**2023 National Youth Leadership Training**

**Packing List**

The official uniform for NYLT is the current BSA Scout or Venturer Summer Uniform. For personal comfort and performance of the course activities, all participants will need to have the required items listed below:

**REQUIRED ITEMS:**

Full uniform as required by home unit Uniform shirt (recommend 2)
Uniform shorts or pants (recommend 2) Uniform socks (recommend at least 3 pairs) Belt

Watch/time piece
Scout T-shirts (Up to 5 recommended) Underwear (recommend 5)
Shoes/boots suitable for hiking
Rain gear (poncho, rain suit, etc.)

Required medications, only enough for the weekend, in original bottles/packaging, placed in zip lock bag labeled with camper’s name.

Backpack adequate for carrying gear on an overnight hike

Seat cushion

Canteen/Water bottle
Tent
Ground Cloth (Waterproof)
Sleeping bag

Sweatshirt/jacket/sweater for cool nights
Two Pens
Two plastic yard trash bags (to keep items

Sleep wear (as desired)
Toiletries (soap, shampoo, towels, dry, washcloths, deodorant, comb, toothbrush/toothpaste, etc.)

Sunscreen

**OPTIONAL ITEMS:**

Pillow
An Air Mattress
Sewing Kit
Non-aerosol (only) insect repellent
Sunglasses

Two each 7” x 10” ziplock bags (to keep items dry)

 Work gloves
Long sleeve shirt

Shower flip-flops

Extra pair of shoes

**DO NOT BRING:** Hat, aerosol cans, coolers, radios, pagers, cassette recorders, CD/DVD players, gaming devices, televisions, expensive cameras, large amounts of money, fireworks, non- Scout reading materials, tobacco products, beverages, or footlockers. Do not bring items inconsistent with the Scout Oath and Law.

**REGARDING MOBILE PHONES:** Since everyone is traveling to get to Hood Scout Reservation, mobile phones are a reasonable means of ensuring communications to/from the camp. However, once in camp participants must not use their phones except at the discretion of the Course Director. That is, no gaming, social media, etc. The NYLT staff is NOT responsible for any devices lost, stolen, or damaged during NYLT includeing travel to and from the event.

**LUGGAGE:** The bag/luggage used for travel to/from HSR is left up to the participant. Understand that camping will be in personal hammocks and personal wall tents that, depending on the participant’s ability to erect and maintain, may allow moisture to enter the tent if it rains. Additionally, it is imperative that a backpack be brought capable of carrying the required items for an overnight hike.