



SWIFT HIGH ADVENTURE BASE GREATER ST. LOUIS AREA COUNCIL



S bar F Scout Ranch, located in the rolling hills of Southeast Missouri, consists of 5,200 acres of forests, rocks, streams, bluffs, trails, and wildlife — all of which makes "The Ranch" a great place for summer camp. S bar F is home to four camps, all situated around 270-acre Nims Lake: Camp Famous Eagle boasts a state-of-the-art dining hall; Camp Gamble offers a traditional patrol cooking experience; Swift High Adventure Base offers exciting high-adventure activities for Venturers and older Scouts; and Camp Sakima serves as the site for the country's largest National Youth Leadership Training program (NYLT).

2023 Scouts BSA Session

Session 1 - July 2 - 8





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What's New in 2023?

COUNCIL HELP DESK

If you have questions about camp, you can email <u>help@stlbsa.org</u>. A member of our Council staff will be in touch with an answer.



Camp Planning in 4 Easy Steps

Step 1: Read this guide entirely. Each year there are programmatic and procedural changes. This guide provides all the latest information.

Step 2: Get organized. Start the planning process with your unit now so you can get the information you need in advance of deadlines.

Step 3: Ask questions. If you are unsure of anything, please don't hesitate to reach out. Parent's questions should be directed to unit leaders to streamline communications with the Council.

- Email: help@stlbsa.org
- Telephone 314.361.0600

Step 4: Help us help you. Some things will go wrong. That's life! Please let us know ASAP so we can work with you to address any issues that crop up.

Checklist

	ASAP	Site Reserved.
	January 3	Individual Registration Opens. Begin making individual payments.
	March	Unit Leaders attend Camp Leader Meeting.
	April 12	Camper Savings Day. Pay in full to receive a \$20 discount.
	May 1	Campership applications due.
	May	Gather BSA Medical Forms for all attending camp.
П	May	Submit any special dietary needs/food allergies.



Camp Fees

These fees apply to one week of Scouts BSA Summer camp with a Troop or individually.

Youth

• If paid in full on or before April 12th, 2023: \$370

• If paid in full April 13 - May 31: \$390

• If paid in full after May 31: \$400

Leaders

• 3 - 10 Scouts: 1 free leader

• 11 - 20 Scouts: 2 free leaders

• 21 - 30 Scouts: 3 free leaders

• 31 - 40 Scouts: 4 free leaders

• 41 - 50 Scouts: 5 free leaders

• Each additional leader: \$120

Payment Schedule

March 10 \$80.00

April 28 \$155.00

May 31 \$155.00

To qualify for the Camper Savings \$20 discount. The entire fee of \$370 must be paid on or before April 12, 2023.

Discounts

Multiple Week Discount

\$100 off a second week of a qualifying camp.

Family Discount

\$100 off each additional Scout attending from the same household.

Multiple Week and Family discounts will be automatically applied within the registration system. For Multiple Week discounts, the system will qualify the discount based on two (or more) registrations having a Scout with the same first name, last name, and unit number. For the Family discount, the system will qualify the discount based on two (or more) Scouts having the same street address. For each discount, one Scout/session will need to be paid in full before the discount can be automatically applied to the other Scout(s)/Session(s). Discounts are not eligible for NYLT or Horse Camp. **Discounts cannot be combined, including with camperships.**



Register Individual Scouts

Beginning January 3rd

- Enter names of Scouts attending camp.
- Setup Parent Portal option for parents to make payments.
- Apply payments to individual Scouts.
- Remove unused youth and adult slots by completing the Participant Deletion Form.



Camperships

Every youth deserves the opportunity to experience summer camp. Camperships may cover up to 50% of the full camp fee. To apply for a campership, submit an application via our online form (https://247scouting.com/forms/312-campership23) by May 1, 2023; camperships will be available until funds are depleted.

Camperships are limited to one per qualifying Scout and are only available to Scouts registered as a member of the Greater St. Louis Area Council attending an in-Council camp.

Cancellations & Refunds

Refunds may be issued in circumstances involving medical or family emergencies and must be requested online at https://247scouting.com/forms/?OrgKey=BSA312&id=2925 before August 31, 2023. Unit should attempt to collect fees from families before making payments. Refund requests from units that make payments on behalf of families that ultimately do not come to camp will only be considered in the case of medical or family emergencies. Refunds are made to the individual or group who made the payment.



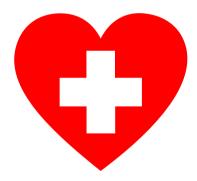
HELP START YOUR WEEK SMOOTHLY BY HAVING THE RIGHT FORMS

Below is an explanation for the three most common types of forms/documentation that Scouts and Adult Leaders need to provide either before or upon arriving at camp.



