



Cooking Merit Badge

Prerequisites 4-6

Counselor Amy Stephens astephens563@gmail.com Cell# 314-753-7380

Always copy/include your parent or other adult if you need to contact me

Cooking Merit Badge introduces the principles of cooking that can be used both at home or in the outdoors. In completing this badge and practicing their cooking skills, scouts will become confident and safe cooks, as well as learn the joy of preparing delicious and healthy meals for themselves and others!

Scouts: because requirements 4-6 may not be completed during our workshop, please have these completed and signed off by your parent and leader to earn full credit. Have your **parent** sign off on Requirement 4 and your **Leader** sign off on Requirements 5 & 6. Bring this and your records of what you have completed to our workshop to fulfill all requirements.

You can find the **requirements** here:

https://filestore.scouting.org/filestore/merit_badge_reqandres/cooking_2016.pdf

And the **workbook*** here:

<http://www.usscouts.org/mb/worksheets/cooking.pdf>

*Please note - you do not have to fill out the entire workbook, but I do want to see your records of what you have completed, and be prepared to discuss your menus, methods of cooking, and the evaluations of what you cooked.

Requirement 4 Cooking at Home

I certify that my scout has successfully completed requirements 4a-4e:

Parent Signature

Date

Requirement 5 Camp Cooking

I certify that this scout has successfully completed requirements 5a- 5f:

Leader Signature

Date

Requirement 6 Trail and Backpacking Meals

I certify that this scout has successfully completed requirements 6a-6e:

Leader Signature

Date

I, _____ (**Scout Signature**), have completed the prerequisites for Cooking Merit Badge*

*If you have not yet completed these requirements, you may complete them at a later date and I can sign off in Scoutbook.