**What to Bring to Alpha Lupus Winter Camp**

***Be sure to mark everything you bring with your name or Troop#***

**Clothing**

1. 2 pair loose fitting wool, polar fleece, or wind pants
2. 3 T-shirts (moisture wicking if possible)
3. 2 large, loose fitting, long sleeve shirts, sweaters or 2-3 sweatshirts (large)
4. Several pairs of wool or polypropylene socks or 4-5 pair of socks (moisture wicking)
5. 2 or more pair of long underwear
6. Warm coat with optional hood
7. **Many** pair of mittens & gloves, **bring extra**
8. 2 stocking caps
9. Face mask
10. Good snow boots
11. Large baggy outer shell layer such as snowmobile suit or winter coveralls
12. Tennis shoes or moccasins **(for wearing in the dining hall ONLY)**

**Sleeping**

1. Liner bag or thin blanket, helps to retain body heat
2. 2 different sized sleeping bags with water repellent ***stuff sack***.

(liner inside high degree sleeping bag inside low degree sleeping bag. Low degree bag should be water repellant)

1. 2 or more sleeping pads - closed cell-NOT INFLATABLE-(for insulation between you and the ground
2. Plastic ground sheet - large tarp (6X8or larger blue tarp good) to keep gear dry
3. Larger tarp to make shelter
4. Rope

**Other Items**

1. Water bottle (quart size) with string to tie around neck - **must be leak proof – Nalgene recommended**
2. Headlamp or flashlight, extra batteries
3. Lip balm
4. Sun glasses
5. “Otter type” sled to carry gear **-MUST HAVE-** bungee tie downs or rope to tie gear to sled
6. Backpack
7. Seat cushion (hot seat or garden kneeling pad)
8. Camping chair
9. Small snow shovel

**Optional Items**

1. Camera
2. Gaiters
3. Snowshoes

**Scoutmasters, parents please make a copy of this list for each scout coming to Alpha Lupus. We look forward to camping with you.**

**Alpha Lupus Staff**