SPECIAL DIETS

Allergies and special diets are a common concern of our campers. Our food service providers are happy to accommodate any diet for religious, medical or allergy needs; however, a form must be submitted three weeks prior to arrival. The online form can be found at: www.stlbsa.org/camps



BSA ANNUAL HEALTH & MEDICAL RECORD

All youth and adults attending camp must have a current BSA Annual Health & Medical Record form. Part C of this form requires a visit to a physician, nurse practitioner, or physician's assistant. Please note that school, sport, or any other physical form cannot be substituted for the BSA's form. The most current form is found at

https://www.scouting.org/healthand-safety/ahmr/



PERSONAL EQUIPMENT CHECKLIST

- Water bottle
- Completed & signed medical form
- Medications, with directions, in original containers
- Duffle bag or pack
- Swimsuit (pack on top)
- Towels (pack on top)
- Field uniform
- Hiking shoes/boots
- Rain jacket/poncho
- Sweatshirt/light jacket
- Sunscreen
- Shower shoes/sandals
- Camp/Scout T-shirts
- Underwear
- Socks (6+ pair)
- Washcloth
- Soap & Shampoo

- Mess kit
- Toothbrush & paste
- Hairbrush or comb
- Flashlight & batteries
- Insect repellent (non-aerosol)
- Pocketknife
- Personal first aid kit
- Sleeping bag or sheets & blanket
- Pillow
- Pajamas
- Camp chair
- Spending money
- Bandanas

Prohibited items: firearms or ammunition, fireworks, alcoholic beverages, drugs, and aerosol products

Items not recommended: electronic devices (such as Nintendo Switch, iPods), items of value, and extra food that might attract animals

Campers should mark all of their equipment and clothing with their names.

A Scout is welcome in any Scout camp, whether or not he or she owns a Scout uniform.

Health & Safety

S bar F Scout Ranch is staffed 24 hours a day by qualified health personnel. The Ranch medical director holds sick call in the lodge each day (exact times will be announced at the Sunday leader meeting). All injuries and illnesses — no matter how minor — should be reported to your camp office. Persons with serious injuries or illnesses requiring hospitalization are transported to Parkland Health Center in Farmington. If an emergency occurs that requires calling 911, also contact your camp office immediately.

MEDICAL FORMS & RECHECKS

Every Scout and adult attending camp must — upon arrival — present a completed health record: Parts A, B, and C of the current Annual Health and Medical Record. Part C must be signed by licensed medical personnel (limited to a doctor of medicine, doctor of osteopathy, physician's assistant, or nurse practitioner). The Annual Health and Medical Record requires a yearly medical exam by licensed medical personnel for all Scouts and adults attending camp.

Medical recheck takes place in the campsite by the troop counselor and an adult leader of the troop. Medical forms should remain in the campsite during check-in.

Adults who will spend fewer than 72 hours in camp are classified as visiting leaders and are not required to have the physician's statement. They must complete Parts A and B of the Annual Health and Medical Record.

Medical forms can be downloaded from the Summer Camps page at stlbsa.org. The forms can be filled out online, printed, and saved with the typed information. Beware of common errors: missing date of physical, doctor's signature, and tetanus shot date.

<u>Unit leaders should collect and review all</u> <u>medical forms prior to camp</u>. If the unit leader has any questions concerning a Scout's medical form, they should contact the Scout's parents.

EXPERIENCING SYMPTOMS?

For the safety of everyone in camp, Scouts and adults are not to attend camp if they have had flu-like symptoms in the 3 days prior to their arrival in camp. Flu-like symptoms include fever (100 degrees or higher), cough, sore throat, chills, headache, fatigue, vomiting, and/or diarrhea. Parents and unit leaders are responsible for ensuring that Scouts and adults who are ill do not come to camp.

MEDICAL TRANSPORTATION

Parents of Scouts are responsible for the cost of any treatment that cannot be done in camp. Non-emergency transportation of a Scout or leader to a hospital is the responsibility of the troop. In case of an emergency, transportation is provided by local authorities. Parents of the Scout are responsible for any costs incurred for emergency transportation.

MEDICATION

Medications **MUST** be kept secure and dispensed by the unit leader. Unit leaders should keep track of when, how much, the type, and by whom the medication was dispensed. When requested, the camp holds medications requiring refrigeration or those that the camper and his leaders feel uncomfortable holding.



While at Camp

Opening Day & Arrival

CHECK IN AT SWIFT LODGE

Unit leaders check in with the Business Manager and verify attendance of all youth and adults and settle and outstanding fees.

TAKE GEAR TO CAMPSITE & CHECK-IN WITH

A staff member will be at the campsite to help plan the layout. Do not place any gear in tents until assignments are made by your program counselor.

CHECK-IN WITH PROGRAM COUNSELOR ON CAMPSITE

As soon as possible after arrival at the campsite, have every youth and adult change into swim gear and shoes for swim tests.

Medical screenings will also be held on the campsite.

Pre-camp swim checks are strongly encouraged! Guidance for completing these tests prior to camp can be found at https://filestore.scouting.org/filestore/
Outdoor%20Program/Aquatics/pdf/430122.pdf. Camp Aquatics Directors reserve the right to re-test anyone if they feel their swimming ability is in question.



SUNDAY SCHEDULE

1:00 -2:30 PM -

- CHECK-IN FOR LEADERS AT CAMP OFFICE
- MEDICAL SCREENING AT CAMPSITE
- -CAMP TOUR INCLUDING DINING HALL ORIENTATION AND SWIM TEST

5:00 PM - LEADER & SPL MEETING AT THE PAVILION

6:25 PM - FLAG LOWERING - ENTIRE CAMP ATTENDS IN UNIFORM

6:30 PM - DINNER

7:15 PM - PROGRAM PREVIEW

8:15 PM - OPENING CAMPFIRE - ASSEMBLE AT FLAGPOLES



While at Camp

Life at Camp

Swift has five campsites: Beckman, Thompson, Simmons, Wright, and Keith. You may share a campsite with another unit or two for the week.

