacket or Sweatshirt - Pocket Knife (NO Sheath Knives)

OPTIONAL

- Work Gloves - Lawn Chair - Hat

- Musical Instrument - Camera - Sunglasses

- Insect Repellant - Riding Helmet

- Secure/"Critter Proof" Container/Cooler for soda & snacks

HORSE CAMP - WHAT TO EXPECT ...

During this weeklong camp, you will participate in a variety of activities. The purpose of this overview is to let you know what to expect so you can pack accordingly. This camp is a group experience and we expect all campers to fully participate in the activities offered. We request that campers come prepared for the week and that parents or friends not visit throughout the week. Personal communication devices (i.e. cell phones, head phones, radios, etc.) will not be allowed during activities and we ask that use of these devices be minimized.

Check in will be from 9:00 to 10:00 AM on Sunday July 23, 2023. You also <u>must</u> submit your completed Annual Health and Medical Form. A parent/guardian must accompany each camper. You will then settle into one of the adirondacks where you will stay for the week.

You will participate in a variety of activities including:

- Horseback Riding
- Swimming
- Climbing Tower
- Shooting Sports
- Ropes Course

When riding you must wear long pants. Hard soled shoes are recommended.

For the Climbing Tower you should wear comfortable clothes and tennis shoes.

For the swimming it is recommended that you bring a towel, sunscreen, a hat and a lightweight long sleeve shirt.

We will have a "Cavalcade" on Saturday at 10 AM which will consist of a variety of fun competitive events. Families are invited to come and watch the show. We suggest they bring lawn chairs, refreshments and shade.

Check out will be at 1:00 PM on Saturday July 29, 2023.

During the week meals and drinks will be provided. Feel free to bring a secured cooler for soda and/or snacks as there will be NO trading post. Ice will be available for purchase and shower facilities will also be available on a daily basis.

We hope this gives you an idea of what to expect so you can pack accordingly. For questions or additional information please contact a member of the Horse Camp staff via phone. Numbers are available through the Council office.