Each campsite has a latrine, running water, outdoor shower, permanent platform tents, campfire ring, and two dining flies. Cots are also provided.

Across from the pavilion is the shower building with heated showers for Scouts age 17 and younger. Showering is available from 6:00 a.m. to midnight, and the building is lighted in the evening.



General Camp Information

TABLE CREW

Meals at Swift are served cafeteria style in Swift Lodge.

During your camp tour, your troop will learn about their table crew duties. These will include setting the table for each meal, getting food & drinks, and cleaning up after each meal. These are the steps that are necessary to help ensure a smooth dining experience at each meal.

RELIGIOUS OBSERVANCE

S bar F employs a full-time camp chaplain who is available to conduct religious services and visit with Scouts and leaders. The Camp Office will have contact information for the Chaplain.

MAIL DELIVERY

Scouts love getting mail at camp! Mail takes several days to arrive, so you may wish to send mail prior to your Scout's departure for camp. Please DO NOT send mail after Wednesday of your Scout's week of camp. To ensure proper delivery, use the complete address below:

Scout's Name & Troop Number Swift Base Campsite Name S bar F Scout Ranch Knob Lick, MO 63651



General Camp Information

GATEWAY TRADERS (Trading Post)

We have excellent camp stores in all of our camps! Each Gateway Traders Trading Post is stocked with an assortment of patches, cups, Scouting supplies, camp t-shirts, toiletries, snacks, and more! There is no specific amount of money a Scout should bring to camp, but on the average Scouts spend around \$40. You can check out board games, cards, and sports equipment here as well. Stores are open during program hours and in the evenings. Credit cards are accepted. No tabs are allowed.



CAMP SHIRT PRE-ORDERS

Units are <u>STRONGLY</u> encouraged to pre-order camp t-shirts. This will ensure Scouts get the size & quantity they need. You can pre-order shirts from <u>www.gatewaytraders.org</u>. The supply at camp will be limited.

CAMP IS FOR SCOUTS & LEADERS

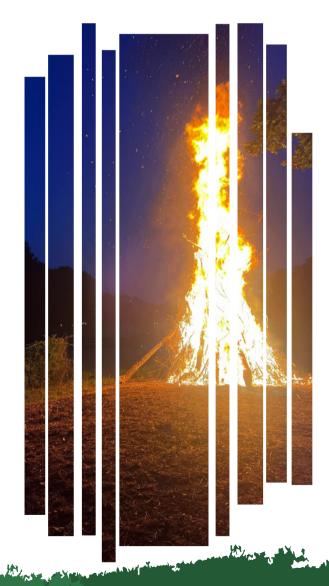
Summer camp is for registered Scouts and leaders. BSA policies do not permit non-registered siblings of any age to attend. Any adult leader who attends camp for more than 72 hours (does not have to be consecutive) MUST be a registered member of the Boy Scouts of America.

TWO-DEEP LEADERSHIP

Every unit must provide at least two registered adult leaders over the age of 21 for all Scouting activities, including Summer Camp.

SCOUTS ARE HELPFUL

Troops will be asked to help with certain cleaning duties at camp including shower and restroom facilities.





General Camp Information

FACILITIES

Swift Lodge

Swift Lodge is where you eat your meals during the week. It is also home to the trading post, camp office, indoor restrooms, and adult leader showers. When it's not a meal time, feel free to hand out, play games, or relax.

The camp office is where you check in or out of camp. It's also the place to go if you have questions during the week or to pay any camp fees.

Indoor restrooms are available for all (vouth and adult) to use. Female vouth are welcome to use the indoor restrooms at all times. Male youth may use the indoor restrooms in the back of the Lodge from 7am - 10pm. During other times, male youth may use the unisex restroom in the main part of the Lodge.

Adult leader showers - for adults age 21 and older - are at the rear of the Lodge.

Pavilion

The Pavilion is located in the center of camp and is home to many programs throughout the week. It's where you'll meet to go on many out programs, as well as for many of the meetings throughout the week. It's also where the dance is held on Friday night. It's a great place to play games or listen to music.





General Camp Information

PROVISIONAL ATTENDANCE

One of the primary purposes of camp is to strengthen the unit, and it is preferred that Scouts attend camp with their unit. However, this is not always possible. There may be a scheduling conflict with the week your unit is attending camp, or perhaps you joined after a high-adventure sign-up deadline. Some Scouts may also want to attend a specific specialty week – or even a second week of camp.

For these reasons, the provisional option ensures that Scouts are able to participate in summer camp. During a provisional week at camp, Scouts are assigned to a host unit. A maximum of three Scouts from any unit may attend provisionally. Beyond three, a unit must provide leadership for the Scouts. Your unit may also consider partnering with another unit to provide adequate leadership.

Camp Program

DAILY LEADER MEETINGS

Each Unit needs to have at least one adult present at every meeting. These meetings are held in the Pavilion.

Sunday 5:00 p.m. Monday 1:15 p.m. Tuesday 1:15 p.m. Wednesday 1:15 p.m. Thursday 1:15 p.m. Friday 1:15 p.m.





IT'S ALL ABOUT THE ADVENTURE YOU CHOOSE

Every camper at Swift High Adventure Base at S bar F Scout Ranch (also known as The Ranch) has more program opportunities than he or she is able to do. Some activities are scheduled by your unit; some are by individual sign-up. Activities for the theme of the week may overlap with your unit's assigned program slots. Your unit can choose to go on a backpacking trek around S bar F or a day trip to one of the local state parks.

Camp at Swift is all about the adventure you choose for yourself and your unit. If you can't do everything, that's just more reason to come back for a second week as well as next year!

Program planning starts before you get to camp. There are many options for what you can do at Swift. Share this guide with your unit and see what everyone wants to do before getting to camp. Some activities will conflict, and you may need to choose between them.

PROGRAM SCHEDULING

Your unit can begin planning the program long before you arrive at camp. We will meet with the unit leadership and ensure that the schedule is set and accomplishes the goals of the unit while they are at Swift. Other programs are individual/smallgroup sign-up based such as mountain bikes, horseback rides, water skiing, tubing, and knee-boarding. Sign-ups for these are at Swift Lodge on Monday and Wednesday mornings.

CUSTOMIZE YOUR PROGRAM

Merit badges will be offered in the afternoons, but mornings are open for your own custom program.

Many of your program choices are assigned, but your unit can always go "off the map" and plan your own program. Some units visit nearby Elephant Rocks State Park, borrow boats and canoes on the lake, go hiking around the Ranch, or just take a night off and head to town to get some pizza and a movie. Feel free to plan these types of activities into your week at Swift. When it comes to program, your unit is in charge of what you can do. A listing of day trips at or near S-F Scout Ranch is available at the camp office and at stlbsa.org.



Aquatics

Nims Lake is the jewel of S bar F Scout Ranch. Look at all that is offered!

Canoeing, Kayaking, Stand-up Paddleboarding, Rowing, Waterskiing, Sailing, Fishing, Swimming, Floating Iceberg Climbing Wall, Water Bikes, Huck's Cove, and Motorboating!

HUCKS COVE

Huck's Cove has two awesome water slides, a zip line, rope swings, and more!

Huck's Cove is open during most program slots. Units may visit on their own whenever the area is open. Bring water and provide adequate adult leadership.



SWIMMING

The Camping Committee has set the following procedures in concert with the National Boy Scouts of America policies, recognizing the responsibility to parents and leaders for their sons, daughters, Scouts, Venturers, and Explorers. Most of these procedures and rules fall under the "common sense" category, but it is important that all acknowledge and understand them. The camp director – through the aquatics director – will be the final authority for any question of safety, policy, or procedure.

Campers will be identified according to their swimming ability as Swimmers, Beginners, or Learners according to the following:

- Learners No test
- Beginners Swim 50 feet as follows: Jump feet first into water over camper's head, come to the surface, level off, swim 25 feet, turn sharply, and return to the starting point.
- Swimmers Swim 100 yards as follows: Enter water feet first; swim 75 yards in a strong manner using one or more of the following strokes: sidestroke, breaststroke, trudgen, or crawl; swim 25 yards on the back, using a resting stroke; rest by floating or, if nonbuoyant, with just enough motion to stay afloat.



Aquatics

SWIMMING

The Aquatics director should be informed in writing of campers who are not allowed to swim due to medical restrictions. Free swim will take place Monday - Friday at 4pm.

During swim times:

- Keep valuables jewelry, wallets, cameras, etc. – at unit's campsite.
- Use sun block and wear shirts at the waterfront to avoid sunburns.

BOATING, CANOEING, ROWING, SAILING, STAND-UP PADDLEBOARDS, & PEDAL BOATING

Recreational canoeing, kayaking, sailing, and stand-up paddleboarding are available from 9 a.m. to noon Monday through Friday.

Waterfront activities are allowed only in authorized areas under the strict supervision of the Aquatics staff. Anyone violating this rule may be dismissed from camp immediately. Wading outside the swim areas is not permitted.

- The Buddy System is in use at all times, including during boating.
- A Coast Guard-approved personal flotation device (PFD) for each person aboard a watercraft must be worn at all times.
- Those wishing to use a watercraft outside of the designated times must secure the permission from the Aquatics director. Use of any watercraft is restricted to daylight hours from 1/2 hour before sunrise to 1/2 hour after sunset.



- Craft are to remain within sight of the waterfront pavillion in the area designated by the Aquatics director, except when under staff escort for special programs.
- In the event of swamping or capsizing, campers should not attempt to swim to shore or another craft but remain with the craft, which floats.
- Always check in and out through the Boating Buddy Board.

THE FOLLOWING ARE NOT PERMITTED IN THE AQUATICS OR BOATING AREAS:

- Running or horseplay
- Sitting or walking on beached craft
- Standing up in the craft except sculling practice in a rowboat
- Changing positions in a craft offshore
- · Ramming, splashing, or capsizing
- Food, drink, or any type of glass container
- Use of boats after dark



Aquatics

WHO MAY BOAT

- Only qualified Swimmers may use the rowboats, canoes, kayaks, sailboats, or stand-up paddleboards during recreational periods.
- The Buddy System is in effect at all times.
- Scouters bringing their own craft to camp must obtain the approval of the camp director, have the craft checked by the Aquatics director, and follow the procedures as outlined in the policy of the council.

Electric trolling motors are permitted, but no other motors are allowed. Private craft must be docked at the camp boating area and must abide by all council boating regulations.

AQUATICS SUPERVISION AWARDS

- Swimming Water Rescue
- Paddle Craft Safety

These hands-on courses provide older Scouts and unit leaders in-depth training in Safe Swim Defense and Safety Afloat principles along with basic swimming, boating, and rescue skills.

A youth must be at least 16 years old to work on the Aquatics Supervision Awards. Times are determined at camp based on number of participants.

SAFE SWIM DEFENSE & SAFETY AFLOAT

Wednesday, 10:30 a.m. • Aquatics Area These two trainings cover basic concepts of taking your unit swimming or boating and are required to take your unit on these trips. These trainings are offered in one session lasting two hours. Training is valid for two years. Safe Swim Defense & Safety Afloat training may be taken online at myscouting.org.

BSA AQUATICS SUPERVISION

Times vary • Aquatics Area
Aquatics Supervision: Paddle Craft Safety
and Aquatics Supervision: Swimming &
Water Rescue continue the concepts
introduced in Safe Swim Defense and
Safety Afloat. These trainings, each taking
approximately eight hours to complete,
add skill practice to concepts.

Depending on demand and schedules of those in camp, BSA Paddle Craft Safety Instructor and BSA Swimming & Water Rescue Instructor may be offered. These courses are small-group training in multiple sessions and take approximately 8 hours. They are enhanced trainings that help prepare adults and youth (age 16 and older) to take units on aquatic activities, and are recommended to meet the Safety Afloat and Safe Swim Defense Qualified Supervision. These trainings are valid for three years.



Aquatics

FISHING

Fishing is a fun and relaxing activity for Venturers and leaders at camp. Swift Base offers a great shoreline fishing trail.

General Fishing Rules

- Anyone between the ages of 16 and 65 must hold a current Missouri fishing license.
- Do not fish near any swim area, including Huck's Cove. A lost lure generally ends up in a Scout's foot!
- Wading is not permitted.
- Live minnows may not be used in the lake at any time.
- Fishing is not permitted in any waterfront, Huck's Cove, or boating area. Lines should not be cast toward swimming area ropes, mile swim lines, or any type of floating device anchored for marking safety or direction.

Rules Regarding the Use of Camp Boats by Adults for Fishing

- Hours for the use of boats by adults are 5:30 to 7:45 a.m. and 7:30 to 8:30 p.m.
- Rowboats can be used, as well as canoes when available required minimum of two craft, minimum two campers.
- Craft are not to be taken out under adverse weather conditions.
- Camp boating regulations apply at all times except where they conflict with this policy.
- Craft must be left clean, oars and PFDs returned as instructed, and all trash removed from the area.
- The Aquatics director must be informed when craft are used for fishing purposes.

Personal craft are subject to these same rules. Personal craft may be used from 5:30 a.m. to 8:30 p.m. The Aquatics director must be informed when any personal craft is out on the water.





Camp-wide Programs



SWIFT SUPERSTAR AWARD

Any youth or adult in camp can earn the Swift Superstar Award. This award shows that you have lived life to the fullest at Swift and tried out all that Swift has to offer. Get a progress card at the Trading Post.

Swift staff or your advisor signs off on the card as you participate during the week. Recipients are recognized at Friday night's closing campfire. The Swift Superstar Award patch can be purchased at the Trading Post.

Requirements

- Participate in four evening programs (Sunday -Friday)
- Participate in a service project to benefit Swift
- Participate in **seven** activities from this list:
 - Rappelling
 - Rock climbing
 - Low challenge course
 - High challenge course
 - Horseback riding
 - Shoot a score of 25 at the rifle range
 - Shoot a score of 20 at the archery range
 - Water Ski
 - Kneeboard
 - Sail
 - Attend Huck's Cove
 - Complete a craft project from the Trading Post
 - Kayak, canoe, or row
 - Mountain bike
- Participate in three of the theme events or sessions
 specific requirements for each week of camp are published prior to camp.

Merit Badge Program

Unit Leaders should guide Scouts to set achievable goals. Some subjects require a greater length of time for instruction than others, and this should be taken into account when scheduling them.

Please remember to review this guide and schedule around certain activities that Scouts wish to participate in such as open swimming. Scouts should be able to have some free time at camp to enjoy themselves. There is much more to summer camp than merit badges!

Unless otherwise noted, merit badge classes are Monday through Thursday with Friday being reserved for make-up sessions. The merit badge catalog with full descriptions can be found at https://scoutingevent.com/312-63398 under "Attachments."

The merit badge pamphlets for the badges offered will not be available at the Camp Trading Post, however, your Scouts are **STRONGLY** encouraged to buy or borrow pamphlets prior to camp. Scouts should obtain, read, and study the current pamphlet for each merit badge they wish to pursue prior to attending classes.





Partial completion of a merit badge is not a failure, it is what the name indicates; partial success. Many Scouts will complete only sections of badges with prerequisites or that are very difficult. They then can complete them with another counselor at home or back at camp the following summer. Partials are valid until a Scout turns 18.

Be sure to provide the required documentation for Scouts who have completed requirements for merit badges before they come to camp.



Order of the Arrow at Camp

The Order of the Arrow (O.A.) plays a vital role in the council's camping program. Members of the Order of the Arrow represent Scouting's honored campers. Please set the best example possible for all Scouts and adults to follow.



Shawnee Lodge unit elections are held on Thursday morning in the campsite. At least 50% of the unit must be present to conduct the election. The Shawnee Lodge citation fee must be paid in the camp Trading Post prior to the Callout ceremony. This fee will be posted on the lodge's website below. Pre-Ordeal takes place on Thursday night in-camp at S-F for candidates of Shawnee Lodge.

Anpetu-We, Nisha Kittan & Woapink Lodge unit elections are held prior to summer camp. Please visit your lodge's website below or contact the lodge leadership for assistance with completing your election.

Not sure which lodge you're in? Email help@stlbsa.org (include your Troop #) and we can help connect you!





THE ELECTION

The leader...

- Provides ballots (may be preprinted) and candidate list.
- Gives a short explanation of the O.A. and includes these points:
 - It is a national honor society of the Boy Scouts of America.
 - It honors those that best exemplify the Scout Oath and Scout Law.
 - The only way to gain membership is to be elected by their unit.
 - Leaders age 21 and older are not allowed to vote.
 - The election is not a popularity contest.
- Calls forward the candidates and has them form a line in the front of the troop.

More information about our Order of the Arrow Lodges is available at:

anpetu-we.org nishakittan.org shawneelodge.org woapink.org

Members of ALL lodges can be called-out at camp.

S-F Ranger Program

The S-F Ranger Program offers adventures beyond regular summer camp. Scouts participating in the Ranger Program increase their appreciation of nature, camping, and self-reliance.

The Ranger Program's activities take place at various locations at S bar F Scout Ranch. Scouts live in outpost camps, carry all equipment necessary for camping, and hike portions of the Three Notch Trail that show nature in its raw form. Leadership is provided for all participants until Friday afternoon.

Teamwork, problem solving, cooperation, and leadership development are important parts of the Ranger Program. Specific activities vary from year to year; typical activities include blacksmithing, ropes course, and black powder shooting. Scouts swim, have time to fish, and participate in games designed to improve outdoor skills. Since many of the activities require strength, some physical conditioning may be desirable before camp.

The Ranger Program is for Scouts age 14 or older.





Individual Scouts often register for this experience as a second week of summer camp, and can receive a \$100 discount for doing so!

Cost is \$420 per camp. The fee includes meals, program supplies, Ranger Emblem and camp segment. Visit

https://scoutingevent.com/312ranger23 to register and access program information, including the equipment list.

Scouts meet at 2:00pm on Sunday at the Scout Lodge in the Camporee Area. Supervision is provided for Scouts who will not be rejoining a troop at the conclusion of the program on Friday evening.



National Youth Leadership Training

PARTICIPANT REQUIREMENTS:

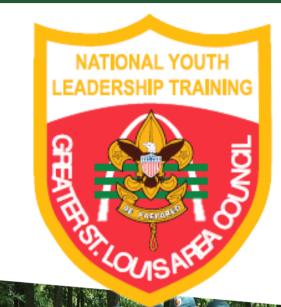
First Class rank or higher and completed Introduction to Leadership Skills for Troops

13+ years old

Approved by the Scoutmaster or Crew Advisor

Pack & Paddle candidates must be 14 years old by the date of camp and pass the BSA Swim test.

No rank requirement for Venturers and Sea Scouts





BEST YOUTH LEADERSHIP DEVELOPMENT PROGRAM IN THE COUNTRY

5 SESSIONS TO CHOOSE FROM

Camp Sakima, Camp Warren Levis, & Beaumont Scout Reservation LAND-BASED AND "PACK & PADDLE" OPTIONS

Register at https://scoutingevent.com/312-NYLTSummerCourses

Get involved at GSLAC Camps

ARE YOU INTERESTED IN MAKING A LASTING IMPACT ON SCOUTING PROPERTIES AND PROGRAM? THE CAMPMASTER AND QUARTERMASTER PROGRAMS ALLOW YOU TO DO JUST THAT!

The Campmaster program is designed to have interested volunteers assist at camp on weekends by checking-in units, responding to equipment needs, and working with the rangers to make sure any other needs are met.

The Quartermaster Corps allows volunteers with various skills to assist with maintenance projects at camp. Whether it is mowing grass, electrical work, or equipment operating, the needs are great and the assistance is invaluable.

Please contact the ranger station at any of the camps that you are interested in helping.



DO YOU HAVE EXPERTISE IN...

ELECTRICAL

PLUMBING

HVAC SERVICE

PAINTING

HEAVY EQUIPMENT

ROOFING

CHAINSAW

AUTO OR MARINE MECHANICS

WELDING

THEN JOIN THE QUARTERMASTER CORPS TODAY!

Summer Camp Staff Opportunities

THE ULTIMATE CAMP EXPERIENCE

Each year, the Greater St. Louis Area Council hires dedicated and passionate individuals to serve on summer camp staff. Staff members help provide a fun, positive experience for campers—while earning a salary! They also have the opportunity to earn a college scholarship worth up to \$1,250.

Check the <u>Camp Staff</u> page at stlbsa.org for the 2023 Camp Staff application and interview information.

CAMP STAFF SCHOLARSHIPS

Scholarships are available for camp staff members* who have completed their high school education and are enrolled as full-time undergraduate or graduate students.

Scholarships start at \$250 for staff who work one summer, increasing to \$1,250 for those who have worked five summers or more.

To contribute to the camp staff scholarship fund, please visit https://stlbsa.org/give/camp-staff-scholarship.

*Scholarships are not currently available for staff at Rhodes France Scout Reservation.



Frequently Asked Questions

DO YOU HAVE A LOTTERY FOR SUMMER CAMP?

No. During the "Deposit Phase," troops select their camp, campsite, and week of camp on a first-come-first-serve basis. Please visit the <u>Scouts BSA Summer Camp</u> page for a list of available weeks for each camp.

HOW DO YOU COMPLY WITH BSA POLICY REGARDING TROOPS SHARING CAMPSITES?

Boy Troops and Girl Troops can only share a campsite when they are "Linked Troops". This means that they share the same Chartered Organization. If Troops are not linked, campsites will be single-gendered.

WHAT IF I DON'T KNOW HOW MANY SCOUTS WILL ATTEND CAMP?

That's ok! We know that numbers can be hard to estimate months before camp. We ask that troops estimate their attendance based on current troop membership, anticipated crossover Webelos, and any planned recruitment activities. We do not hold a set number of spots in reserve for each troop. Please do not grossly over-estimate numbers.

WHAT IS THE PARENT PORTAL?

The Parent Portal is an option in our online registration system that gives parents the ability to make payments and register for merit badges for their scout(s). The Scoutmaster will need to activate the Parent Portal within the unit's registration to use it. If you need assistance with this, please email help@stlbsa.org.

WHAT IF THE REGISTRATION SYSTEM SAYS MY PREFERRED WEEK IS ALREADY FULL?

All camps have a maximum capacity. This helps camp operate safely, have adequate equipment on hand, and provide Scouts a great program. If your first week choice is unavailable, please consider a different week. Weeks that occur later in the summer are oftentimes less-crowded and give Scouts even more program opportunities!



Camp Graces

Scout Benediction

May the Great Master of all Scouts be with us 'til we meet again,
Amen.

S bar F Ranch

For the gifts of food and freedom
And hills to roam
For crimson sunsets
For the earth, our home,
For the stars at night
And gentle wind in trees
Thank you, Great Spirit, For all of these.
Amen.

Camp Lewallen

Beneath the stars above Logan,
by the river as it winds,
Looking over old Potashnick,
and sheltered by the towering pines,
We thank you Lord for these blessings
— this food, this fellowship, and this day.
And ask your continued grace and mercy
as we carry on the Scouting way.
Amen.

Camp May

We thank you, Lord, in every way
For the gifts you give to us each day,
For the gifts of life, the gifts of love,
The gifts of friends and heavens above.
For every Scout who does his best,
May this food of ours be blessed.
Amen.

Philmont

For food, for raiment, For life, for opportunity,For friendship and fellowship, We thank Thee, O Lord.

Amen.

Florida Sea Base The Keys Blessing

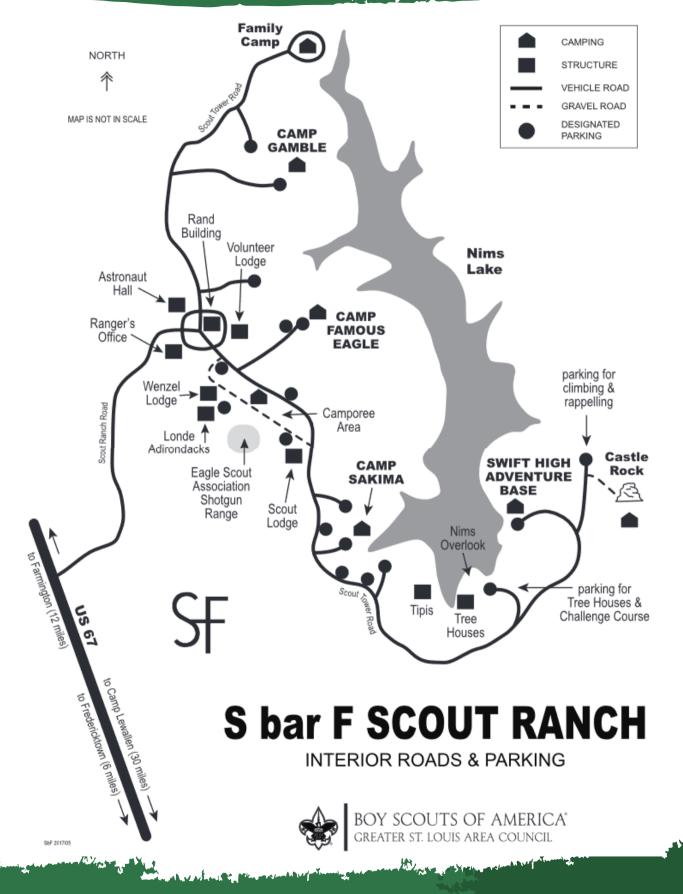
Bless the creatures of the sea,
Bless this person I call me.
Bless the Keys you made so grand,
Bless the sun that warms the land.
Bless the fellowship we feel,
as we gather for this meal.
Amen.

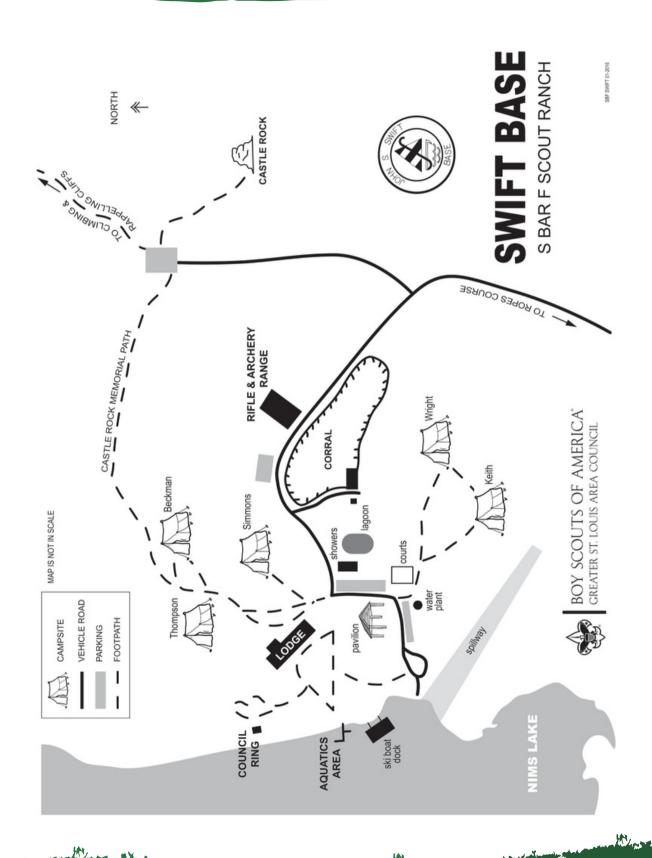
Northern Tier Wilderness

For food, for raiment, For life and opportunity, For sun and rain, For water and portage trails, For friendship and fellowship, We thank Thee, O Lord. Amen.

Rhodes France

For Wind in the Trees and Good Times by the Fire For Food Shared with Friends, and For All Your Care. We Thank You Dear Father, Your Love We Will Share. Amen.





St. Louis Area Attractions

ST. LOUIS SCIENCE CENTER

Their mission "To ignite and sustain lifelong science and technology learning" the science center is one of the top five in the nation.

Admission is free. You can purchase tickets the four-story IMAX dome theater, and the James S. McDonnell Planetarium, one of the largest in the world. For tickets or more information call 314-289-4400.

GATEWAY ARCH

The Gateway to the West is an iconic part of St. Louis. Enjoy the See Everything Combo with a ride to the top of the arch and a Riverboat cruise for the best views of St. Louis! You can also stop by the old court house, just 0.3 miles away, to learn more about the history of St. Louis! For group pricing call 1-877-982-1410.

CITY MUSEUM

Four floors filled with miles of tunnels, a full cave system, over 30 slides, a circus, an arts area, a LARGE outdoor climbing space and much more! There are hundreds of activities to do and shows to see. On the roof of the building there is a working Ferris wheel and a school bus hanging off the edge. Scouting groups are eligible for a discount call 314-231-2489 X601 or email groups@citymuseum.org.

WORLD BIRD SANCTUARY

The World Bird Sanctuary sits on 305 acres sits right next Lone Elk County Park. They provide housing and medical care for injured and non-releasable birds. Enjoy free seasonal shows, nature trails and educational programs., and see if you can find all the Eagle projects that have been done there! Guided tours are available. To reserve, call 636-225-4390 ext. 101 or email education@worldbirdsanctuary.org

ACADEMY OF RACING SCIENCE

The Academy of Racing Science at Pole Position Raceway in South County provides a fun and interactive way to earn badges while learning about STEM education concepts. Scouts BSA can learn basic car maintenance, operation, vehicle safety, and more. At the end, take a ride around the track. For more information and pricing, call 314-297-0720.

SIX FLAGS

Located in Eureka, Missouri the park is split into eight different areas. There are over 20 different rides throughout the park, plus Hurricane Harbor, one of the highest rated water parks in the Midwest. While at the park, enjoy the variety of shows and games they have to offer. For more information on tickets, call 636-938-5300 Ext 4.

MISSOURI CIVIL WAR MUSEUM

The museum is housed in the 1905 Jefferson Barracks Post Exchange, formally part of the military post. Refinished in 2013, the museum honors our soldiers of past and present. With over a thousand artifacts and six permanent exhibits, the museum offers hours of educational entertainment. While at the museum you can visit the Jefferson Barracks cemetery, county park, and many of the other museums nearby.

CATHEDRAL BASILICA OF ST. LOUIS

The Cathedral is one of the largest collections of mosaics in the world. It took a collaboration of 20 artist covering 83,000 square feet using over 40 million pieces of glass to complete the artwork. Beneath the Cathedral is the Mosaic Museum which gives an in depth look at how the Cathedral was made along with some additional art pieces. To schedule a tour call 314-373-8200.

If your troop is planning to take advantage of these opportunities and needs assistance with lodging, please contact our camping department at 314-361-0600 or by emailing help@stlbsa.org